



Rajasthan Is Set To Fit Itself As A Chosen Wellness Tourism Destination Supporting Health and Recreation

Arkprava Das influencing more enthusiastic travellers towards its enchanting locale and refreshing amenities, under the patronage of Rajasthan Tourism Department, the State readies itself as an internationally accepted Medical Tourism Hotspot. The process has already initiated this year with the Chief Minister's announcement during 2021-22 Budgetary Presentation in February, stating for the construction of International Centre of Excellence in Panchkarm at Dr Sarvapalli Radhakrishnan Rajasthan Ayurveda University.

The scheme includes creation of medical tourism centers on PPP mode. Wellness Tourism, an emerging tourism concept specially arranged for the health and fitness willing tourists providing pre-formatted or customized tour and stay packages included with various health boosting activities, such as, medical consultation, yoga sessions, natural therapies, stress healing procedures, etc. Rajasthan's long known nature based healing legacy and the rich healthy ecosystem is already an advantage to build up sustainable and

economy boosting wellness tourism zone in the State. The province is expecting to receive tourists at a competitive figure if compared with India's other active Wellness Tourism areas. Some of these are Taj Hotels of IHCL that launched Wellness Retreats in past year in some of its hospitality units of India to host health retrieving tourists. They offered medically advised immunity enhancing food items for the guests. Ananda Spa Resort, Rishikesh started daily 90-minutes online Yoga and Meditation Time in the past days of Covid pandemic for its guests.



There is promising scope for Wellness Tourism as per Global Wellness Tourism, which it predicts to rise up by 7.5 per cent till 2022, a higher number than 6.4 per cent

of overall global tourism. Rajasthan sees this as a gaining opportunity to format and market its regional tourism. Hotels located at Jaipur, Udaipur, Mount Abu are receiving

a good number of wellness motivated tourists. Some of the prime and luxurious hospitality units where they will be welcomed and pleasingly satisfied with medical amenities are:

Amanbagh Resort, Alwar an impressive specimen Rajasthan's bygone heritage that provides in-house Ayurvedic consultation by expert doctors, full dosha (disease resistance power) check ups, exclusive immersion programme to develop immunity, natural therapies, etc.

Taj Aravali Resort and Spa, Udaipur a prime luxury resort offering hygiene ensured food,

nature based body rejuvenation and fitness facilities, plentiful stress-relieving amenities, such as, movie theatre, squash badminton space and others.

RAAS Devigarh, Udaipur, the 18th century palace turned to luxury stay option having options for herbal massage and therapies, exclusive stress healing and nervous system fortifying procedure, salt cave for Ila's Traditional Treatment, etc. Sun Ayurveda Wellness, Mount Abu, the simple, calm and near-to-nature healing centre with Ayurvedic treatments, naturopathy remedies, yoga time and so many other

natural medical choices.

There's another holiday staying space scheduled to open expectedly on October 15, 2021 and that is the First Six Sense Luxury Resort at Fort Barwara, half an hour distance away from Ranthambhore Tiger Reserve.

Together with the magnificence of 14th century Royal Rajasthanian culture, now transformed as a tourist accommodation, in this ancient fort-turned-resort, guests can enjoy the indigenous Ayurvedic Treatments as well as varied array of body and soul healing options.

The battle of Vallabhnagar is going to be interesting

RLD's bet on Udaialal Dangi in making the triangular contest between Congress, Janata Sena and BJP as quadrangular

the contest remains very interesting in the Vallabhnagar assembly seat, which is dominated by Udaipur Gulab Singh Shaktawat, the situation of by-election has been created due to the death of Gajendra Singh Shaktawat, the winning candidate on Congress ticket.

2018 also, the situation of triangular contest was held on this seat. This time BJP rebel Udaialal Dangi has made the contest interesting and quadrangular by joining RLD. Earlier in 2013, BJP's old player formed a new team (Janata Sena) and defeated Gajendra Singh Shaktawat of Congress by 13167 votes while forfeiting the security amount of BJP candidate Ganpat Menaria in Modi wave.

In upcoming by elections the game is the same, the players have changed. Maharaja Randhir Singh Bhinder and his wife Dipendra Kunwar have filed a nomination from the Janata Sena. One of the two is destined to fight. Late Gajendra Singh Shaktawat's wife Preeti Shaktawat will be in the fray from Congress. While the attitude of Devendra Singh Shaktawat, the elder son of late Gulab Singh Shaktawat, who was in the mood for rebellion, has now sailed in filing. Other contenders Raj Singh Jhala and Bhim Singh Chundawat have also retracted. On the other hand, the Kuber Sena of Kuber Singh Chavda of the Shaktawat family, the other contenders of the Congress, has given its support to Preeti Shaktawat. In this way, at present, the



Congress has done damage control.

