

Little maestro Kaustubh wins Hindustan Zinc and Smritiyaan's 'Pratibha' talent hunt

- Organised to identify budding artists across 5 districts of Rajasthan, Pratibha virtual talent hunt saw over 100 entries

- 15-year-old Kaustubh Manipushp Kunj, declared 'Pratibha' winner and conferred with Pandit Chatur Lal Yuva Puruskar

- The 20th edition of Smritiyaan e-concert #UdaipurChapter concludes with mesmerising performances from acclaimed Indian artists

Udaipur: (Dr. Munesh Arora) It was an evening that mesmerised listeners across parts of the world with a unique blend of Carnatic and Hindustani Music. Smritiyaan e-concert's #UdaipurChapter had the audience enthralled by little maestro Kaustubh Manipushp Kunj. Winner of 'Pratibha' online talent hunt, the 15-year-old prodigy from Ajmer

mesmerised the audience with his soul-stirring performance.

The 'Pratibha' talent hunt was initiated as a platform to give an opportunity to local artists from Rajasthan a chance to perform globally. Entries were invited from Udaipur, Rajsamand, Chittorgarh, Bhilwara and Ajmer districts of Rajasthan to come and audition in front of an esteemed jury of personalities – Bhajan Samraat Anup Jalota, Kathak Guru Shovana Narayan, Tabla Maestro Pt. Charanjit Lal, and Flautist Pt. Ronu Majumdar. Among over 100 entries, six participants were shortlisted for the final round. Kaustubh Manipushp Kunj and Navdeep Singh Jhala from Ajmer; Neeraj Mistry, Vinay Kadel and Mohd. Tabriz Ariz from Udaipur; and The Rajsamand Group comprising of Harshit Puriya, Nimisha Pagaria, Raksha Pagaria & Komal Nagarchi



from Rajsamand showcased their talent in the final round, where Kaustubh was declared the winner. Kaustubh is a Hindustani Classical Vocal and Instrumental Tabla artist who started his musical journey at the age of four. He has previously won a number of awards at district, state, national and international levels.

The evening also had performances by music maestros of India - Dr Mysore Manjunath,

Pt. Gaurav Mazumdar, Vidwan B. C. Manjunath and Pranshu Chatur Lal presenting the much-awaited jugalbandi of Carnatic and Hindustani Ragas. The moments of soulful elegant fusion of North and South music were made complete with the Violin, the Sitar, the Mridangam and the Tabla.

Sharing the stage with such acclaimed Indian maestros Kaustubh said, "I congratulate Hindustan Zinc and Pandit

Chatur Lal Memorial Society for successfully organizing such a great event, especially during the pandemic situation. I am so grateful & honoured to have performed in front of such world-renowned artists during the auditions and the event as well. I thank them for their appreciation, blessings & guidance. It was like a dream come true for me".

Hindustan Zinc has always been at the forefront of promoting local talent and supporting cultural endeavors as a part of their CSR initiatives. As a step further in this direction, the company partnered with 'Smritiyaan' to launch 'Pratibha' talent hunt in January 2021 to give an opportunity to Rajasthan's local artists to perform globally.

"Indian classical folk music and dance have always been an important part of our culture and heritage. We at

Hindustan Zinc have always encouraged and supported budding talent by providing them with different platforms to showcase their art, learn, and grow. Pratibha Talent Hunt is one such unique initiative we partnered on to unearth the hidden talents from the local villages and communities around us and it's great to see amazing talents like Kaustubh perform. I wish this little maestro all the best for the future", said Mr. Arun Misra, CEO of Hindustan Zinc.

Marking 30 glorious years, Pandit Chatur Lal Festival organized the Smritiyaan edition in association with Hindustan Zinc. The concert series is co-sponsored by Rajasthan State Mines & Minerals Limited and supported by Hospitality partner Radisson Blu Plaza Delhi Airport, in collaboration with ICCR and Indian Raga as a digital partner.

Pedal to jungle

-Ashok mathur

Udaipur: Organized by Forest Department, Tourism Department, Green Peepal Society, Udaipur, Lee Tour Di India and Bela Basera Resort every year in February is a unique three day event called Pedal To Jungle.



According to former CCF Rahul Bhatnagar, the aim of the programme is to acquaint people, especially the cyclists coming from other state with rich cultural, heritage of Mewar and tribal culture in particular. This would also promote ecotourism.

On the first day about thirty cyclists from different parts of India such as Ahmedabad, Mumbai, Nagpur and Faridabad rode through busy places like Fatehpura, Dewali, The Study School, Chandpol Gate and Jagdish Chowk and returned to Field Club from where they had started. The participants were able to have a look at the heritage of the town and overwhelmed with the great affection of the public.

Next morning the rally was flagged off by Chief Forest Conservator R.K. Kherwa for Gorana Dam Passing through the verdent hills of verdent hills Alsigarh they reached Gorana Dam camped in the forest and enjoyed watching Gair Dance and other entertaining items. They also sited a big variety of birds and interacted with some school students. The next half was panarwe where they reached via Phulwari Ki Naal wildlife Sanctuary. On one side was Wakal river and on the other high verdant hills. After lunch they had a chit – chat session with officers of the forest Department. There was a highly enjoyable cultural programme in the evening.

