

PURPLE RUN – Udaipur's Biggest Running Event

Udaipur: The Celebration Mall turned to FORUM Celebration Mall this year. It is now a part of FORUM Malls, a Prestige Group Enterprise which owns and manages more than 7 shopping malls in 6 different cities of India.

In the year 2017 Forum started "Purple Run" with an aim to create awareness about Alzheimer's disease. With more than 10,000 runners across the country, the event was an instant success among health enthusiasts. Now in 2018 with the advent of newer dimensions to the largest mall of Udaipur, FORUM Celebration Mall along with 6 other malls across the country are going to organize this year's Purple Run on 30th September 2018. This is planned to be Udaipur's Biggest Running event with more than 2000 runner across 4 different categories running to create awareness about Alzheimer's.

According to the Alzheimer's Association, Alzheimer's is a type of dementia that causes problems with memory, thinking, and behavior. In its early stages, memory loss is mild, but with late-stage Alzheimer's, individuals lose the ability to carry on a conversation and respond to their environment. Symptoms usually develop slowly and get worse over time, becoming severe enough to interfere with daily tasks. The stats suggest, in India more than 4 million people suffer from some form of dementia and it's the 5th leading cause of death in people over 55 years of age.

We the people of Udaipur shop and have a gala time at the Forum Celebration Mall every time. Now, it's our turn to make a mark in Udaipur's history. It's time to make it BIG by participating in Purple Run. Anyone and everyone can be part of Udaipur's biggest running event. With 4 running categories, you can participate in either competitive or non-competitive races for 3km, 5km, 10km, and 21km. This year, the Purple Run will target more than 20,000 participants running across 7 malls in 6 cities for the same cause on the same day.

This is a beautiful initiative taken to preserve the beautiful diminishing Mewari language. It will help all the people who are interested in the culture of Mewar and its language and through this, the culture and language of Mewar would be eternal forever.

"GMCH Performs the first Lung Cancer Surgery"



Udaipur: Geetanjali Medical College & Hospital's Oncology Surgeons Dr. Ashish Jakhethiya & Dr. Arun Pandey have successfully performed the first Right Upper Lobectomy (surgery for cancer of lungs) recently. The surgery was done on a 55 years old male hailing from local district, who was suffering from third stage cancer of the right lung which was initially treated with four doses of neo adjuvant chemotherapy. A lobectomy allows you to take the entire lobe and all the lymph nodes that drain that lobe. The lobe containing the tumor was removed. It was performed as an open surgery, with an incision in the chest. This has been claimed as the first successful surgery for lung cancer in Southern Rajasthan. In most of cancer centers, the lung cancer is mostly treated with either chemotherapy or radio therapy because of lack of expertise to perform the surgery. But, the team of experienced onco surgeons of Geetanjali Cancer Center made it possible.

The team of doctors involving the two onco surgeons also included anesthetist Dr. Naveen Patidar who provided with single lung ventilation using double lumen endotracheal tube. As the inflation of lung during ventilation interrupts during the surgery, single lung ventilation was used.

"The surgery lasted five hours in which along with the lobe containing the tumor was removed. Since, the cancer was spread over in right upper lobe covering the chest wall and starting ribs, so they were also removed in this surgery. In the same span time the chest wall was reconstructed and more than 60% of right lung was preserved. The remaining upper side of right lung was also filled with mesh. Due to this procedure only the affected part of lung was removed and not the entire lung. Faster recovery and mobilization of the patient helped him to resume back to his normal daily routine life in lesser time", said Dr. Ashish & Dr. Arun.

The patient Hagma, 55 years old male, reported with symptoms of cough and chest pain. On consultation & further scans and a biopsy, fourth stage cancer in the right lung was confirmed. The size of tumor was as large as a grape measuring 7 x 7 centimeters. The patient recovered well and has resumed back to his normal routine life. The patient was treated free under the flagship scheme of Rajasthan Government's Bhamashah Swasthya Bima Yojana (BSBY).

Foundation laid for new ecotourism destination: Pratap Van

Udaipur: State Home Minister Gulab Chand Kataria today laid the foundation for a new ecotourism destination called Pratap Van.

Pratap Van will be developed by Forest department at Dheekli Road, Googla Magra. The destination will come up with financial support from Udaipur Municipal corporation in a 30 hectare forest area.

Trees of Neem, Banyan, Amaltas (Cassia Fistula), Conocarpus and others were planted for improving the greenery in the area.

Kataria urged the department to ensure that greenery is maintained in the area and also that adequate safety measures are taken for tourists.

Deputy Forest Conservator, O.P. Sharma said that the park will have two view points for tourists, benches, eco-trails, children park and a main gate as part of this project.

Emotional Freedom Techniques, or EFT now in Udaipur



Udaipur: Emotional Freedom Techniques, or EFT is a universal healing tool that can provide impressive results for

physical, emotional, and performance issues. EFT operates on the premise that no matter what part of your life needs improvement, there are unresolved emotional issues in the way. Even for physical issues, chronic pain, or diagnosed conditions, it is common knowledge that any kind of emotional stress can impede the natural healing potential of the human body.

