

Taraash 2019 concluded with Kathak and Theatrical Performances

Performance oriented dance and drama workshop Taraash 2019 organised by Natyansh Society of Dramatic and Performing Arts concluded on June 09, 2019. Art for all and all for art was the basic theme of the workshop. The one month long workshop ended with 2 dance, 3 short play and 1 full length play. Program initiated with Saraswati Vandana prepared in Kathak workshop and then participants present two dances. First was dance-drama based on the famous incidents of lord Krishna such as 'Makhan Chori', 'Kaliya Mardan' and 'Goverdhan Parvat'.

The second performance was Ram-stuti which depicted the glorious character of God Shri Ram. Akanksha Dwivedi, Sangeet Prabhakar in Kathak, took the workshop and Yogeeta Sisodia assisted her. Both beautiful dances were performed by Bhavya Rathore, Jhanvi Choudhary, Lauren Jain, Kinjal Menaria, Isha Jain, Surbhi Jain, Ruchi Bilochi, Ashvita Lohar, Ayushi Jain, Ankita Shrivastava, Renuka Jajot, Rekha Sisodia, Krishna Kumar, Soniya Rajak, Pragadesh Pandya and Abdul Mubin Khan.

Theatre changes the way one look at life, and brings a sense

of discipline. It assimilates in itself performing art forms of dance, music, puppetry and more. With this motive Natyansh conducted workshop with students of Apana Janata Kendra. The main objective of this workshop was to take less privileged children to the mainstream and spread theatre arts. These students prepared play 'Aisa Bhi Hota Hai' based on cleanliness was prepared. The play started with public complaining on sweepers for not cleaning roads. Contrary to this, sweeper explains that he comes everyday and cleans but colony people put garbage after road cleaning. Written by Amit Shrivastava and directed by Agastya Hardik Nagda, who was assisted by Mohammad Rizwan Mansuri, play has created a solid impact on viewers. Play portrayed the scenario where people are keen to keep their homes clean but treats public property and places as garbage. Cast of the play were Komal Shrivastava, Harshita Padiyar, Divya Kunwar Rajput, Ashok Meena, Rahul Meena, Kusum Gameti, Kiran, Jaya Kunwar Rajput, Honey, Jay, Gajendra, Jayanti Lal Meena and Jashoda Meena. In this sequence Munshi



Premchand's famous story 'Eidgah' was performed by the participants of Sadri Haveli. It is a story of 4 year orphan boy Hamid who lives with his grandmother Amina. The story begins on Eid morning, poor Hamid doesn't have new clothes or shoes like other children had. He has only three paise as Idi for the festival, to spend in a fair. His friends spend their pocket money on rides, candies and buying beautiful colorful clay toys (Bhishiti, lawyer, policeman and a milkmaid). Hamid dismisses this as a waste of money for momentary pleasure. While his friends are enjoying themselves, he over-

comes his temptation and goes to a hardware shop to buy a pair of tongs. He remembers how his Grandmother burns her hand while cooking rotis. The story ends on a touching note when Hamid gifts the chimta (Tongs) to his Grandmother. At first she is shocked and annoyed by his stupidity that instead of eating anything or buying any toy at the fair, he has purchased a chimta. But then Hamid reminds her of how she burns her fingers daily, while making rotis. She bursts into tears at this and blesses him for his kindness. Amit Shrivastava converted the story into play. Role of

Hamid was played by Viha Moondra and Amina by Isha Jain. Directed by Rekha Sisodia and assisted by Abdul Mubin Khan other casts of the play were Dhani Jain as Sammi, Harshraj Singh Solanki as Mehmood, Divya Rathore as Mohsin, Akshil Jain as Noore and Pragadesh Pandya as Abbu and various shopkeepers. The next play was 'Rakh Sako To Rakho Pani'. Written and directed by senior dramatist of Udaipur Mr. Vilas Janve, play was based on severe issue of water. It was mixture of Aangik and Vachikabhinay. Through strong dialogue delivery and mime, message was conveyed to

audience. Play began with current scenario in which people waste water knowingly or unknowingly and ended with a dream in which many people were bathing in half a bucket of water. The wise use of each and every drop of water was the main theme of play. The artists were Anju Soni, Hansika Jain, Mohammad Tanzeem, Jatin Bharwani, Neha Shrivastava, Irshit Sharma, Kumud Dwivedi, Mahesh Joshi and Vallabh Sharma. While music was played by Bhuvan Sharma, and Kiran Janve took care of costumes and make-up.

