

Dr. Sangeeta Dev : A Multi-Talented Individual

If one has a passion for accomplishing things in life, there's no limit to what they can achieve. Dr. Sangeeta Dev, a multi-talented individual, embodies this spirit. Although her name might not be widely known in Kota, she has excelled in the field of education and beyond. Driven by her inner creativity, she expressed her thoughts through poetry since childhood, despite facing adversity due to maternal deprivation.

Dr. Sangeeta Dev was a bright student throughout her academic journey, consistently topping her classes. However, her desire to excel in writing remained unfulfilled. Her affinity for literature was apparent from a young age. It was only after completing her Master's degree that her talent in the field of literature began



to shine. Dr. Sangeeta Dev is a close associate of the renowned neurologist, Dr. Amit

Dev, in Kota. Despite staying away from the limelight, she stands as a strong pil-

lar behind Dr. Amit Dev's name and success. Her Literary Journey: Dr. Sangeeta Dev's literary works cover a wide range of topics, from motherhood and relationships to our mother tongue, father, the emotions during the COVID-19 pandemic, a doctor's life, a girl in a suitcase, and many others. Her poems and articles have been published in various national and regional newspapers and magazines, including Dainik Bhaskar. She has also been actively involved in educational research and writing, engaging with the Kota District Institute of Education and Training at both the state and district levels. Dr. Sangeeta Dev approaches every task with dedication and meticulousness, bringing out the best in her endeavors.

Her Rooftop Garden: Dr. Sangeeta Dev

has been passionate about gardening for the past 7-8 years. She has transformed her four-story house into a colorful and fragrant oasis. Her garden boasts various plants, including bougainvillea, mogra, roses, desert rose (adenium), lilies of different colors, and numerous types of cacti. Her rooftop garden is a testament to her dedication to environmental conservation, as she utilizes her knowledge to maintain and nurture these plants.

She also imparts her gardening knowledge to her students, emphasizing the importance of caring for plants and the environment. Her rooftop garden not only enhances the beauty of her home but also serves as an educational resource.

A Social Leader: Dr. Sangeeta Dev is not just academically accomplished and

passionate about gardening; she is also an active participant in social activities. She frequently contributes to the education of underprivileged students by assisting with fees, providing essentials like fans, computers, and distributing stationery in government schools. She also extends her support to those in need by distributing food, blankets, and clothing.

In addition to her academic and social contributions, Dr. Sangeeta Dev actively engages in various social and religious activities.

In conclusion, Dr. Sangeeta Dev is a multi-talented individual who has excelled in literature, gardening, and social work. Her dedication and passion shine through in everything she does, making her a role model for many.

Bhatnagar's Profound Historical Contributions



historian, and Ayurveda expert, Prof. Rajendra Prakash Bhatnagar. This remarkable scholar's work, rooted in original texts and inscriptions from the region of Mewar, has unveiled numerous new facets of history. Prof. Bhatnagar's legacy lives on through his 32 books in the

Udaipur: On the 25th of September, in Udaipur, Rajasthan, a history seminar held by the Mewar History Council celebrated the 79th birth anniversary of the renowned writer, eminent

fields of Ayurveda and History, which continue to be of great significance to researchers studying Mewar's history. His contributions to the historical narrative of Mewar are etched in stone and will never be forgotten.

Prof. Girish Nath Mathur, the chairman of the Mewar History Council and a distinguished writer and historian himself, presided over the seminar. He emphasized the profound impact of Dr. Rajendra Prakash Bhatnagar's work, which spans multiple disciplines, including Ayurveda and History. Prof. Mathur highlighted that Prof. Bhatnagar's contributions are invaluable in understanding the history of Mewar.

Dr. G.L. Menaria, a senior historian and President of the Global History Forum, attended as the chief guest. He lauded Dr. Bhatnagar as the first historian who skillfully examined Mewar's inscriptions. Dr. Bhatnagar's mastery of multiple languages enabled him to study

ancient inscriptions, such as those at the Piplaj Mata temple in Amberi village and the Kartik Swami temple in Bedla village. Through meticulous analysis of these inscriptions and other historical sources, Dr. Bhatnagar was able to determine the historical date of Udaipur's establishment.

His efforts initiated the tradition of celebrating Udaipur Foundation Day among historians in the city. Dr. Bhatnagar's dedication to uncovering historical truths remains a cherished contribution to the field of history.

