

BE FOCUSED – KEEP DESIRING & KEEP PROSPERING!!!!

- Dr. MehzeenSadiwala

"What you seek is seeking you."
RUMI

I love this so much! First of all, it's true. And also: it's more fun to believe that what you seek is seeking you. Your desires are divinely inspired. You wouldn't have had the desire in the first place if nature didn't put it there.

In many ways, the "what you want will find its way to you" notion, we channel all our stress and anxiety and actually make that outcome less likely to happen. We push it away, scare it, and distance it from us. But if we shift our minds to a place of patience, to self-control, to complete peace with whatever outcome, we create the right environment for what we want to come to us, to attract it, and awaken it.

But for that to happen, we need to be at complete peace with ourselves and with whatever the universe will serve us. Being ok with whatever the outcome there may be, as indifferent as it may sound, actually makes it most likely for us to effectuate what we actually want. This is not an act of indifference or laziness. It's an act of working hard, remaining



focused, and staying present – and not to stress out over what might or might not happen.

Rumi's words are often mistranslated or misinterpreted. And while the title of this post (a Rumi quote) can be looked at from different angles, what you seek is seeking you. You just need to allow it to flow to you, painlessly and effortlessly.

The important step is to remember that it is your birthright to be happy and that you deserve to follow your dreams. Often we jump straight into goal setting and visualization but forget this critical step – remembering that all experiences, good and bad, have made you who you are, and that right now in this moment, you are worthy of achieving your goals. If this is a difficult step for you, it may be time to dive deeper into what blocks or limiting beliefs need to be dismantled in your life first. Plant this intention into your meditation practice by stating it in the positive as you meditate with a phrase based on your goal, like "I take excellent care of myself" or "I have a life and job I love" or even "I feel loved." This practice of stating your goal in the positive and present can rewire your patterns of thinking and indeed, help you manifest what you state.

MEWAR HI-TECH GROUP TO ACHIEVE 80 CRORES TURNOVER

Udaipur: Turnover of engineering company-Mewar Hi-tech Engineering Ltd is expected to be Rs 65 crores in this financial year and total turnover of the group would be around 80 crores. At the same time, the company is building a subsidiary BPO company for global expansion in this regard, the company's director ReenaRathore and VaibhavRathore told the company's business activities, future plans, social concerns and the introduction of the BPO company in detail to RH.

Company director ReenaRathore said that in the current financial year, the company's personal business is expected to be 65 crores and the business of the group is close to Rs 79-80 crores. She said that at present the company has achieved good results by making some technical changes in VSI and Kon. The company has achieved good business by opening at the office in Madhya Pradesh, Chennai, Kerala, Jhansi, and Karnataka. The company is also increasing the business in the North East region by increasing the network. The company got about 20 percent of the total business from exports. She said that this year, the increased prices of steel have passed on to the customers. Company director Vaibhav Singh Rathore said that the ban on Gitti has given rise to sand marking.



At the same time, up to 3.45 mm is being manufactured in the sand company's machines. This has given the company a great advantage. He told that the company benefited greatly from GST in the business, first VAT and excise and had to create different files of different departments, but now GST has become much easier. Another group company Rathore Infrastructure serves as a manufacturer and the unit is also used to show the company's machines.

ReenaRathore's participation

Company Director ReenaRathore is working as the head of Udaipur Women's Branch of LaghuBharti for the upliftment of women entrepreneurs in the form of social concern with the company's business. She said that women working in the industry like leather, pickle, padded and soapstone are associated with the institution. Women entrepreneurs are being benefited by meeting the departmental officials from time to time on behalf of the institution. She said that soon the students of Chittorgarh division are being organized on a large scale by the small industry Bharti. In this, the concerned minister will be called and will be interacted with the entrepreneurs.

Company to increase the business of BPO at the global level

Taking advantage of the government's IBPS scheme by the young director of the company, Vaibhav Singh Rathore said that he has opened a 100-seater BPO. This will enable the company to spread company's business globally. About 150 people will be employed in this BPO. In addition to the business of the company, other business activities will be given Communication support in BPO. Under this, the engineering expert, marketing expert and knowledgeable people of foreign languages will be employed in the company.

