

Mental stability : A Need of Hour

You are lost in the illusion of the world, sometimes for the fulfillment of duty, sometimes for the sake of entertainment, sometimes for the fulfillment of desire, sometimes for the sake of necessity, you keep on doing karma in different ways. Age grows day by day. You are losing life day by day.

Suddenly time starts changing. In you, spiritual tendencies begin to emerge. You begin to see everything and every event around you from a new perspective. The meaning of things is no longer so shallow. Now their depth begins to make sense for you. Slowly events took place many years before, also starts producing forth new meanings. New meanings start to appear. The seriousness starts descending in your personality. Then the various attractions of the material world start losing their existence. You were already a theist, but now your theism also starts increasing. Now your mind after taking occasional rest from the material world, starts entering the spiritual world. You start moving towards worship, meditation, penance etc. You grow your interest more and more in spiritual activities.

Now you feel more fortunate than those who are still lost in illusion of the material world, while at least you are on the path of finding God. Slowly You will gain the knowledge and understand that the things which used to entertain you in the material world, have now start appearing in the spiritual world also in their changed form and are ready to welcome you here also. That means the pleasure is not only in the material world but also is present in the spiritual world.

The spiritual path is new. It has its own temptations, hopes and possibilities. Being a new path, for some time, it goes on attracting you. Then gradually the mind starts getting bored with the same uniformity. Again it turns towards the material world. The material world has not gone anywhere. You only have left it, so you only hold it back. This sequence continues in the lives of many people, many times, for many births and births. New things in different forms, in different colors and styles, keep influencing you in various ways. People are serious and careful at times but they also fall at other times. This goes on.

Friends, have you understood, what has happened after all? First in the material world you are lured by many attractions, then you switch to the spiritual world and again you turn to material world, here, we have to understand seriously that what is this attraction or ras after all?

Friends, Ras means experiencing happiness and satisfaction, whose string is tied to newness. In the material world, we want to eat some new and tasty food every day, are impressed with colorful and stylish clothes now and then, just the same way, even in the spiritual world, we are eager to get new experiences as soon as possible. We feel pleasure in every new experience. You stay there uptill you feel new experiences rendering pleasure easily. But as soon as difficulty approaches you or hurdles appear, you tend to turn in the opposite direction. That means you get defeated in your endeavour. Friends, in such a situation, we have to think deeply on this point and understand that there is attraction in the material world as well as in the spiritual world. You stick there wherever you get the pleasure easily whether material or spiritual. But when you don't find it then you start getting bored with the monotony, whether it be material or the spiritual world. Now you must first understand whether it is better to be engrossed in the material realm or in the spiritual realm.

So understand well that the material realm is not permanent. It is temporary, changeable, changing every moment. We cannot stop it, we cannot hold it even if we want to. None of it will stay with us forever. So switching to the spiritual realm will be the best option because whatever we will get from there will be permanent at least and will always be with us. Now you have to be firm and decide that you have started trying to achieve the new experience which you are interested in. Whether you attain it or not, you should keep on trying to fulfill your objective. If you keep moving towards your goal by being equally determined in both positive and negative situations, then no one can stop you from being successful in the field of spirituality. Even in adverse circumstances, condition of the mind should not change, maintain control over it. This condition proves that you are mentally stable. This is the true penance. Now you are ready for any situation because you have achieved mental stability which will prove to be a big milestone in the path of spiritual journey.

-Sulekha Shrivastava

Yashpal Sharma is coming with CHHIPKALI, released nationwide on March 17

The film Chhipkali, based on the book "Chhayajapon" by famous writer Vinod Ghosal, is now fully ready and the news is coming that it will be released in theaters across the country on 17th March. The film "Chhipkali" Presents by Studiographie Entertainments and being produced by Suan Silver Screen, the film stars National Award winning actors Yashpal Sharma, Yogesh Bhardwaj and Tannistha Biswas in lead roles. In an interview, Yashpal Sharma has even called that Chhipkali is the most memorable film of his career. Detailed information related to the film and its official announcement will be made soon. The producers of the film are Meemo and Sarvesh Kashyap. About the film the producer Meemo says, "Chhipkali is a Philosophical Thriller Drama genre film. Through the film, an attempt has been made to tell that there are many such people in the society who think that no matter what they do, no one will know anything, but in reality this does not happen. Rather, someone or the other is watching each and every incident closely.

Through this film, we have tried to make such people aware". According to producer Sarvesh Kashyap, the story of the film is the hero of the film, which unfolds layer by layer. The script weapon of the movie which will enthrall every viewer. After watching the film, you will feel that Bollywood is really changing. The director of the film is Kaushik Kar. Who has a special identity in the field of direction and acting in Bengali films and theatres. Meemo is also the music composer of this film, he has received many prestigious awards in the field of music. The business head of the film is Prasun Bakshi.

