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Royal Harbinger

UDAIPUR | MONDAY, DECEMBER 19, 2022

Business & Entertainment

Peace of Mind

Today there was a lot of activity in the school because on the notice board the invitation to the students to go for a picnic was pasted. The students dressed in new clothes gathered in the school with an excited heart to have delicious food and sweets along the visit. At the right time. Guruji took students from the school. The bus left.

Children were very happy on the way. They saw a lake of clean water and gardens. The bus passed over a bridge across the river. They saw at different spots people were taking a boat ride in the river. The bus stopped under a huge beautiful temple of Lord Shiva. Children immediately alighted from the bus and went on climbing the stairs then returned after having darshan. After that, spreading a sheet in the shade of a huge banyan tree all had food. As soon as the meal was over, Guruji took the students to an

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ashram which was nearby. The students, seeing the clean place, sat to rest. Although they were a bit

tired now, Guruji told the

were completed

students to sit quietly as it was a Rishi's Ashram. He himself took a jug of water and started watering flowers and plants in the fencing of sage's ashram. He also cleaned the garbage of some dry leaves because being a disciple of guruji, he didn't want to miss any opportunity of serving him. After completing the service work, Guruji reached among the students. The students were busy with songs puzzles and other things in a low voice.

Guruji received the information that the bus had broken down and the driver had crossed the river to get it fixed. By then clouds had gathered and light showers had started falling. Some students wanted to save their new clothes from getting wet and dirty. Some students were worried about reaching home early. They all wanted the driver to bring the bus soon as possible, so they all were waiting eagerly. Uneasiness was clearly visible on their faces.

Guruji saw, a student is sitting very calm and happy, as if life is a celebration for him. Guruji called him near and asked the reason. The student touched Guruji's feet and said that you have brought us and you will only take us back safely. So there is no reason for all of us to worry at all. Guruji could clearly notice the difference between that student and other students even in similar circumstances.

So friends, you saw that this difference was because that child had full faith in Guruji. So he had completely surrendered before him. That is why he was not worried or upset at all. The same way, If we have complete faith in God, then only we would surrender completely. God himself takes away our worries and troubles by this. And we can sleep peacefully. Whether we know it or not, it happens like this. You must have heard or read that "Baal na banka kari ske, jo jag beri hoy. The mind is a gift from God to fill it with divine thoughts. In return for this faith, devotion and total surrender, we are blessed with peace of mind which is otherwise extremely rare in human life.

When you have positive thinking then, any voice becomes music move becomes dance smile turns to laughter mind becomes meditative *And life becomes a celebration! Believe in life, it starts humming like a spring.

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- Sulekha Shrivastava

Yashpal Sharma-Pratibha

Treatment of esophageal cancer with advanced VAT technique under Chief Minister Chiranjeevi Yojana

Udaipur: Geetanjali firmed in the patient. Doctors Hospital is a hospital with all in the Tumor Board of Geetanjali Cancer Center facilities. The patients coming here are treated using stateadvised the patient and his famof-the-art techniques. Recently, ily to undergo surgery. Since a 45-year-old female patient the patient's weight was only with esophageal cancer was 25 kg, it was a big challenge to operate on the patient. With given a healthy life at Geetanjali Cancer Center. This high-risk the help of a dietician and operation was performed by physiotherapy, the patient's weight increased to 30 kg in cancer surgeon Dr. Ashish about 3-4 weeks Jakhetia, Dr. Ajay Yadav, anesthetist Dr. Naveen Patidar, After this, the patient's treat-Medical Oncologist Dr. Ankit

ment was started with Aggarwal, and Dr. Renu chemotherapy and radiation. Mishra, Dr. Ramesh Purohit, Seeing the improvement in and their team's tireless efforts the condition of the patient, the doctors decided to operate.

Dr. Ashish Jakhetia said that The patient's operation lasted for about 7 hours. This the patient was brought to type of surgery has been done Geetanjali Hospital in a frail condition due to difficulty in eatcontinuously by the experiing. Looking at the patient's enced team for the last four vears at Geetaniali Cancer condition, the patient was Center. This type of surgery is advised to undergo an called video-assisted thoraendoscopy and abdominal C.T. scan. After investigation, coscopic surgery (VATS). The esophageal cancer was consurgery was successful, and

the second runner-up.

dinator of the program was



now the patient is in good health. 7 days after the operation, the patient can now eat food and has been discharged from the hospital.

