

### Udaipur's Nisha

People dedicated to their language and culture, wherever they are, they always increase the value of their country, culture, rites, and language. One such personality of Udaipur is the well-known writer and artist Dr. Nisha Pandya, who has been engaged in the promotion of the Hindi language in America for the last ten years.

Dr. Nisha has been trying to increase the pride of the Hindi language in America for the last several years. Doctor Nisha, who was awarded the "Hindi Service Award" in America, teaches the Hindi language to many American children. Along with teaching Hindi, Nisha also teaches Hindustani classical music along with art, craft, and dance to children and youth. Nisha herself stuns people with her folk dance performances in cultural programs. Hindi language lover Nisha, along with being the main operator of programs organized in Hindu Temple of America, also rewards children by organizing many Hindi competitions in Hindi Jagat Sanstha. Nisha, president of Mahila Kavya Manch, Wisconsin, has organized many programs related to Hindi so far, while still being an active member of the Hindi Club of Illinois conducts all programs, and teaches online Hindi.

Dr. Nisha along with her husband Lochan, son Raghav and daughter Vidushi goes to the institutions of Indian, Hindi music lovers and teaches the correct pronunciation of Sanskrit mantras, etc. His students have also become proficient in speaking Hindi, they have great respect for him and also perform poems, songs, music taught by him in the Hindi language.

Nisha, who has raised the pride of Udaipur and Mewar with family photos in Chicago newspapers and on the cover page of America's magazine, said that teaching the Hindi language to American children faces a different challenge. There is some effort in teaching Hindi in English script but it is heart-warming to see English-speaking Hindi.

Nisha started her radio journey at the age of 7 with Akashvani's program "Bagiya Ke Phool" and started work as a child drama artist at the age of 12. After this, she did the work of voice certification with many plays, accessible music, folk music, poetry in youth programs. She worked as a casual announcer in Jaipur and Chandigarh. Due to her fluent Hindi language, Nisha was the announcer of the "Ek Mulaqaat" program for many years along with other programs in Chandigarh's literary forums and Doordarshan Chandigarh. In Mewar-Vagad, along with poetry recitation in many poet conferences, he has also performed well in the Western Cultural Center, Beneshwar Fair. She got music and Hindi taught in Navodaya Vidyalaya of Dungarpur, while in Chandigarh also taught Hindi in a school, he has conducted stage performances and poetry in many universities and other institutions.

## Editorial

## Paryushan Parv: A Spiritual Path of Self-Enlightment

Everyone wants to live a life which is full of peace and happiness, but they can't live this type of life. That is why in the Jain tradition, the spiritual festival Paryushan is celebrated, which will be held this year from September 4 to September 11, 2021. In these eight days of Paryushan Mahaparv, all Jain devotees will make efforts to make the body and mind spiritual. Paryushan Parva has a great importance in the lives of Jains. It's a period in which every Jain tries to purify and elevate his soul. For this purpose a shravak must perform the following five duties: Amari Pravartan (Total non-violence), Sadharmic Bhakti (helping people of same faith), Kshamapan (asking for forgiveness), Atham Tap (fasting for three days) and Chaitiya Pari Paati (Visiting local Jain temples). In eight days; a positive environment will be created, which will purify our life. From this point of view, this festival is a festival of spirituality as well as upliftment of life.

Paryushan Mahaparva is a medium to worship the inner soul - it is the festival of self-purification, self-enlightenment. In fact, the Paryushan Mahaparva is such a dawn which takes us from sleep to wakefulness. This festival leads us from the darkness of ignorance to the light of knowledge. While doing penance, chanting, and self-study, we can find our inner strength and will get to know that real happiness lies in forgiving.

The literal meaning of

Paryushan Mahaparva is to be residing in the soul. One of the meanings of Paryushana is the destruction of karma. The bad Karmas will be destroyed and only then the soul will be purified in its natural form, hence Paryushan Mahaparva gives inspiration to the soul; to become selfless and pure. This Mahaparva mainly focuses on the connection between humans and humans and motivates them; it is the festival of opening the windows, skylights and doors of the mind.

