

& Much More

The Panacea to the biggest Puzzle—LIFE

What is up with you people these days?

If something goes wrong in your life, why is it that you have to shriek and grouch about it the whole time? And why is it that you have to sit with it the whole day?

Isn't it possible that you led yourself to where you are right now? Why rue now when you never realized the value of time? Why is it that you need a doctor and his prescriptions for overcoming the problem? Why is it that you have to hark at the useless people in your life who are just there to laugh but not support you through tough times?

YOU ARE THE SOLUTION .

Yes! You read it right. Let's make it simple to understand.

In life, we have done deeds which licenses life to be mad at us. We have not done adequate actions to be at the other side. Greatness can be achieved if one perceives responsibility. Responsibility of your life, of your state of affairs is the key to greatness. It is not important to be weak. It's not a swag chore or a characteristic to be proud of. Then why to reflect yourself as a weak individual. There's a term called 'development'. And it has various branches to its name. What I'm scripting about is—PERSONAL DEVELOPMENT.

I QUIT! I'll QUIT! This isn't my cup of tea! These are just phrases, to stash emotions and feelings; to become superior and astute over people. It brings goosebumps to hear life stories of successful people but it brings courage to follow the path which they walked on. It brings self discipline to be on the other side of failure, forsooth. Self analysis is a requisite. What you can teach yourself can't be taught via speeches, videos, books etc. You are special! Oh yes you are!

Why are afflictions there in our lives? Why? This is the question we ask, face up towards the sky or probably the ceiling of our room. I ask you why is this 'why' so important? You are the chosen one, for something in life and that's defi-

nitely unique to the world. MS Dhoni is MS Dhoni, no one calls him Sachin Tendulkar

Lionel Messi and Cristiano Ronaldo are the two most talked about footballers because of how they play. Yet neither of them is a copy of another?

Mark Zuckerberg is the co-founder of Facebook and Mr. Sunder Pichai is the CEO of Google. They both work in same competitive world, same country but none of them is equivalent to another. Both of them have created this juncture of fate on their own and through various highs and lows of life. I have a list full of names which are undoubtedly much popular right now. But hey? They all are individuals and are original to the world. They are not carbon copies of people which they admired throughout their childhood. They admired to be like them not to develop as them. Understand the difference. This is what we lack, the deficit of understanding even the simplest of things life teaches us. None of the above mentioned ever ceased working in the direction of their dream and fostered opportunities for reifying greatness. We breed complexities in life. We seek to engender more difficulties. We tend to do it so that we can indeed be full of tribulations and think of becoming triumphant.

Just by reading stuff and listening to stories doesn't signify you have to follow the tack topped up with hurdles, I mean if that is the case we all could be poor or rich at the same time. We all could be impaired or debilitated.

Destiny is certain by what Karma we have engaged in. Karma is a bitch, we all hit our social media stories with this quotation but we fail to remember that it is what we have concluded. And why to whine when you are enduring? Karma is not only relateable to the negative work which we did in our entire life or the previous one. The amount of goodness and badness in your work, your daily life matters. Karma will hit you back in the same manner. Everything is evident from the concept of Karma. It starkly untangles the fact that we are the culprits and we should stop complaining about activities going wrong or not working in favor of us. One more issues which makes us even more weaker is—FEAR.People tend to fear from being judged, fear from being rebuked, fear of—failing, embarrassment, rejection, expressing, abandonment, loss.

Now tell me of how much importance is this in your life? Like being judged can never take away your identity. Its the confidence that matters, rest all is bullshit. If someone judges you then it is there problem, they are losing a special person in their life, big deal! Failures are mandatory. In recent years, I have realized the importance of failing. It makes you a good learner and a better executor. Fear of relationships, love, family members, teachers, friends are definitely some sort of a concern to us. But mark my words, only your parents and a few trust worthy friends will be valuable to you throughout. If you start to have feelings of trepidation then you'll end up being alone. The greatest possibility in being honest, straight-forwardness is that the other person might get angry/serious or be in panicky state. The silent killer is the fear of the UNKNOWN. This manifests as a needless worry about all the negatives that could happen to us. If you decide to change, you can. The first step is to identify your fear and weakness. Just by identifying your fear, you are half way there my friend. Half way to conquer your fear/weakness. Doctor's prescription will act as an antidote to your concerns for maybe a while but not forever. What truly acts as an antidote is your 'actions'. Failure is not as catastrophic as you ever imagined. Soon you'll be realizing as to why successful people are winners. They learn from their failures. Decisions in life matter but there is no logic behind a good decision or a bad one. Good decisions consumes lesser time but tends to be marginal in erudition. The bad ones, on the other side provides you with moments of learning and experiencing life at a very closer angle.

