

Media Conference Promoting Peaceful Journalism

The 2023 National Media Conference, a significant event in the media landscape, reached its culmination amidst the serene backdrop of the Shantivan Campus in Abu Road, Rajasthan. Hosted by the Brahma Kumaris, this gathering brought together a diverse and influential array of media professionals, renowned educators, and seasoned industry experts. Participants converged from various regions of both India and Nepal, emphasizing the conference's wide-reaching impact and significance.

Under the overarching theme of "Empowered Media for Global Peace and Harmony," the conference engaged attendees in a series of thought-provoking discussions. These discussions covered a wide spectrum of pressing topics, including the profound influence of social media on contemporary society, the crucial role of peace journalism in fostering global harmony, the imperative need for ethical balance in media practices, and the invaluable insights provided by spiritual wisdom.

One of the highlights of the conference was the address by Sis. B.K. Shivani, a highly regarded motivational speaker. She left a lasting impres-



sion on the audience by emphasizing the pivotal role that the media plays in nurturing mental well-being. She stressed that media professionals wield immense power in shaping the emotional and psychological landscape of their audience. The information we consume through media sources, be it what we hear, read, or see, effectively becomes our "emotional diet." Sis. Shivani underscored that it's the responsibility of the media to serve a nutritious and uplifting emotional diet to society.

Moreover, she highlighted the pressing issue of mental health, particularly among the youth, and called upon the media to do more in addressing this crisis. She argued that by creating content that strengthens the mental

resilience of its consumers, the media can empower individuals to take charge of their lives. To achieve this, she suggested that media professionals should begin each day with 30 minutes of consuming spiritual content. She firmly believed that such a practice could elevate the quality of thoughts and content produced, ultimately benefiting society.

In addition to Sis. Shivani's insightful address, Brother Dr. B.K. Mruthyunjaya, Chairperson of the Edu Wing at Brahma Kumaris, emphasized the importance of incorporating value education into media training. While traditional education institutions exist in abundance, he pointed out that they often lack the moral, humanistic, and spiritual dimensions necessary for responsible journalism. By

enabling individuals to elevate their thinking and embody higher values, he envisioned a society where media professionals act as beacons of light, messengers of peace, and agents of positive change.

The conference also featured notable figures like Prof. Mansingh Parmar, Former VC of KT University of J&MC, Raipur (CG), who emphasized the need for journalists to consider themselves as pure, elevated souls and children of God. He called for the establishment of a central university for communications that would instill the right values and responsibilities in aspiring journalists. He also proposed transforming the Press Council into a broader Media Council to regulate both print and digital media.

Chief Guest Bro. Kuldeep Rai Sharma, MP (LS) from Andaman & Nicobar Islands, recognized the profound influence of media in our lives and suggested using popular formats like Instagram Reels and YouTube Shorts to create content that uplifts and serves society.

To conclude the session, Sis. B.K. Sarala, National Coordinator of the Media Wing, proposed a comprehensive action plan based on the conference's discussions. This

proposal garnered widespread support from key figures in attendance, including Bro. Y. Babji, Dr. Kamlesh Meena, and Bro. Mahadeva Swamy.

The conference brought together a remarkable group of individuals committed to elevating the media's role in society. Other dignitaries present included Bro. Omveer Singh Saini, Bro. Ashish Gupta, Sis. B.K. Vijaya, and Bro. B.K. Amarchand.

Organized by the Media Wing of the Rajayoga Education and Research Foundation (RERF), a sister organization of the Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, this event seeks to awaken public interest in spirituality and promote positive, value-based journalism. It aspires to create a society where journalism not only informs but also uplifts and empowers, fostering love, peace, and global harmony.

In the valedictory session, the conference attendees expressed a collective commitment to the media's role in promoting moral values and peace worldwide. They emphasized that the media's duty extends beyond mere information transmission; it also entails understanding and nurturing a balanced moral compass to establish peace in an

increasingly complex world.

In a resolution supported by hundreds of media professionals from India and Nepal, the conference underscored the media's vital role as both an information provider and a guardian of societal harmony. It called upon the Brahma Kumaris' media wing to continue its efforts in supporting and empowering media professionals in their pursuit of love- and peace-based journalism. This gathering, inspired by the recent success of the G-20 summit hosted by India, sought to cooperate globally in fostering peace through India's leadership. The central mission of the Brahma Kumaris, to provide Rajyoga-based education and spiritual strength to media personnel, received resounding support from all quarters. Together, they envisioned a society where individuals, fortified by values and spiritual understanding, contribute to collective welfare, happiness, prosperity, and development.

