

Life Is Half a Glass of Water, Always See It Full

- Saint Shri Lalitprabh Ji



Udaipur: National Saint Mahopadhyay Lalitprabh Sagar Maharaj shared profound wisdom, emphasizing

the importance of positivity, simplicity, sweetness in speech, and wearing a smile as the key mantras to lead a

Bhawan intersection on Saturday, he expressed that while there are countless scriptures and temples in the world,

joyful life. Speaking to devotees during a special sermon-satsang held at Chaugan Temple near the Shiksha and numerous saints with their teachings, embracing these four mantras can make one the happiest person on Earth. Saint Pravar conveyed the analogy of life being like a half-filled glass of water. He encouraged people to see it as half full to cultivate happiness, rather than focusing on the half that is empty. He suggested that if someone's spouse is upset, they should consider the blessing of having a spouse, as many people are single. He

also advised that if someone has a dark complexion, they should appreciate the protection from the evil eye. When facing losses, one should ponder on the positive aspects of life.

Becoming a Master of Simplicity: In his teachings about simplicity, Saint Shri Lalitprabh Ji emphasized that individuals with simple natures can easily win the hearts of strangers, while those with complicated natures struggle

to find acceptance even within their own families. He encouraged people to develop good natures and reminded them that only those with a sweet nature can enter the kingdom of heaven.

Sweeten Your Tongue: Saint Shri Lalitprabh Ji encouraged the practice of speaking kindly and with a sweet tongue rather than resorting to harsh or hurtful language. He explained how a sweet tongue can rectify numerous wrong

actions, citing the analogy of the tongue and teeth. The tongue, being soft, comes first and remains until the end, whereas teeth, being hard, come later and are the first to depart. Therefore, people should aim to be soft like the tongue and not hard like teeth, as those who use their tongue wisely are respected everywhere, while those who misuse it face humiliation.

The sermon-satsang held at Chaugan Temple provided

valuable insights into leading a fulfilling and harmonious life. On Sunday, a similar gathering is scheduled to take place at Mahavir Colony Park on Bedla Road, in front of the Saiphon intersection, to further promote interfaith love and unity.

The teachings of Saint Shri Lalitprabh Ji inspire individuals to embrace positivity, simplicity, kindness, and a cheerful disposition as they navigate life's journey.

Shabd Rang Exhibition Concludes with a Resolve to Enhance Artistic Creation

Udaipur: A seminar of creative minds in the field of art concluded the five-day Shabd Rang exhibition at the Information Center's art gallery on Friday evening, organized under the auspices of Rajasthan Sahitya Akademi. The seminar offered insights into the abstract nature of art and its connection to literature and creativity. Speakers at the seminar discussed the abstract as the original form of the universe, drawing parallels to the curiosity of the musk deer. Just as the deer searches for musk fragrance outside itself while wandering in the forest, the concrete form of the

abstract also exists within, and understanding this abstract concept is the essence of art.

The Shabd Rang exhibition, which commenced on August 28, featured the works of renowned painters who brought the creations of famous poets to life with vibrant colors. Art enthusiasts, creative's, and art lovers from various regions, including Udaipur, visited the exhibition during its five-day run, praising this innovative initiative by the academy.

The concluding day of the exhibition featured a seminar with well-known artists, architects, and literary figures, who

shared their perspectives on the relationship between art and literature.

Key Takeaways from the Seminar:

- **Sharing Pain Sustains Arts:** RJ Rajat emphasized that art is rooted in emotions and that as long as people share each other's pain, feelings will remain alive, fueling artistic creation.

- **Art and Literature Connection:** Senior painter Raghunath Sharma pointed out that literature and art are interconnected, both being forms of expression. Combining words and colors is a promising innovation for

the future of art.

- **Abstract vs. Concrete:** Madansingh Rathore highlighted that the fundamental essence of art is shape, not form. By merging words and colors, the exhibition aimed to restore the prominence of shape through abstract expression.

- **Understanding Abstraction:** Joint Director of Public Relations Dr. Kamlesh Sharma drew parallels between computer binary code and the creator's ability to transform the abstract into a concrete form through imagination and feelings.

The seminar offered valuable



insights into the world of art, emphasizing the importance of preserving artistic sensibilities and fostering creativity. The event concluded with artists expressing their commitment to art by etching letters on canvases.

The seminar also included

live portrait sessions, with painter Navalsingh Chauhan creating a live portrait of a literary figure. The participating artists were honored for their contributions during the exhibition, showcasing the synergy between words and colors in the world of imagination.

