

ROYAL HARBINGER

Reporting Fact of the Matter

Weekly



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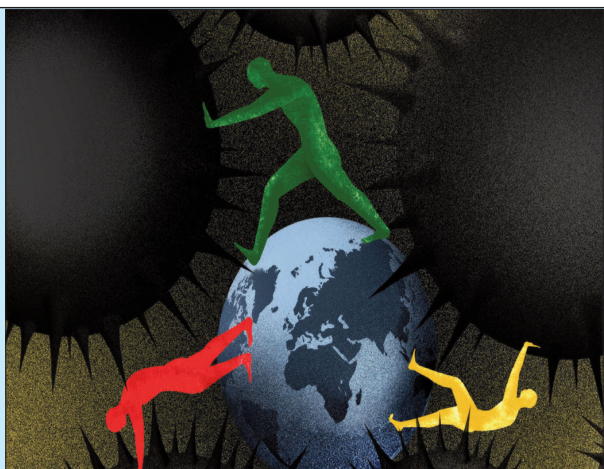


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Transforming Virus Changed Human Existence

The corona pandemic has radically changed the direction of our lifestyle. We are facing the severity of corona disease in the form of the first and second wave. The mutated variants of corona virus are deadly and drastic. We were hoping that the second wave is nearly over but unfortunately scientists identified the new variant of corona that is the Delta plus variant. This variant is highly mutated and super contagious. Scientists are worried about the third wave. As we know this virus is rapidly transforming; in that situation this new variant delta plus is more dangerous for mankind. Cases of the new variant are found in Maharashtra, Kerala & Madhya Pradesh. We have to fight this situation by following the SOP guidelines and increase mental stability.

Due to the coronavirus, our habits and our daily routine have changed to a great extent, which we are also experiencing and living every day. After many major disasters of history, there have been vast changes in social, economic



understanding and lifestyle, but the era of Corona crisis has changed everything, from our food and lifestyle to our working style and direction of thinking has also changed. These changes are going to have a big impact in the coming times. It may be that during this time our changed habits become a permanent part of our life.

A new economic outlook will flourish in the newly created world. Till now the capitalist approach has been advocating entrepreneurship i.e. making the individual a hero. It has never been told that behind every success is the hard work and cooperation of many people, no one does anything alone. The corona virus will now create an understanding of the value of laborers and other workers. Overall, there is hope to develop a sense of belonging and

respect for each other's work. In the world, even though the trend of going out and eating in restaurants may not end completely, it will be limited. Experts believe that many changes are going to be seen like digital menus, live streaming of restaurant kitchens and masks on waiters' faces. There will be massive changes in education. Due to the worldwide lockdown, the emphasis was on the closure of schools everywhere. Online communication between teachers and students increased.

There will also be major changes in the administration and their policies. It is expected that as much as India spends on defense, now it will start doing on health too. A lot will happen, which will look like a radical change because now the biggest enemy will be the understanding of the pandemic. The government health system will be developed as the private sector has proved to be inadequate during this pandemic. At the same time, the emphasis will be on increasing the number of doctors and paramedical staff in

the country. Many changes are expected like manufacturing medicines, vaccines and essential medical equipment in the country because now we have to leave the habit of relying on other countries in times of crisis, because this habit has given us deep wounds.

During the lockdown, major changes were also seen in the clothes of the people. People are getting used to spending



many days in only a few sets of necessities like pajamas instead of luxury clothes. Society will see many changes like foreign trips, tourism, parties and outings. There will also be a change in social customs and festival culture like marriage.

According to the Center for Asia Pacific Aviation, most of the world's airlines will go bankrupt by the end of May 2020. If you go to office after covid 19, a lot will have changed. Despite these big changes, everyone wants life to go on as before. Aside from the aggression of Corona, there is a need for such a human structure where both the human being and his humanity remain intact. For this one should keep making an effort without relying on luck.