The 2023 National Media Conference showcased the potential of media to be a force for positive change, and it concluded with an unwavering commitment to shaping a better, more harmonious world through responsible journalism.

B.D. Kalla Honors Round Table India with 14 Bham Shah Awards

Udaipur: Round Table India is currently involved in constructing classrooms for children in government schools across Rajasthan. Recognizing this significant effort, the state's Education Minister, B.D. Kalla, honored Round Table India with 14 Bham Shah Awards.

Anish Chaudhary, the President of Round Table 253 in Udaipur, stated that Round Table India is dedicated to its mission and believes its impact will continue to grow, positively affecting the lives of more students in Rajasthan and beyond.

The immediate past president, Manan Nahar, shared that Round Table India completed a project to build three classrooms in Mahatma Gandhi English Medium School, Badgaon, Udaipur, at a cost of 35 lakhs INR.



The Rajasthan government bestowed the prestigious Bham Shah Awards upon Round Table India for its outstanding contribution to education and amenities for the people of Rajasthan, especially in the field of education.

In a grand ceremony hosted by Education Minister B.D. Kalla, the Rajasthan government recognized and honored individuals and organizations making exceptional contributions to the welfare of society, particularly in the realm of education and facilities. The award, known as the Bham Shah Award, is the highest civilian honor conferred by the Rajasthan government.

This year, Round Table India's various tables across eight cities in Rajasthan were awarded a total of 14 Bham Shah Awards for their remarkable efforts in constructing classrooms in government schools throughout the state. Their dedicated work has resulted in the construction of more than 500 classrooms in the past five years and over 100 classrooms in the last year alone, impacting the lives of 9.53 million children. The cumulative construction area of these classrooms spans up to 3.07 million square feet.

In the academic year 2022-2023, Round Table India was allocated 111 classrooms in Rajasthan, covering 70,000 square feet of space across eight cities. These initiatives, with a total expenditure of 8 crores, have positively impacted the lives of 1.20 lakh students.

The award ceremony saw the participation of prominent figures from various tables, as well as key individuals who played vital roles in these projects. Notable personalities included Himanshu Mehdiratta and Varun Murdia, current and past Area Chairmen of the region, Anish Chaudhary, Rajasthan Area Project Convener, and Dharmveer Pandya.

Heartfulness Meditation Center Finds a New Home in Udaipur

Udaipur: Dr. Rakesh Dashora, the coordinator of the Heartfulness Institute Udaipur Center, shared exciting news regarding the Heartfulness Meditation Center's relocation. The center has now moved from its previous location in Hiran Magri to a new and more spacious setting, Bhamashah Sabhagar, situated near Neerja Modi School in Chitrakoot Nagar, Udaipur.

To mark this significant move, a special group meditation session was organized on that Sunday morning at 7:30 AM at the new facility. The session was led by Dr. Rita Nagpal, a skilled yoga instructor, who guided all participants in the practice of Heartfulness meditation, emphasizing the use of Pranahuti or yogic transmission for a deeper and more meaningful experience.

In a warm welcome gesture, Mukesh Kalal, a dedicated trainer, extended greetings to all those present and expressed excitement about the center's fresh beginnings in its new home. Additionally, discussions took place regarding an upcoming event - a three-day celebration planned to commemorate the birthday of Mr. Kamlesh D. Patel, the President of the Heartfulness Institute, scheduled for September 28.

Furthermore, during the gathering, Madhu Mehta, the Regional Coordinator, shed light on the Heartfulness Institute's Unity Campaign, which is modeled after the successful program in Madhya Pradesh. This campaign aims to bring the benefits of meditation and Heartfulness practices to rural communities.

Madhu Mehta mentioned that 70 individuals had already experienced the positive effects of meditation at the new premises. It was also highlighted that, apart from the Chitrakoot Nagar location, weekly spiritual gatherings, known as satsangs, will continue to be held at Vidya Bhavan Teacher's College every Sunday, ensuring that the reach of Heartfulness meditation extends to even more individuals in the Udaipur area.

A one-day workshop on women's empowerment

Udaipur: A one-day workshop on women's empowerment in agriculture was organized by Pacific University and RSETI (ICICI Rural Self-Employment Training Institute) in Udaipur. More than 30 women farmers from the Kadaiya-Gogunda village participated in the program.

The workshop provided information on various aspects of agriculture, including the importance of staple crops, production, farming techniques, processing, vegetable and fruit production, nursery management, and medicinal plants. Practical knowledge was shared with the women regarding different crops for the Kharif season on the Pacific Agricultural College's farm.