Dr. Tuktak Bhanawat Receives Prestigious 'Mewar Gaurav Samman'

Udaipur: Dr. Tuktak Bhanawat, a prominent media personality, was bestowed with the prestigious 'Mewar Gaurav Samman' in a ceremony held at Hotel Radiance Blue, organized by First India News Channel, Jaipur. The award was presented by dignitaries including Assam Governor Gulabchand Kataria, Vice President of the Rajasthan Labor Welfare Advisory Board Jagdishraj Shrimali, Deputy Mayor Paras Singhvi, Additional Superintendent of Police City Ananth Kumar, District Collector Arvind Poswal, PCC General Secretary Lalsingh Jhala, and CEO and Managing Director of First India News Channel Pawan Arora. Dr. Tuktak Bhanawat was honored with a shawl, uparna, and a memento as part of the recognition.



During the event, Governor Gulabchand Kataria emphasized the importance of goodness and positivity. He noted that by promoting goodness, negativity automatically diminishes. He also highlighted the remarkable contributions of Mewar to the world, citing historical figures like Hadirani, Pannadhy, and Bhamashah. Governor Kataria encouraged the preservation of Mewar's rich history and culture.

He stressed that the battle for truth, principles, self-respect, and cultural preservation is fought with faith in Lord Eklingnath, the king of Mewar. He further urged individuals to maintain a positive mindset and avoid negative thinking. The Governor emphasized that criticism alone achieves nothing, and respect for good deeds can inspire others to follow suit.

The ceremony began with a warm welcome by Dr. Ravi Sharma, Bureau Chief of First India News Udaipur. Distinguished guests at the event included S. S. Sarangdevot, Prof. Vijayalakshmi Chauhan, Ravindra Shrimali, Phool Singh Meena, Chandragupt Singh Chauhan, Dr. Kamlesh Sharma, Pravesh Pardeshi, Dr. Kunjan Acharya, Dr. Prithviraj Singh Chauhan, Sardar Singh Hoda, Pankaj Sharma, Ashok Singhvi, Kamal Babel, Himmat Singh Jhala, Manish Sharma, Chachanal Agarwal, Bharat Ameta, Naval Singh Chundawat, Piyush Kachhawa, Himmat Singh Chauhan, Rajendra Nalvaya, Ajay Kumar Acharya, and Alpesh Lodha.

Dr. Tuktak Bhanawat's remarkable contributions to the field of media and his dedication to the community earned him this prestigious honor, reaffirming his commitment to making a positive impact in the region.

Udaipur Athletes Clinch Three Gold and Four Bronze Medals

Udaipur: Udaipur athletes have once again demonstrated their prowess by winning three gold and four bronze medals in the national kickboxing competition for child, cadet, and junior categories. The competition was held at the Harivansh Tana Bhagat Indoor Stadium in Ranchi, Jharkhand, from August 23rd to 27th, where 12 players from Udaipur represented Rajasthan.

The gold medalists from Udaipur include Bhavesh Chaudhary, Divij Solanki, and Purva Shrimali. Bhavesh Chaudhary, competing in the 67 kg category, dominated his final match in the low kick event, defeating Krish Sinha from Jharkhand. Divij Solanki, competing in the +91 kg category, faced a tough fight in the final match of the point fight event but emerged victorious against Ratikant Sahu of Odisha.

Purva Shrimali, competing in the -60 kg category, secured the gold medal with a convincing win over Priya Verma from Uttarakhand in the Kick Light event. These three players earned the title of national champions in their respective categories.

In addition to the gold medalists, Udaipur's athletes also won four bronze medals in the competition. Bhavya Shrimali (Point Fight), Devanshi Jain (Kick Light), Atul Dak (Point Fight), and Dishan Khandelwal (Point Fight) received bronze medals for their remarkable performances. All four players reached the semi-finals in their respective events before securing the bronze medals. Other Udaipur athletes who participated in the competition include Harshi Jain, Dimple Chaudhary, Charu Verma, Devraj, and Pradyuman Singh. Harshi Jain, participating in the musical form event, secured the fifth position. The District Association officials plan to honor all the players for their outstanding achievements.

