

ROYAL HARBINGER

Reporting Fact of the Matter

Weekly



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Sangam University Bhilwara becomes first educational institute in Rajasthan to launch BBA Logistics program

Sangam University Bhilwara and Logistics Sector Skill Council (LSC) which is primarily an organisation established by Ministry of Skill Development and Entrepreneurship (MSDE), Government of India, has entered into an agreement for commencing the apprenticeship based UG Program BBA Logistics.

Prof. Karunesh Saxena Vice Chancellor of Sangam informed that Memorandum of Agreement was signed by Prof. S. Ganeshan Head - Education Initiatives LSC and Registrar Sangam

University Prof. Rajeev Mehta. The Vice Chancellor Prof. Karunesh Saxena announced that Sangam University after signing up the agreement with LSC becomes the first University of Rajasthan to commence the skill based BBA Logistics Program.

Prof. Ganeshan from LSC stated that LSC will take care of apprenticeship training and Placements of all students who pursue the Program of BBA Logistics from Sangam University. On this occasion the Managing Director of Sangam Group Dr. S.N. Modani said that role of the District Collector Sh. S.M. Nakate has

been phenomenal in initiating and supporting this venture. Dr. Gayathri Harish from LSC conducted a faculty sensitisation program in which she informed that all the students will undergo apprenticeship training during which they will receive a minimum stipend of Rs 9000/ pm. during the fifth and sixth semester of the program.

On this occasion, Deputy Dean of School of Management Dr. Vibhor Paliwal, Training Placement Head Anurag Sharma, Public Relations Officer Lt. Rajkumar Jain, Admission Marketing Head Amit Jain were also present



Navratri

We celebrate Navratri for 9 days twice a year in March after Holi where as in October before Deepavali. During this period the whole atmosphere is filled with the fragrance of joy devotion and enthusiasm. Various rituals and ceremonies are performed daily.

People worship different Goddesses to attain different powers. Now to attain different powers from different goddess, you have to maintain certain disciplines. To innate those qualities some rituals are to be followed with pure intentions. So for this we do ratri Jagran keep fast and maintain celibacy along with lighting Deepak of clay. I want you to understand clear meanings of these rituals.

1. Ratri Jagran-- Ratri Jagran means lie awake for the whole night. But we awake only for 9 Nights. To say truly, that sleep is different. Actually we have to come out of the sleep of ignorance and lie awake in the light of knowledge for the whole life.

2. Keeping fast-- Then we keep fast of the meal. It is also wrong. Leaving meal will not help in any way. It may be temporarily good for the stomach nothing else. we have to keep

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fast of vices and weaknesses that is we have to overcome our weaknesses and this should be practiced always not only for nine days.

3. Celibacy-- We maintain celibacy for 9 days. Celibacy refers to the physical purity. It should not be only physically but also mentally. On the level of mind also a concept of purity should prevail all the time and that too not only for nine days but forever. On the level of mind cleanliness should be maintained so that your mind should not move towards evil things.

4. Lighting lamp-- Further lighting a lamp for the whole night means people lit fire in the Deepak of clay. Actually it means that this human body of clay should be illuminated with the light of awareness and this should be maintained for the whole life. The truth always should be there every moment in your mind.

So for 9 days rituals should not be mistaken. Every ceremony should be performed not only physically but also on a subtle level in the mind also. Then only it will reach you to the perfection.

- Sulekha shrivastava

Impact of plant based foods on body and mind - Talk by Dr. Vartika

Udaipur: Bhupal Nobles' University, Udaipur has organized a webinar on Thursday, 30th September, 2021 on the eve of World Vegetarian Day.

Dr. Vartika Jain, Assistant Professor in Department of Botany, Govt. Meera Girls' College, Udaipur was one of the speakers of the webinar and talked on "Plant based food: Impact on Food and Mind". She discussed reasons for choosing a vegetarian diet as plant cells are having less developed consciousness than animal cells.

Dr. Vartika said that food can be classified as per their performance into three; Sentient, Mutative and Static food and among that only sentient diet is good for both body and mind. She emphasized that onion, garlic, mushroom and white egg plant are static in nature along with meat and fish and therefore, must not be taken by a spiritual aspirant and the persons who want to make their mind strong with sharp intellect.

Dr. Jain said that it is high time to adopt vegetarian diet because a static diet will create a static mind and attract more negative microvita which can induce more pandemics on this earth. She discussed the linkage between food-body-mind and microvita and said that a sentient diet is not only useful for physical, psychic and spiritual development of a person but also important in protecting the environment. Hence, everyone should try to follow the Saatvik vegetarian diet practices.

Other speakers in the webinar were Dr. Rakesh Dashora, Ms. Savita Gupta, Ms. Yashita Jain and Dr. Shilpa Rathore. This webinar was organized on google meet and attended by faculty members of BN University and students. In the end, Dr. K. S. Rathore gave thanks to all the speakers and motivated everyone to adopt Vegetarianism for good health and mind. Webinar was well moderated by Dr. Manisha Shekhawat and Dr. Sneha.

Fatehsagar : All set for over flow

Udaipur: The second biggest lake in Udaipur after Picchola, Fatehsagar is the favourite haunt of the old and the young, men and women. While boating in or otherwise strolling around the lake in the evening or in moonlight one can feast one's eyes and imagination with this bewitching gift of nature. As the sun sets behind the hills in the west, a deep crimson light bathes the hillside and the glen in rich glory and the still water becomes a mirror of burnished gold. At night, from the serpentine road along the lake, popularly known

Bandh for several years. But later on, as desired by the prince, it was named Fatehsagar. Stone 'bansis' were built around the lake at a cost of about six lacs.

