

Transformative Changes can save Humans & Nature

We surpassed each and every difficult moment associated with this horrible corona epidemic with great zeal and smile. We managed to cope up with these drastic conditions of epidemic. Negativity, sorrows or grief does not break everyone. Those people who get affected who are not ready to seek hope in despair, and do not learn how to survive from suffering and do not trust themselves. There is a saying that in times of trouble, those who are only sitting do not find courage to cope up with troubles. But at the time of lockdown in the world, there have been good and positive changes not only in humans, but also in the environment and the world of birds.

In every adversity; compatibility is born, birds have taught us in this transition phase. The world of birds has become happier and more livable than before. Its effect is

beginning to be felt in their sweet sounds and the results of a research on this changed sound have given us a pleasant feeling.

The team of behavioral ecologist Liz Derryberry, studying these birds, has found interesting results. This is the same Derryberry that has studied the white crested sparrow for almost a decade. He explained this in detail, how increasing noise-pollution and urban noise over time has impeded the ability of birds to communicate. In such a situation, it is good news that during the lockdown, the sound of birds is more pleasant. The study began when people in San Francisco were indoors due to the epidemic. The sounds of the birds and especially the sparrow followed were recorded. The new voice was compared to their recorded sound before the epidemic and it was found that the sounds of the birds were more melodious and vocal than before.

Before the pandemic, the sound of birds was being suppressed in the human noises. It is not only about birds and sparrows, our environment, nature, river, waterfalls and plains have also become cleaner, soothing and attractive than before. This means that the convenient lifestyle of man has corrupted, polluted the entire creation, environment and lifestyle. The exploitation of artificial means, theistic lifestyle and nature has already put crisis on life; we do not even realize these crises. In view of positive changes due to the changed lifestyle due to Corona, we have been interviewed by the views of the real nature, the magic of the sound of birds is now being heard by us, the river-waterfall is drenched with clean water, nature and mountains are smiling.

By recording the sound of birds on the deserted streets of San Francisco, Derryberry and her colleagues revealed that both the sound quality and

efficiency of birds have been vastly improved during lockdown. Especially male birds are more harmonious, they have to resort to their song and music to protect their territory and find new companions. Researchers at the University of Tennessee say that birds have changed their sounds more than they anticipated. This shows how noise pollution damages the sound of birds and the world. If we stop unnecessary noise and pollution, then the old world of birds will reverberate, which will also benefit us. This is the first research to scientifically evaluate the effects of an epidemic on urban wildlife published in the journal Science. It sheds light on a complex area of research and indicates how man-made noise has disrupted the whole of nature.

It is not only about noise pollution, but other types of pollution have also disrupted life. Today, all the schemes of human civilization and development are engaged in



increasing every kind of pollution. Scientists believe that if a change in the behavior and sound of birds can be felt within a few months, then if the same environment is found for a long time, then how much will the entire living world benefit. The world can be filled with melodious sounds. If sparrows are starting to sing new songs in San Francisco, then obviously, in other cities of the world, birds will also produce sweet sounds.

Research also indicates that stress levels in birds will decrease, leading to longer life, especially in urban birds. Studies related to the birds that

live in the village suggest that their sounds remained the same before and during the lockdown. Another positive improvement has been the increase in the number of people who enjoy birds in their courtyard or garden. Of course, the happiness of birds will be useful not only to them, but also to us humans; will also become a medium of happiness, peace and positive change in our lives.

The misfortune of our lifestyle is that the sound of birds is far away, we are also deprived of the first rays of the sun, because we do not wake up even at the knock of the

sun, then we fall asleep by turning the sides of the bed. It is a worrying point that where does the sun come down in the courtyard nowadays? The man surrounded the land with such high walls and made it tangled, whether sunlight and light, air also has to find ways to enter. Neither an open courtyard, nor an open roof, nor open windows, nor open doors, how could the shining sunlight and sweet sound of sparrow come in?

Conditions associated with a convenient and materialistic lifestyle are more deadly and life-threatening than the corona epidemic, if research is done on it, the results will be more alarming than the changed sound of the sparrow. Corona outbreaks and survival conditions have sent a big message to our lifestyle that the corona is time-bound, but your chaotic lifestyle is permanent, neither eating at the right time, nor traveling, exercise, nor balance of work, no contact, cohabitation among

loved ones. Where are we able to gather birds in such a fleeing life and sunlight? Today's Lifestyle became such that man started doing everything to live but forgot the meaning of living himself.