The last performance was 'Ek Tha Gadhua Urfa Aladad Khan'. It is a serious comic genre theatre play written by well known writer Padma Shree Sharad Joshi. The play centres on the 'Nawab' who intends to become popular and famous at any cost. The play opens up with the mourning of Jaggu Dhoi whose dear donkey Aladad Khan is dead and the villagers tell the kotwal that a person has died named Aladad Khan. The kotwal in returns makes this as a huge issue and tells the Nawab that a very well known personality named Aladad Khan died in his village. As the Nawab discovers this fact he announces various

mega events in the name of Aladad Khan. He then declares a state mourning for Aladad Khan. Snow Nawab gets to know that it was actually a donkey not a person. What follows is not only a comedy of errors but also reflects on the present value system.

It is a comedy that tells the truth through intertwined stories. The play was much enjoyed by the audiences. Somewhere down the line it brought a huge smile on their faces as they burst out laughing at comical situations, it also somewhere told about the ill-fated situation of a common man in the society. Sensible acting skills along with a good presentation, the play received much appreciation of the audiences. Directed by Ashfaq Noor Khan Pathan, the major cast of the play were Bhavesh Suthar, Raghav Gurjargour, Chakshu Singh Rupawat, Priya Mishra, Dhruv Kumawat, Navika Talreja, Mahesh Joshi, Jeet Nebhanni, Sidhi Chabra, Darshil Sankhla, Kashika Sharma, Harshul Pandya, Sandeep Kumawat, Nandini Singh, Agastya Hardik Nagda, Irshit Sharma, Mohammad Rizwan Mansuri, Pari Hemnani and Shrushti Hemnani. Backstage activities were contributed by Akhil Nair (Stage Setup), Nayil Sheikh

& Yogeeta Sisodia (Make-up and Costume).

Taraash 2019 witnessed 100 participants, 350 audience, 10 faculties, 35 volunteers and about 50k social reach. The workshop Taraash 2019 organised by Natyansh Society of Dramatic and Performing Arts received support from Maharashtra Bhawan, Jatan Sansthan and Martand Foundation.

The program was graced by the presence of Shri Riyaz Tehsin (senior theatre artist and educationist of Udaipur), Shri Satishji (President - Maharashtra Samaj) and Shri Anil Joglekarji. Contribution received from Amarendra Singh Tawar, Navika Talreja and Arun Jain helped in successful completion of workshop.

Volunteers like Khushi Bhati, Khyati Bhati, Yogeeta Sisodia, RUBIKUMARI, Pooja Sharma, Pooja Kumari, Ayush Maheshwari, Akhil Nair, Nayil Sheikh, Ratan Sethiya, Khushboo Khatri, Shlok Pimpalkar, Vipul Chahal, Mantavya Suryavanshi, Satyajeet Singh, Disha Saxena, Milind Purohit were the backbone of the program. Their continuous effort cannot be neglected in Taraash 2019 success story.

GUZRE PAL



Zindagi ki Kitaab se kuch panne palatne ka mann kiya
Kuch ne khikhila diya, kuch ne num kiya
Bahut se kisse yaad aaye
Bahut si kahaniya yaad aayi
Kuch kisse ne zindagi ki ehmiyat yaad dilai
Bahut se purane dost yaad aaye to
Bahut si unki khatti meethi ladaai
Na jaane kyun is bhaga daud mein
Zindagi kahin peeche chut aayi
Saanse chal rahi hai
Dhadkane bhaag rahi hai
Par zindagi kyun ab lagne lagi paraai
Kabhi muskurahat thi zindagi
Aaj choti - choti baato mein dhoondti
muskuraahat hai zindagi
Ye safar bhi kuch ajeeb sa hai
Kahi khamoshi to kahi shor sa hai
Har pal har waqt
Kuch na kuchi badal reha hai
Jee lo jee bhar k kyunki dobara na milegi ye zindagi
- NEETU SIDANA

Sorry! Word which can make difference

"Sincere apologies are for those that make them, not for those to whom they are made." - Greg Le Mond

What make a good apology? Making a truly reliable apology is one of the most challenging relationship skills for most people, it is so very difficult to admit wrong doing or they can't keep their ego aside. When you say sorry to someone that doesn't mean that you are wrong that means that you value a person more than being right.

Take your time and think the purpose of your saying sorry. It's important to have the ability to recognize our own mistakes. (Nobody is perfect) we all sometimes hurt someone in some point in your lives.

But this is hard for someone to deem we all were thought that an apology should be an automatic response. Blaming on someone else is very easy. Making excuse on a topic is also very easy, but it is very difficult to blame yourself completely. I learn it from my childhood friend as we grew older we started competition and each other down and we always end up by hurting each other down and we never apologize that the reason why our friendship broke. Now I really wish I could go back in the past and fix our friendship, now I learned to apologize because this is the only quick fix remedy. It shows the acknowledge but also open the way to forgive, the sorry seems to tiny words but this is very powerful mantra.

