

Sangam University's 11th Convocation Ceremony Concludes

Bhilwara: The 11th convocation ceremony of Sangam University was held with grandeur, witnessing 661 students receiving their degrees in an unforgettable moment. The ceremony was presided over by Mr. Rampal Soni, Chairman, Sangam Group, with Prof. Shailendra Saraf, Director, National Institute of Pharmaceutical Education and Research, Ahmedabad, as the chief guest. Distinguished guests included Prof. Pradeep Kumar Joshi, former UPSC

Chairman and Chairman of the National Testing Agency, New Delhi, and Prof. P.K. Singh, Director, IIM Trichy.

Prof. Karunesh Saxena, Vice Chancellor of the university, shared that 41 Ph.D. degrees and 27 gold medals were awarded to top-performing students, along with undergraduate and postgraduate degrees. <

Registrar Prof. Rajeev Mehta administered the oath of truth, integrity, and honesty to the students. The Vice

Chancellor presented the university's annual report, highlighting achievements in academics, research, sports, NCC, NSS, and other fields.

Chief Guest Prof. Shailendra Saraf and Prof. Pradeep Kumar Joshi extended their best wishes to the graduates. In his convocation speech, Prof. Joshi emphasized the need for young professionals to adapt to evolving technologies and discussed the impact of New IT innovations and the National

Education Policy (NEP) 2020.

In his presidential address, Mr. Rampal Soni advised students to embrace technological advancements while staying true to their core values. He also appreciated the efforts of the Sangam University team for organizing a successful event.

The ceremony also featured the release of IDP, Compendium, Sangam Utkarsh, Pratibimb, and Eloquent by the dignitaries. Pro-Vice Chancellor Prof.

Manas Ranjan Panigrahi extended a vote of thanks to the attendees. Prominent attendees included Dr. S.N. Modani, Vice Chairman, Sangam Group; Anurag Soni, Managing Director; and V.K. Sodani, Executive Director.

Prof. Jag Bhushan Sharma, Controller of Examinations, highlighted the introduction of advanced digital security features in this year's degrees. The event was anchored by Dr. Seema Kabra and Dr. Anurag Sharma, while Dr.

Rajkumar Jain, Public Relations Officer, shared that the guests were welcomed with an NCC Guard of Honor and a formal procession to the venue. Prof. Vinesh Agarwal, event coordinator, expressed gratitude to the organizing team.

Notably, this year, female students outperformed their male counterparts in securing gold medals.



Women Should Always Be Health-Conscious

Udaipur: Bollywood actress Amrita Rao attended a special event as the chief guest at Geetanjali Medical College & Hospital. The event, organized in collaboration with Mitali Events, focused on women's empowerment, health, and culture.

Amrita Rao was welcomed by Geetanjali Hospital's Head of Marketing, Kalpesh Chand Rajbar. In her address, she emphasized that women should prioritize their health along with tradition and culture. She urged women not to neglect self-care.

On this occasion, Dr. Anjana Verma, Head of the Obstetrics & Gynecology Department, shared her 25 years of experience and highlighted the importance of awareness and laparoscopic surgeries. She stated that regular health check-ups and a balanced lifestyle can help prevent major illnesses.

Similarly, Dr. Divya Choudhary, a gynecologist, elaborated on common health issues in women and discussed the benefits of laparoscopic surgery. Dermatologist Dr. Rashi Agarwal stressed the importance of the 'Rainbow Plate' concept, explaining that a balanced and colorful diet is essential for healthy skin. She encouraged women to include fruits and vegetables of all colors in their meals.

The event witnessed active participation from a large number of women, who gained valuable insights into health, beauty, and self-empowerment.

Medical Symposium Held at RNT Medical College

Udaipur: A medical symposium was organized on Sunday at the auditorium of RNT Medical College, Udaipur, under the joint aegis of the Department of Medicine, RNT Medical College, and Epicon-86 Trust, Udaipur. The event commenced with Saraswati Vandana and lamp lighting, led by Principal Dr. Vipin Mathur as the chief guest. The symposium saw the participation of 150 physicians from Udaipur and its division. Renowned physician from Kota, Dr. Girish Mathur, delivered the Dr. D.R. Shah Memorial Lecture on Lifestyle Medicine: A Remedy for Cardiovascular Diseases and Trust Between Patient and Doctor.

Prof. Amarika Singh's Tribute and Blessings

Udaipur: Prof. Amarika Singh, former Vice-Chancellor of Mohanlal Sukhadia University, expressed deep sorrow over the demise of Arvind Singh Mewar, highlighting his contributions to society and culture. Offering condolences to the Mewar family, he extended best wishes to Dr. Lakshyaraj Singh Mewar on the Gaddi ceremony, expressing confidence in his ability to uphold Mewar's traditions. Prof. Singh emphasized that the Mewar family's legacy is an inspiration beyond lineage, and under Dr. Lakshyaraj Singh's leadership, it will continue to flourish. He praised the family's dedication to preserving Mewar's heritage and values for future generations.