During the seminar, Dr. Sangeeta Bhatnagar, the coordinator, presented a documentary titled "Writing Materials of Dr. Rajendra Prakash Bhatnagar." The documentary showcased Dr. Bhatnagar's extensive body of work, which includes 32 books, 750 scholarly articles, 250 radio talks on Ayurveda and history, and 75 poetic compositions. It also highlighted the

numerous state and national-level honors he received for his outstanding contributions.

Several distinguished guests, including Dr. Azad Shatru Shivarti (General Secretary of the Global History Forum), Dr. Gunwant Singh Deora (former President of the Rajasthan Ayurveda Medical Officers Association), Dr. Dharam Singh Bairwa (President), Archana Kulshrestha of the Kayastha Mahasabha, researcher Ram Singh Rathod, Dr. Neetu Menaria of Takshashila College, and Dr. Meenakshi Menaria, acknowledged the lasting impact of Dr. Bhatnagar's work on society.

Their tributes celebrated the enduring value of Dr. Bhatnagar's contributions.

The seminar was expertly conducted by General Secretary Dr. Manoj Bhatnagar, who ensured that the event paid a fitting tribute to the illustrious scholar, Dr. Rajendra Prakash Bhatnagar.

Filming for the highly anticipated movie "Kashmir - Enigma of Paradise"

Filming for the highly anticipated movie "Kashmir - Enigma of Paradise" has officially commenced in the picturesque hill station of Lonavala under the direction of Atul Garg. The film aspires to offer an authentic portrayal of Kashmir, delving beyond the typical stereotypes often depicted in the film industry.

Set against the backdrop of the enchanting Kashmir valley, "Kashmir - Enigma of Paradise" intends to uncover the untold history of the region, spanning over a century from the early 1920s to the present day. Unlike many previous Bollywood productions, this film aims to present the complete historical narrative of Kashmir with genuine authenticity.

"Atul Garg, the director of the film, expressed his vision: 'Many films have been made in the name of Kashmir, but none have explored its history of over a century like we are attempting in Kashmir - Enigma of Paradise. We want to take viewers on an exciting journey through time, from pre-independence to the present day Kashmir, with the film,'" said Mr. Garg. Furthermore, the movie intends to showcase the multifaceted beauty, culture, and people of Kashmir, often referred to as "heaven on earth." It aims to move beyond the one-dimensional portrayal of the region, which has often revolved around the issue of terrorism.

"Terrorism is unfortunate, but Kashmir is not just about it. We aim to showcase its multifaceted beauty and culture," Mr. Garg emphasized.

The filming schedule for "Kashmir - Enigma of Paradise" spans nearly 100 days, with two schedules already completed in Kashmir. After Lonavala, the production will move to other locations in the country. The star-studded cast includes Darsheel Safary, Rajneesh Duggal, Inaamulhaq, Akanksha Puri, Sajjad Delafrooz, Ram Gopal Bajaj, Adhyayan Suman, MK Raina, Arif Zakaria, Pawan Chopra, Amit Behl, Mahesh Balraj, Pranee Bhatt, Delbar Arya, Niharica Raizada, Mir Sarwar, and more.

Darsheel Safary, a member of the cast, shared his thoughts on the film, saying, "The story of Kashmir - Enigma of Paradise is very interesting. The subject and context are complex and demand a lot of hard work. Working on the film has been a great learning experience as an actor." "Kashmir - Enigma of Paradise" is being produced by Eternal Films and promoted by Sanjay Bhushan Patiyala. The film's talented crew includes cinematographer Fasahat Khan, production designer Shree S Nair, and action director Sunil Rodrigues.

Award Ceremony by the United Hoteliers of Udaipur Society

Udaipur: The United Hoteliers of Udaipur Society organized the 2023 award ceremony at Hotel Raghunath. The society's President, Mr. Y.B. Srivastava, Secretary, Ms. Roopam Sarkar, Vice President, Mr. Devendra Parihar, and Treasurer, Mr. Ujjwal Menaria, revealed that in this inaugural award ceremony, distinguished members from various fields associated with hotels and tourism were honored for their exceptional contributions.



The chief guest of the event, Ms. Shikha Saxena, praised the ceremony and highlighted that this type of event was happening for the first time in Rajasthan. It recognized individuals involved in sectors such as hotels, travel agencies, tourist guides, bus services, patrons of Rajasthani folk arts, taxi services, auto-rickshaw drivers, railway station porters, handicrafts, miniature paintings, restaurants, and more.