Paryushan Mahaparva is not just a festival of Jains, it is a universal festival. It is a great and excellent festival for the whole world, because the soul is worshipped in it. This is the only festival in the whole world in which a person becomes self-realized by being self-absorbed and tries to attain salvation by ascending to the peak of supernatural, spiritual bliss. The Paryushan Mahaparva has its own unique and special spiritual significance in the renunciation-oriented culture of Jainism. This is the only inspiring festival of self-purification. It is the most recognized festival of Jain people. Paryushan Mahaparva is an occasion for many types of rituals like chanting, austerity, sadhna, worship, meditation, food restraints etc.

Paryushan Mahaparva is a spiritual festival, the central element of it is the soul. Paryushan Mahaparva continues to play an important role in revealing the pure, luminous form of the soul. Adhyatma means close-

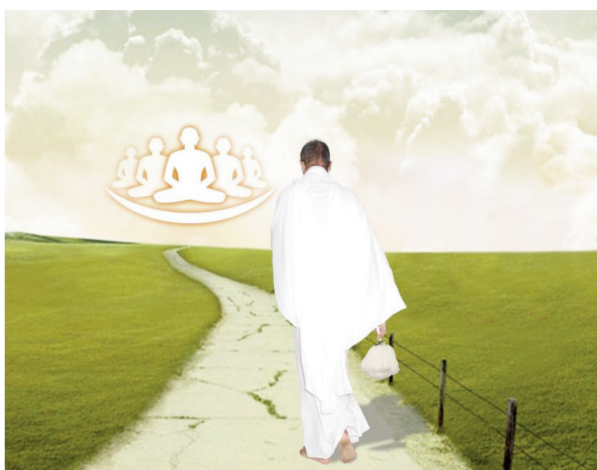
ness to the soul. Paryushan Mahaparva is the symbol of Jain unity. Jain people give utmost importance to it. The entire Jain society becomes awake and engaged in spiritual practice on the occasion of this festival. In the Digambara tradition, it is recognized as "Daslakshana Parva". Among them, its opening day is Bhadrav Shukla Panchami and the day of prosperity is Chaturdashi. On the other hand, in the Shwetambar Jain tradition, the day of Bhadrav Shukla Panchami is the day of Samadhi which is celebrated as Samvatsari with complete renunciation, fasting, self-study and abstinence. Even people who are unable to take time out during the year also wake up on this day. Even those who never fast are seen performing rituals on this day.

The theme of Paryushan Mahaparva is to destruct all the evil thoughts of mind and soul. The 10 gates of religion have been mentioned, in which the first door is forgiveness. Forgiveness means equality. Forgiveness is very important for life, unless there is no forgiveness in life, and then a person cannot progress on the path of spirituality. Lord Mahavir lived a life of forgiveness i.e. equality. No matter what the situation may have come, he remained equal in all circumstances. "Forgiveness is the jewel of the hero" - Only great people can take and give forgiveness. Paryushan Mahaparva is the celebration of the exchange of forgiveness.

On this day everyone unravels the entangled glands of their mind, opens the knots of anger and hatred within them, they hug each other. Eliminate the mistakes made in the past through forgiveness and make life pure.

The end of Paryushan Mahaparva is celebrated as Forgiveness Day. In this way, Paryushan Mahaparva and Forgiveness Day - it is a festival to bring each other closer. It is a festival to consider each other as our own. It is also said in the Gita - "Atmoupamyen sarvatra, same pashyati yorjuna" - "Shri Krishna said to Arjuna - O Arjuna! Treat the human as your equal. Lord Mahavira said- "Mitti mai Savva bhuesu, veranmijhana kenai" I have friendship with all beings; I have no enmity with anyone.

Human unity, peaceful co-existence, friendship, socialism without exploitation, establishment of international moral values, non-violent life, support of the worship style of soul etc. are the main basis of Paryushan Mahaparva. From this point of view, efforts are expected to make this great festival a festival of the people. Whether a man is called religious or not, whether he believes in self-Parmatma or not, whether he believes in past birth and reincarnation, whether he should resort to non-violence as far as possible in solving any of his problems - this is the heart of the sadhna of Paryushan. Violence cannot be a permanent solu-



tion to any problem. Those seeking a solution through violence have only exacerbated the problem. Keeping this fact in front, not only the Jain society, but also the common people should become faithful in the power of non-violence and use it with deep faith.