We humans are socially connected with each other but in this time we are separating from ourselves, from people and from nature. We are losing his personal solitude and also the silent darkness of the night. In the words of Elliot, "Where is the life that we have lost in living." Yet we have to find a life where man can still live with all his strength, impenetrable vitality and immeasurable

his cleverness, his intelligence, his labor and morale have added to the disappointments. Despite all this, it is necessary that the human effort should move in those directions from where the human draws much more attention like health, conservation of nature, eco-friendly industrialization and improve the whole system.

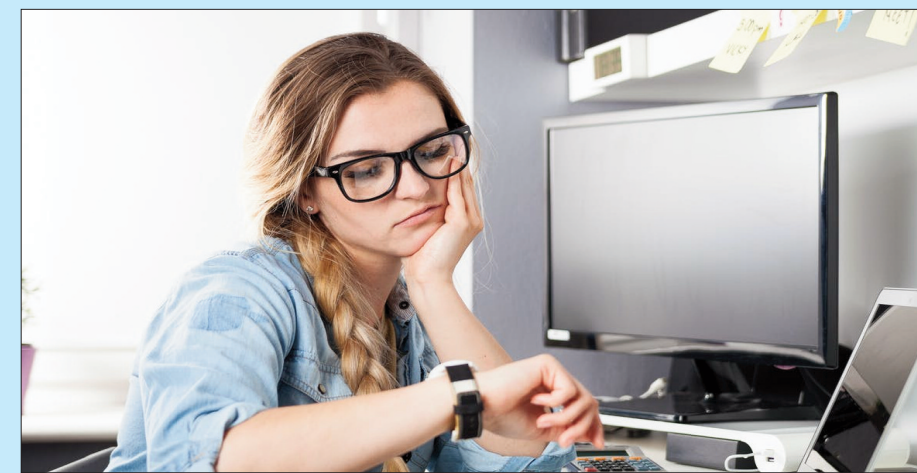
Man should not give up his effort. Whether you will get success in any work or not, cannot be said. What is going to happen in the future is all uncertain. If anything is certain, it is one's own effort. It is not necessary that success comes in the first attempt itself. Humanity suffering from



enthusiasm to achieve it, then even a single person can do a lot. How accurate is the statement of the world poet Rabindranath Tagore that before setting, the sun asked who would do the work of illuminating the world after I had

Be it a new beginning of life or the mind to pursue it, or trying to move towards new relationships and means of livelihood, it is not very easy. But, nothing is easy. Great success requires a lot of effort. Then no matter how big the suffering, the pain, we can overcome, because we are stronger than our thinking and determination.

The person who is not afraid of adversity, does not bow down in the face of adversity and makes sorrow also a ladder of progress, his success is certain. Seeing the courage of such a patient man, failure bows down. That's why Mahidasa Aitareya, the son of Itra, has said, "Charaiveti-



Corona will have to learn to walk like that baby now. While trying to walk, he falls again and again but his courage does not diminish. Despite the fall, the happiness and ecstasy add to the beauty of his face. Just think about that tiny seed which has within itself the ability to produce a huge tree.

If the goal is clear, there is intense zeal and indomitable

set. Then a small lamp appeared and said Lord! I will do the work of lighting as much light as I can. We see that the lamp continues to spread its light till the last drop. Keep doing as much as we can. The road ahead will be paved. How beautiful someone has said - Do as much as you can, then God will do what you cannot do.

Charaiveti" which means keep going, keep going, and keep working hard. How beautiful a great man has said - It is better to light a small candle or a small lamp in the darkness? A small beam of light penetrates the darkness; so by making some little efforts we can fight and eradicate the darkness of this time.

- Lalit Garg

LOKA SAMASTA SUKHINO BHAVANTU

During the last few weeks, we have collectively controlled the Covid-19 position and started reopening Shops, Markets, Museums, Restaurants, and other places, bringing smiles to the faces of daily wage workers and people at large.

