



### हिन्दुस्तान जिंक

की ओर से आपके और आपके परिवार को

## गणतंत्र दिवस की हार्दिक शुभकामनाएँ

हम आजादी के 75 वर्ष पूरे होने पर अमृत महोत्सव मना रहे हैं, हिन्दुस्तान जिंक हमारे वैनिक जीवन के प्रत्येक क्षण में महत्वपूर्ण भूमिका निभाते हुए, सजसूत राष्ट्र निर्माण हेतु प्रतिबद्ध है

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### 55-year-old man's life saved by mechanical thrombectomy procedure

• Neuro team of Paras Hospital, Udaipur achieved success in treatment by Mechanical Thrombectomy

• Mechanical Thrombectomy Technique available only in selected centers of Rajasthan

**Udaipur:** Neuro team of Paras Hospital, Udaipur cured a 55-year-old male by the treatment procedure of Mechanical Thrombectomy. In this procedure, large clots are removed from the blocked blood vessels without any incision.

This procedure can also be done up to 24 hours after the onset of stroke. It was a very complicated procedure which was made successful by the neuro team of Senior Consultant Neurology and Interventional Neuro Physician - Dr. Tarun Mathur and Senior Consultant Neurology - Dr. Manish Kulshrestha of Paras Hospital, Udaipur.

A 55-year-old male from Nimbahera had a blockage of a major artery supplying the right half of the brain, resulting in loss of function in the patient's left arm and leg. At the hospital, an MRI scan of his head was done, in which it was revealed that there was

an infarct on the right side of the brain. An MRI scan showed that a major artery supplying the right half of the brain was blocked. To cure which treatment by mechanical thrombectomy was necessary. Then the doctors explained to his family and finally in this procedure, the thrombus was removed with a wire from the large artery supplying the right half of the brain, after which the patient started to recover and regained his limbs, also started moving. Although now the patient is fine and is doing his own work on his own.

This procedure was performed in the Neuro Cathlab.

Dr. Tarun Mathur, Senior Consultant Neurology & Interventional Neurology, Paras Hospital said, "The mechanical thrombectomy

technique is available only in select centers in Rajasthan. This not only saves the life of the patient but also reduces the chances of disability after stroke. In this procedure, a retriever stent device is inserted through the groin into a blood vessel and passed through an artery to the brain, where it is used to remove a blood clot. Trials have shown that if a patient has this procedure within 6 to 8 hours of the onset of stroke symptoms, their chances of survival and quality of life increase significantly."

Dr. Manish Kulshrestha, Senior Consultant Neurology, Paras Hospital Udaipur, said, "When the patient was brought to the hospital, he had weakness in his left arm and leg. Then looking at the condition of the patient, it was decided

to treat him with mechanical thrombectomy. For this his family members were also explained and after that the patient's life could be saved by this process with great care. If the patient's symptoms are identified early and brought to the hospital, then these techniques can be beneficial for their treatment. Therefore, if a patient has weakness in one part of the body or distortion of the face or problems with balance, the appropriate hospital should be contacted immediately."

**We are among the first programs in the region offering mechanical thrombectomy for stroke that does not respond to clot-busting drugs. Mechanical thrombectomy can improve the chance of a good long-term outcome, - says Dr. Abid T**

### SPSU reverberates with Patriotic Fervour on the 74th Republic Day Celebration

**Udaipur:** Sir Padampat Singhania University, Udaipur celebrated the 74th Republic Day with great zeal and enthusiasm. The Vice Chancellor and President of the University Prof. (Dr.) Padmakali Banerjee unfurled the National Flag. Commemorating the great leaders of the Nation she emphasized the importance of the Indian constitution which is the longest constitution of the world and has some of the great practices worldwide. Stating the prominence of the Preamble she motivated the youth to draw strength from the principles laid down in it to build an empowered and prosperous India, free of inequality and exploitation. Highlighting the achievements of the University she stated that SPSU has achieved several milestones and has been working dexterously towards the development of the students and contribute in the process of Nation building. The University has established several Centres of Excellence including Centre for Sustainable Energy, Centre for Innovation in Skills & Social Entrepreneurship. The Centers shall cater to the SPSU's vision of building a tradition of inculcating problem-solving, innovation abilities, hands-on learning and skill development. The University has aligned with the NEP 2020 guidelines and focuses on developing myriad talent, multi-skills and moves with the mission to foster multi-disciplinary programmes. In the current academic year SPSU has made academic and industry collaborations with several reputed companies and institutions and it is noteworthy that the students have been placed in several fortune 500 companies. She paid a tribute to the founder Chancellor Late ShriYadupati Singhania and applauded the leadership of Dr. Nidhipati Singhania, Chancellor, Dr. Raghavpat Singhania, Managing Director, JK Cement Ltd and ShriMadhavkrishna Singhania, Deputy MD and CEO, JK Cement Ltd. The distinguished guest Dr. DS Chundawat, Vice Chairman, Rajasthan State Higher Education Council illustrated the significance of Independence, formation of the constitution and urged the youth to be goal oriented and achieve their aim through hard work and time management. The NCC cadets of the University led by Lt. Dr. DS Chouhan Associate NCC officer venerated the occasion by marching through the campus while saluting the national flag and instilling patriotic fervour. The NSS Cell of the University organised the 'Fit India Run' and displayed the posters made by students on various themes as patriotism, women empowerment and Swachh Bharat. In a captivating drone display, Tarang Sriwas and HarshwardhanPujari, B.tech students of the university's drone and robotics club, showered flowers on the national flag using a drone they had created. Prof. Deepak Vyas, Proctor SPSU coordinated the programme. Prof. SanjivTomer, Pro President, Dr. Sanjay Mishra, Registrar, Prof. SadanandaPrusty, Dean School of Management, Head of the Departments, faculty and administrative staff of the University participated with immense pride in the celebration.