Theater Photography Workshop and Exhibition Celebrate World Theatre Day



Udaipur: To mark World Theatre Day, the Western Region Cultural Centre Udaipur organized a two-day theater photography workshop. The workshop was inaugurated on Thursday morning with a lamp lighting ceremony by the chief guest, Shradha Murdia.

Furkan Khan, Director of the Centre, shared that the workshop featured an exhibition of 75 selected theatrical photographs, captured by Rajdeep, showcasing the essence of stage art through photography.

Chief guest Shradha Murdia praised the exhibition, emphasizing the importance of showcasing performing arts like acting, dance, and music through photography. She noted that such an initiative was a remarkable tribute to the dedication of artists and their craft. The first session of the workshop focused on photography equipment and lighting, while the second session provided participants with hands-on practice. In the evening, participants had the opportunity to photograph a live stage performance. Senior photographer Rakesh Sharma 'Rajdeep' taught the nuances of theatrical photography, providing tips for both mobile and DSLR photography to capture high-quality photos and videos. On March 28, a problem-solving session will be held, where the best participants will be awarded certificates and recognition for their efforts. The event was attended by Deputy Director (Programs) Pawan Amarawat, C.L. Salvi, Hemant Mehta, Bhupendra Singh Kothari, and other dignitaries. The program was conducted by Siddhant Bhatnagar.

Rajasthani Language Recognition Resolution Passed

Udaipur: A resolution to grant constitutional recognition to the Rajasthani language was taken at the Golden Jubilee Celebration of the Rajasthani Language Department in Jodhpur. Dr. Ajeet Kumar Karnataka, Vice Chancellor of MPUAT, emphasized the need for recognition. Dr. Arjun Dev Charan called it an injustice to 10 crore people. Six literary works were launched, and a Rajasthani turban exhibition was held. Mayad Bhasha Sena Awards honored scholars for their contributions. The event saw participation from eminent literary figures, researchers, and cultural enthusiasts, pledging to push for recognition on Rajasthan Day.

New PG Batch Welcomed at Pacific Medical College

Udaipur: The new postgraduate batch at Pacific Medical College & Hospital was welcomed with traditional rituals, including a kumkum tilak ceremony.



Chairman Rahul Agarwal, Executive Director Aman Agarwal, CEO Sharad Kothari, and other dignitaries inaugurated the event by lighting the ceremonial lamp.

Addressing students, Rahul Agarwal emphasized dedication in medicine, while Aman Agarwal highlighted practical learning. Dr. M.M. Mangal praised the institution's excellence in medical education. Principal Dr. U.S. Parihar stressed ethics and research. Senior faculty extended best wishes, encouraging students to uphold medical values and contribute meaningfully to society.

"Ab Ode to Longevity"

To be healthy and long life eat just a little of everything. Live each day with serenity and enjoy the journey. To be healthy and happy get along with friends.

"Life's Mission"

Are you called out for the mission? Then love without condition. I did not come into the world to prove anything but to love everything. The sole purpose of my life is to breathe and live every moment in peace.

- Pooja bhandari

Paras Health Successfully Handles High-Risk Triple Delivery



Udaipur: Paras Health Udaipur has once again demonstrated its expertise in managing high-risk pregnancies by successfully delivering triplets. This case highlights the hospital's commitment to advanced maternal and neonatal care. The patient, Pritha (name changed), faced severe hypertension and diabetes, making her pregnancy extremely delicate. Dr. Sheetal Kaushik and her team closely monitored her condition, ensuring timely medical intervention. A cervical stitch surgery was performed in the fourth month to prevent preterm labor.

A critical moment arose when Pritha reported reduced fetal movements. Tests revealed restricted blood flow to the babies due to high blood pressure, necessitating an emergency C-section. With swift decision-making and expert care, all three babies were safely delivered. Both mother and newborns are now healthy.

Dr. Sheetal Kaushik, Senior Consultant – Obstetrics & Gynecology, emphasized that managing such high-risk pregnancies requires careful monitoring, timely intervention, and advanced medical care.

Paras Health Udaipur specializes in early diagnosis, personalized treatment, and timely interventions for complex pregnancies, ensuring the safety of both mother and child.

Kadam Season 5 Fashion Show Brings Joy to Little Ones



Udaipur: A spectacular children's fashion show, Kadam Season 5, was held at Central Public School, New Bhupalpura, celebrating young talent and confidence. Children aged 2 to 12 enthusiastically participated, making the event a lively and heartwarming spectacle.

Distinguished guests, including Dr. Swity Chhabra, Dr. Madhu Sareen, Mrs. Tarika Bhanupratap, Mrs. Minakshi Berwani, Mrs. Alka Sharma, Mr. Anil Sharma, and Mr. Deepak Sharma, graced the occasion. The program commenced with the lighting of the ceremonial lamp, followed by a Vandan dance and a delightful welcome dance by the little participants.