It was followed by star trail photography competition. On the final day, they entered Gujarat cycling through dense forest and reached Polo Forest. From there they returned home. Programmes like pedal to Jungle not only bring people closer to nature and thus enhance the desire to protect the environment but also promote national integration by bringing together people of different parts of the country.

Rural dental center inaugurated

Udaipur: Rural Dental Center was inaugurated in Jagat village by Pacific Dental College and Hospital Debari. Chief guest Pacific Dental College Chairman Ashish Agarwal, distinguished guest Jagat Sarpanch Babru Meena, and Panchayat Samiti member Yashwant Singh inaugurated the medical center by cutting lace. Principal Dr. Bhagwandas Rai, Dr. Kailash Asawa, and Dr. Mridula Talk were present on occasion. Dr. Asawa said that given the lack of dentistry in the rural area, all dentistry types had been started by the Pacific Dental College. Dr. Narendra Talk will give his services daily as the in-charge of the rural dental center.

Serving the mankind

Udaipur: A group of highly qualified doctors visits a remote area in Uttar Pradesh's Barabanki and provides top-class health services to the people who otherwise cannot afford them. This place is an Ashram called Shri Ram Van Kutir Ashram located in the Hariakol Jungle. Situated approximately seven kilometers west of River Reth's coast- in Trai belt, the Ashram, which is a spiritual point was headed by Late saint Swamy Ramdas Ji Maharaj followed by late Saint Badridasji. At present, Saint Ram Gyan Das Ji Maharaj is heading the Ashram.

The three aforementioned saints had left their comfortable homes in their school-age to fight against the disparity prevailing in the society. They wanted to eradicate the huge gap between the rich and downtrodden. The three saints chose this place for preaching the holy Ramayanji.

Swamy Ram Das Ji has shared his spiritual message with the pupils, including: 1. Rise early by 5 am, 2. Offer the morning prayer, 3. Take a bath and read at least five dohas of the Ramayana, 4. Touch the feet of the elder to take blessings, 5. Adopt a vegetarian lifestyle, 6. Maintain a joint family, 7. Donate generously and help the poor to get a better life, 8. Speak the truth firmly but maintain the polite tone, 9. Follow principles of Swami Vivekanand, 10. Spare some time for the jungle service, He preached these ten commandments of life across states and touched people's lives in a big way. Areas that he covered included UP, Rajasthan, Gujarat, MP, Haryana, Delhi, Assam, West Bengal, and Bihar. The Ashram location has no facilities to stay or work. The team of doctors chose this challenging area and had been treating people for many years. Eminent personalities and public representatives of the city flagged off the Barabanki surgical team from Udaipur. Among them, principal RNT Dr. Lakhan Poswal, Tej Singh Bansi, Pradeep Singh Singholi president of BN university Sudhakar Shastri of Nathdwara temple were few.

Dr. J K Chhaparwal said that it is the 39th surgical camp that included medical specialists and staff members. Among doctors: Dr. S. K. Samar, Dr. J L Kumawat, Dr. Ajay Agrawal, Dr. Neelabh Agrawal, Dr. Archana Agrawal, Nursing staff Mr. Prakash Samota, Sampat Barala, Deepak Poddar, Budhi Prakash, Prakash Devpura, Bhagwati Sharma, Ward boys Heeralal, Motilal, Chamanlal, & Ratan Devi. Were felicitated by Swami Ram Gyan Dasjee Maharaj, Sunder kand Expert Ajay Yagnik at the time of departure. Along with Mrs Krishna Chhaparwal wife of Dr. Chhaparwal serves poor patients. Sharing records, Dr. Chhaparwal said that more than 60 thousand operations had been completed on 22 operation tables. He said that people come from about 500 kilometers for treatment from Barabanki, Lucknow, Sitapur, Bahraich, Gorakhpur, Gonda, Raibareilly, Amethi, Faizabad, Mughalsarai, and the state of Bihar are coming every year.



"Do not be a victim of superstition" Understand epilepsy on right time

Q.: What is epilepsy?

Ans.: Epilepsy is a neurological disease. In this disease, unwanted waves of electricity are formed in the brain, due to which the body starts shaking violently. These waves can form in a group of brain cells or in one part of the brain, or it is even possible that these waves can also occur simultaneously in many parts of the brain, causing different types of seizures.

Q.: What are the signs or symptoms of epilepsy?

Ans.: There are two types of epileptic seizures:

1. **Major seizures-** In this, the patient becomes unconscious, falls down, makes weird sounds, the hands and feet get cramped, the body starts violently jerking, and the breathing becomes very fast. In some cases, foam comes out of the mouth or the tongue is bitten by the teeth.

2. **Minor seizures-** In this, the patient loses memory for a few moments or minutes or stares at one place or becomes numb for a while. In such types of seizures, the patient may not fall or develop body stiffness or jerks.

Q: In case of epileptic seizures, how can the family members help the patient?