The workshop emphasized women's empowerment, seed selection, animal husbandry, soil testing, and other important topics. Participants had the opportunity to ask questions, and their queries were addressed by experts including Prof. S. R. Malu, Bhimaram Patel, Dr. G. L. Sharma, Ramesh Parik, and Pushkar Dangi.

It was mentioned that Pacific University has trained over 500 women from the Udaipur region in preparation for the International Millet Year 2023.

India-Australia Educational Partnership Expands



a minimum amount will be provided for high-cost projects at 6,000 Australian dollars and low-cost projects. This collaboration between Western Sydney University and MPUAT promises to foster academic excellence and research opportunities for Indian students in Australia, strengthening educational ties between the two countries.

Udaipur: Western Sydney University, Australia, and Maharana Pratap University of Agriculture and Technology, Udaipur, have signed a memorandum of understanding (MoU) today in Delhi.

The Vice-Chancellor of Western Sydney University, Professor Varne Glover, and the Vice-Chancellor of MPUAT, Dr. Ajit Kumar Karnataka, put their signatures on the MoU. This agreement extends the existing partnership for another 5 years. Dr. Karnataka expressed that this is a significant moment for all of us and should be cherished. He emphasized that this MoU will open new dimensions for research and higher studies between MPUAT and Western Sydney University.

Through this agreement, Indian students will have the opportunity to study and research in one of Australia's finest educational institutions. This year, two students from the Department of Soil and Water Engineering at MPUAT have been selected for a dual-degree program leading to a Ph.D., and the entire cost will be covered by Western Sydney University.

Just last month, 14 MPUAT students completed their training at Western Sydney University under the Indian Agricultural Higher Education Project. Dr. P.K. Singh, the Dean of MPUAT, revealed that as part of this MoU, Ph.D. students will receive an annual scholarship of 30,000 Australian dollars for their stay in Australia. Additionally,

Milk and Water Awareness Campaign

Udaipur: Under the auspices of Swami Sharanam Education Institute, SS College of Education, Umarada organized a "Milk and Water Awareness Campaign." The college principal, Dr. Purnima Narania, informed that as part of the nationwide "Fight for Purity" campaign led by the Consumer Rights Organization at the national level, under the coordination of Dr. Subhash Rajak, in collaboration with the Consumer Rights Organization, Saras Dairy, Udaipur, and SS College of Education, Umarada, a milk testing workshop was organized.

In this workshop, approximately 220 milk samples from the Umarada region were tested, and participants were provided with lactometers. Additionally, participants signed banners as a symbol of their participation. In the second segment of the program, a discussion was conducted on cybercrime and telecom fraud under the Consumer Awareness Campaign. Chief Medical Officer of Udaipur, Dr. Shankar Bamanian, and other dignitaries emphasized the importance of consumer rights and awareness about ongoing health and insurance schemes. Dr. Mahendra Singh urged individuals to stay organized for their rights and to use mobile apps cautiously to protect themselves from cyber fraud.

The event was also attended by Dalpat Singh Jain, Karammal Jaroli, Prakash Jain, Vay Kay Bolia, and Dr. Bharat Shrimali, who encouraged participants to stay informed about their rights. The program was conducted by the college's faculty members, Mrs. Shipra Sharma and Mrs. Meena Menaria. Dr. Purnima Narania expressed her gratitude in the vote of thanks. The program was attend-

ed by members of the college's governing body, including Mrs. Ranjana Bhatnagar, Purnesh Kothari, Shiv Prasann Singh, Mrs. Heena Jain, Mrs. Payal Paneri, Ekta Soni, and student-teachers.

Tarika Bhanupratap Appointed as Secretary of Udaipur City District Congress Committee

Udaipur: Mrs. Tarika Bhanupratap, the founder of She Circle India, has been appointed as the Secretary of the Udaipur City District Congress Committee. Under the leadership of Udaipur City District Congress President Fateh Singh Rathore, she has been entrusted with this important responsibility in the executive committee.

Having served in Rotary for several years, Tarika Bhanupratap has now received a significant role in the Congress party, and she has received congratulations from society and various organizations for her contributions.

Adhvika Sarupria Clinches Gold in DPS Chess Competition

Udaipur: Adhvika Sarupria, an international chess player representing Delhi Public School, emerged victorious in the 67th district-level Under-14 chess competition. Adhvika showcased her exceptional skills and strategy by defeating all her competitors in all six rounds, securing the first position and winning the gold medal.