The corona epidemic is a lesson in changing the lifestyle, being aware of the environment and nature. We have to be conscious about our body, mind, soul and nature. Everyone should take care of themselves and their loved ones. Adopt a healthy lifestyle, think well, forgive others, help others and trust in yourself. Do regular meditation and self-study. Learn to be equitable and comfortable. Take care of your loved ones. Keep nature, environment and surroundings clean. Take care of life only. By doing this, not only the sparrow, the sound and nature of all the birds will become pleasant, the whole life will come alive after the sun enters the courtyard. This is the moment that we have to understand, capture and live.

Central Public School organized a seminar on 'Construction of equity-oriented society for women empowerment'

Udaipur: The best creation of God is Manav. Who can express thoughts and feelings accurately? God created man and woman. Women and men have always been complementary to each other. Neither is less than each other nor more. If there is a feeling of harmony in both, they both become Shaktipunj, and if there is a lack of harmony, they become the cause of destruction. Women have an essential role in building a better society because it is the woman who grows up by raising children. Instead of working together with women, women divide their work by saying that such work belongs to man and something like a woman. From here, children create a sense of separation from each other, for which they themselves have to pay. The society in which men and women are educated, healthy, and respect each other's thoughts and feelings, the same company will be called a better society. Alka Sharma, Director of the Central Public Senior Secondary School, honored with the President's Award on Saturday in the seminar hall of Central Public



School, New Bhupalpura, to spread the thoughts of the Father of the Nation, Mahatma Gandhi, to the 'Equality-oriented Society for Women Empowerment' Expressed in the seminar on 'Construction.'

Sharma said that intending to establish peace worldwide, Gandhi is looking at the ideas with a hopeful eye. Who made a significant contribution to the freedom of the country walking on the path of truth and non-violence. It is because of Gandhi's

great ideas that the whole world sees him as a beacon. All of us should also imbibe the concepts of Gandhi and set a model in front of society.

Addressing the seminar, district convener of Mahatma Gandhi Jeevan Darshan Samiti, Pankaj Kumar Sharma, thanking Chief Minister Ashok Gehlot, said that Gandhi's thoughts had been the task of guiding the whole world. To reach Gandhi's ideas, village to village, Dhani-Dhani, Chief Minister Gehlot had decided to organize various programs throughout the year on the 150th birth anniversary of Gandhi, which was extended to two years. In this series, various programs are being organized in the entire state from October 2 to October 6.

Kailash Tamboli, Nirmala Meghwal, Poonam Panwar, Kamla Bai Mali, Pinky Meghwal, Feroz Ahmed Sheikh, Sudhir Joshi, Ashok Tamboli, Naresh Chittora, Bhagwan Soni, Sandeep Garg were present in the program.

Ankita Surana and thanksgiving letter Meenakshi Joshi conducted the seminar.

Collector talks for 'mass movement against Corona'

Udaipur: (Dr. Munesh Arora) As per the instructions of State Chief Minister Mr. Ashok Gehlot, District Collector Chetan Deora said in the Municipal Corporation Auditorium to convince the intention of 'mass movement against Corona' starting in October 2 in an open dialogue with various organizations and officers and employees, in this dialogue, all present in one voice assured public support and possible cooperation to follow the Corona Protocol to drive away from the Corona and run it as a mass movement. Things will change if we join hands: Collector. Addressing the dialogue program, District Collector Chetan Deora said that there had not been a big crisis like Corona on humanity in the last hundred years. Whoever is negligent, Corona catches it, and the situation will change in 15 days if we try not to wear masks and fold hands with someone who does not comply with the Corona protocol. He said that three mantras are to protect against Corona - wear masks, wash hands, and maintain social distance. On this occasion, he said that there is a need to unite for the people's movement against Corona, let us all together make everyone aware, and only then we

there is a need for people's support to make this mass movement a success. ADM administration OP Bunkar informed about the efforts to rescue the Corona in the district and called for the campaign to be successful. CMHO Dr. Dinesh Kharadi, Municipal Corporation Deputy Commissioner Anil Sharma, and a large number of enlightened people were present in the meeting. The enlightened people in the mass media have these views:

Ravindra Shirmali - If we all do not warn now, the coming generations will not forgive. All the councilors should inform the people in their wards.

Ramesh Singhvi - Everyone should cooperate for public awareness in Corona's rescue operation and make this campaign a success.

Mustafa Sheikh - Administration should maintain social distancing maintenance to shopkeepers and customers on the treads on Sukhadia Circle and Fatehsagar.

Manish Galandia - No association, no entry boards will be installed on behalf of the Hotel Association.

