

ROYAL HARBINGER

Reporting Fact of the Matter

Weekly



PAGE 2 :
Footnotes starring Vikram Kochhar, is a delectable bite ...

PAGE 3 :
Little maestro Kaustubh wins Hindustan Zinc and ...



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Royal Harbinger turn 6

As we enter the 7th year of news services, Royal Harbinger takes this opportunity to thank you for your love for some serious reporting and meaningful journalism. In the times of sensationalism, when you like a real story put in simple words, you endorse the correct form of journalism and ensure that things remain normal and as they are.

The core idea of newspapers and now television channels is to report an incident to you so that you can do the analysis and interpret it as it is. You do that generally. But when the game of being the first and most sensational

Editorial

becomes the order of the day, media agencies add spices to a simple story and make it sellable. This catches our eyes and attention, and soon we become used to this kind of glorious news world where the percentage of news content is 2-3 percent, and the rest remains the presentation.

This idea works well with advertising but wait; news can not be advertised. News has to be said to the people who have the right to know about their country.

Royal Harbinger has refrained from any glittering news stories that would attract your attention for no good reason. Rather, we have been believing and ensuring that it's the

right of the reader to interpret a piece of news in its true sense. As we do not take away the right of the reader, we are more trusted than other news sources around.

Our advertisers know that they invest in quality and news that can be trusted.

Udaipur is a city where tourists are always staying from the country or abroad. What they see and what they read leave a permanent impression on their minds. Royal Harbinger believes that the city of lakes and palaces has more good news content than negative ones. We prefer a positive picture of the town, which presents an actual color of the city to the tourists.

Udaipur is a fast-developing city, and it needs a news medium, which is not only fast but also is trustworthy. Edited and managed by veteran jour-

nalists, the Royal Harbinger is the only news medium on South Rajasthan, which is trusted by many. Our team of writers and contributors includes highly proficient and renowned scholars who have made their names for many decades.

In our quest to develop a futuristic platform, we promote young writers who get an opportunity to showcase their talent and share their free views. While we need guid-

ance from the veterans, we also have to ensure that the young voices are heard and, more importantly – believed.

Royal Harbinger believes in diversity and inclusion. We select news articles and content based on their merit and value. This way, our focus remains on the content that we deliver.

We get articles from kids, youngsters, and veterans.

A kid when shares space with a well-known writer feels encouraged. Similarly, when a veteran sees a kid writing along with them, they feel satisfied.

The world needs love to prosper and flourish, and only a mutually encouraging culture of love can help us all grow together. This idea of mutual growth is Royal Harbinger's idea of society.

As we step into the 7th year, we will look to continue with our values and would need your support as usual. Let's work together to form a solid foundation for our future generation that we got in inheritance from our parents.

No matter how advance it gets, the world is still surviving on the shoulders of good people. Be selfless and spread love. What you give comes back to you!

Stay safe and loved.

- Prashant Shrivastava

LET'S TALK ABOUT LASERS (LIGHT AMPLIFICATION BY STIMULATED EMISSION OF RADIATION)

WHAT IS Q SWITCHED ND YAG LASER, AND HOW DOES IT HELP MY HYPER PIGMENTATION?

Skin hyperpigmentation is usually caused by excess production and clumping of the skin pigment 'melanin' with the appearance of darker brown or even black spots on the skin. Pigmented lesions can be classified either based on location of pigment as epidermal and dermal (superficial or deep) causes such as nevus, hereditary, acquired - drug induced, post inflammatory, hormonal, etc.

Treatment depends on the underlying cause. Various topical applications, chemical peels, microdermabrasion, etc., have been used with variable benefits. However, lesions like nevus, tattoos, freckles, etc., are not amenable to the above treatment line.

This resulted in a search for an ideal laser/light system to target skin melanin without damaging the surrounding skin effectively. Twenty years of laser dermatology improvements have resulted in the invention of Q switched ND YAG laser, which only targets the melanin (dark pigmented areas) without targeting the surrounding normal skin.

What is Q Switching?

A laser can either deliver energy in a continuous form or a pulsed form when the laser provides high-intensity power in pulses. It's known as q switching. These pulses can be milliseconds long or nanoseconds long. Q switched ND YAG lasers are nanoseconds long (3 to 7 nanoseconds in length).

What is the advantage of Q switching?

Due to this Q switching technique, only the pigmented areas are targeted instead of the surrounding normal skin, thus minimizing the damage.

Clinical Applications

Whether superficial or deep, acquired or congenital, most pigmentary skin lesions can be treated with Q-switched lasers.

Tattoos: both professional and amateur tattoos can be removed via Q switched ND YAG lasers.

wrinkles and acne scars

Q-switched NdYAG laser 1064 nm offers a new technology that helps treat scars and wrinkles at their root, deep in the skin. Using laser energy that penetrates deeply without injuring the top layer of skin, the deep dermis is stimulated to produce natural collagen and other vital proteins that make up healthy, youthful skin. Painlessly done in less than 20 minutes, you'll leave with only mild redness that will fade within a few hours. After 3-6 treatments, done at monthly intervals, wrinkles soften, and skin gets toned. Hence it is also referred to as laser skin toning. This is a good option for improving acne scars, wrinkles, and stretch marks without complicated procedures and long recovery times.

Laser-assisted hair reduction

It can be safely done for fine hair as well as terminal hair in all skin types.

Vascular lesions

vascular lesions like telangiectasia, cherry angiomas, and small spider nevi can be treated. More than one treatment could be required.

Dark lips

Dark lips are a common cosmetic concern in India. Two to four sessions of Q-switched is an effective treatment for lip lightening.

Combination Treatments

I prefer to combine the laser treatment with chemical peels, micro-needling, and other topical medications for faster resolution. In some acne scars, wrinkling etc- micro needling with radio frequency or fractional CO2 laser can also be used.

- Dr.Swati Tripathi



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