Paryushan is a festival of pleasure in the soul, a festival of self-purification and self-enhancement. This Mahaparva makes us become ego free. This Mahaparva is a celebration of worship of non-violence. Today the whole world needs the non-violence and friendship. Paryushan Parv is a festival of destruction of all negative aspects of the soul and by this one can find the real meaning of life. Each day of the Paryushan festival focuses on eliminating various impurities like anger, pride, deceit and greed and building good virtues.

Today, the main problems like violence, terror, mutual

hatred, Naxalism, corruption, corona epidemic have become a big cause of concern not only for the country but for the world and everyone wants a solution to these problems. For those people, the festival of Paryushan is an inspiration, a path, guidance and a practice of non-violent lifestyle. Today, in the glare of materiality, it is more important to maintain the relevance of this festival in the blind race of running life. For this, Jain society should become sensitive, especially the younger generation should be aware of the value of Paryushan festival and they themselves should be benefited from these rare moments of awakening self-consciousness through sharing, silence, chanting, meditation, self-study, dietary restraint, sense control, life-day etc. and explore the pure essence of this auspicious festival in front of the people.

-Lalit Garg

### Mines Department committee inspected Hindustan Zinc

**Udaipur:** The intensive inspection was conducted by the committee of the Mines Department regarding royalty payment of mining lease approved in favor of Hindustan Zinc Limited. Under the chairmanship of Additional Director (Mines) Udaipur Zone, Financial Advisor, Additional Director (Geology) Headquarters, a committee constituted of Senior Chemist, Mineral Cadmium, Lead, Silver, and Zinc Near-Village Sindesar Khurd, Railmangra, for mining lease no. 7/1995. Regarding extraction of metal zinc, lead, and silver by inspecting Rajsamand and mining lease number 166/2008 for minerals cadmium, lead, silver, and zinc near village Rajpura, Railmangra, Rajsamand which is approved in favor of M/s Hindustan Zinc Limited. Took information



**Seen the entire process:** ROM is crushed by the company in three stages from 150mm to 20mm. Then this mineral is a grind to 75 microns in a ball mill and rod mill. Recording ore grade monitoring and laboratory testing samples are collected by X-ray analysis on-screen flow system. The spherulite and galena are then separated through beneficiation and separation by froth flotation. The ore concentrate is sent to the smelter through an integrated transport management system set up by the company. At that time, mineral weighing and e-Ravenna are issued on the automatic way-bridge without the mineral vehicle personnel. At that time also mineral samples are taken, which are sent to the laboratory. In the laboratory, detailed information was given about the process of testing of samples, record keeping and conservation management of samples, etc.

The concentrate of this mineral is sent to Shivpur for smelting where various concentrates are blended, oxidized to concentrate, sulfuric acid is produced by this process, and zinc and lead metals are extracted by the electrolysis method. The records to be maintained in its entire refining process were observed. The entire inspection was done by the committee for proper assessment of payment of royalty due.

### Faculty of Engineering and Architecture will start in MLSU

**Udaipur:** Professor Amarika Singh, Vice-Chancellor of Mohanlal Sukhadia University, visited the Shaktipeeth Ambaji temple in Gujarat and wished success to the Faculty of Engineering which is going to start in the university. It may be mentioned that the Faculty of Engineering and Faculty of Architecture is being established in the University. Both these faculties will be innovative for the university, for which the government had given permission and it will be started from the new session. For its success, Vice-Chancellor Prof. Singh offered prayers at Ambaji temple and wished him success in the new courses

## ŠKODA AUTO India offers 'Peace of Mind' to customers in Udaipur with the newly launched SUV KUSHAQ

**Udaipur:** ŠKODA AUTO India is revving up for the future with plans under its India 2.0 project positively translating into reality. It received a good response for the KUSHAQ, its first vehicle developed under the India 2.0 project.