Promotion of Rajasthan's Bahubali begins

Mumbai: Promotion of the Rajasthan historical film Bahubali produced by Titri Productions was launched at Arya Samaj Auditorium, Kingpark Jaipur. The film is based on the principle of non-violence of Mahatma Gandhi. The film has been produced after three years of hard work and its music is heart touching.

The film will be screened in cinema halls in Rajasthan on February 17. Shot on Rajasthan's unseen locations, the film has everything the audience would want to see. The famous Battle of Haldighati with elephants and horses, filming in Haldighati to claim the reality of history, remarkable lifestyle, Bhagoriya Mela and attractive views of the 12 months flowing waterfall makes this film different.

There are many more things in Bahubali Rajasthan which will be seen on the big screen for the first time in Rajasthan history. The film's director Vipin Tiwari, producer Ajay Tiwari, Arya Samaj Sansthan's charge Ravi Nayyar, Shakun Advertising's director Gokul Mahadas Cheshwari, Jaipur International Group of Schools's Kahe Jaisingh, Ada Export's director Keshav Shukla are present on this spot. The current film is being directed by Vipin, impressed by the idea of the victory of non-violence over violence. Famous Gandhi follower Mama Baleshwar Dayal had advised making a film on this subject two decades back. The role of Sutradhar in the film has been taken from him.

Exactly 70 kilometres away is the Ogna Dam made of clay



in Jhadol tehsil. The reservoir flowing for 12 months in Ramkunda amidst the panoramic view in the foothills of the mountains is pleasing to the eyes. Ever since the shooting of the film, tourists have started roaming here. The battle of Haldighati with the five avengers of Maharana

Pratap has been recreated realistically in Haldighati in collaboration with the Maharana Pratap Foundation. The heroic saga of Haldighati is depicted for the first time in Veer Ras, shot in a grand manner with elephants, horses and hundreds of soldiers. Untouched aspects like the traditional

lifestyle of the tribals of Rajasthan and marriage will be seen in this film.

The film stars Amitabh Tiwari, Pari Sharma, Vaani, Shivraj Gurjar, Deepak Meena, Shriharan Sagar, Sangeeta Chowdhary and Kshitij Kumar in important roles.

Cast & Credits

Writer Vipin Tiwari, Producer Ajay Kumar Tiwari, Composer Nizam Khan, Cinematographer Baljit Goswami, Gupta Shailendra Singh, Director Director Seeshanraj Banka, Choreographer Kumar Kohli-Ghanshyam Mahawar, Gully Director Anil Saini, Ajay Trivedi, Rahul Singh Bisht.

Amitabh Tiwari Pari Sharma, Vaani, Deepak Meena, Shivraj Gurjar, Shriharan Sagar, Urukram Sharma, Sangeeta Chowdhary, Vijayalakshmi, Dr. Tulika Gupta, Mahesh Rajasthan, Sandeep Sharma, Monu Sharma, Manish Sharma, Vishisht Gurjar, Ramavtar Gurjar, Rajesh Bhargava, Jagdish Gurjar, Bhavna Prajapat, Prakash Bhil, Kumkum Mewari, Vinod Sharma, Asha Suthar, Shyam Sharma, Chogalal Bhil.

Social organizations should play a positive role in clean environment: Ashish Modi

Bhilwara: Jawahar

Foundation, a leading organization in the field of social service, working towards environmental protection and promotion to support Rajasthan government's plastic and polythene removal campaign, denim and fabric carry bags have been made by Jawahar Foundation in Bhilwara

It is a matter of pride that



under this series, several social works are being done in Bhilwara by Riju Jhunjhunwala, the founder president of the social organization Jawahar Foundation. Providing food to the poor, laborers, disabled, women and children for ₹ 1 has been made available in Gajadhar Mansingh Dharamshala and Gayatri Ashram through his

Swabhimani Bhoj Raso.

In this sequence, 2000 denim and fabric carry bags are being made. This denim carry bag was released by the hands of Bhilwara District Collector Ashish Modi. Table calendar made by Jawahar Foundation was also inaugurated on the occasion.

In-charge of Jawahar Foundation, Rajneesh Verma

told that soon 2000 denim fabric bags will come to Bhilwara and will be distributed in identified vegetable markets with the help of district administration and city council.

On this occasion, in-charge Rajneesh Verma, CSR manager Lokendra, Mohammad Haroon Rangrej, Jugal Banjara Dharmendra Kohari etc. were present.