CELEBRATING WOMANHOOD by EWON and VOYLLA

Udaipur: All the ladies of EWON powered by CHICS CONNECT came together for celebrating womanhood, an event by EWON (everything a woman needs) and VOYLLA (fashion jewelry brand) on 29th September 2018 at Celebration Mall, Second Floor, Voylla Store. Voylla is fashion jewelry brand with 250+ stores across the country. EWON means everything a woman needs and is a membership program brought to you by CHICS CONNECT for bringing women best of the services for women at one click making their lives super easy and shopping super fun. Meet and greet with ladies from all domains, activities for

ladies and shopping followed by snacks. Founder and owner of various businesses assembled for this event. RoyaSoni, founder Gold n Blush, SangeetaDhar owner Innovating Hospitality, IshaniVerdia founder Flurn, KirtiChhajer owner Annaya boutique, Meghna Nahata owner Neev boutique, ShikhaPurohit founder Accentuate Design, SaumyaLuthra founder Paper Concepts, ManaliMethani fitness expert, KirtiIntodia owner Rootage restaurant, SonalAchha and Aruna Mehta owner Ombre Boutique, RashmiPrayani owner Dialogue Café, ParamArora blogger and owner Fdailydose,



AakankshaLuthra fashion blogger, ShwetalKandhari Founder Shwetal'sNirogDham, AnjuGiri Director SIPPL, MeetaKhaturia

founder Pinks and Peaches Studio, DivyaChhabra founder Simply Sweet, MuktaShrimali owner Fashion Closet,

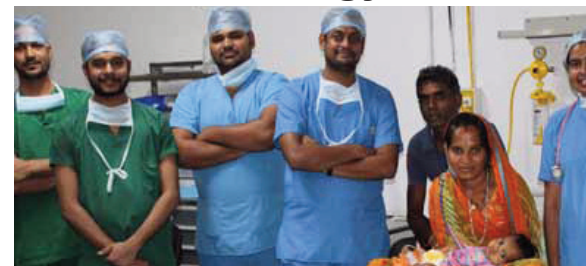
RaginiSuhalka owner Riddhom by Ragini etc. are the few amongst 200 talented ladies who made it super special with

their presence. HurratulMalekaTaj, founder EWON says that Main attractions of the event were : - Launch of EWON membership CARD - Jewelry gift to every woman who joined in by Voylla - Activity to express – What is their biggest power as a woman - New jewelry collection by Voylla - Meet and greet over snacks North and East Marketing Head for Voylla, Ms. VibhutiMunjial all the way from Delhi also graced the event with her presence. Bringing together women to share, connect and collaborate holds the main motive behind these activities by EWON.

Liver and Gastric Diseases related CME organized

Udaipur: Liver and Gastric related issues to be diagnosed with experts care along with advanced technology is most important nowadays! Valuable and newly introduced diagnostic and surgical options, best utilization, Critical case studies and medical experiences were shared in CME, which was organized by Gujarat's largest Corporate Hospital Chain – Sterling Hospital. Western India's renowned team of experts' i.e Dr. SudhanshuPatwari, Dr. Nilay Mehta and Dr. Hitesh Chavda, were eminent speakers of the event. Dr. SudhanshuPatwari, Gastroenterologist, stated that, The best way to fight liver disease is to prevent it. Diet, Exercise, and moderate/no alcohol consumption is the best way. Many people believe that the liver can only be affected by excess alcohol consumption. However, there are many other ways that directly affect liver. The modern lifestyle can be challenging for those, who are more dependable on processed foods, unhygienic or junk foods and uncontrolled food habits etc. To keep your body healthy, It is important to eat a healthy diet complete with green leafy vegetables and fresh juices. Processed foods are more difficult to digest and do not have the nutritional profile to support to maintain a healthy body. Moreover, whole food can help in making liver's job easier. Obesity plays a pivotal role in creating Gastric and liver diseases. If anybody has digestive problems, excessive weight, irregularities in food and lifestyle, that can help to alleviate liver issues. It is always recommended that people limit their alcohol intake so that their liver can function correctly, he added.

Dr. Hitesh Chavda, Hepato-biliary and Liver Transplant surgeon said that surgery of Liver itself needs high-end instruments and one-stop medical solutions. Liver Cancer, Liver Transplant and other critical liver related surgeries available at Sterling Hospital, Ahmedabad with all new techniques and services dedicated OT, trained staff, high-end diagnostic facilities, paramedical team and of course renowned team of Liver and GI experts. More than 200 specialty experts of Udaipur region were presented in CME. They had active participation in the session as well as in Q&A session after the event. Many of the participants had shared their experiences and types of critical cases also. In introductory session, Business head kalpesh Patel informed that treatment for liver cirrhosis, liver failure, liver-related complex problems and liver Transplant facilities are available in sterling hospitals. So far approx 25 liver transplants are successfully carried out. Diagnostic facilities like ultrasonography, capsule endoscopy, key advanced endoscopy and Interventional endoscopy procedures like POEM, Esophageal banding, and Sclerotherapy for variceal bleeding, Esophageal stenting, EGD, ERCP, EMR, ARMS, STER are available at Sterling Hospital. About today's CME, we have received many positive reviews from Udaipur doctor fraternity.

Successful operation of a four-month baby girl with new technology in PIMS

Udaipur: Physicians in the Pacific Institute of Medical Sciences (PIMS), Umrada have successfully conducted a successful operation of a four-month baby with new technology.