With the launch of KUSHAQ, the company has also introduced a new 'Peace of Mind' campaign to provide additional benefits and enhanced experience to its customers in Udaipur. The company, in its customer centric approach, has built the 'Peace of Mind' campaign on four pillars - Cost of ownership, Customer Reach, Convenience and Experience for all its product offerings. It has ensured a 32% reduction in engine oil prices of gasoline engines, change in spare parts prices and enhancement in replacement intervals, which has resulted in up to 21% lower overall maintenance costs. Through this initiative, it further plans to upgrade its after sales offerings to provide an unparalleled ownership experience to its customers.

The new Turbocharged Stratified Injected (TSI) engine that



has won the International Engine of the Year award powers the KUSHAQ, which packs a whole punch of excitement for its customers. They are lightweight, high-power, fuel-efficient and run on 3- and 4-cylinder motors, powered by turbocharge, direct fueland ŠKODA's much-loved DSG automatic unit. It allows the car to drive smooth and offers an experience that truly

enthals the driver every single time they get behind the wheel. Commenting on the various initiatives, Mr. Zac Hollis, Brand Director - ŠKODA AUTO India, said, "Our India 2.0 strategy includes a sharp focus on enhancing the ownership experience and ensuring customer delight. The 'Peace of Mind' campaign is a step in that direction. Our measures reduce the maintenance cost and offer class-leading warranty across the range, which highlights the confidence we have in our products and service offerings. We have started a new phase of growth in India with the KUSHAQ and will maintain our customer-centric approach, providing our customers in Udaipur with the finest ownership experience possible."

The brand will be present in more than 100 cities across India by August 2021, and this will be its largest coverage in the country since it entered this market. With this, ŠKODA AUTO India will have more than 170 customer touchpoints including sales and after-sales facilities.

### Thalassemia Awareness Campaign by Kanav Dewan

**New Delhi:** We are living in much reformed and better India now, which is clear from the evidence where young students like Kanav Dewan, a student of Modern School Barakhamba road, have taken up the charge to spread awareness about much common but less spoken about disease Thalassemia.

Kanav Dewan at his awareness campaign of thalassemia - Thalassemia an incurable, inherited blood disorder is characterized by less oxygen-carrying protein and less red blood cells in the body. Cure for the same depends upon the degree of severity and the kind. This was alarming for Kanav who then started working towards one Project which is Thalassemia awareness.

As with so many other charitable endeavors, this began after an incident that happened close to home. "When our close family friend's child got diagnosed with thalassemia, some people were just rushing about to donate blood, and others were making frantic calls to find out what exactly this blood disorder meant. Everyone felt so helpless," recalls Kanav Dewan, 17. It was then that Dewan, back then in Class 8 and his elder brother in Class 10, decided to spread awareness about this illness.

Given the grim situation and the vulnerability of those inflicted by this ailment, such an initiative is heart-warming. He coordinates with the blood banks in the city to ensure that patients in need continue to get access to blood transfusions on time. He especially visits blood donation camps organized by the Rotary Blood Bank. "It is a great place for outreach as people anyway come here to donate blood. I tell them exactly how their donation can help thalassemia patients and where they can reach for help in case they know of any child inflicted with this disease."

Dewan also distributed food packets to families of thalassemia patients, in case any of them lost their jobs in the pandemic and could afford to put food on the table. From Taglukhabad to Noida, he's been doing the

rounds in urban villages here, disseminating information that may be vital. "We work at places where there are less means of other awareness factors."

There is this very interesting anecdote wherein I was explaining how this disease is most common in communities with consanguineous marriages! Since this was in Haryana where the khap panchayats do not allow weddings within the same set of surnames, they were absolutely thrilled that our generation agreed with their cultural norms! On a lighter note we explained how matching horoscopes was not as important as checking the medical history of the boy and the girl!

### Opened the blocked nose of a girl suffering from choanal atresia

**Udaipur:** The girl, who was suffering from difficulty in breathing due to the closure of both the holes at the back of the nose, underwent a complex operation in the Department of Nose, Ear, Throat Diseases of GBH General Hospital. This disease called is choanal atresia found in one in millions. This type of operation has been possible for the first time in the division.