SOUTH WESTERN COMMAND INVESTITURE CEREMONY TO BE HELD

South Western Command Investiture Ceremony will be held at Sagat Singh Auditorium, Bhatinda Military Station on 08 February 2023 to acknowledge the gallant and distinguished acts of our soldiers in discharging their duty towards the Nation.

During the event, Lieutenant General Amardeep Singh Bhinder, General Officer Commanding-in-Chief, South Western Command will present Gallantry and Distinguished Service Awards, along with Chief of the Army Staff Unit Appreciation and General Officer Commanding-in-Chief Unit Appreciations for notable performances.



As a prelude to this ceremony, variety of activities will be organised for the gathering between 07 & 08 February 2023 at Bathinda Military Station. The investiture ceremony is conducted once a year to confer various awards to personnel who distinguish themselves by acts of individual gallantry and exceptional devotion to duty. Nine officers, one Junior Commissioned Officer and 10 soldiers are being awarded in recognition of their exemplary courage. One gallantry award shall also be presented posthumously to the next of kin of Sepoy Laxman of 61 RR (JAT Regiment). Five units are being awarded with Chief of the Army Staff Unit Appreciations and 15 units will also be receiving General Officer Commanding-in-Chief Unit Appreciations.

ARMY PUBLIC SCHOOL, JAIPUR CELEBRATES ANNUAL DAY ON THEME G-20

Jaipur: Army Public School, Jaipur celebrated its Annual Day on 3rd February 2023 at Sapta Shakti Auditorium in Jaipur Military Station.

Lt Gen Manish Erry, Chief of Staff & Chairman Board of Administration, Army Public Schools of South Western Command graced the occasion as the Chief Guest. The theme of Annual Day celebration was G-20 wherein children gave mesmerising performances to showcase India as the global leader of G-20.

At the occasion Chief Guest gave away the prizes to meritorious students. Maj Gen Ramesh Shanmugam, MG EME, HQ SWC & Patron, APS JAIPUR proposed the vote of thanks.

The program culminated with the song, 'Sare Jahan se Achha Hindustan Hamara' which was sung in unison by one and all and chants of 'Bharat Mata Ki Jai'.

Mewar got 117 crores for rail development and facility expansion

Along with the general budget of the Central Government, the budget has been released by the Railways. In the Pink Book made public by the Railways, the North-Western Railway has got budget for many items. Under this, Rs 117 crore has been given for rail development in Mewar. Due to this, where the work of the Mavli-Marwar broad gauge will speed up, there will be many improvement works between Udaipur-Chittaurgarh. In which item, how much budget was received

Facilities will be increased for Ajmer-Chittorgarh-Udaipur (300 km), Udaipur-Umarda (11 km), and Mavli-Badisaddi (82.01 km). Rs 90 crore 50 lacks has been released for this.

Rs 20 crore 05 lacks has been given for Marwar-Mavli (152 km) to connect Mewar and Marwar with broad gauge.

An accident assistance train worth 5.85 crores has been provided for Udaipur City broad gauge A-class.

50 lakh has been given for Chittorgarh-Udaipur city TRR single 10.695 km and ISD 10.695 km.

One crore rupees will be spent on various works to increase technical facilities on the Udaipur-Chittorgarh rail route.

A budget of Rs 5 crore has been given for other technical works related to railway operation between Mavli-Marwar.

A budget of Rs one lakh has been given for other technical works related to railway operations between Mavli and Marwar.

Record 9532 crore budget for Rajasthan Railway Minister Ashwini Vaishnav told the railway officials of the state that a record budget of Rs 9532 crore had been allocated in Rajasthan so far. This is 14 times more than the average of 682 crores per year in 2009-14. General Manager of North Western Railway Vijay Sharma said that in 2023-24, 8636.85 crore budget had been allocated, which is 28.44 percent more than the previous year. This will speed up rail development in Rajasthan.

Golden Kalash and Flagstaff Installation Festival

Menar. As the time of Ravi Pushya Yoga Muhurta was getting closer, the sun's rays were rising on the Thakur Ji Shikhar temple located on the hill. Similarly, the rally of devotees was also pouring towards the temple. It was the occasion of the Golden Kalash and Dhvajdand Sthapana Mahotsav of hundreds of years old Thakurji temple.

When the Golden Kalash was established on Shikhar Mandir with Mahaarti Maha Bhog, Menar village echoed with Thakur Ji Jai Jai. Devotees from hundreds of villages, including Mewar Malwa, were flocking towards the Shikhar temple. In the company of Pandit Amba Lal Sharma, with Vedic chants and drums, the Jajmans started circumambulating the Nava Kundiya Yagya Shala with the statue of Madhushyamji and the golden urn and flagpole to be installed on the temple. After 56 Bhog Manorath, all three Kalash and Dhvaj

Dand were established with a salute of 51 guns. The entire nation became a part of this auspicious occasion by touching the thread coming out of the temple.