Fear is the biggest weakness which one should overcome as early as possible in life. As we grow into an adult and later with greater responsibilities, we are until then in the habit of agitat-

ing so much and create dilemmas in life. Take responsibility of your life. You are the one who'll be living it. Why waste it by moaning and waning about the negatives when you can actually overcome and live happily and joyously.In life be the individual which the world knows and respects. Don't dream to be like your idol instead be one yourself. Don't become weak through all your hardships. Every morning you should be thankful to god to be given an opportunity to live in such circumstances as this is which will make you an icon of

Self-confidence is the common sense here. People high on it are successful. That doesn't mean they are never afraid. Nope! They are just high with self-confidence and act upon their aversions and fears. Stand in front of a mirror. Eye contact yourself and delete all the negativity inside

Please never forget the importance of any problem in your life. If you take responsibility and challenge the problem, be brave enough to fight through it to become a winner, no one could

You, my friend will be the future, the world wants. Every human is special and so are you, so put up a smile while you end up reading this line.

"SOUL CONNECT"-Through divine morning Music



I have been receiving invitations from Ms. Mita Kapur, CEO, Siyahi, Jaipur to attend their venture "SOUL CONNECT" for last few months

SOUL CONNECT is a morning music concert powered by Department of Tourism, Government of Rajasthan and is an initiative of Siyahi supported by the Raghu Sinha Mala Mathur Charity Trust, and Rajasthan Forum.

This Sunday I was in Jaipur and grabbed this opportunity to visit Mandir Shri Baldev Ji, Opposite Jal Mahal, Amer Road. I went with Kathak Guru of Jaipur Gharana Harish Gangani and

my friend Durgesh Chandwani, a music lover. A bit far from the Pink city this temple is situated in a very peaceful atmosphere. Ancient Arches, big doors, tall trees, open space create very healthy ambiance. The random ringing of the bell temple supplements the ongoing concert. Last Sunday morning Pandit Alok Bhatt of Jaipur performed at Mandir Shri Baldev ji. The performance began with a rendition of Suryamangalashtakam in morning Ragas followed by Bhajan 'Prat Bhayo Jaago Yadurai'. He sang Bhajans of Meera Bai and Sant Kabir to allure the audience. This divine music concert was attended by a good number of music enthusiasts. He was accompanied by Anwar Hussain on Santoor, Muzaffar on Tabla, Ankit, and Rudraksha on Guitar, Sanjiv on Violin, Shalini on Tanpura and Brijesh on Manjira.

For last ten months, this series of concerts (SOUL CONNECT) has been organized in the old temples situated in Jaipur. These ancient Vaishanv temples are part of our cultural heritage but most of them are so neglected that they are not visited by devotees or common people. The vicinity of these temples has ample space to accommodate good gatherings of people as they were activated in the past history. Nowadays the plight of temples is not encouraging. Many people who dwell in Jaipur do not know about these temples. Some of them have the threat to become Addas(place of anti-social activities).

In order to save these ancient heritage temples and promote healthy and divine cultural activities, Mita Kapur and Vinod Joshi started this event of morning music concert with the name "SOUL CONNECT". After the concert, I had informal chat with Mita and Vinod and congratulated on their initiatives and knew how they worked on this project. Initially, such projects face organizational problems. But slowly things get settled and like-minded people also start supporting such positive activities

Normally music concerts are organized in the evenings or nights. Morning Ragas are very rarely sung and played, hence this new venture would give impetus to Classical and Semi Classical musicians at the same time it would create an opportunity to music lovers to listen to Morning Ragas in life and on the top, it would also make the old temples more visible and active. Many of them will get good maintenance. Truly speaking "SARVE BHAVANTU SUKHINAH"...

I wish such initiatives should be given encouraged. Even Devshtan Vibhag should organize or at least support such ventures. I have attended few Music concerts at Shri EklingNath ji Temple but only on Guru Poornima. Such activities may get impetus if the Nagar Nigam and Urban Improvement Trusts also join hands with Devsthan Vibhag. Such experiments will provide great help to the neglected temples and also to the artists

Pairs Become Hamsafar



Udaipur: Life Progressive Society, organized fourth Sarva Dharma mass marriages in Bhandari Darshak Mandap on Sunday In which 11 couples tied a knot to live together.