In many cases, EFT can be applied directly to physical symptoms for relief without

exploring any emotional contributors. However, for the most powerful, longest lasting results with EFT, we do expect to identify and target related emotional issues. The EFT premise also includes the understanding that the more unresolved emotional issues you can clear, the more peace and emotional freedom you will have in your life. EFT can be an ongoing process that we use to clear out the old traumas, and welcome any new challenges with a healthy, productive attitude.

We welcome anyone and everyone to use these tools for as much peace and freedom as they can imagine. EFT Tapping Often Works Where Nothing Else Will. EFT breathes fresh air into the healing process by borrowing from the Chinese meridian system.

While acupuncture, acupressure have been primarily focused on physical ailments, EFT stands back from this ancient process and points it also at emotional issues.

These, in turn, often provide benefits for performance and physical issues.

EFT combines the physical benefits of acupuncture with the cognitive benefits of conventional therapy for a much faster, more complete treatment of emotional issues, and the physical and performance issues that often result. While related to acupuncture, EFT does not use needles. Instead, we use a simple two pronged process wherein we

(1) mentally "tune in" to specific issues while

(2) stimulating certain meridian points on the body by tapping on them with our fingertips.

Properly done, EFT appears to balance disturbances in the meridian system and thus often reduces the conventional therapy procedures from months or years down to minutes or hours. The basic Tapping process is easy to learn, can be done anywhere, and can be used to provide impressive do-it-yourself results.

Distribution of essential items for cleanliness and health



Udaipur: Jain International Trade Organization Jito Udaipur ladies Wing provided the essentials of cleanliness and wellness at Government senior higher secondary school Pratapnagar School.

Program coordinator Manju Fattavat and Sonal Singhvi said that 110 students were benefited with school uniforms, shoes, socks, nail cutters, water bottles, shampoo, soap, oil, toothpaste, and napkins etc.

Vijayalakshmi Galundiya informed that girl students were told about their rights so that they could understand the right and the wrong along with self-defense. Students were told about the daily routine from morning to evening.

Asha Kothari, Sangeeta Jain, Vijayalakshmi Ranka, Urmila Nagori etc. were present on this occasion.

Nine painters give the message of 'Save Tiger'



Udaipur: On the occasion of 'International Tiger Day', the painters of Maharana Mewar Vidya Mandir gave a message of 'Save the Tigers' by creating posters through colors and paintings. On this occasion, an exhibition of children's paintings on 'Save the Tiger' was organized in the school. Pictures of the tigers were taken during the wild excursion by the photographer Niramaya Upadhyaya.

Swearing-in ceremony of a newly elected student council



Udaipur: Swearing-in ceremony of newly elected student council for the session 2018-19 was conducted at Maharana Mewar Vidya Mandir School.

Principal Sanjay Dutta and Chief Guest Priyanka Jodhavi (Registrar, Maharana Pratap Agriculture and Technology University) administered the oath to the selected students of various classes.

13th Kavad yatra meeting organized

Udaipur: Shiv Mahotsav Samiti on Sunday, under the chairmanship of President Yagn Narayan Sharma, held a



meeting at Gangukunda regarding Kavadyatra. Sharma said that as usual, the 13th Kavadyatra will commence on 16 August from the Ganga's fourth feet Gangukunda to Umeshwar Mahadev. Kavaya will fill the water from the Gangukunda and perform Jalabhishek of Ubeshwar Mahadev through different directions of the city.

Spokesperson Krishnakant Kumawat informed that a

seven-day Kavadyatra Festival will be organized from August 10 to August 16, for which meetings of city's political, social and various societies is scheduled to be organized in the fourth coming days.

Naresh Vaishnav, Suresh Rawat, Mansingh Hada, Neeraj Batra, Krishnakant Kumawat, Yashwant Chaudhary, Mahesh Chandra Nagda, Sudhir Dutt Vyas, Prahlad Suthar, Gopal Krishna Rawat, Bhupesh Vyas, Pravin Udichi, and Bhagirath Jodha also shared their views in the meeting.

Human and animal feces, garbage, encroachment are stains Mehta

Udaipur: To make the inner city smart, it is necessary to remove the privies, stables and save the Ghats from private encroachment, human and animal defecation. This suggestion was expressed on Sunday in the Lake Conservation Dialogue. The dialogue was organized by Jheel Mitra Sansthan, Lake Conservation Committee, and Gandhi Human Welfare Society.

Dr. Anil Mehta said that the world is seeing Udaipur as the best city, whereas in many places in the real world, open defecation is still open, garbage is being immersed and animal owners are increasing their livelihood on the streets, accidents, and dirt. These spots will have to be removed.

Tej Shankar Paliwal said that the process of making the inner city a smart city is underway. It is important that the Ghats be freed from encroachment and dirt. Paliwal said that it is very necessary to shift the cattle owners of the inner city to the periphery control area.

Nand Kishore Sharma said that people are immersing their pets on public roads. Animal feces are very dangerous for human health. Microbial germs present in them are more dangerous than human stools.

Prior to the dialogue, dirt, wastes and human and animal feces were removed from Chisholm near the Chandpole Door. Drupada Singh, Durga Shankar Purohit has contributed a lot in Shramdan.