From the beginning of the program, the sky started raining rose flowers from drones which continued till the installation. Thousands of devotees were watching this incredible moment that came after years. At the same time, everyone was happy seeing this moment of Golden Kalash in this historic ancient temple. Every devotee felt proud. During this time, the mind of Rama in Menar Krishna's devotion was transformed into Mathura and Vrindavan at every step. Hundreds of people remained present in the buildings around the temple. On the other hand, the Omkareshwar Chowk temple complex and all five roads were jammed with thousands of devotees.

In traditional costumes, the villagers spread eyelets on every route to welcome the guests. Every guest was felicitated by covering with a uparna. Here, the Mahavishnu Yag Yagya was completed in Nav Kundiya Haven. Here, the helicopter that flew three times from Dabok airport showered flowers on the Thakurji temple, Mrideshwar Mahadev Shiva statue, and Amba Mata Shaktipeeth. Mahaprasadi was held at Amba Mata Panchayati Nohra, where thousands of devotees took the prasad. During this, leaders of various political parties, including Chittorgarh MP CP Joshi, Rana Pratap Sansthan Director Ganpat Lal Menaria, ILP leader Uday Lal Dangi, BJP leader Himmat Singh Jhala also reached.

Toyota Kirloskar Motor Announces Prices of Urban Cruiser Hyryder's CNG Variant

Udaipur. Toyota Kirloskar Motor (TKM) today announced the prices of the Urban Cruiser Hyryder's CNG variants. TKM had earlier announced its foray into the CNG segment with the launch of Toyota Glanza and Urban Cruiser Hyryder in November 2022.

Commenting on the same Mr Atul Sood, Vice President, Sales and Strategic Marketing said, "The launch of the Urban Cruiser Hyryder has been a significant milestone for us, in keeping with Toyota's quest for promoting sustainable mobility solutions. Today, it gives us immense pleasure to announce the prices of CNG variants for our customers, who have shown overwhelming interest in the product since the launch.

At Toyota, we are committed in making a shift towards low-carbon energy sources, with a vision to realise a 'Carbon Neutral Society'. We are confident the competitively priced Urban Cruiser Hyryder CNG variants will encourage widespread acceptance of environment friendly technologies and provide multiple options to customer to meet their diverse requirements."

One of first of its kind in the segment, the Urban Cruiser Hyryder is available with a factory fitted CNG kit in both S & G grades. Equipped with a Manual Transmission (MT) powertrain in both the grades, the CNG variant will be in addition to the Self-charging Strong Hybrid Electric as well as the Neo Drive variants, which are already available in the mar-

ket.

The much-anticipated SUV from TKM was launched in July 2022. Since then, the product has received overwhelming response, thus reinforcing customers' faith and trust in Toyota brand and its advanced technology prowess. As one of Toyota's sustainable offerings, the new Urban Cruiser Hyryder inherits Toyota's global SUV lineage with its bold and sophisticated styling and advanced tech features, making it a perfect choice in the segment. The Urban Cruiser Hyryder also boasts of other best in segment features including 17" Alloys, 9" Smart Playcast Touchscreen Audio, 6 Airbags, Cruise Control and Toyota i-Connect (Connected DCM -Data Communication Module) which makes the new SUV the best match for the distinct needs of an Indian car buyer.

Payments Banks launches BizKhata for Small Businesses and Merchant Partners Across the Country

Udaipur. Airtel Payments Bank today announced the launch of its current account - BizKhata, which comes with unlimited transactions* and instant activation for small merchants and business partners across the country.

A large number of small business owners continue to use savings accounts for business purposes as they cannot meet the minimum balance requirement of the business accounts. This makes the process of differentiating personal and business transactions cumbersome. Airtel Payments Bank's BizKhata has been designed specifically for these small merchants and business owners. It brings all business transactions to one platform and allows them to maintain clear records while enjoying multiple banking benefits.



The current account solution will be available to existing and new merchants and business partners of Airtel Payments Bank. A business owner can easily open this account within 5 minutes with biometric authentication and minimal paperwork.

Ganesh Ananthanarayanan, Chief Operating Officer of Airtel Payments Bank, said, "At Airtel Payments Bank, we aim to make banking accessible and simple. Our research reflected that fear of high charges levied on not meeting the minimum balance requirement and going beyond the defined number of transactions is a setback for small business owners to start a business account. With this insight, we created BizKhata account to enable and offer the benefits of business banking to small business owners. This account is an important addition to our existing portfolio of business products."