Ans.: In case of an epileptic attack, help the patient to turn on one side so that any kind of foam that forms inside the mouth comes out and the patient doesn't choke. Remain calm, don't crowd over or near him and don't shout. Open the windows and doors of the room for proper ventilation so that the patient doesn't feel suffocated. If the patient's tongue is seen getting clenched between the teeth, then gently push the tongue inside with a clean cloth and keep proper track of time. Never do a few things like- do not try to force open the jaw, do not force water in the patient's mouth, and never put any object, especially sharp objects, like a spoon in the patient's mouth because these things may

break the patient's teeth or damage the jaws. If the seizure continues for more than 2 or 3 minutes, then take the patient to the nearby hospital where facilities are available. Nowadays Midazolam spray is also available, which after consulting your neurologist, you can put in the nose to reduce the intensity and the duration of the seizures.



Q.: What are the causes of epilepsy?

Ans.: The reason for epilepsy may vary by age. For example, even a one-day-old baby can develop epilepsy due to lack of oxygen or sugar at birth. There are different causes of epilepsy in childhood, such as brain infection, defect in the structure of any nerve of the brain, slow brain development, and genetic causes. On the other hand, the reasons for epilepsy in adults may be different, such as having a tumor in the brain, a chronic injury, paralysis, blockage or hemorrhage in a vein, or even frequent lack of sodium in the body can also increase the chances of epilepsy attacks.

Q.: How can epilepsy be successfully treated?

Ans.: Under the treatment of epilepsy, there are two crucial stages:

Detection of disease: Apart from normal tests, two tests are very important in this - MRI and EEG of the brain

Treatment: For the past few years, there has been great progress in the treatment of epilepsy, seizures can be stopped easily using new and more advanced medicines. First, the doctors try to treat epilepsy using medicines, but in 20% of such cases, the



seizures do not stop from medical treatment. So, in such scenarios, it is advisable for the patients to consult their doctors for the possibility of an operation.

Q.: Do epilepsy and its treatment last a lifetime?

Ans.: The duration of treatment depends on its cause. To illustrate with an example, if due to a chronic brain disease a wound is developed in the brain, then the epilepsy treatment may be prolonged, or may even continue for their lifetime. On the other hand, many times the cause of epilepsy in children is cured with time itself, and even the medicines for the treatment can be discontinued after 2-3 years as per doctor's consultation and expert advice. However, in the majority of cases, once the medicines are started, the patient has to continue taking them for at least 3-5 years. The patient should not discontinue these medicines without the

doctor's advice and it is necessary to take them every day at the dedicated time.

Q.: Does epilepsy have a risk of sudden death?

Ans.: The true answer is yes, but this risk is higher for people who experience severe seizures, patients who suddenly stop taking their medicines and do not take necessary



precautions and indulge in activities like driving, swimming, and alcohol/drugs consumption despite the epilepsy attacks. Such patients increase their risk of fatality due to the attacks.

Q.: People fear the word epilepsy and feel that persons with epilepsy will not be able to do any work or business and in the case of women with epilepsy, it is believed to be a hindrance in childbirth. Can epileptic patients lead a normal life?

Ans.: Like any other, epilepsy is also a disease and has no relation to untouchability or supernatural possession. About 80% of the patients can be controlled or cured by medicines or operation.

If we set aside that few minutes of seizures from the patient's life, he can lead a normal life like any other human in the remaining time. In fact, if we look around, there are many cricketers, scientists, businessmen and businesswomen in and around the globe who suffered from epileptic attacks and yet, it didn't deter their passion, otherwise if they would have lost confidence they wouldn't have reached where they are now. So, my advice to all of you who know a patient of epilepsy to boost the morale of the patients and give responsibilities to them so that they

feel important. While you should be mindful of their safety, motivate them to do their daily chores and continue their business, office, or work.

In the case of the marriage of the patients, they should be open about their disease to their partner and should disclose it before the marriage for everyone to make an informed decision. As far as childbirth for women suffering from epilepsy is concerned, in pregnant women, now the effect of the disease or medicine can also be detected using high-quality sonography or blood tests.

Q.: What are the special facilities offered for epilepsy patients in Geetanjali Hospital?

Ans.: To be able to treat epilepsy properly, it is essential to examine the patient thoroughly. Geetanjali Hospital is equipped with advanced state-of-the-art machines for testing like 3.0 Tesla MRI, Nioleto Video E.E.G. Both these machines are available at very few places in Rajasthan. Through the machines, we can gauge the cause of epilepsy better in the patient. An operation is also an option for patients whose disease is not controlled by medicines.

At Geetanjali Hospital, special protocols are followed for epilepsy patients, particularly for difficult to treat cases. The neurologist is the key doctor to investigate the cause of epilepsy. As a second step, the feasibility of operation is discussed with the neurosurgeon. In this process, sometimes the opinion of a radiologist, psychologist and anesthetist is also taken. Finally, the patient and his/her family are informed about it. Following this set protocol, 19 such operations have been successfully performed at Geetanjali Hospital in the last two years.

Q.: What advice would you like to give to patients struggling with epilepsy?

Ans.: I would like to say that the treatment of epilepsy is possible, do not fall into any kind of superstition and please trust medical science for its treatment.



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