Group director Dr. Anand Jha told that the family members of a ten-year-old girl resident of Manasa (Madhya Pradesh) had reached the ENT department of GBH General Hospital after complaining of difficulty in breathing since birth. Based on the report, it was found that the girl child has had this problem since birth and due to this, she has been able to survive safely by being admitted to the ICU several times in the past. Both the holes were closed from the back of the baby's nose, which is medically called. Its choanal atresia operation was quite complicated. In this, the closed path was opened by reaching behind the nose with the help of. Laparoscopy After the operation, the girl is completely safe and her breathing problem has also gone away. He was discharged on Friday. According to Dr. Kanishk Mehta, it is also difficult for such children to survive. This operation was done by the team of the ENT department

### Rotary Club Uday honored state-level teachers

**Udaipur:** Rotary Club Uday honored the state-level teachers in a function organized. The chief guest of the function was DEO District Education Department Mukesh Palival and the special guest was Dr. Anand Gupta, District President of Indian Medical Association.

Club President Deepesh Hamenani told that Chandni Hemnani Udaipur, Kapila Kanthalia, Manoj Kumar Pathak, Memuna Khan, Gayatri Joshi, Dr. Bharti Sharma, Prem S Gurjar, Deepika Sharma, Nidhi Ajay Pachisia, Kamlesh Gurjar, Jeevan Bhattacharya, Madhu Singh Chauhan, Sonal Ojha, Amit Dhaka, Anju Chauhan, Dr. Seema Gurjar, Yogiraj Israni, Dr. Richa Joshi, Dr. Neelima, Krishnakant Parikh, Kunj Bihari, Sanjay Kumar Lunavat, Dr. Meena Jangid, Radheshyam Meena, Manoj Kumar Dadhich, Banshilal Suthar, Bhagchandra Sharma, Dev Kanya Menaria, Anita Rathore, Jagdish Kumar Saran, Brajraj Meena Chanda Salvik Kota Bundi Churu Dosa, Jaipur Bharatpur, Dholpur and Sikar honored the teachers and teachers Gaya. Rajesh Chugh, Ashish Lohar, Ritu Vaishnav, Sarita Suneria, Jasmeet Kor, Priyanka were honored Secretary Sakshi Dodeja was present on the occasion. The program was conducted by Shalini Bhatnagar.

### Children were rewarded with games to increase memory

**Udaipur:** Under the joint aegis of Mahila Samaj and Sanmati Mahila Mandal, general knowledge-enhancing and other knowledge-enhancing games were played for the children for 5 days.

After Thursday, Mahila Samaj President Maya Kumbhat played a memory game. Mrs. Sharda, Mrs. Meenu, and Mrs. Kamala Nalwaya played the role of judges. More than a hundred objects were shown to the children after giving two minutes, and then they were asked to write the names of the objects. Anu and Garima got first place by writing the names of 42 items, Vandana got second place by writ-

ing the names of 40 items and Krishna got third place by writing the names of 38 items.

### Sonal Garg first in International Dance Competition



**Udaipur:** The talents of the city are now registering their names at the national and international levels. In this series, 3 dancers of the city have brought glory to the district by getting a place in an international dance competition.

Kathak dancer Sonal Garg, director of the city's Nrityam Dance Academy, has been ranked first in the World Dancer Online International Dance Content 2021.

In this online international competition, along with Sonal, her disciple Chahak Jaroli got second place in the junior group and Samkhyia Agarwal got second place in the Under 9 minor group. This competition was organized by Akhil Natarajan Inter-Cultural Association, Nagpur Member of International Dance Council CID Paris-France in which 400 participants took part. Presently Sonal Garg is taking education from dance guru Praveen Parihar. In this, Sonal presented Dhamar Taal in 14 volumes like Chic, Uttan, Tode, Poetry, Chakkardar Paran, etc. The reading was done by Sonal Garg and the accompaniment on tabla was done by Mahesh Gandharva. In this pandemic, the director of Nrityam Dance Academy and her entire team relentlessly practiced Kathak for hours and brought Udaipur's name to an international level. Sonal Garg gives full credit for this to her mother Mrs. Vijay Lakshmi Garg who encouraged her all the time and to her mentor Praveen Parihar from whom she is learning dance.