At the same time, instead of Udaialal Dangi from BJP, Himmat Singh Jhala has been fielded to bat on the pitch of Vallabhnagar. So Udaialal Dangi has made a mind to run out BJP's official candidate from Hanuman Beniwal's RLD by showing rebellious attitude. Now it has to be seen who can survive on the pitch that is being played by Vallabhnagar.

An interesting thing in this exciting contest of Vallabhnagar is that the hard work that Udaialal Dangi works under the banner of BJP and RLD, the more it is seen to benefit Congress candidate Preeti Shaktawat riding on sympathy wave. Whereas the Janata Sena of Maharaja Randhir Singh Bhinder is still standing as a tough challenge. Talking about BJP, Udaialal Dangi is standing as a wall in the path of Rajput candidate Himmat Singh Jhala from BJP side. However, till now the date of withdrawal of names is till October 13. If the BJP is successful in convincing its old ally, then the contest will remain triangular. Otherwise, only time will tell who will get the advantage in this quadrangular match.

Till 2018, elections have been held from this seat 15 times. Out of these, Gulab Singh Shaktawat of Congress has won from this seat 6 times. Gajendra

Singh Shaktawat, son of late Gulab Singh Shaktawat twice, has also represented this seat in 2008 and 2018. Janata Sena supremo Maharaja Randhir Singh Bhinder has also represented this region in 2003 on BJP ticket and in 2013 on Janata Sena ticket.

In the first election of 1952, Gulab Singh Shaktawat of Congress defeated Jan Sangh's candidate by 8966 votes. Hariprasad Parmar of his Congress had won the seat over Harisingh of Bharatiya Jana Sangh by 11623 votes, while Amarlal Yadav of Swatantra Party represented the seat in 1962. Again in 1967, Gulab Singh Shaktawat of Congress had gained an edge over Kamalendra Singh of Bharatiya Jana Sangh by only 875 votes.

In the Janata wave of 1977, Janata Party candidate Kamalendra Singh defeated Gulab Singh Shaktawat by 24,723 votes. In the mid-term elections of 1980 too, Kamalendra Singh retained his position by defeating Gulab Singh Shaktawat by 2049 votes. In 1985, Gulab Singh Shaktawat defeated Kamalendra Singh of Janata Party by 14661 votes. In 1990, Kamalendra Singh contested on the ticket of VP Singh-led Janata Dal and defeated Gulab Singh Shaktawat of Congress

by 8173 votes.

In the mid-term elections of 1993, Gulab Singh Shaktawat of Congress defeated Maharaja Randhir Singh Bhinder of BJP by 8275 votes and in 1998 also Gulab Singh Shaktawat defeated Maharaja Randhir Singh Bhinder of BJP by 4004 votes, however in 2003 Late Gulab Singh Shaktawat lost his last election to BJP's Maharaja Randhir Singh Bhinder by a huge margin of 32101. In 2008, son of late Gulab Singh Shaktawat Gajendra Singh Shaktawat defeated BJP's Randhir Singh Bhinder by 6660 votes on a Congress ticket.

In the 2013 assembly elections, BJP cut the ticket of Maharaja Randhir Singh Bhinder. Due to which the Maharaja formed a new party and formed the Janata Sena. Despite the Modi wave in the new party Janata Sena, Congress candidate Gajendra Singh Shaktawat got the victory by a margin of 13167 votes and got the security of old Congressman Ganpat Lal Menaria, who was contesting on BJP ticket, was forfeited.

In the last assembly elections of 2018, Congress's Gajendra Singh Shaktawat defeated Maharaja Randhir Singh Bhinder of Janata Sena by 3719 votes while BJP's Udaialal Dangi came third with 46,000 votes. If we look at the old figures, then only Rajput candidate has been seen winning from this seat. If we look at the caste structure, about 21.48% Scheduled Tribes and 8.80% Scheduled Caste voters are in this area while 70 percent voters are General and OBC, mostly Rawat, Brahmin, the rest of the castes include Jain, Dangi, Muslim and Bohra community.

MPUAT becomes the first university in the country to install solar trees in villages

Udaipur: Under the Smart Village Initiative of Governor, Madar village under Rural Infrastructure Project Fund (RIPF) of National Bank for Agriculture and Rural Development (NABARD) in selected by MPUAT Udaipur. Ascheme of Rs. 9.80 lakh was approved for the installation of solar trees in the Higher Secondary School, in which university participation is Rs. 0.98 lakhs.



Under the leadership of Narendra Singh Rathod Vice-Chancellor, and Director of Extension Education, Dr. SK Sharma the work of this project was completed in less than a month till its approval.

NABARD Chairman Dr. GR Chintala during his stay in Udaipur has met his senior officers Smt. Sushila Chintala, Managing Director and Chief Executive Officer of Nab Kisan Finance, Shri Jaideep Srivastava, C.G.M. Rajasthan, Mr. Pandey, G.M. And along with other officers reached Madar and inspected the solar tree.