Secretary Roopam Sarkar provided details about the awards, mentioning the following recipients in various categories:

- In the Guide category: Kamalsingh, M.A. Sheikh, K. Das, and K.G. Sharma.
- In the Hotels category: Ambalal Bohra, Parvinder Bual, Devaraj Singh Jagat, and Arun Bhatnagar.
- In the Travel Agents category: Prithvish Singh Rathod, R.K. Singh, Shaktisingh Rathod, and Virendrasingh Ranawat.
- In the Handicrafts category: Sunil Dadha, Hemant Periwal, and Shyam Rawat.
- In the Folk Artists category: Laik Husain, Deepak Dixit, Smt. Vijayalakshmi, and Mahesh Ameta.
- In the Transportation category: Nirmal Paneri, Rishabh Jain, and Bhagwatilal.
- In the Porter category: Doodharam and Omprakash.
- In the Restaurant category: Vijay Chauhan, Ravindra Shirmali, and Dilip Singh.

This award ceremony celebrated the diverse contributions of individuals associated with the hotel and tourism industry in Udaipur.

Gulab Bagh Udaipur : Red munia has welcomed the birth of eight offspring



In Udaipur's Gulab Bagh Bird Park, the red munia has welcomed the birth of eight offspring, bringing joy to bird enthusiasts and tourists alike. The Chief Forest Conservator, R.K. Jain, shared that the Gulab Bagh Bird Park is home to various bird species, including the green munia and red munia, which are particularly attractive to bird lovers and tourists. He further explained that the recent expansion of the red munia family has been a cause for environmental celebration.

Deputy Forest Conservator (Wildlife) revealed that the news of seven baby green munias hatching had been widely covered by local and international media. This news had an unexpected consequence, as a Udaipur resident brought four illegally raised red munias to the Gulab Bagh Bird Park, discreetly contributing to the park's population. The red munia, also known as the red avadavat, is a bird species found across India. It used to be exported from Ahmedabad to various parts of the world in the past, leading to its scientific name, Amandava. For the protection of this species, the Indian government imposed a complete ban on its capture and trade in 1990. Red munias are usually found in places with water bodies, grassy fields, sugarcane fields, and near the edges of lakes. The male red munia turns completely red during the breeding season, while the female retains a brownish hue. Both males and females have white markings on their bodies.

The red munia's breeding season typically spans from June to September. The offspring remain in their nests for 21-22 days until they fully mature. Dr. Rajat Bhargava, an ornithologist, explained that understanding and caring for any bird species properly can lead to successful captive breeding programs. Over the last two and a half years, Gulab Bagh has witnessed the birth of approximately 35 bird species, totaling around 35 chicks. Notably, on May 12, 2022, Chief Minister Ashok Gehlot inaugurated Rajasthan's first bird park at Gulab Bagh in Udaipur, offering a unique gift to the city's environment and tourism. The park is home to 32 bird species and includes a special section for the endangered green munia, which was brought from Mount Abu with the assistance of the Bombay Natural History Society. In November 2022, the green munia gave birth to four chicks at Gulab Bagh Bird Park, followed by three more chicks in January 2023.

Fulfilling a Mother's Last Wish: Son Donates Body to Medical College

Udaipur (Dr. Munesh Arora): In a heart-warming gesture, a son decided to donate his mother's body to Pacific Medical College and Hospital after her demise, fulfilling her last wish. The 70-year-old woman, Madhu Nahar, was admitted to the emergency unit of Pacific Hospital in critical condition. Dr. M.M. Mangal, the Principal of PMCH, revealed that she was admitted with severe respiratory distress and a decrease in urine output. She was immediately shifted to the ICU and put on a ventilator, but sadly, she passed away shortly thereafter.

Giraj Nahar, a resident of Udaipur, shared that it was his mother's final wish to donate her body to a medical college after her passing. In honor of her wish, her son approached the hospital administration. The entire family of the woman also reached out to Pacific Medical College to fulfill her desire. The hospital administration completed all the necessary formalities for body donation.

Under the guidance of the Anatomy Department, headed by Dr. Ashma Bhatnagar, along with Isha Shrivastav and K.K. Bhatnagar, the hospital administration swiftly processed the paperwork and carried out this noble and virtuous act.



Dr. Rahul Agrawal, Chairman of PMCH, commended this selfless act of the son and stated that it would serve as an inspiration to the common people. It is a deed worth emulating, and it will undoubtedly inspire others to follow suit.

It is important to note that body donation can only be done when there is no post-mortem conducted on the body, and in this case, the natural cause of death allowed for the fulfillment of the mother's last wish.