Dr. Ashish said that esophageal cancer cases are continuously increasing in this belt. There are many reasons for this. Since this cancer is an aggressive malignancy, which is very difficult to treat, after a

enthusiasm, said that when we

thorough discussion with the multidisciplinary team of such patients, chemotherapy and radiation are first given to such patients, and after 6-8 weeks, The patient is operated upon, such patients face many problems after an open operation. in which the biggest problem that comes is pain, because if the tumor is taken out by opening the patient's chest, then the

patient will feel pain after the operation. One also has to face a lot of pain in the chest, due to which the patient does not get the health benefits quickly. For this, nowadays, VET (Video Assisted Thoracoscopic Surgery) is being done continuously by the experienced doctors of Geetanjali Cancer Center. The food pipe is brought into the chest through only three holes inside it, and keyhole surgery is done without making a big incision in the abdomen, and a new anastomosis of the throat is done. By operating in this way, the patient gets quick recovery, the next day after the operation, the patient comes out of the ICU and after about 6-7 days, the patient is discharged from the hospital.

Thus weight surgery (videoassisted thoracoscopic surgery) proves to be a boon for very debilitated patients. In Geetanjali Hospital, this surgery has been done free of cost for the last four years under the Mukhyamantri Chiranjeevi Yoiana

Mr. Prateem Tamboli, the CEO, said that complex operations are being performed with an experienced team, a multidisciplinary approach, and state-of-the-art techniques, further reducing the risk.

Women in attractive dresses walk the ramp spreading the message of environmental sustainability and women's empowerment

Udaipur: Usually, as housewives, women who play their essential role in taking care of the family from daily tasks at home walked the ramp and Samudha Silvankar was in attractive designer clothes, the second runner-up bright colors with beautiful jewelry, and make-up. Every audience present there welcomed them with applause. . The occasion was to organize the Mrs. India Goddess pageant organized in Udaipur. Bollywood Actress Rimi Sen, Founder Madhukamal Motion Pictures Mehar Abhishek, **Director Madhukamal Motion** Pictures Rushmi Dake. Director Ramada Resort &

Spa Udaipur Sunil Taldar and Mrs. Dolly Taldar, Director First Haute Trendy Jewellery, Suhas Malviya congratulated the

women in the event **Boosted enthusiasm** The fashion show's theme

was environmental sustainability and women's empow-

erment.In the classic catego-Mrinali Wankhede ry of Ramp Walk, Sonal Arora On the occasion of the was the winner, Dr. Chintan event, Bollywood actress Ms. Chowdhary was the runner-up, Rimi Sen, after watching the women walking the ramp with



In the Roval category. were 16-17 years old, we used Pallavi Chopra was the winto think about what to do in ner, Vatika Noriyal was the runour careers. At that time, we ner-up, and Babita Verma was might have started walking on the ramp, but these women are Anju Gupta, 55, was the today mothers of 13-year-old winner in the elite category. and 15-year-old children. Apart from this, a special award Some have lost their husband, was given to encourage while some have given up living for themselves. Some are women above 50. The coor-

employed or in business. He has seen many ups and downs in life and has come face to face with many struggles. After giving more than half her age to all her relationships, she wants to live for herself today. This is an excellent example of a woman's power. Through this prestigious platform, the general public was to be made aware of the correct and recycled use of the resources available on the earth. Through this theme, the women conveyed that protecting the environment is vital for the coming generations so that they can inherit pure air, drinking water, and fertile land.

Along with this, as a message of women's empowerment, they were superficially prepared to make women confident and capable. According to the contestant, 'this platform has given wings to her childhood dreams, and she felt

emotionally strong after five days of intense sessions, after which she now wants to explore the international platform.Mrs. India The Goddess pageant was organized at Ramada Spa & Resorts, wherein these women were given a five-day training and a platform. According to Meher Abhishek and Mrs. Rashmi Dak, our team has worked hard to prepare the contestants and bring tangible benefits to the participants associated with this event. Mrs. India The Goddess takes pride in recognizing the talents on stage every season by giving them a platform. She e used to say that every beginning is small, but one day it can be made significant. The event was organized for married Indian women who are examples of beauty, grace, talent, intelli-

gence, pride, and compas-

sion. Woman plays many

important roles in their lifetime as a mother who gives value to their children. Being a wife is the husband's best friend and plays a pivotal role in the family. Organized by Madhukamal Motion Pictures, the fashion show aims to provide a platform for the talent of women who aspire to be confident, graceful, graceful, charismatic, and respectable in their representation to the world. The Hospitality Partner for the event was Ramada Spa & Resort Udaipur, Grooming Specialists Carl and Anjana of Mascarenhas International, Choreographer Pooja Singh, Zumba Instructor Ajay Lokhande, Yoga and Image Consultant Manisha and Rupali Brand Ambassador Lt. Col. Himanshi Singh (Retd.) Dr. Rashmi Goya and Dr. SukeshniAgarwal actively contributed to making the event a

Sharma launch Third **Bollywood International** Film Festival (BIFF) with presscon

"A film festival needs to be ethical and impartial, and that is exactly what Bollywood International Film Festival strives to be," said Bollywood International Film Festival founderchairperson Pratibha Sharma and actor-director Yashpal Sharma at the media meet of the film festival.