The event featured three phases:

- 2 to 5 years: Adorable toddlers took over the ramp.
- 6 to 8 years: Showcased young fashionistas.
- 9 to 12 years: Highlighted confident young models.

Exciting rounds included the Family Round, Sibling Round, and the Three-Generation Ramp Walk, where grandparents, parents, and children walked together, spreading warmth and love.

Judges Rimjhim Sharma, Durgesh Kumar, and Honey Lakhira selected the winners, who were awarded trophies and certificates. Choreographer Rajesh Sharma shared insights about the event's objectives.

School Chairperson Mrs. Alka Sharma, Administrative Director Mr. Anil Sharma, Joint Director Mr. Vikram Jeet Singh Shekhawat, Administrator Sunil Babel, Principal Mrs. Poonam Rathore, and Headmistress Mrs. Krishna Shaktawat congratulated the winners and wished them success.

'Apno Se Apni Baat' Concludes, Dedicated to Women Empowerment



Udaipur: The four-day event 'Apno Se Apni Baat,' organized by Narayan Seva Sansthan, concluded with Chairman Prashant Agarwal dedicating the session to women empowerment in honor of Chaitra Navratri. He emphasized the crucial role of women in driving social and economic change worldwide. Citing the achievements of women in education, medicine, agriculture, science, sports, business, and space, he highlighted astronaut Sunita Williams, who recently returned from space after conducting 150 experiments over nine months.

The event saw participation from schoolgirls and differently-abled individuals from various states who received free surgeries and artificial limbs. Agarwal remarked that Indian history is filled with significant contributions from women, and India has had female Presidents and Chief Ministers. Stressing the importance of girl education and the 'Beti Bachao' initiative, he stated that an educated woman enlightens an entire generation.

The event was broadcast nationwide on the 'Aastha' channel, with coordination by Mahim Jain.

Arijit Chowdhury Awarded PhD for Cancer Research

Udaipur: Arijit Chowdhury awarded PhD in Pharmacy Faculty by Geetanjali Medical University, Udaipur. Under the guidance of Dr. Udichi Kataria, Professor and Additional

Principal at Geetanjali Institute of Pharmacy, he completed his research on "Exploring Hepatoprotective and Nephroprotective Effects of Phytochemicals in Cancer Chemotherapy-Induced Toxicity Using Rodent Models."

Women Empowered with Millet-based Bakery Training

Udaipur: A five-day women's training program on 'Processing, Value Addition, and Export of Millets' concluded on Saturday at the Directorate of Extension Education, Maharana Pratap University of Agriculture and Technology (MPUAT). The program was organized by the Indian Council of Agricultural Research (ICAR) National Academy of Agricultural Research Management, Hyderabad, in collaboration with MPUAT.

Thirty women from the districts of Banswara, Rajasmand, and Udaipur participated in the training under the Scheduled Caste Sub-Plan (SCSP) skill development program. They learned to prepare a variety of millet-based bakery items, including ragi cakes, jowar donuts, oats cookies, jowar bread, bajra laddus, jowar papad, kangni namkeen, bajra paratha, jowar naan, and millet brownies, among others. Expert trainers Valentina and Vijaylakshmi taught them to make cakes, cookies, and sweets, while Hazarilal focused on teaching naan and noodles.

Dr. Hemlata Sharma, Head of the Department of Plant Genetics at MPUAT, educated the participants about the nutritional value of millets, urging them to incorporate them into their daily diets. During the closing ceremony, Dr. I.J. Mathur, former Director of the Directorate of Extension Education, encouraged the participants to take the skills they had learned and start commercial-level production of these bakery items. He emphasized that while coarse grains like millet, sorghum, and ragi were once considered food for the poor, they are now sought after by the wealthy due to their health benefits. He urged the women to create groups and start small businesses with these products. Dr. Gopal Lal, Joint Director of ICAR's National Academy of Agricultural Research Management, emphasized the growing demand

for millets and the importance of building self-confidence among rural women to start their own businesses.

Dr. R.L. Soni, Director of the Directorate of Extension Education, MPUAT, also encouraged the women to first use millet-based products themselves and share them with their neighbors before starting large-scale production. The participants were provided with free kits including a three-jar mixer and a potato chips maker, along with a millet recipe booklet. The training was also broadcast nationwide on 'Aastha' channel.

PFC Education Honors 200 Students for Outstanding Academic Excellence



Udaipur: A grand felicitation ceremony was organized by PFC Education at Radisson Green, where 200 students were honored for their hard work and exceptional academic performance.

Chief Guest: Rohan Rajvanshi (ACCA Head, North-West) highlighted ACCA's global recognition in 180+ countries and its growing opportunities in India.

Career Advantage: ACCA opens global pathways in finance, accounting, and auditing, offering high-paying jobs in UK, Canada, Australia, UAE, Singapore, and more.

Star Performer: Rohan Jain was specially honored for securing World Rank 1 & India Rank 2 in Performance Management & Advanced Taxation.

PFC Education: More than just an institute, it's a career-shaping platform preparing students for international careers with industry-ready training.