

## Goram Ghat

- Ashok Mathur

Located in Todgarh Raoli wildlife sanctuary, 136 kilometers from Udaipur, Goramghat the 'Ghat' section of 22 km long meter-gauge railway track in between Kamalighat and Fulad stations, linking Mewar and Marwar through Aravali Hills, has several attractions like the view of lush green valleys, verdant hills, rare flora, and fauna.

Due to the keen interest taken by the erstwhile rulers of the former Mewar state, the railway line was laid in the year 1934. The stupendous task was completed under the supervision of British engineer

Iron H. William in a difficult terrain which has become a marvel of railway engineering. A full-day tour includes two rail journeys of the Ghat namely to Kamalighat and returning with a break of about 5 hours at Goramghat. So the tourists have ample time to enjoy the scenery.

Near Goramghat railway station where solar energy is used is the Goram Parbat peak that is 933 meters from the main sea level. Not far away is the beautiful Baba Ramdev Mandir at kerunda and Gorakhnath temple.

The train passes through 2 tunnels that are one hundred years old and 172 small and big bridges over beautiful water



streams. There is a Dip of 300 meters from Kamalighat to Fulad station. Between Goramghat and Kamalighat from Jhonk Ki Mandi that has a big waterfall

the train moves in a U-turn form. There are 16 sharp curves along the Ghat section. When the train moves along small railway stations, it reminds one

of the days when two steam engines were used in place of one run by diesel these days.

Between Kamalighat and Phulad is a Jog Mandi water-

fall where one can enjoy activities like birding, Eco trekking, and nature photography. Not far away is Bheelber water-fall at a height of 55 metre. Colonies of Long-billed vulture, an extremely rare species facing extinction, can be seen in this area. Visitors can also see langur, sloth bear, fox, and several species of birds. Due to its eco faunal position, there is rich biodiversity including herbal plants.

An excellent combination of pilgrimage, history, and nature the area is unique. Watching the clouds kissing the verdant hills, visitors in this area especially during monsoon feel as if they are in a hill station.

## Visionary & progressive DM of Sriganganagar : Shri Mahaveer Prasad Verma

District stood first in many schemes under his supervision

**Sriganganagar (Hritu sodi):** Dm Shri Mahavir Prasad Verma is determined to make the city beautiful and progressive in many ways. In his supervision Sriganganagar District stood first in many schemes run by the government of Rajasthan.

The PMO of the Department of Medicine and Health, Dr. KS Kamara informed that in "Kayakalp yojna" the department achieved 96.1 percent marks, and secured 350 points, the first place in Rajasthan.

He said that Shrikanpur CHC has achieved first position in the entire state in this scheme. Similarly, the Medical and Health Department has secured second position in the Sick New Born Unit. The PMO said that the state has cleared the National Quality Assurance Scheme and 3 CHCs in NQAS have been ranked first in the state so far.

CMHO Dr. Girdhari Lal Meharda informed that all preparations related to Covid-19 in the District are complete and oxygen cylinders, beds, ventilators, medicines are all available in abundance. He said that life-saving drugs Remidivir, Tusalazumab are available in sufficient quantity, so far 1843 Remidivir injections were made available in the District, out of which 1433 have been injected and 410 are available. CMHO said that there are 162 active cases in the district and all are being treated properly.

The CMHO gave full credit to the DM Shri Verma who guided the whole team to achieve this goal.

Sriganganagar stood first in jaljeevan mission, Aadhar seeding and Swachhta mission and stood second in Agro processing unit.

Sriganganagar has achieved hundred percent target in opening English medium schools in the District. 3553 students have taken admissions in eight English medium schools run by the Government.

Dm Mahavir Prasad Verma took interest in all these programs himself and motivated departmental heads to achieve the targets.

District Collector Shri Mahavir Prasad Verma contacted the beneficiaries under the Social Security Pension Scheme and Palanhar Scheme run by the Department of Social Justice and Empowerment, Sriganganagar. He went to the residence of the beneficiaries to get information on the status and object of the scheme and to get ideas about the implementation of the scheme and the scheme of the beneficiaries.

The District Collector said that the social pension scheme and Palanhar scheme being run by the state government is helping to raise the educational level of children in themselves and their families and by these schemes a boon in raising the standard of living of these sections in the society has been proven.

Shri Verma gives time to common people and tries to solve their problems in single visit. The doors of his office are open for all.