Society's Sadar Dr. Khalil Agawani told that the collective procession came out at 9.30 in the morning, along with band baja, from the Dargah of Saudagar Baba located in Asvini Bazar. Dancing on tunes procession reached Bhandari Darshak Mandap at 11 o'clock, Where 4 Kaji Maulana Aas Mohammad, Maulana Zulkarnain, Maulana Raizul Qadri, Maulana Mutter Rehman performed Nikah ceremony marriage with rites and rituals of Muslim samaj. A number of quests were present at Aimer, Arifa Khan, former MLA Sajjan Katara, Vivek Katara, Ravindra Pal Singh Kappu, Igbal Sagar, Mohammed Shafir Chipana, Rajesh from Registration Office, Officers from Women's Child Development Office, witnessed the ceremony and offered their blessings. All couples will be given a plot of 500 sq ft in Colony near Kapasan All brides were given silver jewelry, chair, table, clock, press, bed, mattress, blanket, pillow, bed sheets, 21 pottery, wedding dress according to government rules.

Eleven couples got married in mass marriages from Ajmer, Dungarpur, Dhariwad, Kollari, and Udaipur. To make the event successful, Mustafa Raza, Akram Khan, Sajid Hussain, Shamim Banu, Salim Raza, Rabana Khan, Aziz Mohammad. Rafig Pathan, Yasin Banu, Majidah Banu, makes their wholehearted efforts to make the event successful.

Nurses' safety is very important for the good care of the patient

Udaipur: Nurse is the cornerstone of any hospital and health center. It is very important for nurses to give quality care to patients for this they should have good nature and improvement in their health. This means that the health and safety of nurses are directly related to the health of patients. Dr. Surabhi Jain, Director of GBH American Hospital on International Nurses Day, said, "Where is the key responsibility of every health care setup such as a nursing home and hospital, that it is a safe and healthy working environment for nurses. As it is positioned on the advance fronts in the care of patients, the impact of the patient's health is directly related to nurses. Therefore it is very necessary to create awareness among the nurses regarding the hazards that arise during work, so that they can train themselves to avoid these dangers and to protect themselves from possible threats. The Celebration of International Nurses Day with BD is a strong indication of our commitment to the safety of employees employed in the care of health care. "According to a report published in 2016, the nursing staff seems to have the highest needle stick. During the nurses' work, while collecting injections of blood, while putting a needle in the body of patients and removing them, while disposing of the waste, there is a lot of risk of infection with the needle stick and infection. In all these potential damages, nurses are most at risk from needle sticks in a miserable manner.

Infected injections and other sharp medical devices can cause 20 different types of blood-related bacterial infections. In order to encourage the need for a safe environment for nurses, Managing Director - Pawan Morcharla, said Global Medical Technology Company, Becton Dickinson India (BD) is playing a key role in the care of patients and nurses. On the International Nurses Day, Becton Dickinson Company has launched a nationwide campaign to generate awareness about the safety of workers deployed in health care. This campaign has been run in 60 hospitals across the country. This campaign includes about 5000 Healthcare Professionals. This organization also honored 400 nursing heads for their remarkable contribution and efforts

On this occasion, Colonel Binu Sharma, President, Infusion Nurses Societies in India said, "We play important role in safe and quality care of the health of highly trained and competitive professional patients. The purpose of INS India is to bring forth new resources and opportunities for the health care of Healthcare Professionals involved in providing Infusion Therapy. It is quite enjoyable to see on International Nurses Day that our work is based on the highest standards of protection for nurses during their duty. Apart from this, quality education programs are also run, which help in protecting patients and their health care from those hazards, which are done by health workers when giving injections to patients unnecessarily and unsafe. "

Epirocopens new Regional office in Udaipur

Udaipur: Epiroc, a Swedish manufacturer of equipment for the mining, infrastructure and natural resources industries, inaugurated a new officeat Udaipur, Rajasthan, taking its total number of Regional offices across the country to eight.

The new office, located in Fatehpura area of Udaipur, was inaugurated by Mr. Sunil Duggal, CEO, Hindustan Zinc Limited. Jerry Andersson, Managing Director, Epiroc Mining India and other dignitaries of Epiroc and Hindustan Zinc were present at this occasion. Epiroc, being a customer centric company will be catering to customer needs with enhanced focus on operations and service. Jerry Andersson said, "Rajasthan is known for its rich mineral wealth and will help us in our vision to become the leader in our domain. The state is already contributing significantly to our revenues. The newoffice will provide advanced, versatile and ergonomic products with high productivity, energy efficiency and safety standards. It will also generate employment and train the people in managing and handling our wide range of mining and construction equipment. Epiroc's expansion will also involve the integration of warehouses, training and refurbishment centres in order to excel performance further."

Epiroc Mining India Limited has state-of-the-art manufacturing plantsin Nashik and Hyderabad, a world-class engineering centrein Bengaluru, and sales and regional offices across India. The company's Channel Partner network is supported by ahighly committed and enthusiastic team.

Mother's Day Celebration And **Award Ceremony (III-V)**



Udaipur: "The most lovely creation of Lord......is my mother. A day is too less to express my gratitude for your immense love and care. I salute you Love you MOM."