As the lake was close to Picchola, a canal was built to connect the two waterbodies. When Picchola is full the water flows down to Fatehsagar through the wooden gate called Kala Kiwad. The excess water of Fatehsagar feeds Udaisar through river Ayad.

On one of the three islands in the lake is Nehru Garden named after former Prime

Minister Jawahar Lal Nehru. Maharana Fatehsingh intended to build an island palace and a lot of construction work was done in his time but when he died the work was stopped. Later on, the state govt. converted the island into a beautiful park. The park is rectangular in shape with semi-circular ends. It is crowned by 'chhatris' on each corner and by a 'baradari' on the northern fringe. On the southern end is an inviting suite. All these faces the vast sheet of the lustrous water of the lake. The park is dotted with lush green lawns and studded with rows of flowerers of multitude enchanting hues. It is enlivened by the play of colourful fountains. Lit in the night they enliven the ripples in the lake. All this creates the scene of an enchanting palace afloat on water. A 375-feet RCC bridge links the 80-seat boat shaped cafe with the park and provides a delightful walk. Fatehsagar On another island in the lake is located the famous solar observatory designed on the model of the one in Big Bear lake in California. It is one of the rare ones located in a lake that takes photographs of the sun and passes them on to other observatories where the sun is out at a time other than that in Lake City.

Sharp images of the sun can be taken easily from here as air turbulence here is lesser as compared to other places when it gets hot, especially in summer. The lesser quantity of dust particles in the air and slower velocity of wind here are some other plus points Rajasthan gets the maximum exposure to sunlight and this is yet another advantage. Another island in the lake has been converted into a beautiful garden with several brilliant water jet fountains. On the hill on the north was built the temple of Neemajmata, the 'Kuldevi' of Kayasthas. Once on Hariyali Amavas when the lake was full, Maharana Fatehsingh thought of holding a fair on the 'Paal'. An announcement was made asking the public to take part in it. There were stalls from the 'Paal' to Neemajmata side. The Maharana accompanied by Maharani Chadi visited the fair. They had 'darshan' of the Mata. The Maharani was extremely happy. She wanted that it should be a two-day fair and on the second day only ladies should be allowed to take

part in it so that they could enjoy themselves fully and freely. Her wish was granted and now the fair on the second day is exclusively for ladies. Perched at a height of over 2100 feet from the sea level atop a hillock on the bank of Fatehsagar, Moti Magri, Hillock of Pearls, has a ruined fort and palaces reminiscent of the exquisite architecture of Mewar. The fort walls have been ravaged by time and weather and now only the roofless palaces in ruins dominate the site to tell the visitors the thrilling history of this

a fort-like gate facing the vast sheet of Fatehsagar lake. Climbing up the ascent of about 150 ft. through a well asphalted serpentine road is really exhilarating. On arrival at the top of the hillock, one is greeted by cool refreshing breeze and betwisting beauty of the enchanting environs of Lake City, its towering palaces, verdant valley and shimmering lakes, all girded and guarded by a ring of lofty hills. The light and sound show is an added attraction. Along the bank below Moti Magri, is

ment, the unmatched scenic beauty and closeness to the city attract a big number of Udaipurites who come here for a walk especially in the morning and evening. They have formed friendly F.S. groups.

During monsoon, Udaipurites eagerly wait for the time when Fatehsagar would overflow. The Municipal Corporation makes special arrangement with multi-coloured lighting at the overflow point that becomes a wonderful scene watched by big excited crowds. Carved out of



land.

On the hillock Maharana Bhagwatsingh built Maharana Pratap Memorial. The central figure here is the gigantic bronze statue of Maharana Pratap mounted on his loyal steed Chetak that is symbolic as it tells the story of courage, faithfulness, and deep love between men and animals. There are also statues of other heroes like Hakim Khan Suri, Bhamashah, Bhiluraja and Jhalaman. The memorial is set in landscaped Japanese style Rock Garden. The entry in this 70-acre memorial is through

a beautiful gallery that has exquisite paintings of heroes of Mewar and historic events like the battle of Haldighati. There are 'chhatris' on the 'paal' and in the middle is a beautiful small marble structure Moti Mahal built by Maharana Karnasingh that was located earlier in the Kunwarpada Mahal. Later on, it was shifted to the bank of the lake. The recently built beautiful fish aquarium is also a big attraction for visitors.

The artificial waterfall near the overflow is also quite fascinating. The clean environ-

a rugged rock the Municipal Rock Garden located at a prominent point along the drive on the bank of the lake provides a vantage point from where can be savoured the beauty of the vast sheet of shimmering water and the hills around. The scene of the glowing crimson rays of the setting sun playing with the waterbody is simply mesmerising.

No wonder the 'paal' has become a popular venue of the annual flower show and that of several other events all through the year.

- Ashok Mathur

Non-violence is the fundamental element of all religions - Acharya Mahashraman



ABTYP swearing-in ceremony

The swearing-in ceremony of Akhil Bharatiya Terapanth Yuva Parishad was held in the presence of Pujyapravar. Outgoing National President Shri Sandeep Kothari administered the oath of office and secrecy to the newly elected President Shri Pankaj Daga. An oath was also administered to the newly formed executive committee by the President.

Mrs. Alka Kothari denounced the austerity of 31 days (Maskhaman) to Acharyashree. Muni Manan Kumar, Muni Nay Kumar gave spiritual statements in the program. Ali Aggar Sahib, the head of the Bohra society, gave his views. Chaturmas Arrangement Committee President Shri Prakash Sutaria, Shri Lakshmi Gandhi of Anuvrat Committee Bhilwara gave their views in the welcome. The chiefs belonging to the Bohra community were honored by the Chaturmas Arrangement Committee.