So many people live their lives holding grudges when the truth is only one anger in them. Other simply gives up on them and moves on. But the power of 'I am sorry' can reverse years of hurt and a lifetime of guilt. It is that powerful and important.

For Royal Harbinger Call

Mangi Lal Purohit - 9024311494

Ryan conducted a workshop on Handling Teenage



Udaipur: "A Healthy Outside starts from the inside." Under the vision Health & Hygiene of our respected Chairman Sir Dr. A.F. Pinto a workshop was conducted by Dr. Sangeeta Gupta from Aravali Hospital on Friday, 28th June, 2019.

She enlightened the teachers regarding Teenage problems various Myths & facts, cleanliness of females. She also enlightened about a healthy lifestyles and being fit. The session was highly homiletic and was enjoyed by all.

Payal Prajapat - the girl who is breaking stereotypes!



Udaipur: Meet Payal Prajapat—the 12-year-old girl who is blazing a trail and going toe to toe with the boys on the football pitch.

Payal is one of the trainees at a Zinc Football School in Dariba Epicentre and the only girl in the team. It speaks volumes about her grit and determination that despite having to practice with the boys, she is a fierce competitor who is always giving her opponents a hard time on the field.

A powerhouse of footballing talent, Payal, who is a student of Class 7 at the Government Upper Primary School in Sindesar Khurd, is already impressing coaches and observers with her skills. Ask her how it feels to be the only girl in the team and she giggles and attributes it to luck!

In 2017, Hindustan Zinc's decision to open a football school in her neighbourhood came as a godsend to Payal who saw it as an opportunity to indulge in her favourite sport. She realized that enlisting a few other girls would make it easier for her to convince her parents to allow her to play. She even managed to bring around 3-4 friends but they eventually stopped coming owing to a variety of reasons - from helping their mothers in the kitchen, to assisting their fathers in the fields. Given the predominance of traditional values in this part

of Rajasthan, many parents also felt that football was not suitable for girls and discouraged their daughters from playing.

But none of these prevented Payal from pursuing her passion and today she is counted among the best—if not the best—player on the Sindesar Khurd football team. Even as her friends are engaged in household chores, Payal is busy giving shape to her dreams.

Jamuna Lal, Payal's PT teacher at school who has been tracking Payal's development, says: "Payal is always enthusiastic about going to the ground, even in this scorching heat. The Zinc Football initiative has opened a whole new world for her and I am certain she will bring glory to everyone."

Payal's father, Puranmal Prajapat, who is a driver in HZL, is pleased about his daughter breaking social stereotypes and is a pillar of support for her dreams. "Payal always attends school till 4 pm, and then runs to the playground, and at around 7 in the evening she returns home smiling with tales of the game from the ground," he gleefully says.

Tales of water Harvesting Save water, Save future

We have been using Water Harvesting system for the past 10 years. It had been very beneficial to us. One of the example is, our groundwater never dried and also the TDS reduced to a healthier number.

It was quite worrying to see the groundwater drying and poor water supply in many localities, apartments, and villages due to the rainwater being allowed to run off and not recharging the groundwater. We have 3 outlets, all on the terrace. These outlets merge with a single pipe which goes to the ground after three times filtration. Because of low TDS level, the usage life of sanitary wares had also increased. This is just a small contribution of us to save water. I emphasize the use of rainwater harvesting in every house and building. A small step like this would eradicate the scarcity of water from many regions. The credit of this goes to Dr. PC Jain, who guided and motivated us to install Water Harvesting System in our house. - Avnjain w/o Dr Sanddep Jain

Sohan Lal Chandalia Lived For the Nation and Donated his Body for it After Death

Setting a rare example Mr. Sohan Lal Chandalia, a resident of Kapasan Village in Chittorgarh district, who lived a life of devotion and sacrifice to the nation, donated his body to RNT Medical college after his death. He passed away on 9th of June, 2019 in the afternoon and as per his wish his family brought his body and donated it to the medical college for the students.

Kapasan was a village which gave quite a few freedom fighters. They include Ram Lal Talesara, Gheesu Lal Kothari, Bhagwat Singh Bhandari etc. Sohan Lal Chandalia was one of them but being associated with Communist Party of India he never accepted this title saying that the real freedom of the masses is yet

to come. Born in 1928, he was influenced by the environment in the family and the people around. His father Chhagan Lal Chandalia was a lawyer and had a great reputation in the area. He was influenced by the Congress ideology and leaders like Manikya Lal Verma and Mohan Lal Sukhadia frequently visited their home.