Mrs. Alka Sharma, received the esteemed 'Prestigious Singhanian Excellence Award'

Udaipur: In a momentous ceremony held at the Central Public Senior Secondary School in Udaipur's New Bhupalpura, Mrs. Alka Sharma, Chairperson of C.P.S. and Rockwoods, received the esteemed 'Prestigious Singhanian Excellence Award' from the Governor of Maharashtra, Mr. Ramesh Bains, and the Education Minister of Maharashtra, Mr. Deepak Kesarkar, at the prestigious Raj Bhavan. This distinguished award was bestowed upon Mrs. Alka Sharma in recognition of her exceptional contributions to the field of education and her innovative approaches to learning. The event was graced by the presence of various dignitaries.

The celebration began with a heartwarming welcome for Mrs. Alka Sharma as students and teachers showered her with flowers and resounding applause. Expressing her gratitude, Mrs. Sharma acknowledged the invaluable support she has received from the students and educators during the reception organized at the school.

The event also saw the participation of key figures, including Administrative Director Mr. Anil Sharma, Director Mr. Deepak Sharma, Joint Director Mr. Vikramjit Singh Shekhawat, Principal Mrs. Poonam Rathod, Administrator Mr. Sunil Babel, and Principal Mrs. Krishna Shaktawat, who extended their warmest congratulations to Mrs. Alka Sharma.

Mrs. Alka Sharma's dedication and contributions to the realm of education have not only transformed the lives of countless students but have also inspired innovation and excellence in the field. The 'Prestigious Singhanian Excellence Award' is a testament to her unwavering commitment to nurturing young minds and fostering educational growth. Her leadership and vision continue to be a source of inspiration for the entire educational community.

The 40th grand free marriage ceremony

Udaipur: The 40th grand free marriage ceremony held at Seva Mahatirtha in Badi, organized by Narayan Seva Sansthan, brought immense joy and transformed the lives of 54 disabled and economically disadvantaged couples. The event was a dream come true for these young men and women who had longed for the companionship and happiness that marriage could bring. Despite their physical disabilities, these couples embarked on the journey of marital bliss, supporting each other and leaving behind the challenges of disability and poverty. Their determination to find happiness in each other's company was truly inspiring.



In the midst of grand arrangements, thousands of guests from all corners of the country, along with relatives, friends, and well-wishers, poured their love and blessings on the newlyweds, making the occasion even more special and emotional. The event was graced by the presence of Narayan Seva Sansthan's founder, Padmashree Alankrit Shri Kailash 'Manav,' co-founder Kamala Devi, President Prashant Aggarwal, Director Vandana Aggarwal, Trustee Directors Jagdish Arya, Devendra Chaubisa, Rajendra Kumar, Palak Aggarwal, and more than 1500 guests and generous donors from various parts of the country. Under the watchful eyes of Chief Acharya Satyanarayan, the couples were married on 54 altars and fire pits built in the grand pandal, following Vedic mantras and rituals. The entire process was beautifully executed by a team of 54 associate teachers. After the marriage ceremony, the newlyweds were showered with gifts and blessings. They received essential items for their new homes, as well as gold and silver jewelry, including mangalsutra, bangles, clothes, earrings, rings, silver anklets, toe rings, and more. Additionally, they were gifted household items such as gas stoves, beds, cupboards, chests, utensils, sewing machines, and water tanks. The day concluded with a heartwarming farewell as the couples, now united in matrimony, were sent off in traditional wedding dolis with the blessings of well-wishers. They were transported to their respective cities and villages in vehicles provided by the institution. This mass marriage ceremony not only symbolized love and togetherness but also served as a powerful reminder that love knows no bounds, and with determination and support, every dream can come true. The event was a testament to the compassion and dedication of Narayan Seva Sansthan in transforming lives and spreading happiness among those in need.

Shloka Agarwal Receives 'Mewar Gaurav Samman'

Udaipur: Shloka Agarwal, a 12th-grade student at DPS Udaipur, has been honored with the prestigious 'Mewar Gaurav Samman'. The award was presented to her at an event organized by First India News Channel in Jaipur's Hotel Radiance Blue.

Shloka Agarwal received the award from Assam Governor Gulabchand Kataria, Rajasthan Labor Welfare Advisory Board Vice Chairman Jagdishraj Shrimali, Deputy Mayor Paras Singhvi, District Collector Arvind Poswal, Additional Superintendent of Police City Ananth Kumar, PCC General Secretary Lal Singh Jhala, and CEO and Managing Director of First India News Channel, Pawan Arora. She was presented with a shawl, uparna, and a memento as part of the honor.