## Developing awareness on Cultural Heritage in School Education E-Learning Workshop, 14-18 Dec.2020



"AANO BHADRAH KRATVO YANTU VISHWATAH- Let the noble thoughts reach us from all the Corners," this Verse (Shlok) from Rigved-1.89.1. CCRT stands for it and always strives to offer the Best sessions on Academics and Cultural aspects for the School teachers. The COVID-19 has hampered practical Courses of CCRT but not the CCRT team's enthusiasm as they have converted challenges into opportunities by organizing online Workshops for the teachers working in various states of India. These E-learning Workshops are focused on introducing aspects of Culture in the curriculum Teaching. With the Headquarters at New Delhi and Regional Centers at Hyderabad, Guwahati, and Udaipur, CCRT has organized such Workshops.

Recently, CCRT, Regional Centre, Udaipur organized E-Learning Workshop from December 14 to 18, 2020. Shri Suresh Karunik, Dy. Director welcomed 150 participants from Tamil Nadu, Karnataka, Maharashtra, Assam, West Bengal, Chattisgarh, U.P., Rajasthan, Punjab, Haryana, and Gujarat, and spoke on "An Introduction to the Virtual Classroom as CCRT's Pilot Project and its implementation at grass-root level."

During the First Session, noted painter and scholar Dr. Shail Choyal delivered a pictorial lecture on "An Understanding of Indian Paintings." Through various slides, he explained the journey of ancient paintings to modern artworks. Pictures from Ajanta Caves era to Mughal paintings, Jain Paintings, Works of Raja Ravi Verma, Amrita Sherghil, and works of contemporary artists were discussed. Dr. Choyal explained how a painter observes various things of time and interprets them in his paintings. How is work influenced by geographical, time, situational changes?

The second Session was dedicated to Indian Music (Evolution, History, and Musical compositions). Noted, singer, Music compos-

er, and lyricist Dr. Prem Bhandari discussed various creative and technical aspects of Indian Music. They gave Dhrupad, Khyal, Tarana Gayaki to light Music along with Dr. Pamil Modi. Their melodious singing won the hearts of teachers.

Dr. Alpana Singh, Head of the Department of Education, MLS University, spoke on "Innovation in Education from the perspective of New Education Policy" on the second day. She explained all the vital points of New Educational Policy highlighting the issues like Education for all, Protection of Rights, Identification of skills, Development of Brotherhood, To prepare for new challenges, and improve quality of Education. While discussing the principles of NEP-2020, she said that primary education should be given in Mother's tongue, and other languages may also be given respect. Having a multidisciplinary and holistic approach, she narrated that the teachers (who are the heart of the learning process) should ensure students' All-around development by making them creative and enhancing critical thinking. She Quoted Gandhiji's New Taleem and vision of Dr. APJ Abdul Kalam in her Session. She appealed to teachers to be innovative and sensitive. The next Session was dedicated to Indian Drama. Noted Dramatist and Director, Bhartiya Lok Kala Mandal, Dr. Laique Hussain narrated a story of Drama's evolution in India. He exhibited various slides illustrating ancient Sanskrit Theatre in Temples, Folk theatres prevailing in different parts of India. He told how the National School of Drama and other groups are contributing to develop contemporary Theatre.

The Workshop on the third day started with a lecture on "The Cultural History of India by Prof. Lalit Pandey, noted Archaeologist, Scholar, and former Director of Institute of Rajasthan Studies, Udaipur.

He said that Civilization is the highest manifest of Culture. Quoting various examples, he said that we have a living culture. Many excavations and researches reveal that India has the Oldest Civilization in the World. Haddapan culture is the materialistic aspect of our ancient Vedic Culture. India has given many things to the World. The knowledge of Mathematics, Astronomy, Medical Science, Metallurgy, and

literature, along with the oldest grammar, was given by India. The experience was made available by the Indian Scientists and Scholars in "Sootras" long back. He replied to various queries of Teachers.

During the Second Session, Vidushi Guru Radha Bhaskar Menon gave an illustrative talk on various aspects of Indian Classical dance form "Bharat Natyam." She explained Abhinaya and Margam's elements through live demonstration by Guru Bhaskar Menon, Shri Ananth Menon, Aparna Kiran Menon, and Vaishnavi Menon. The spellbinding performance with Vidushi Guru Radha and Guru Bhaskar Menon's expressive narrations made the Session very impressive.

