

President Presented Nari Shakti Puraskar

"The President of India, Shri Ram Nath Kovind, presented the Nari Shakti Puraskar at a function held at Rashtrapati Bhavan on the occasion of International Women's Day. Speaking on the occasion, the President said discriminating between men and women is essentially a problem of mindsets in society. To ensure composite development of the country, it is necessary to remove such discrimination. Every person in society is responsible for changing such mindsets. We should listen to voices of our daughters and provide them all opportunities to make the most of their lives. We should change customs and traditions that hinder giving equal rights to our daughters. The President said that awareness and education are effective tools to overcome gender inequality. Education provides the power and understanding to eradicate distinctions between people in society."

Ms. Jayamma Bandari

Ms. Jayamma Bandari has been working for over 20 years to rehabilitate sex workers. She has founded Chaitanya Mahila Mandal to help sex workers connect with child-care facilities and livelihood training. She was herself forced into sex work by her husband.

She now leads the community to help women trapped in sex work. In 2011, she established the Chaitanya Happy Home for children of women in sex work. She has rehabilitated over 1000 sex workers and supports around 3500 other sex workers. Over 3500 children of sex workers have been provided vocational training through her efforts.

Ms. K. Syamalakumari

Ms. K. Syamalakumari is the first known female temple Mural Artist in Kerala. Traditionally, painting on temple walls is dominated by males. Ms. Syamalakumari has painted, preserved and restored traditional Mural Art in the temples of Kerala. Her documentaries have been screened widely.

Vanastree

Vanastree is a women-run seed saving collective in the Malnad region of the Western Ghats in Southern India. It is working in 15 villages and promotes forest biodiversity and food security through conservation of traditional seeds. It equips women to play a critical role in this movement by forming seed groups. Rather

than focusing on creating a central seed bank facility, they believe that the entire region lends itself to being a landscape-level seed storehouse. Vanastree leads advocacy for a universal open source seed system.

Ms. Gargi Gupta

Ms. Gargi Gupta founded 'Voice of World' NGO in 1992, which works for visually impaired and differently-abled orphaned children in Eastern India. She has also established a residential facility in 1997 which has about 300 residential and about 3000 non-residential beneficiaries. She has set up a Home in Rishra, West Bengal for visually challenged women pursuing higher education. It is the only privately run facility of its kind. Her NGO runs a Teacher Training College where differently-abled women are given a full scholarship. In 2001, she developed transliteration software to convert word document into Braille from Bengali language.

Dr. Sindhutai Sapkal

Born in 194 in Wardha, Sindhutai Sapkal left school in the 4th standard because her parents could not afford her education. She was married off at the age of 10 to a cowherd. She was thrown out of her house with a newborn girl child. She decided at that time to raise orphans as the mission of her life. She struggled, and whatever money she earned she spent on raising orphans. She gives them food and shelter and educates them till they get a job and are married. She has set up 5 large homes across Maharashtra for her orphans by raising money through public lectures and private donation, the largest of which in Hadapsar Pune has 300 orphans in it. She also helps widows who are thrown out of their families. Her biological daughter also runs an orphanage. She fought for the rehabilitation of 84 tribal villages in Maharashtra and fought till they were given compensation, land and houses. Known as the Mother of Orphans, this social activist's adopted children are now lawyers, doctors and engineers. Films have been made on her life. She has received over 750 awards and used the money in these awards to make more homes.

Ms. Sabarmatee

Sabarmatee Tiki is a scholar, conservationist and founder of Sambhav, an NGO that runs large organic and training farms near Bhubaneswar in Odisha. She works with local communities for the restora-

tion of forests and regeneration of wasteland. She has converted 90 acres of barren land into jungles and has conserved and increased production of 452 indigenous varieties of rice. She is the only scholar who has studied the effects of hard manual labour on the bodies of women who work in the rice fields and has adopted and promoted a method called SRI which is less painful for women who do field work. Her NGO trains farmers, university students, academicians and local Government officials and has developed innovative agricultural tools for organic farming.