The second phase of Covid -19 also made all of us experienced many activities. NGOs, Educational, Social and Cultural organizations arranged special online events to better physical and mental health. Most of the programs were free of cost so that maximum people could be benefited. Many quotes, dialogues, videos, and audio were exchanged, showing our concern over the issues. Several Webinars, Talks, Cultural Events captured the attention of sensitive people. I also observed many events from close and was part of some activities dear to me. While attending events, I also talked to concerned experts in various fields and knew many authentic things.

Editorial

The story of our country is also not significantly different. While observing World Environment Day, it was noticed that the Amazon rainforest fire is creating a severe problem. It is threatening to ecosystems, infrastructure, and public health. It is believed that 20% of the Oxygen of the World is produced in Amazon Rainforest.

We cut trees for widening Lanes of Towns or Cities. We cut trees to make Six lane highways. For saving time of travel many trees, hills and hillocks are giving their sacrifices. Hail storms, cyclones like "Taute" ruin trees every year. Heavy

rains and floods destroy many trees. Even in Corona Time, many people died, and their funerals took the toll of many trees.

Our ancient Gurukul and Vidyapeeth (Universities) were surrounded by a heavy plantation of various plant species maintaining perfect ecological balance.

During Covid-19, we are getting more conscious about health and Nature.

The other day Management Guru, Shri N. Raghuraman discussed the scope in "Plant parenting" which can generate employment of young Agriculture or Horticulture graduates in the field of Plant parenting. I moved ahead and read about IRS Officer Shri Rohit Mehra, who is known for his "Green Ideas" has now come up with probably the nation's first tree hospital and ambulance service. Through his latest initiative, Shri Rohit wants to encourage people to live in harmony with Nature. "I am a firm believer that the trees are our ancestors, and we cannot survive without them. Just like the human body or any other living being requires regular nourishment and care, trees to require care and protection." Shri Rohit has a team of Botanists, Tree Scientists, Environmentalists, Plant pathologists who treat trees with the natural process without using chemicals. I salute his endeavors.

My friend Shri KP Singh created Tree House in Udaipur in the year 2000. He did not cut a single branch of this 20 feet high Mango tree; somewhat, he adjusted the kitchen, bedroom, dining hall, and bathroom. Not only do components pass through the windows, but birds also enter from the windows. Instead of using cement, he used cellulose and fiber for this three-story treehouse which has attained 40 ft. This house got mentioned

in the Limca Book of Records and has an open roof system.

Smt. Mumtaz Begum of Amba Mata Scheme has developed a Rooftop garden for the last four years, which has a wide range of fruits, vegetables, and medicinal plants. She does not use chemical fertilizers. She uses kitchen waste. I am proud of Shri, KP Singh, and Smt. Mumtaz Begum.

My friend, Dr. B.L. Choudhary, a Botanist and planting expert, says, "We should grow many indoor plants as they generate oxygen and increase our immunity level." Some plants like- Money plants, Areca Palm, Indian Basil (Tulsi), Snake plant, Aloe Vera, Weeping Fig, Azalea, Spider plant, Dracaena, Ladies Slipper orchid, Besides these, Mint-Mentha (Pudina), Ajwain, Garlic, Ginger, Fenugreek (Methi), Lemon Grass, Khush (Vetiver Grass) can be grown in Verandah or Kitchen Garden or Windows where they can get Sunlight. These little plants have medicinal values. "Let us make a better place for the coming generations by planting at least seven trees in our life as that is the amount of oxygen we require in our entire lifetime. Seeds of fruit like mango and Jamun can be buried in open places instead of throwing into the garbage. Let's contribute to a green planet for our children. Let them also get the opportunity to see, feel and enjoy the biodiversity of this planet," says Dr. B.L. Choudhary. I remember that Shikshantar Team introduced making Seed balls with children. Growing small medicinal plants in homes would energize the interest of children in plantations who are the stakeholders.