Dr. Narendra Singh Rathore VC, Director Extension Education Dr. SK Sharma, senior university officials, solar energy expert Dr. NL Panwar discussed with them the supply of energy to the farmers from solar trees. VC told that MPUAT is the first university in the country to set up solar trees in the village.

He said that in the future its cost would come down and it would be more acceptable among the farmers. He suggested the scientists of the university study various aspects of electricity generation from solar trees.

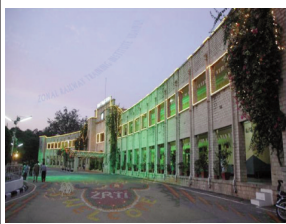
While interacting with the farmers in the seminar organized on this occasion, he assured the villagers that NABARD is striving for the projects of rural development. On this occasion University Vice-Chancellor Dr. Rathoresaid that by 2030, the currently used energy resources, diesel, petrol, and gas, will be exhausted and will have to depend on renewable energy in which solar energy is the main energy supply. Dr. Rathore said that about 20 units of electricity would be generated daily from a 5 KV solar tree, which would be used to provide clean water to the students in the school with tap wells, lighting for night

study, and computer for online studies so that the students would get high-quality quality education. Education will be available. He thanked NABARD for sanctioning solar trees and expressed hope that in the future, the morale of the scientists would be boosted by accepting the projects sent by the university soon.

Director Extension Education Dr. SK Sharma in his address, discussed in detail the objectives of Smart Village, livelihood security through innovations, employment through skill development. Nodal Officer Dr. SK Intodia gave information about Integrated Farming Method Techniques in selected villages. Smart Village Coordinator Dr. Indrajit Mathur told about the work done by the fund and by various institutions. Hosting the program and thanking ceremony was carried out Dr. By Latika Vyas.

ZONAL RAILWAY TRAINING SCHOOL, UDAIPUR

Zonal Railway Training School is located in the heart of Udaipur amidst lush green artistically laid out inviting gardens in a 150 - acre sprawling area with a regal arc shaped building and pleasant campus layout. The ambience is conducive for intensive learning in a peaceful place. The famous Sukhadia Circle fountains are so close that they seem to welcome people visiting the training institute.



The institute had begun from the campus of Railway Bisset Institute, Ajmer which had been there since 1900 when the railways were managed by Britishers and owned by the various princely states of India. In 1952, the institute was shifted to an accommodation owned by the Royal family of Mewar, the present Garden Hotel near the famous Gulab Bagh. On October 9, 1956 the institute was moved to its present vast campus. It was rechristened as Zonal Railway Training School in 1992. The foundation stone was laid on March 25, 1955 by the then Maharana Bhupalsingh. President Rajendra Prasad inaugurated the new building on October 9, 1956 in the presence of Prime Minister Lal Bahadur Shastri, who in fact had floated the idea of establishing a multi-disciplinary institute of high standard to provide qualitative training to railwaymen of various departments.

The motto of the institute is safety, service and speed. The employees from Jaipur, Jodhpur, Bikaner and Ajmer of North Western Zone, Mumbai, Ahmedabad, Rajkot, Bhavanagar and Ratlam of Western Zone, and Kota of Western Zone come here for training. So also employees of IRCON, CONCOR, RCTC, Metro, Konkan, DFCC, Mudra port etc. Railwaymen of countries like Sri Lanka, Mozambik, Zambia, Comodia, IRAQ, Bangladesh etc. are also trained here.

Initial and promotional courses at the introduction and promotional stages are conducted for new recruits and newly promoted staff. The success rate of the staff trained here is as high as 98.5%. There are courses for staff like station master, train controller, track in charge, section in charge, loco pilot, motor man etc. Technical staff of railways has to take refresher course after every three years.

The institute has the biggest railway transport model in Asia. The model has eighteen stations. The gauge of track in the Model Hall is 4.45cm and length of the track is about 3075 meter. Other features include electrified and non-electrified sections, emergency train light box, flasher light, blinker light, crack handle and equipment for guards. The Model room has panel interlocking system.

Here one can see a live demonstration of how trains are run and controlled. Other Model rooms like Mechanical Model room, Electrical Model room, Commercial Model room and Engineering Model room with demonstration facilities are most impressive and are a great help in learning. The classrooms are equipped with latest audio-visual aids like multimedia projectors, computers, simulators, overhead projectors and white and green boards.

The large library and a big stock of course-wise manuals are a source of useful knowledge.

The institute publishes books on the different subjects taught here. Prashikshan Patrika, a useful house magazine, helps former trainees to share ideas, update themselves and keep in touch. Documentary films on various subjects are also produced here. The institute plays a major role in the development of CBSE syllabuses to make education job-oriented.