Friday morning at Ryan International School was very pious, melodious and full of energy as the Ryanites with these participated, witnessed and enjoyed in the Mother's Day Celebration Students read the holy bible scripture, said the prayer, devoted a melodious piece of music to cherish the unbounded love of mother.

The Ryanites enthralled the audience as they rocked the floor flaunting on the songs dedicated to mothers. The Ryanites of grade III-V were also conferred with the awards for their participation and achievements in the session 2017-2018.

Principal, Mrs. Poonam Rathore, extended her wishes to all the winners. She extended her wishes to all the mothers of Ryan family on the occasion of Mother's Day. She guided all the students to help their mothers, make an optimum utilization of Summer Break learn any good creative skill and remember that every day is R Mother's Day.

Narayana Seva Sansthan partners with Shreya Ghoshal

Udaipur: Narayana Seva Sansthans subsidiary unit in UK, collaborated as a charity partner for Shreya Ghoshal's concert in the United Kingdom. The concert was organized in Leicester in Barmingham, London

Institute president Prashant Agrawal said that Narayan Sewa Sansthan has operated more than 3.5 lakh patients in the last

Debut show of Bhiyawad-Receives applause.

Udaipur: Debut of show Bhiyawad presented by 16 tribal artists at Darpan, Shilpgram Udaipur on this Saturday mesmerized audiences. The script of Bhiyawad was derived from the traditional Gavari skit Bhiyawad and was given a very fresh treatment. Perhaps it first time while the narrative and dialogues of traditional Gavari had been changed to Hindi. It also had flavor of lights, sound, fog and effects.

Dramatist/Project Coordinator LokeshPaliwal adapted the classic Bhiyawad story for this presentation based on documentarian Harish Agneya's extensive research. Their condensed 40-min drama exemplified Gavari's ritual artistry and celebrated the primacy of Goddess energy in protecting the social & natural world. Bhiyawad, a demon king conquered heaven & earth against whom the gods were powerless. The tale related how Goddess Gavari manifested as 3 beautiful fierce Devis who lured Bhiyawad into battle and to terminate his evil reign. PrabhulalKasetiya(Devi Ambav),ChaganLalLoor (Devi Chamunda) and Deeta Ram Tavad(Devi Kali) displayed their talent along with KishanKateriya(Bhiyavad) and received great response. NarshDamor (Katkudiya),SantoshGhodna (DhariyaBheel) Thawar Chand (Daitya), Babulal(Daitya), Karan Kateira(Sarthi) and Mangilal(Gajanan) entertained spectators with their gestures and dialogues. The instrumental musical support on Madal and Thali was given by Shankar Lal and by Ambalal while vocal support was given by ShreyaPaliwal. The group was coordinated by senior artist PrabhulalMeghwal assisted by HemantRatod. While including all innovative elements it was ensured to maintain the decorum of traditional Gavari . Appearance of Ganesha, and a gig between Demons created humor while entry of two of the Devis from the audience stunned spectators. Special effects made Fight scenes very attractive. This was result of the 10 days workshop-"Gavari - From Tradition to Performance" organized by West Zone Cultural Centre, Udaipur in association with Rediscovering Gavari Project (RGP) to promote this inspiring but endangered indigenous ritual, but this is the first time anyone has attempted to bring a

experiment could be treated as a sample for other dying art or performances. In order to make this possible Mr. Vilas Janve, Nationally Acclaimed Theatre and Mime personality, Mr. Deepak

Dixit, Theater and Film Actor/Director, Mr. BhagwanKachhawa, researcher have given every possible lesson and train the tribal artists enhancing their skills while retaining the tradition. According to Vilas Janve with bare minimum properties artistes can create great visual effects as there is tremendous scope of Mime which requires to be explored. This was a small start and such improvisations can make Gavari more visible in the urban areas that have great notential to sustain this traditional art form. Deepak Dixit who worked on the music, dance and rhythm of this production says "This new experience seems more acceptable by urban community for many reasons like change of language that helps them in connecting with story". According to RGP team publicist W.DavidKubiak, "this novel experiment offered a rough translated glimpse of Gavari's spirited artistry, which we hope will inspire people to experience its true power in the villages; and reassure tribal youth that their traditions & values are vital to our collective future, and the outside world is finally listening." While RGP supporters are primarily working to raise Gavari awareness among the people, they are also striving to inspire more interest and support from public officials as well. ShriFurgan Khan showed the workshop and explained the significance of the workshop to ShriRaghvendra Singh, Secretary, Culture, Government of India who visited Shilpgram on May 5. It is hoped that increasing attention will help preserve Gavari and other threatened intangible heritage



Gavari dance drama to the stage. According the writer and developer of show LokeshPaliwal this

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