On Thursday, Professor Laxmi Lal Vairagi gave an intense talk on "Rajbhasha ki Neeti our Bharteeya Nagrik ke Maulik Kartavya."

Initially, he spoke about the languages and dialects prevailing in India and discussed the significance of everyday speech. After Independence, How Hindi has declared an official language in the Constitution. The status of other languages of the States was also discussed. Later he explained the Duties of Citizens of India.

Later Shri Arvind Bhatt, a noted educator and communication expert who spoke on "Stress Management during Corona Times," with the help of Slides and various interesting examples he explained; any external or internal event against one's wish has a harmful influence on the Mind or Body is called stress. He gave various tips to lead to a stress-free life. He said worry is like paying interest on the loan that you may rise in the future. He suggested effective Time Management (Define, Delete, Delay, Delegate, and Do). His thoughtful replies with empathy, satisfied teachers in question session.

The Concluding day of the Workshop had the first Session on "Conservation and Restoration of Cultural and Natural Heritage" by Professor Pushpendra Singh Ranawat, noted Geologist and Scholar and Founder Member of INTACH, Udaipur chapter. He shared detailed information about Tangible, Intangible, and Natural Heritage of India and stressed the need to conserve these sites through various creative activities, like Quiz contests, Heritage

Walk, popularizing local Culture associated with Heritage and natural areas.

Dr. Satish Sharma, former Assistant Conservator of Forests and scholar, exhibited many aspects of India's rich Folk Traditions through various colored slides. His narrative included festivals, temples, languages, costumes, dances, foods, forest products, farming, worshipping trees, animals, and water. He emphasized looking after plants, water bodies, and other natural resources to protect us and make us good human beings.

The valedictory session was graced by Dr. Hemlata S. Mohan, Honorable Chairperson, CCRT. The Director, Shri Rishi Kumar Vashist, welcomed her. Dr. Hemlata S. Mohan talked about the significance of the relationship between The teacher (Guru) and the Taught (Shishya). Teachers have tremendous potential to tackle many social responsibilities. They should encourage children to respect our traditions, values, and environment. She said CCRT believes in the concept of "Vasudhaiv



Kutumbkam" and strives to develop a linking of Cultural with School Educations.

Shri Rishi Kumar Vashist, Director, CCRT, in his address to the participating Teachers, said that CCRT offered them the training by the best available Faculty; now it is teachers' duty to transfer this knowledge and experience to students through practical work.

Shri Rajesh Guleria and Shri Ranjoy Bhattacharya of I.T. Cell provided their service with a smile, and the Training Department team of Dr. Bharat Bhushan Vats, Shri Mithun Dutta, and Ms. Nidhi Maini. Social Media Team of Ms. Smriti Chopra, Shri Anil Agrawal, Shri Ranbeer Singh, and R.C. team of Shri Sunil Bhandari, Shri Hitesh Paneri, and Shri Hitesh Vairagi made this training fruitful for 150 teachers of India. The contents of these sessions will be available on the Facebook of CCRT.

---vilas janve

## VEDANTA TO SET UP 500 NAND GHARS IN UTTAR PRADESH

The Anil Agarwal Foundation (AAF), which joined hands with Bill & Melinda Gates Foundation last week, will set up 500 Nand Ghars in UP over the next 12 months.

Majority of the new centers will come up in the districts of Amethi and Varanasi in the first phase of this partnership. Nand Ghar project and the Bill & Melinda Gates Foundation will jointly fund the expansion program in a 50:50 ratio. Studies have shown that more than 90 per cent of the children enrolled with Nand Ghars are found in the healthy category, with zero slippage into malnutrition. Vedanta Chairman Anil Agarwal said, "We are delighted to partner with Bill & Melinda Gates Foundation on the Nand Ghar project in state of Uttar Pradesh. We would be jointly developing 500 Nand Ghars in UP with focus on improving health and nutritional outcomes for women and children. Nand Ghar is a joint collaboration with Ministry of Women & Child Development, where we hope to transform the entire landscape of the aanganwadi ecosystem with focus on nutri-

tion." Nand Ghar—an initiative of the Anil Agarwal Foundation—is currently operating in seven states and plans to roll out the social impact project in Bihar. Vedanta Nand Ghar, which is supported by MoWCD, is transforming the Anganwadi ecosystem in India by focusing on women and childcare at the grassroots level. Anil Agarwal has already pledged 75% of his wealth to philanthropy and is committed to giving back to society and eliminate malnutrition, especially among women & children. The collaboration between the two philanthropic organizations will involve the implementation of best practices of Nand Ghar infrastructure and amenities along with BMGF's system strength to improve the health and nutrition outcomes. The desired goal is to widen the spread and scale Nand Ghars in identified districts of Uttar Pradesh to have deeper and large-scale impact.