Ms. Mittal Patel

Ms. Mittal Patel has done extensive work for the rights of nomadic and de-notified tribes of India. She is the founder of Vicharta Samuday Samarthan Manch (VSSM) in Ahmedabad. It was due to her relentless advocacy since

minutes. The app does not even require an internet connection to work.

Ms. Deepika Kundaji

Ms. Deepika Kundaji is a conservationist who has done pioneering work in Auroville, north of Puducherry. In 1994, she started working on 6 acres of severely eroded land. She 'created' the soil for this barren land themselves by recycling vegetation. After years of effort, today this piece of land is a vibrant forest of indigenous trees with eleven water bodies, a fruit tree area and a garden. This aptly named 'Pebble Garden' is now integral to the area as it has helped revive wildlife and uplift the local ecosystem. Today, she is spreading her message of revival and sustainable agriculture methods across the country. She produces seeds of hardy varieties of vegetables, root crops and medicinal and herbal plants

that fall from nests.

Dr. Anita Bharadwaj

Dr. Anita Bharadwaj is a medical practitioner who has dedicated her career to ensuring health services in the most difficult situations. She is the Joint Medical Director of Six Sigma High Altitude Medical Rescue Services. Since 2009, she has been supervising and conducting medical rescue operations at high altitudes. With 88 doctors, para-medicals and social workers, the team has undertaken rescue operations during the Uttarakhand Flood, Nepal Earthquake and Shri Amarnath Yatra. Her team operates from the height of 24,500 feet and has been successful in saving the lives of 5600 women and children, till date. They have also provided treatment to 53,889 victims on high altitudes.

Dr. Bharti Kashyap

Dr. Bharti Kashyap has dedicated her life for the well-

pond of pink lotuses and a restored bawli (stepwell) and century old restored mandirs. She has restored the house of Baba Allaaddin Khan, the legendary sarod player who lived in the nearby town Maihar. Artists and students from all over the world come to this retreat and teach the local villagers different and new forms of art. 50 women have been trained by Australian artists in ribbon embroidery and 40 local women have learnt the art of embroidery from waste cement bag and nearly 350 children from a local school are being engaged in ongoing workshops in dance and theatre. The art pieces produced during the training workshops by foreign artists are put to auction and the funds are used for the centre's activities. The centre also holds workshops on organic dyeing and use of natural resources.

Ms. Gauri Maulekhi



2005 that 28 nomadic tribes and 12 de-notified tribes of Gujarat received their identity as Indian citizens. Through her organization, she is working to give these marginalized groups a social identity, citizens' rights, education, health facilities and livelihood options.

Dr. S. Siva Sathya

Dr. S. Siva Sathya developed a mobile app, MITRA (Mobile Initiated Tracking & Rescue Application) in 2015 which is a customized SOS application for the Puducherry region. The app is now being used by Puducherry Police since 2016. If a user finds herself in an emergency situation, she can long press the audio button of her mobile and her GPS location will be sent to the nearest police station along with a detailed SMS to her registered friends including number of the nearest police station for follow up. Even if the person is on the move, MITRA will automatically update the GPS location after 5 and 10

which require very little water to be grown, and distributes these across the country. She is inspiring others to take up natural methods and conservation in their own areas.

Ms. Purnima Barman

Ms. Purnima Barman is a wildlife biologist who has been making tremendous efforts to protect an endangered stork called hargilla. Around 1,200 of these birds remain today and about 800 of them reside in Assam. She works with local NGOs and individuals in 3 villages with about 10,000 people to increase awareness about their protection. Ms. Barman has mobilized an army of hargilla supporters, bringing together 14 women's self help groups to protect the birds. They work with people who would earlier cut down trees on which the birds nested, and now the same people have helped her set up over 140 protective green meshes under the trees to help rescue chicks

being of women and children in the tribal areas of Jharkhand. She has founded an eye-care hospital in Ranchi which conducts free eye camps for children in Jharkhand where she has screened 17 lakh school children so far. Besides this, she has also organized medical camps to screen women and girls for cervical cancer. It is because of her efforts that lakhs of women and children were able to get an early diagnosis of their medical problems.