Successful Treatment of Skeletal Dysplasia, a Rare Medical Condition

Udaipur: Physicians at the Pacific Institute of Medical Sciences (PIMS) Hospital in Udaipur have achieved a successful treatment for a patient suffering from skeletal dysplasia, a rare congenital bone disease.

Dr. Ankit Chauhan, Assistant Professor in the Orthopedic Department, explained that skeletal dysplasia is a genetic disorder that affects bone development, leading to abnormal bone growth and reduced height as the patient ages. The patient, a sixteen-year-old, visited PIMS Udaipur for a check-up, pre-

sending deformities in both legs. The patient faced difficulty walking, and their height was below average. After a series of examinations, the patient underwent a three-stage operation to correct the bone deformities and increase their height. Dr. Chauhan emphasized the use of modern techniques, including software-assisted planning and Ilizarov surgery during these procedures.

Following the surgeries, both of the patient's legs appeared normal, and their walking improved significantly. These surgeries were conducted free of charge under the Chiranjivi Yojana. Dr. B.L. Kumar, Senior Professor in the Orthopedic Department, highlighted the successful treatments available at PIMS Udaipur, enabling many patients to overcome skeletal dysplasia and lead functional lives.



"Pacific Medical College and Hospital Gives a New Lease of Life to Scrub Typhus Myocarditis Patient"

Udaipur: The Medicine Department at Pacific Medical College and Hospital (PMCH) has provided a new lease of life to a 32-year-old woman suffering from scrub typhus myocarditis. The patient, Tamubi, hailing from Devgarh in the Rajasamand district, was brought to the emergency department at PMCH in critical condition. Dr. Nilesh Patira, Professor in the Medicine Department, immediately conducted a thorough examination, diagnosing the patient with scrub typhus myocarditis, a severe and rare condition.

Due to the seriousness of the patient's condition, she was promptly shifted to the Intensive Care Unit (ICU) for immediate care. Dr. Patira explained that scrub typhus is an infectious disease caused by mites found on animals, primarily affecting farmers and gardeners who work in fields and orchards. It is caused by the Orientia tsutsugamushi bacterium.

Common symptoms of scrub typhus include fever, headache, muscle pain, skin rash, and swollen lymph nodes. If left untreated, scrub typhus can lead to more severe complications affecting the heart, lungs, and other organs.

The successful treatment of the patient was made possible through the efforts of the ICU team, including Dr. Maninder Patani, Dr. Tasha Purohit, Dr. Prince Gahlot, resident doctors Dr. Meet Mehta and Dr. Rishabh Agrawal, along with the assistance of nurse Pooja.

The patient has fully recovered and has been discharged from the hospital. Her family expressed their gratitude to the hospital's Chairman, Rahul Agrawal, and the hospital management. The patient received free treatment under the Chief Minister's Chiranjivi Yojana, which provides free medical care to eligible individuals.

Millions of Women Worldwide Die Due to Gynecological Cancers

Udaipur: Millions of women worldwide lose their lives due to cancer, with gynecological cancers being the leading cause of death in most cases. There is a significant lack of awareness among women in India regarding these cancers. In regions such as Rajasthan and its vicinity, cases of gynecological cancers are rapidly increasing.

Dr. Sheetal Kaushik, a gynecologist at Paras Health in Udaipur, emphasized the importance of educating women about these cancers. She explained that it's crucial to first understand the different types of gynecological cancers, which primarily include cervical cancer, ovarian cancer, uterine cancer, vaginal cancer, vulvar cancer, and gestational trophoblastic cancer. It is also essential to understand the risk factors associated with these cancers, such as early onset of menstruation (before 10 years of age) or late menopause (after 50 years of age), obesity, diabetes, recurrent urinary tract infections, excessive consumption of junk food, smoking, and heavy alcohol consumption, as well as a family history of these cancers.



Additionally, paying attention to the symptoms is crucial. For cervical cancer, symptoms include postmenopausal bleeding, pain during intercourse, and foul-smelling or bloody discharge from the vagina. Ovarian cancer may present with lower abdominal pain and heaviness. Uterine cancer may cause heavy or prolonged vaginal bleeding along with the passage of clots. Dr. Kaushik emphasized that if any of these symptoms are observed, it is essential to consult a doctor promptly.

The treatment for gynecological cancers includes surgery, chemotherapy, radiation therapy, hormone therapy, immunotherapy, targeted therapy, and medication. Early detection and timely intervention can significantly improve the chances of successful treatment. Therefore, it is crucial not to ignore any potential symptoms and seek immediate medical attention.