Of the 200 plus entries received by the Bollywood international film festival (BIFF), the best were chosen by an eminent team of international filmmakers. The select films from the chosen ones will be on view for audiences at Carnival



Cinemas Mumbai from December 17-

The festival also will show case a special screening of Yashpa Sharma's Dada Lakhmi, the

Haryanvi film that has won more than 68 awards globally.

While the eminent jury comprises of Ashok Rane, Amit Rai, Sandeep Sharma, French actress Marine Borbo and Taugeer Ahmed from Bangladesh, the BIFF members Monika Davar, Minaxi Singh, Dalbir Singh, Sameer Chowdhary, Tabassum Jahan, Alpana Suhasini, Sunil Bainiwal, Vishal Sharma and Tapan Patani were present along with Dr Anusha Srinivasan Iver.

"Our aim is to introduce people to quality cinema, whether it be feature film, short film, mobile film or a documentary. Films from the US, Afghanistan, Iran and many European countries will be a part of this festival that also has masterclasses for industry aspirants.

Workshop on Digital Era Lighting and Camera Techniques concluded at VIFT

Udaipur: Athree-day camera and light seminar was organized at Venkateswara Institute of Fashion Technology to provide employment information and change technology over time in journalism to the new generation.

On the closing occasion, Chairperson Asheesh Agarwal said that in the workshop, Mentor Rakesh Sharma gave the students of Journalism and Mass Communication the latest technology of lights and advanced camera use and operation tips in the Digital Era. During this, the students also won prizes while doing photography in the on-the-spot photography competition. All the students will also be given certificates during Creative Week.

Toyota Kirloskar Motor Announces its first Regional Stockyard in **Northern India**

Udaipur: In line with its Customer-First philosophy of enabling easy access to worldclass products and services to its customers, Toyota Kirloskar Motor (TKM) today announced the inauguration of its first regional stockyard at Faruknagar in Haryana.

Ensuring a leaner and efficient distribution network across the region, the strategically located stockyard will reduce delivery time from the current 6-8 days to a maximum of two days for dealers in Punjab, Haryana, Rajasthan, Uttar Pradesh, Himachal Pradesh, Uttaranchal and Jammu & Kashmir. This development by TKM will also benefit customers in the region who will now have speedier access to their favourite Toyota vehicles as a regional stockyard will ensure deliveries in the shortest possible time to dealers, considering proximity and availability to vast stock of all Toyota vehicles.

The five-acre stockyard which has a parking capacity of 900 vehicles, is the second such for TKM, following the launch of its first regional stockyard in Guwahati in 2020. The regional stock yard I Guwahati has majorly benefitted the dealers and customersin the Northeastern region of India. Furthermore, the Faruknagar stockyard will aid in speed, flexibility. cost reductions and more importantly CO2 reduction for, as dispatches from the TKM plant to the stockyard will be maximised through trains journeys. Currently, 60% of total TKM dispatches take place through trains and our aim is to increase the same to 80%, while being able to deliver 5.000 vehicles per month.

Commenting on the inauguration, Mr. V. WiselineSigamani, General Manager, TKM, said, "We are elated to announce the inauguration of our first regional stockyard in Haryana. The Northern part of India is a very important market for us and the strategic location at Faruknagar, will further enable us to cater to the customer base in this market with ease, keeping our objective of customer-first approach. As a pioneer in green mobility solutions, Toyota is leading the way towards a better tomorrow and has always put an emphasis on environmentally sustainable solutions in everything we do, be it material sourcing, manufacturing, or sales & services. By being in close proximity to our patrons through the regional stockyard, we arenot only able to reduce transit costs but also reduce CO2 emissions significantly in the process, through reduced logistics"