Ms. Ambica Beri

Ambica Beri has singlehandedly established Art Ichol, India's only permanent creative retreat for artists, writer and sculptors in Ichol, a small village 140 km from Khajuraho (Madhya Pradesh). The village now boasts of open studios in Stone, Metal, Ceramic, fiber-glass and Fine pieces and a three acre open-air sculpture park, a café, rooms for artists and writers, a foundry, a kiln, art raw materials, a man-made

Ms. Gauri Maulekhi has contributed to animal welfare advocacy in India. Hailing from Dehradun, her work in the field of animal welfare started with stopping animal sacrifice in Uttarakhand which she achieved through legal activism, public awareness and working with religious organizations & government authorities. She has been the key person to get world's largest mass religious slaughter of animals stopped at Gadhimai in Nepal. During the Kedarnath floods, she led a small group to evacuate more than 6,000 animals from the disaster region. This later led to inclusion of animal welfare in the National Disaster Management Policy. She has been instrumental in stopping illegal wildlife trade in the Sonapur Animal Fair which is the largest market of its kind in Asia. Name 19. Aranya Naturals Aranya Naturals, based in Munnar, seeks to preserve a unique repository of

community heritage. Set up in 1994, they have been working for 20 years to produce non toxic natural dyes based on nature's discards – fallen leaves, flowers, seeds, nuts, tea and coffee waste. The crafts people are the many different abled young people of the region who often become the main earners of their families through making and selling the dyed materials in batik, shibori, tie-dye and block printing. Aranya holds exhibitions and workshops all over India and abroad and are often taught and consulted by national and international professionals in dyes. All the waste of the dyeing process is recycled into a gardening project.

Ms. Pushpa Girimaji

Ms. Pushpa Girimaji, is India's best known journalist on consumer affairs. As a consumer safety advocate, she has been responsible for bringing the consumer movement to media attention in India. She played a pivotal role in bringing about the Consumer Protection Act of 1986. She is a consumer rights columnist in leading dailies for the past 42 years who has been addressing queries on common consumer problems.

Ms. Rekha Mishra

Ms. Rekha Mishra joined the Railway Protection Force in 2015 and has singlehandedly rescued 953 runaway/lost/trafficked children from Chhatrapati Shivaji Terminus (CST) Railway Station in Mumbai. In 2015, being posted with the Women Security wing of Mumbai division, she undertook extensive campaigns at railway stations to raise awareness among women about precautions to be taken and how to approach 182 Helpline for round-the-clock service.

She also led the Mahila Shakti Team of the Mumbai Railway division. Thereafter, she was given the additional charge of child welfare. The children rescued by her are primarily those who have been kidnapped and brought to Mumbai for child labour. Ms. Mishra has successfully reunited them with their parents after ensuring their adequate counseling at child-care homes.

Ms. Mehvish Mushtaq

Ms. Mehvish Mushtaq has the distinction of developing the first-ever Android application for Kashmir called 'Dial Kashmir'. The app provides detailed information of essential addresses, phone numbers and email addresses of services, government and non-

government organisations and individuals in Kashmir. It also has features like 'Find Pin Code', 'Railway Timings' etc. The app contains over 500 contacts of government departments, commercial services and private numbers.

Ms. Madhu Jain

Madhu Jain is a Craft and revivalist Textile who has been working for thirty years to revive ikat techniques and bamboo fibres. She has been a frontrunner in Indian Textile Innovation. She was instrumental in reviving the Naksha – Kantha embroideries and Dacca Muslim in collaboration with Brac in Bangladesh. She has now innovated banboosilk ikat, a weave of bamboo with khadi, cotton, chanderi or wool. It took 15 years to develop and provides livelihood options to bamboo growers. Madhu Jain was also given the honour of crafting an installation in the 'Fabric of India' segment for the Opening Ceremony of the Commonwealth Games 2010. Using the skills of 300 weavers, 500 craftsmen and 200 hand embroidery artisans, she designed and executed a 115-foot eco-friendly craft installation using bamboo fibre and Kalamkari craft technique.

Ms. Jetsun Pema

Ms. Jetsun Pema has dedicated her life for Tibetan refugee children since 1964. With the assistance of the Government of India and other philanthropic organizations, Ms. Pema established a total of 10 residential schools, 17 day schools, 3 vocational training institutes, 3 hostels for college students and 1 college spread across India. So far, 52,000 students have graduated from her institutions, of which 50 per cent are Tibetan refugees. Apart from Tibetan children, her institutions also impart education to children from the Himalayan regions.