Support for film city in Lake City

A letter was written by the Department of Revenue and Vigilance

Udaipur: Akhil Rajasthan film sangharsh Samiti is getting immense support from the public for establishing film city in Udaipur.

Committee chief and line producer Mukesh Madhwani told that the committee has sought the support of people of the city on demand of film city in Udaipur by putting pictures of the production of films on Facebook, Online, WhatsApp and other digital media.

He told that the Committee has submitted memorandum to the State Revenue Minister, Amararam, on which the minister has directed the Revenue Secretary and Vigilance Department for appropriate action.

Eye donation resolution by 233 plus citizens

Udaipur: Rotary Club Panna organized a camp at Shree Jhulelal Seva Samiti in the Ashoka Green Palace, situated at 100 feet Road, in which 223 people filled a resolution form for donating eyes glow to the blind.

Club President Tarika Bhanu Pratapsingh said that enthusiasm about eye donation resolution letter in the people who



came to the ceremony excited us. On this occasion Bhanu Pratap Singh Dhaybhai, Secretary Kamal Gaur, President of Rajasthan Sindh Sahitya Akademi and Minister of State Harish Rajani, Dr. Ashok Barawa, President of Ophthalmology Department of MB Hospital, Mukesh Madhwani, Outgoing President Rakesh Sen, Shailendra Gurjar, Naveen Jigger, many members, and dignitaries were present.

Model Manish Rajawat won the Mr. India Super Model 2018

Udaipur: Model, Manish Rajawat has illuminated city's name at the international level by winning the title of Mr. India Super Model 2018, in the world-class competition organized in Malaysia.

Rohit Kothari told that the tournament was held in Malaysia in which 30 participants from across the world were

selected. Manish Rajawat illuminated the name of Mr. India Supermodel in the battle of finale illuminated the name of Lacity in the world. Manish Rajawat has also won the title of Mr. India Best Ramp Walk, organized by R K Castings earlier.



Saurabh Jain becomes chairman and Paritosh secretary



Udaipur: The annual general meeting of Udaipur United Round Table 234 was organized at Fateh Safari Lodge located in Kumbhalgarh. In which Saurabh Jain elected as President while Paritosh Mehta as secretary for the year 2018-19.

On this occasion, the additional chairman of the additional board, Kapil Surana, Vice President Hussein Mustafa and Arpit Khathuria was appointed as the governor.

Prior to that, the work done by the table was presented by the outgoing President Kapil Surana. At the function, Saurabh Jain released this year's new theme, "Gather We Are One," and gave information about the service activities to be filled in the year round.

Two-day Exhibition of Blossom Fashions and Life Style concluded

Udaipur: Keeping in mind the increasing trend of fashions and life styling in the youth by Blossom Events and M Square Productions and Events Company, organized a two-day exhibition of all types of garments made by celebrity designers at Hotel Golden Tulip, Sardarpura on July 27 and 28.

An exhibition was inaugurated by the deputy mayor of Nagar Nigam Lokesh Diwadi.

Khushboo Surana and Babita in a press conference organized to brief the details said that this exhibition will be full of fashion festivals and lifestyle textiles. For the excellence of the city and the amusement of fashion, this event will be held from 11 a.m. to 9 p.m. on the 12th edition of the two-day zodiac sign of different fashion, festivals and lifestyle engagement.

M. Madhavani, M Square said that keeping in view Rakhi and Teej festivals in the exhibition, this time more popular designs will be displayed by more than 40 Exhibitors. In this show, you will find Rakhi and Teej special aesthetic wear, authentic jewelry, real and fashion jewelry, gown, western wear, gotta leaf sari, tunic and suits, hair accessories, home decor, special and trading packing, handbags, bad lines, A great range of kids wear, gift items, etc. will be displayed. Khushboo said that exhibitors are coming from different places of the country in this exhibition.

Amit Shah to visit Udaipur on 4-Aug

Udaipur: BJP national president Amit Shah will be visiting Udaipur on 4-Aug to flag off BJP's election campaign in State for the upcoming Assembly elections.

Chief Minister Vasundhara Raje will be starting off her campaign with Rajasthan Gaurav Yatra on 4-Aug from Charbhujia in Udaipur division. Amit Shah will be present during the occasion and will flag off Raje's election drive.

BJP plans to organize various programmes in the State over the next two months and it has been informed that Amit Shah might come back again to the State in September. In his September visit, Shah will address conference of convener of Shakti Kendra. Shakti Kendra units have been set up by BJP at every 6 to 10 booths.

Narayan Seva Sansthan to develop and install Artificial Limbs at free of cost

Udaipur: Narayan Seva Sansthan – a non-profit organization today organized an Artificial Limb Measurement camp for differently-abled individuals at Jaipur. The camp was organized to measure size of the artificial limbs, which will be developed after customization and will be installed on the individual differently-abled beneficiaries. Over 50 differently-abled participants were measured for the artificial limbs. A team of 5 doctors conducted the camp which first diagnosed the feasibility of artificial limbs and then measurements were taken for customization of artificial limbs.