Yudhishtira Kumawat - Assures that the campaign will strive to fulfill the administration's expectations and make people aware.

Prem Shankar Shirmali - There is a need to maintain hygiene in food and drink, so efforts will be made to spread public awareness through Scout-Guide and NCC.

Ratna Mewafarosh - Anyone who does not follow the Corona Protocol should interrupt. If the Mask comes off, then the honor goes down.

Lokesh Gaur - Whatever responsibility will be given to the councilors, it will be fulfilled.

Arun Tank - When the public awareness has taken place, then the epidemic has fallen, we will all join together in this campaign, Corona can be banished.

Amardeep Singh Chawla - Like Sikh society, every society should convince its people through messages, and in 15 days, there will be a change.

Ashish Kothari - All social organizations should create awareness for corona rescue by distributing more and more masks.

Shilpa Pamecha - People's representatives follow the Corona Protocol and carry 10-15 masks in their bags and distribute whatever they see without Mask; some people will start wearing masks with this shame.

Nana Lal Vaya - Delhi Gate and Mukherjee Chowk Vegetable Market to control the crowd. I myself will present 21 thousand masks to the administration on the birthday of the son.

Surendra Pandey - If Bhamashah provides the cloth, the scout-guide will make a mask on his workforce.

Chogalal Bhoi - The poor people in the municipal corporation should be supported. Councilors will help the administration in this task.

Titu Suthar - Purchase five masks for just Rs 10 daily and keep them in your pocket; wear whatever you see in the market without a Mask; the Corona will run away efficiently.

Jaya Kuchro - Action is necessary against those who bathe in Fatehsagar. I will give 1001 masks on my behalf, along with preparing slogans and posters.

Sunita Jain - Slogans like 'two yards distance, mask required' should be written on the wards and significant intersections and think sensitively towards vegetable-handlers.

Mandot new chairman

Udaipur: The on-line annual general meeting was organized at the Zoom platform on the Udaipur Chapter of Indian Society for Training and Development Institute. In which Arun Mandot and Devarshi Vyas were unanimously elected as president and Secretary. All senior members attended the AGM. The outgoing Secretary of the chapter, Dr. Sanjay Jain, presented the report of the year-long activities. After that, the accountant of the chapter Kapil Sharma told about the year-long account of the chapter.

Dhyana Yoga : teaches the person the art of becoming free - Prof. Sarangadevot

Udaipur: SS Sarangadevot VC Janardanarai Nagar Rajasthan Vidyapeeth Deemed to be University is presiding over the one-day seminar organized by the constituent yoga department, said that yoga is often seen as a form of physical fitness or physical activity, but above all, it is a mental and spiritual practice that provides peace, self-confidence and courage to the person, one's body, mind, subconscious and shows the soul how to work effortlessly in a rhythm.

Yoga teaches the art of establishing an interconnection between man and nature. He said that there are four yoga disciplines, which include meditation yoga, bhakti yoga, karma yoga, kriya yoga, and eight branches, which include Yama, niyam, asana pranayama, pratyahara, dharna, Meditation, and samadhi. Pro. Sarangadevot said that Meditation is to be free from anger towards the past and past events and to give up plans for the future. When a person makes plans, he stops you from sinking from the depths of yourself and accepting the present moment, and each Meditation is to live the moment intensely. Deputy Registrar Riyaz Hussain, Dr. Kala Munet, Course Director Dr. Dilip Singh Chauhan, expressed their views in the seminar. On this occasion, Dr. Vinod Nair, Dr. Sanjay Sharma, Indralal Dasora, Deepesh Vats, Private Secretary Krishnakant Kumawat, Public Relations Officer Dr. Ghanshyam Singh Bhinder, and Dean Director of the department were present. Course Director Dr. Dilip Singh Chauhan said that Vice-Chancellor Prof. Ss Sarangadevot distributed tracksuit kits to yoga students on this occasion.

Inauguration of Jain COVID Home Isolation Service

Udaipur: To provide relief to global epidemic Covid-19 patients, the Jain COVID Home Isolation Helpline service has been launched on Friday. Rajkumar Fattawat, the convener of Mahavir Jain Parishad, a leading Sakal Jain society organization, said that Jain COVID Home Isolation would prove useful for providing relief to patients suffering from Corona. Under this service project, the patients will be provided with ten days of regular medical consultation, home isolation kit and medical counseling, medicines, food, and other facilities by the doctor to the home isolation COVID patients and people with close contact helpline. He said that pulse oximeter, digital thermometer, mask 10, antibiotic tablets, ivermectin tablets, vitamin C and zinc tablets, paracetamol tablets, ecological, ecosasprin, and steam capsules would be provided in

the home isolation kit.