Shloka Agarwal was recognized for her outstanding contributions, including fundraising efforts to support underprivileged individuals. She has also played a pivotal role in ensuring fair compensation for farmers who produce milk and ghee from Gir cows. Moreover, Shloka has actively engaged in promoting farmers' products through social media channels, actively participating in their packaging and branding processes. Her commendable efforts have greatly benefitted local farmers and have earned her the 'Mewar Gaurav Samman' in recognition of her exceptional work.

for Clean Drinking Water in MB's UG and PG Hostels

Udaipur: Indian Red Cross Society District Branch, Udaipur, has taken a significant step to provide clean drinking water to girl students residing in MB's UG and PG hostels. Ms. Premalata Mehta, a life member and Bhamashah, has generously donated and installed two RO purifiers and a soft water plant for this purpose.

The inauguration of these facilities was conducted under the guidance of Indian Red Cross Society President Arvind Poswal, with the participation of RNT Principal Dr. Vipin Mathur and Children's Hospital Superintendent Dr. R.N. L. Suman. The event included a ribbon-cutting ceremony, fruit offering, and a water purification ritual.

During the event, Dr. Vipin Mathur praised the continuous service efforts of Ms. Premalata Mehta and her dedication to humanitarian work. Dr. R. Suman, a special guest at the event, also appreciated the various initiatives undertaken by the Red Cross Society, including first-aid training and blood donation drives.

The program was organized with the support of District Collector, Udaipur, and featured welcome speeches, traditional garland offerings, and acknowledgments of the Society's achievements. The installation of RO purifiers and the soft water plant will ensure that girl students have access to clean and safe drinking water in MB's UG and PG hostels.

Treatment

Udaipur: In a significant medical achievement, doctors at Pacific Institute of Medical Sciences (PIMS) Hospital, Umraha, have successfully treated a baby girl suffering from a congenital heart hole.

The hospital's Chairman, Ashish Aggarwal, shared that the patient, a young girl named Lakshita, was born with a congenital heart condition that impeded her normal development. At the age of three, she weighed only six kilograms and faced various health challenges, including frequent colds and flu, fatigue during play, shortness of breath, and a rapid heartbeat. Recently, Lakshita's relatives brought her to PIMS Hospital for treatment. After conducting thorough tests, Dr. Vivek Rawat, a heart and vascular surgeon, performed open-heart surgery to close the hole in her heart. The successful surgery was made possible with the dedicated support of cardiac anesthesiologist Dr. Vipin Sisodia, cardiologist Dr. Mahesh Jain, and Dr. Umesh Swarnakar.

Chairman Ashish Aggarwal emphasized that all complex heart surgeries are being conducted free of cost under the Chief Minister Chiranjeevi Health Insurance Scheme at PIMS Hospital. This commitment to providing accessible healthcare is instrumental in saving and improving the lives of individuals like Lakshita who require specialized medical attention.

Sanskrit Group Song Competition Enchants Audience During Sanskrit Week

Celebrations

Udaipur: As part of the Sanskrit Week celebrations, organized under the banner of Sanskrit Bharti, the enchanting performances of children in a Sanskrit group song competition captivated the audience on Saturday. The week-long celebration commenced with the Rakshabandhan festival and featured melodious presentations by young participants. Following the spirited involvement of children in the Sanskrit Shloka-based painting competition held a day prior, there was tremendous enthusiasm among participants for the Sanskrit group song competition. More than 250 participants from over 20 institutions took part in the event. Dr. Yagya Ameta, the Prant Prachar Pramukh, explained that the Sanskrit group song competition, which took place at the Vyas Auditorium of Alok School Sector-11, was divided into two sections: junior and senior. Nineteen groups participated in the junior category, while eighteen groups competed in the senior category. The competition was judged by Dr. Madhubala Jain and Renu Paliwal. Each group consisted of seven participants, with some groups being accompanied by musicians playing various musical instruments. The participants' melodious renditions of Sanskrit songs like 'Jayatu Sanskrit, Jayatu Bharatam,' 'Bhavatu Bharatam Bhavatu Bharatam,' and others left a lasting impression on the audience.

The chief guest of the program, Dr. Pradeep Kumawat, Director of Alok Sansthan, along with Dr. Bhagwati Shankar Vyas, former Divisional Education Officer of the Sanskrit Education Department, emphasized the significance of Sanskrit while encouraging the participants.

RO Purifiers and Soft Water Plant Installed

Successful Congenital Heart Hole