The museum has on display royal objects like monograms of erstwhile princely state railway, utensils, uniforms, and turbans used in the royal saloon of Mewar State Railway, Tail lamps of earlier times, Station Masters' lamps etc.

The institute is fully aware of environment concerns and has in place rain harvesting system and solar energy based heating system in kitchens and hostels. Tree plantation programmes are also taken up in a big way.

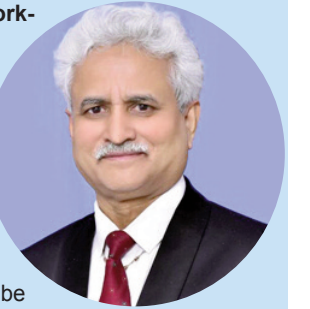
The fully equipped institute has been providing quality training to railwaymen for a long time.

- Ashok mathur

Constitution Park unveiled by His Excellency Governor

All-round development of the university and the highest steps of teaching is possible only by working together - Vice-Chancellor Professor Amarika Singh

The newly constructed Constitution Park in Mohanlal Sukhadia University will be unveiled on the occasion of Constitution Day by Governor Shri Kalraj Mishra in November. Professor Amarika Singh told that on November 25, Governor Shri Kalraj Mishra will lay the foundation stone of Shrinath Peeth at Nathdwara. Assembly Speaker Dr. CP Joshi, Higher Education Minister Bhanwar Singh Bhati, Tilkayat Maharaj, and other dignitaries will be present, after which the newly constructed Dr. Radhakrishna Bhawan and Dr. Rajendra Prasad Bhawan in the university will also be inaugurated by the Governor. On the auspicious occasion of 26th November Constitution Day, the grand Constitution Park built in the university will be unveiled by the Governor, Lok Sabha Speaker Om Birla, Justice Kuldeep Mathur Public Relations Officer of the University, Dr. PS Rajput said that on the occasion of Constitution Day, the book of the history of the University will also be released at Vivekananda Auditorium of the University, blessings by the Governor, speech by Judge Kuldeep Mathur



and addressed by other dignitaries will be pleasure's moment for the university. The main gate built in the campus will also be inaugurated! In this context, a meeting was organized by the Vice-Chancellor, in which all the officers and employees were given guidelines for this action plan. Consent has been given by the Raj Bhavan to organize this program on the occasion of the day. Mohanlal Sukhadia University will be the first such university in the country in which a grand Constitution Park is being constructed, keeping in mind the purpose of inculcating love for the Constitution and devotion for the country among the people according to the wishes of the Governor. Being done! This park will make the residents of Udaipur and the entire public community aware of their duties and fundamental rights given in the constitution! The Vice-Chancellor of the University reiterated that the development and social work being done in the University is the result of the cooperation of the people of Udaipur, the hard work, and the dedication of the teaching officers and staff. Will soon be known for his teaching, social work, and other activities!

Towards University Extension -

Important decisions were taken in the meeting of the Dean Council of the University. Nursing and paramedical courses will be run in the university in principle: The decision had been taken in the previous academic council. In this sequence, the responsibility for the formation of the Faculty for Nursing and Paramedical was entrusted to the Department of Zoology. According to the new roster rules on both academic and non-educational recruitment will be done.

The university will issue a newsletter every quarter, the responsibility of which will be of the Hindi department and journalism department, and its advisory board has also included the dean. Diploma courses will also be run in Population Research Center and construction of the new building of MBA. Along with this, a transit hostel will also be built for the management students. In the form of arrears of the seventh pay scale to the teachers, the Vice-Chancellor also decided to give 25 percent arrears from the university fund on the occasion of Diwali and the rest of the money would be given as soon as it is received from the government.

The Vice-Chancellor has been authorized to take a decision in the Champabagh case and the university will soon make renewed efforts for approval of the courses running under the Law College from the Bar Council. University Will soon release the facility of multigym on the ground. The old guest house will be facilitated as a hostel for engineering students. New houses will be constructed on PPP mode for teachers and non-educational staff. A three-story building will also be constructed on the FMS campus. As the expansion of pharmacy, the construction of the new building with new classrooms and modern laboratories will also be started in the university soon.

Chandra Prakash Chittora honored by Great Indian Books of Records

Udaipur: Janardan Rai Nagar Rajasthan Vidyapeeth Name The Two Be University's total head Bhanwar Lal Gurjar on Friday honored Chandra Prakash Chittauda of Udaipur city for his collection of subtle books by the Great Indian Books of Records.

Awarded with a memento Kul Pramukh Bhanwar Lal Gurjar said that the work done by Chittauda is unique, he sent the first book to former Vice President Bhairon Singh Shekhawat in the certificate, which has also been mentioned, he said that our young generations coming from this type of organization should be given their blessings inspiration from work.