Inaugurating the Jain COVID Home Isolation Helpline service project, Fattawat said that patients are day by day, in such a difficult situation, everyone has a determined request to protect the life of his and the front by applying a mask at all times. The Mask itself is Covid's largest vaccine. To get rid of this problem, everyone has to follow the Covid-19 rules. Our goal will be to extend our services to every affected patient and family of society. Mahavir Yuva Manch Sansthan President Mahendra Talesra, Bharatiya Jain Sanghatana President Abhishek Sancheti, Vice President Manish Galundia, Treasurer Yashwant Kothari, Sudhir Jain of Jain Jagriti Center, Hamendra Mehta, etc. were also present.

Dr. Shanti Kumar Sharma joins Director Research MPUAT

Udaipur: Dr. Shanti Kumar Sharma, Professor of soil Science, took charge as Director Research, Maharana Pratap University of Agriculture and Technology Udaipur. Earlier, Dr. Sharma served as Regional Director of Research, Agricultural Research Center, Udaipur. Dr. Sharma is the director of the Center for Organic Farming Advanced Faculty Training, run by the Indian Council of Agricultural Research, New Delhi, and is in charge of the All India Network Project on Organic Farming. He has 22 years of experience in agricultural education, research, and extension and has served as an additional co-director research charge.

Art and Culture Minister Dr. Kalla inaugurated Madhumati special issue

Udaipur: on Mahatma Gandhi's 150th birth anniversary special issue of the monthly magazine Madhumati (Gandhi Today) of the Rajasthan Sahitya Academy, Udaipur, was inaugurated on Thursday, by the Minister of Art, Literature, Culture and Archeology of Rajasthan Dr. B. D. Kalla through VC.

Academy Secretary Basant Singh Solanki said that in the wake of the Corona epidemic, the Gandhi Aaj special issue of the Academy magazine Madhumati was launched through a virtual medium. On this occasion, Dr. Sheela Roy, President of the Indian Society of Gandhian Studies, former Advocate General Rajasthan GS Bapana, Padmashri ornate chief Gandhian thinker Prof. Ramji Singh and Dr. S.N. Subbarao expressed his views on Gandhi philosophy and his philosophy, theory. Secretary Ms. Mugdha Sinha welcomed the guests and thanked Manish Kumar Sharma, State in-charge of Mahatma Gandhi Darshan Samiti. Madhumati Editor Dr. Brajratna Joshi Other Gandhian thinkers participated in the program. On this occasion, Dr. Kundan Mali, Dr. Jyotipunj, and Khurshid Ahmad Sheikh, etc. litterateurs were present in the office of Rajasthan Sahitya Academy Udaipur.

Being Manav incense sticks released

Udaipur: Being Manav incense sticks was released by the former district in-charge of Rotary Nirmal. K. Singhvi Being Manav Institute has been helping by collecting old items for the last two years by distributing them to the needy. The main objective of the release of Being Manav Agarbatti is to employ 20-25 women of the weaker section due to the economic downturn in the Corona period, and its benefits will be utilized for social work.



will be able to defeat it. Citing the example of the leopard and lamb race, Collector Deora said that the leopard runs for bread and the lamb for life during the meeting. In this, we see that life runs faster than bread. The same is true of Corona. We have to run faster for life.

During the meeting, Municipal Corporation Mayor GS Tank said that it is necessary to apply masks until they leave the house and return.

In the Chief Minister's VC, Udaipur district has been given the target of 2 lakh masks, while the district hospital needs ambulances, for this Bhamashah should cooperate. He said that to avoid Corona, people would have to curb the habit of sitting together and drinking tea. Up-mahapour Paras Singhvi said that it is our moral responsibility to save the lives of the people.

The administration is trying to keep people by risking their lives. In such a situation, public representatives will also have to make the mass movement successful. Corona will be avoided not by closing the shop, but by convincing the shopkeepers and stopping the crowd gathering there. Municipal Corporation Commissioner Qamar Chaudhary said that every person needs to start the campaign on his own before the city. If we intercept 5 to 10 people every day, then we will be able to stop it. To make children a medium of awareness and spread awareness through all their WhatsApp group. Zilla Parishad CEO Dr. Manju recently shared her experiences of Corona infection and told everyone to be cautious to prevent it. Urban Development Trust Secretary Arun Hasija said that Udaipur is a city where people help in times of trouble; now, once again,