My other friend, Dr. SK Sharma, former Conservator of Forest, emphasizes

more on Social Forestry. We should make it a habit to present a fruit or medicinal plant to our friends and relatives on their special occasions. He says, "Plants like Ashapala Neem (Azadirachta Indica) Mollshree, Khejadi, Banyayan Tree, Jeevaputa, Google, Arjun, Curry Leaves (Meetha Neem), Giloy Ashwagandha, Pipal, Amaltas and even fruit plants like Mango, Jamun, Guava, Anaar, Peelu, and Ber can be grown and preserved in outer portion, kitchen garden, lane, street, religious places, village pond, School ground, embankment, large size office campus, mela sites, picnic sites, even private and public gardens. During LockDown, we have observed that many missing birds were seen on nearby trees. These plants not only increase our happiness but also maintain ecological balance".

My friend Dr. Arun Sharman, an activist poet, physician, and accomplished playwright, painter, photographer, a musician has been instrumental in getting Mount Abu notified as Eco-sensitive Zone has not only started Bird Zone Project in Mount Abu but also planted thousands of flower, fruit, medicinal and decorative plants in Mount Abu has shared many of his songs on significance and protection of the environment. His services are very inspiring. These experts' efforts give some satisfaction that few concerned people have positive thoughts towards making our earth green. But I remember my mime "Plantation Week V/S Plantation Week," which describes people's non-participative behavior towards the conservation of greenery. While discussing World Ground Water Day, I submit that we who live in cities get Water from Municipal Corporation, and many of us do not value

Water. The towns are fabricating vacant spaces in a concrete jungle. The ground Water level is alarming. Fast-growing urbanizations and constructions of buildings in cities and reluctance of conserving Water would bring disaster.

"Rain Water Harvesting Friends Society," lead by Dr. PC Jain of Udaipur, is doing a commendable job to educate people towards water conservation and implanting Rain Water Harvesting System on all the private and public buildings. They have been doing this social service for years. I, too, was inspired by him and my nephew Suhas Janve (Vastu expert from Nandurbar, Maharashtra) to install a Rainwater Harvesting System in 2004 to our under-construction house, and we were a pioneer in Madhav Vihar, Shobhagpura to have a Rainwater Harvesting System.

Our nameplate was introduced much later, but before that, Dr. PC Jain put a plate of "Varsha Jal Sanrakshan Mitra" on our main gate.

It is high time to make the Rainwater Harvesting System mandatory for all buildings of the City. Our timely actions would save us from disaster, and it would become a long-lasting insurance policy for our children. The effects of Covid-19 have compelled us to rethink our Environmental and lifestyle issues. We should encourage and involve children in such promotional activities.

Though collectively we are winning, but it is like participating in a 1500 meter race where we have completed almost 1200 meters successfully with great patience and sacrifice. Our winning point is not so far, but in no way should we take this period lightly. A slight mistake can

create havoc. The problem may become severe if we do not follow the guidelines of the Government. A few days back, I read about the story of a stalwart athlete, Sardar Milkha Singh, who repented for missing his medal in the Olympics. It was a small and silly mistake of seeing back just for one second that caused breaking pace and losing the medal. In many cases, our players get pressured in finals.

We have already dealt with two phases of Covid-19. The Second phase was deadlier. I lost my good friends and relatives. Facing many threats and suffering on various grounds, we stood up with patience, courage, and collective concern. Slowly we are returning to our routine, and we would do better to win over the third wave of Covid if it comes. This time we have to keep our morale and values very high. Yoga and Meditation help in this regard.

A fortnight ago, I joined Morning and Evening Sessions of Art of Living. This helped me a lot to enhance my physical and mental health with eternal happiness. Our friend, Shri Praveen Mehta, is conducting the online sessions. He is a very experienced Teacher, Yoga expert, and an ace Musician. Combining Yogic and Breathing exercises, he helps every participant to go in deep Meditation. He explains the basics of Yoga with a scientific approach. The best part is that, in the evening, all the participants pray for the well-being of all the sufferers throughout the World with collective chanting and send wishes like "LOKA SAMASTA SUKHINO BHAVANTU." This prayer represents true Indian philosophy.

- Vilas Janve