housewives, and some are

Reliance Health Infinity Policy Offers High Sum Insured up to ₹5 Crores



Udaipur: Reliance General Insurance Company Ltd. (RGICL), one of India's leading Private General Insurance Companies. launches first of its kind premium health insurance product – Reliance Health Infinity Policy that offers limitless benefits. This unique product comes loaded with high sum insured up to ₹5 Crores, superior features like MoreGlobal Cover, Maternity Cover, OPD Cover, unlimited restoration of sum insured, and 15 plus useful add-on benefits. It also rewards customers for being fit both financially and physically by offering India's first Credit Score based discount and BMI-based discount on the premium. With the launch of this top-of-the-line product, Reliance General Insurance aims to address the evolving and distinctive medical requirements and preferences of today's aspiring, affluent or elite customers who are riskaverse and conscious and want infinite benefits in their health policy for maximum protection. Thrilled about the launch, Mr. Rakesh Jain, the Chief Executive Officer, Reliance General Insurance, said, "Today, a basic health plan is just not sufficient any more to ensure the protection one needs. People who are riskaverse and are cognizant of soaring medical inflation and availability of modern treatments would rather want to opt for a policy that offers infinite protection with world-class benefits like High Sum Insured with Unlimited Restoration, Medical Equipment Cover, Planned Global Treatment. With the Reliance Health Infinity Policy, we want to empower our customers with the best-in-class features and 'limitless

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benefits' to maximise their protection and the peace of mind they deserve."

Why River dirty of **River City Udaipur?** Udaipur: In the Sunday dialogue of envi-

ronment lovers, concern was expressed over the tragedies along the Avad river. In the conversation, Dr. Anil Mehta of the Lake Conservation Committee said that the Central Government had included Udaipur in the River City Alliance. All the responsible people of the City of Lakes and Rivers - City of Lakes and Rivers - will have to work together to make the Avad river clean, healthy, eternal, and beautiful again. For this, restoration of the original environment and ecosystem of the river channel and the entire catchment area is essential.Tej Shankar Paliwal, a former member of the Lake Development Authority, said that it is surprising that when the previous mistake was being rectified by removing the sewerage lines laid in the banks of the lakes, at the same time sewerage lines were being applied in the banks of the Avad river.Director of Gandhi Manav Kalyan Society, Nand Kishore Sharma, said that evil deeds like laying roads and tiles in the Ayad riverbed must be stopped. Such wrongdoings in the river flow route are also contempt of court instructions.

Young mountaineer Kushal Rawal said there should always be water flow in the River, so it is necessary to prevent the hills of Udaipur from being cut and create a dense forest there.

Drupad Singh and Mohan Singh expressed reverence and respect by describing Ayad as the Ganga of Udaipur.



Before the dialogue, worship material, polythene, glass plastic bottles, and domestic filth were removed by shramdaan on Pichola's banks. Kushal Rawal, Drupad Singh, Tej Shankar Paliwal, Nand Kishore Sharma, and local citizens participated in Shramdaan.

SOUTHERN STAR

VIJAY RUN 51ST ANNIVERSARY OF EPIC INDO-PAK 1971 WAR CELEBRATED **AS VIJAY DIWAS IN** JODHPUR MILITARY STATION

success.

Jodhpur: In continuance of celebrations to commemorate the valour and sacrifice of bravehearts of Indian Armed Forces in 1971 Indo Pak war, Konark Corps celebrated 51st Vijay Diwas at Jodhpur Military Station by organising a mini marathon. " Southern Star Vijav Run". The event witnessed huge attendance of around 3500 persons that included civil and military personnel of Army, Air Force, school/ college students and general public.

The aim of this marathon was to spread the awareness about unparalleled achievement



of Indian Armed Forces in 1971 Indo-Pak war to wider audience and use this platform to reiterate Konark Corps' continued service to the nation. Southern Star Vijay Run was organised in three categories - 4 KM for Children, 5 KM for Women and 12.5 KM for Men. The event was flagged off by Lieutenant General Rakesh Kapoor, General Officer Commanding, Konark Corps for the Men and Children Catagory and by Mrs Poonam Kapoor, Zonal President Konark AWWA for Women Category, at Sagat Singh Stadium.Master Sachidanand secured first position in Children Category, Mrs Bhavna secured first position amongst women and Lance Naik Raju secured first position in mens category.

Special prize was also given to Squadron Leader C Singh, 76 years old veteran who stood out as a pillar of inspiration to all. The prize winners were felicitated by General Officer Commanding, Konark Corps and were given medals and certificates. The event marked a symbol of solidarity and pride wherein the general public ran with the personnel of Indian Armed Forces with great zeal and enthusiasm.