PIMS chairman AshishAgrawal said that a baby Madhi of four months was brought to the Pacific Hospital in critical condition. Dr. VivekParasar immediately admitted her after seeing her serious condition. Paediatric Surgeon Dr. PravinZanwar tried his best to get rid of the pus through the baby's chest, but the condition did not improve. Later with Video Assisted Thoracoscope pus removed. With this new technique, the puffed pus was removed by putting a telescope through the stereoscope. Dr. PinuRanawat and Dr. Himanshi Malik gave an in-depth insight into the operation. The baby is completely healthy and has been discharged.

'Jashn-E-Parwaz'

Hindustan Zinc in association with Srajan the Spark to organize the 4th chapter of Jashn-E-Parwaz on 28th and 29th September, 2018 at Lok Kala Mandal, Udaipur. Jashn-E-Parwaz is an event inspired by the famous poet ShaileshLodha. A press conference on this event was conducted on 25th September, 2018 at Hindustan Zinc YashadBhavan. The conference was attended by CEO, Hindustan Zinc – Mr. Sunil Duggal, CFO, Hindustan Zinc – Mr. Amitabh Gupta, Chairman Srajan the Spark – Mr. P.S. Talesra, Secretary Srajan the Spark – Mr. Abbas Ali Bandoorkwala, Chairman Jashn-E-Parwaz Chapter 4 – Mr. G.R. Lodha print & electronic media of Udaipur and employees of Hindustan Zinc.

Srajan the Spark nurtures, promotes and develops the cultural heritage through organizing the events featuring Ghazals,



Classical vocals, instrumental music and so on.

The event night will be graced with the magnificent performance by the Padmashree ghazal singer, PankajUdhas on 28th September, 2018. PankajUdhas, the Bollywoodghazal legend is known for singing mellifluous melodies like ChithiAiyaHai, Dillagi, Na Kajre Ki Dhar and so on. This event will be followed by a poetic symposium - 'All India Mushaira' on 29th September, as a confluence of art lovers and bards. This will be the third edition of the symposium.

Mr. Sunil Duggal – CEO HZL said, "We, along with cultural institutions like Srajan the Spark, aim at making Udaipur, the culturally rich global music hub. Our vision is to make Udaipur recognized for its Music University in the world which will include music maestros and experts coming from across the globe who will train the students." "Like how Jaipur is known for its literature festivals, we would want Udaipur to be globally recognized as the cultural centre of music festivals," said Mr. Amitabh Gupta – CFO HZL. Mr. Talesra thanked Hindustan Zinc in helping Srajan the Spark, grow and sustain throughout its journey. "Hindustan Zinc through its such interventions has always worked towards promoting India's cultural legacy of art & music and this is one of our efforts to conserve our culturally rich her-



itage" – Mr. PavanKaushik – V.P and Head Corporate Communications HZL.

This year, 'The Srajan Lifetime Achievement' Award will be presented to ShriYogeshji who is the man behind the lyrics of famous movies like Anand and Rajnigandha. The Hindustan Zinc – Srajan Award 2018 will be awarded to the Prominent Music Director Duo – Anand&Milind, who have composed over 200 Bollywood songs. The other recipients of the Srajan Kala Prerak Awards, for their commendable work are: Srajan Amir Khuro Award – Ghalib Institute, New Delhi, Srajan V.D Paluskar Award – Meera Kala Sansthan, Chittorgarh, SrajanKhemchandPrakash Award – KaustubhPingle, Dubai, SrajanOmkanath Thakur Award – Pt. BhavdeepJaipurwale, Mumbai & Srajan Kamal Kothari Award – RiyaA Tehsin, Udaipur.

Underlining the Needs for Representation in Power

Udaipur: Udaipur, Pali, Sirohi, Rajsamand, Dungarpur, Bhilwara, Chittodgarh and Pratapgarh districts of Southern Rajasthan participated in the Enlightenment Conference of All Saini Mali Society organized at Ashoka Green Palace, located at Shobhagpura hundred feet underlining the needs and the representation in power

former Divisional Commissioner O.P. Saini appreciated the efforts of the youths to bring all the branches of Saini Mali society Phoolmali, Rajmali, KaharBhoi, Sagraanshi, Oneamali etc. on one platform and said that uniformity of the society is certainly in the right direction for getting political representation inside Southern Rajasthan

KailashDholakia of the society said that it is disappointing not to be one of the 44 Assembly Constituencies of 9 districts represents Saini Mali Society. He demanded that youth of Saini Mali society should be given tickets in the forthcoming elections.

Dinesh Mali of the society said that any route from all the districts of Rajasthan should be named after JyotibaPhule. He also explained the need for special holidays for the state holiday on the birth anniversary of SantJyotibaPhule.

The convener of the conference Pravin Ratalia said that under the land revenue rule 1963, 5 bigha land should be given free of cost to the society. Ratalia also demanded the grant of Bharat Ratna to Jyotiba Sahib.