"Nand Ghar's work is advancing India's health and development goals in a meaningful way, and by working together, I think we'll advance them even faster," Bill Gates has said.

According to Union Minister for Women & Child Development: "The Government of India is committed towards enabling a healthy & well-nourished life for every child. The partnership of BMGF and Anil Agarwal Foundation to ame-

liorate malnutrition will surely have a lasting impact and further strengthen Honourable PM Narendra Modi's vision of Suposhit Bharat."

The Nand Ghar journey began in 2015, and now with the rollout of over 1700 centers, the project is now spread across 7 states—Rajasthan, Odisha, Uttar Pradesh, Jharkhand, Chhattisgarh, Karnataka and Madhya Pradesh. Nand Ghar aims to change the lives of 8 crore women and 2 crore children at the grassroots level.

## T Series launches Ajaz Khan's music video 'Oh Maa'

Ajaz Khan the actor who is noted for his rough and tough image in a number of films and television serials done so far, opened up his softer side at the music video launch of his single 'Oh Maa' launched by Bhushan Kumar and Krishan Kumar's T Series. Ajaz has penned the lyrics of this emotional song which is composed and sung by Ritesh Tiwari and directed by Tejal Patni. The video is produced by Raza Beig and features Ajaz, his son Adan Khan and Antima Sharma who plays the on-screen mother. The Friday night, on the glittering terrace venue of Bombay Breeze Cafe in Andheri saw a number of elite guests gracing the event. The evening's host Karan Singh enlightened the guests and the media by revealing personal side of this actor who debuted in Lakeer ka fakeer Bollywood film & 'Ya Rab. "Jiss ki maa nahi hoti, usko pucho maa ki keemat kya hoti hai," quoted Ajaz during the answer to one of the questions. Translated, it meant ask those unfortunate who have lost their mother and they will tell you the importance of mother in one's life. Ajaz invited his wife Aisha Khan and family on the stage and the most interesting aspect was his conversation with his son who confidently replied with the humour of a child to a volley of questions from Ajaz and the host. Ajaz who at one moment came to tears while recounting the good times with his mother who is no more in this world. Nagma Khan of Shaaz Media Entertainment, the event manager opened up questions. Among the celebrities who were present to cheer up Ajaz were Mohammad Morani the MD of Cineyug, fashion designer Lucky Morani, Mukesh Chhabra the director of Sushant Singh Rajput's last film Dil Bechara, Suhail Khandwani who is Amitabh Bachchan's partner, actor Rahul Bhatt.

## Paras J. K. Hospital celebrated the First Anniversary

Udaipur: Paras J. K Hospital's super-specialty healthcare institutions in Udaipur has completed one year of its commitment to redefine healthcare in South Rajasthan. Other important people, including the Director of the hospital, Vishwajit Kumar, were present on occasion.



Viswajeet Kumar said that we had provided excellent quality of care to the patients in the last year. Teams of doctors, nurses, and staff have saved thousands of patients' lives and treated them appropriately. Paras J.K. hospital claims to treat patients best technology and treatment protocols. At this milestone, Viswajeet Kumar and his team reiterated their determination to expand technologically advanced and best quality healthcare services. We will keep making more efforts to provide world-class health services to the people F.D. claims.

Dr. Murtuja Habib, Medical Superintendent of the hospital, said that medical excellence and best patient care had been our priority for the last one year. In the coming years, we will try to increase our level further in terms of clinical excellence. Udaipur will start new programs to connect with residents and create health awareness. He said that Paras J.K. The hospital is a significant healthcare provider in Udaipur. More than 40000 outpatients have consulted in the hospital in the last year, and more than 4000 patients have admitted and received treatment. Over 300 Corona patients have been successfully treated, with over 1000 surgeries performed in the past year. Besides surgery, Paras JKis also performed in rare conditions of corona patients.

## For Royal Harbinger Call

Mangi Lal Purohit - 9024311494  
Bharat - 7597908870