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### Saluting war heroes

THE Union Government deserves appreciation for naming 21 islands of the Andamans after Param Vir Chakra awardees. Befittingly, Prime Minister Narendra Modi made the announcement on the occasion of the 126th birth anniversary of Netaji Subhas Chandra Bose, the legendary freedom fighter who had hoisted the Tricolour in the archipelago on December 30, 1943. The PM also unveiled the model of a Bose memorial to be set up on Netaji Subhas Chandra Bose Island, which was previously known as Ross Island. It was on December 30, 2018, that the PM had announced the renaming of Ross Island, Neil Island (Shaheed Dweep) and Havelock Island (Swaraj Dweep) to honour Bose's memory and acknowledge the Andamans' contribution to the freedom struggle. The 21 islands have been named after valiant soldiers such as Major Somnath Sharma (the first Param Vir Chakra awardee), Major Shaitan Singh, Lance Naik Albert Ekka, Major (later Colonel) Hoshiar Singh, 2nd Lt. Arun Khetarpal, Flying Officer Nirmaljit Singh Sekhon, Captain Vikram Batra and Grenadier (later Subedar Major and Hony Captain) Yogendra Singh Yadav. Most of these heroes made the supreme sacrifice during various wars that India has fought since Independence. This special homage is also a glowing tribute to the armed forces' all-important role in defending the nation's borders over the decades. The government's laudable gesture has turned the spotlight on the Andamans, which are best known not only for their wonderful beaches but also for the Cellular Jail, where India's freedom fighters were incarcerated by British rulers. Home Minister Amit Shah has stated that the PM is working on making the islands self-reliant. This is a huge challenge as the archipelago needs better Internet connectivity and a robust road network. The development of infrastructure is necessitated by the Andamans' strategic importance in view of their proximity to the Indo-Pacific region. Established in 2001, the Andaman and Nicobar Command (ANC) is India's sole integrated theatre command. Its operational preparedness is vital for national security amid the military threat posed by China.

Bolstering the ANC is also a prerequisite for carrying out much-delayed theatrisation of the defence forces.

### Editorial

Param Vir Chakra awardee, Major Shaitan Singh, Lance Naik Albert Ekka, Major (later Colonel) Hoshiar Singh, 2nd Lt. Arun Khetarpal, Flying Officer Nirmaljit Singh Sekhon, Captain Vikram Batra and Grenadier (later Subedar Major and Hony Captain) Yogendra Singh Yadav. Most of these heroes made the supreme sacrifice during various wars that India has fought since Independence. This special homage is also a glowing tribute to the armed forces' all-important role in defending the nation's borders over the decades. The government's laudable gesture has turned the spotlight on the Andamans, which are best known not only for their wonderful beaches but also for the Cellular Jail, where India's freedom fighters were incarcerated by British rulers. Home Minister Amit Shah has stated that the PM is working on making the islands self-reliant. This is a huge challenge as the archipelago needs better Internet connectivity and a robust road network. The development of infrastructure is necessitated by the Andamans' strategic importance in view of their proximity to the Indo-Pacific region. Established in 2001, the Andaman and Nicobar Command (ANC) is India's sole integrated theatre command. Its operational preparedness is vital for national security amid the military threat posed by China.

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## जब आपके हृदय से जुड़ी हो कोई भी बात

### गीतांजली मेडिकल कॉलेज एंड हॉस्पिटल है सदा आपके साथ

### गीतांजली कार्डियक सेंटर के एक्सपर्ट्स का है वादा

आपका दिल रहे स्वस्थ और खुशियाँ हो ज्यादा

**कार्डियक इंटरवेंशंस**

एंजियोप्लास्टी | एंजियोप्लास्टी | प्राइमरी एंजियोप्लास्टी | कॉम्प्लेक्स एंजियोप्लास्टी | ASD ए एम डी (Device) / VSD / PDA  
 पेनलेंस/ICD/CRT | बॉल्व की बन्दूक सर्जरी (BMV, BAV, BVP) | Rotablation | MJS | FFR | TAVI | M

**कार्डियक सर्जरी**

बायपास सर्जरी | बॉल्व की सर्जरी | BIMA (LIMA-RIMA) (LIMA-RADIAL) | डिस्क के रोप की सर्जरी (ASD, VSD, PDA)  
 एंजियोप्लास्टी (Open + TEVAR) | छोटे बॉल्व से हृदय रक्तन चिकित्सा | Extracorporeal Membrane Oxygenation (ECMO) |  
 तन्मज्जात इन्धन रोगों की शल्य चिकित्सा (TOF, TGA, TAPVC, BT Shunt, BD Glenn)

गीतांजली कार्डियक सेंटर की बहुआयामी विशेषताएँ : | फंक्शनल हार्ट डिजीज | स्ट्रोकल हार्ट डिजीज | वैस्क्यूलर हार्ट डिजीज | इलेक्ट्रोफिजियोलॉजी एवं पैसमेकर | हार्ट ट्रांसप्लांट यूनिट

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**बसन्त पंचमी**

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