Being of a revolutionary temperament Sohan Lal Chandalia did not subscribe to Congress ideology and ran away from his home to Saharanpur to meet Subhash Chandra Bose. His close friend Udal Lal Chandalia, who too was influenced by communist ideology, helped him embark the train. At Saharanpur he came in contact with a socialist Sh. Mam Chand Sharma. To earn a livelihood he took a job in a private college. Due to his revolutionary views he could not continue his job. At Saharanpur there was an office of Communist Party of India. He started working there. While working there he came in contact with international revolutionaries and later he decided to go to South Africa. It was the beginning of 1947. Refugees had started arriving in India. Sh. Mam Chand and he disguised themselves as refugees and reached Bombay. In Thane he tried to contact revolutionary groups. Until some arrangement of travel could be made, he joined an electricity company to earn his livelihood.



While living in Bombay he wrote a letter which got leaked and the family at Kapasan came to know about his presence in Bombay. His brother in law and

Kanhaiya Lal ji of Kapasan went to Bombay to fetch him. When Sohan Lal Chandalia came to know about this he escaped and went back to Saharanpur. When he reached there curfew was imposed in the town. He was given shelter by a professor of Physics who asked him to stay with him and study. But he had different dreams. He started the work of Communist Party of India. His activities brought him in the eyes of police and CID which informed Kapasan police about his whereabouts. ON getting information about him freedom fighter Ram Chandra ji went to Saharanpur. When he arrives there Sohan Lal Chandalia had gone to the Railway Hospital with a comrade to get treatment for his eyes. As they came to the office of Communist Party of India located in a Muslim colony, Mr. Ram Chandra Somani met him and using the excuse of the illness of his parents brought him back to Kapasan. This was somewhere in 1948. There during elections he opposed Congress candidate in support of the candidate of Joint front.

Then he went away to Aasind and started work with Shanker Dev Bhartiya in peasant organization Kisan Sabha. A movement against Levy was going on. When Shanker Dev Bhartiya was arrested Sohan Lal Chandalia took the leadership and continued the movement. While working there he came in contact with Swami Kumaranand who was based in

Beaver and was organizing industrial labour. During the Peasant movement, they gheraoed the then minister Bhure Lal Baya. After some time, he went away to Bijainagar where he worked in trade union with comrade Badri. There he set up the office of Communist Party of India. A warrant was issued against comrade Badri so he had to go underground. The police threatened the labour and took away the flag of the party and forced the landlord to make him vacate the room where party office was made. Sohan Lal Chandalia worked day and night, organized the labour again and set up the office with a red flag again. Meanwhile Shanker Dev Bhartiya had been arrested again so he had to go to Aasind where he took up the work of Kisan Sabha. Poverty and constant struggle took a toll of his health and he had to go back to his village, where he stayed till his last. He worked for the masses. He was thrice elected a member of the municipality. He made an organization which works for environment conservation. He has pledged his body for the study of medical students. After his death the family honoured his wish.

- Dr. H.S. Chandalia

Doctors day celebration

Udaipur: The boys and girls along with staff members, principal Ms. Poonam Rathore & director Ms. Alka Sharma of Central public senior secondary school New Bhopal Pura visited JK Fortis Hospital Udaipur where they cognates and offered best wishes for their services to mankind on Doctors day. The students of the school Krishang Rathore, Jenab Turawala and Akshara Makhija drafted a statement for doctors recalling their great services to humanity and handed over to them. The children visited the hospital and greeted all the members present there and knew where about technical terminology and basic info about hospital, teachers- Baldeep Kaur, Anisa Bano, Neha, Manju Khaturia, and Hina Soni motivated the children for this program. Director, Smt. Alka Sharma told the students about the importance of the health service & work of the people associated with the medical department

5th International Yoga Day Celebrated at Seedling

Udaipur: 5th International Yoga Day Celebrated at Seedling Modern Public School. It's inception in 2015, June 21st is celebrated as International Day of Yoga all over the world. Yoga is an invaluable gift of India's ancient tradition which embodies the unity of mind & body, thought & action, restraint & fulfillment.

Yoga Day was celebrated by the faculty members of Seedling Modern Public School by performing various Yoga Exercises. The session began with a few warm up stretching exercises followed by deep breathing exercises of Pranayama namely - 'Bhramari', 'Anulom-Vilom', 'Kapalbhati', 'Bastrika' etc. The importance of these exercises was explained by Ms. Kavita Jain (Yoga teacher) & M. S. Shradha Bhatnagar (CAIE Head) They said that it is not about exercise but to discover the sense of oneness with yourself, the world & the nature.