Physical education teacher Anand Kanungo shared that a total of 73 girls participated in the com-

petition. Adhvika's outstanding performance earned her the opportunity to represent Udaipur district in the state-level Under-14 chess competition.

The school's Vice Chairman, Govind Agrawal, congratulated Adhvika on her achievement, expressing pride in her accomplishments and wishing her a bright future. The school's Principal, Sanjay Narwaria, and Vice-Principal, Rajesh Dhabe, also extended their congratulations, highlighting their commitment to the holistic development of students in various fields.

Adopt Solar Energy, Cook with Solar Cookers

Udaipur: Dr. Manju Jain, addressing students at the Women's Polytechnic under Vision 2030, emphasized the importance of embracing renewable energy sources like solar energy. She encouraged the use of solar gadgets such as solar cookers and solar power stations in every household to reduce air pollution and conserve coal resources.

Dr. Jain stressed the need for greater adoption of electric vehicles like two-wheelers, cars, and solar-powered boats to keep the region's air clean, promoting better health for everyone. She highlighted the benefits of solar cookers, stating that they are a boon for working women. With solar cookers, working women can easily prepare meals like lentil curry and rice, fresh vegetables, and desserts like lapsi (a traditional sweet dish) at home. Dr. Jain shared her 40 years of experience, explaining that solar cookers can provide working women with readily available and convenient meal options. Dr. Manju Jain questioned if all women aspire to be working women and then explained how

solar cookers can be a blessing for them. She lauded the faculty of the college, who are all "solar women," as an inspiration for the students. Prominent solar women like Prof. Monica Bhanawat, Sangeeta Dhupia, Kavita Mathur, Meenakshi Sharma, Madhur Lata, and Lakshmi Ayyar have been using solar cookers for years.

The program concluded with Principal Khurshheed Banu expressing gratitude to Manju Jain, and the event was hosted by Rishabh Chauhan

Vishal Solanki from Abhinav School Secures Gold in Wrestling

Udaipur: In the 67th District-level Primary Sports Competition 2023-2024, Vishal Solanki from Abhinav School clinched the gold medal in the 75-kilogram weight category for wrestling, adding luster to the school's reputation and making his family proud.

The competition witnessed intense battles on the wrestling mat, and Vishal Solanki's exceptional skills and determination shone brightly as he emerged victorious in his weight category. His triumph was celebrated not only by the school but also by his family and well-wishers.

Dr. Upendra Rawal, the Principal of Abhinav School, extended his warmest congratulations to Vishal Solanki and his family.

He praised Vishal's dedication and hard work, highlighting that this victory was not just a personal achievement but a testament to the school's commitment to nurturing talent and fostering excellence in sports. Dr. Rawal also wished Vishal the best of luck for future competitions at the state level.

Shamsher Singh Dhillon Engages with Leaders

Udaipur (Dr. Munesh Arora): Appointed by the All India Congress Committee for the upcoming state assembly elections, Mr. Shamsher Singh Dhillon, former President of the Punjab Pradesh Congress and former Member of Parliament, met with senior Congress leaders and workers from all assembly constituencies in rural Udaipur at the Circuit House.



Dr. Sanjeev Rajpurohit, the spokesperson for the District Congress, informed that Mr. Shamsher Singh Dhillon, who has been assigned the responsibility of the region, engaged in separate discussions with prominent Congress leaders and workers from the Mavli, Vallabhnagar, Salumbar, Jhadol, Kherwada, Udaipur Rural, and Gogunda assembly constituencies. During these interactions, Mr. Dhillon gathered feedback and information about the current situation in each constituency. Key leaders who met with Mr. Dhillon included Kachru Lal Choudhary, President of the Udaipur Rural District Congress; Raghuvir Singh Meena, former Member of Parliament; Dr. Daya Ram Parmar, the legislator from Kherwada; Jagdish Raj Shrimalli, Deputy Chairman of the Labor Commission (State Minister); Lal Singh Jhala, former District President and State Congress Secretary; Mangi Lal Garasia, former Minister; Pushkar Lal Dangi, former legislator; Sunil Kumar Bhajat, Jhadol assembly constituency aspirant; Vivek Kataria, Udaipur Rural assembly constituency aspirant; Suresh Suthar and Ram Lal Gayariya, among other leaders. This visit allowed Mr. Dhillon to gain insights and opinions from various party members and leaders in the Udaipur region, which will be instrumental in shaping the Congress strategy for the upcoming state assembly elections.