Justice Gita Mittal

Justice Gita Mittal long recognized that following a universal procedural approach in typical court room trials involving sexual violence on women and children severely impedes equal access to justice. It results in secondary traumatization during trial and further exacerbates their victimization. To address these procedural bottlenecks and institutional barriers, Justice Mittal as a judge of the Delhi High Court spearheaded the Vulnerable Witness Project. It emerged as an unparalleled example of jurisprudential intervention and judicial leadership in which the legal and institutional barriers for access to justice to women were removed.

Udaipur @ RH

Annual Festival Udan 18

Udaipur: Annual festival of science college of University of Pacific University College was inaugurated jointly by Prof. Ameta, Dr. Gajendra Purohit, Prof. Hemant Kothari; Dean PG Meena Piyush Jawaria, Dr. Rekha Lahoti, and Dr. Neetu Agarwal; by enlightening a lamp before goddess Saraswati.

On day one 24 March 2018 sports competitions were organized in which various types of play were given, students participated very enthusiastically, Jalebi Race Teen tang race, Matki Race, Riley Race, Slow Bike Race, Solo Scooty Race Roadies etc were included in the award ceremony.

On day two competition related to art and creativity were held, in which Rangoli, Mehndi Tatu Making, Wall Decoration Science experiments Fireless Cooking etc. were organized. The special attraction students were staged drama & Nukad Natak by the students.

A colorful presentation of cultural programs was organized on 27 March 2018, in which the program presented by the singles & group song and fashion show

Final day ceremony was chaired by students was chaired by Mr. Navin Agarwal; a Motivational Vocal, with a positive thinker who focused on the strength of the students.

9 Rising talents honored

Udaipur: mount litera zee school Udaipur honored those 9 rising Sun talents of the city who, with their strong intentions, earned their goal in difficult situations, at the national and international level.

School director Arun Mandot said that in a ceremony held in Vidyalaya, Labhdi Surana in Skating, Jhalak Tomar in Boxing, Rajnandini Menaria in Marshal Art, Angel Sukhwani in drama and Acting, in Shooting, Mahika Kipawat, in Power Lifting Sahra Kaji, Pranaya Joshi in Dance, Unnati Nahar in Rajasthani Folk Dance, Adad Ahmed Ahmed in International Methas, sci-

ence & English and Sion Olympiad. Were felicitated with award and souvenirs were awarded. Major dignitaries in award ceremony function were present Prabhat Kaushik Amit Chaturvedi, Principal Munmun Chaturvedi, Nitin Shah, Ashish Kumar, Manish Kapoor, S.K. Kehnen, Jitendra Jain.

Inaugurated New Reliance Smart Mart At Paras Circle



Udaipur: The opening of the Reliance Group's new Smart Mart at Paras held on 29th March. Smart Manager Yogeshwar Singh Parel said that Reliance Mart was inaugurated jointly by Parashuram, Managing Director of Paras Mahal Hotel, Colonel Rampal of Akaligarh Cantonment, Col Johari & Dr. Ajat Shatruasigh Shivarati.

On this occasion, Reliance Zonal Head Nirmala pandiya told that this is the second Reliance Smart of Udaipur. Prior to this, three Reliance Fresh are working in Udaipur. zonal head said that from day one to 15 day discount offer has also been given to costumers

A Day Mega Look and Learning Seminar on Tuesday

Udaipur: In the joint function of All India Hair and Beauty Organization Rajasthan, Lake City Beauty Club, Sen. Kala Mandir, the first one-day International Mega Look and Learning seminar on Udaipur is being held at Hotel Radisson Green on April 3. In which the intranational hair expert and trainer of China and World Champion I wan will tell participants about Gentle's Hair cutting Advance Technique. All India Hair and Beauty Organizations Secretary-General, Ashok Paliwal said in a press conference organized on April first that in the seminar, more than 250 hair specialists of Rajasthan, M P and Gujarat started making new Gentlemen's haircutting of gents and tattoo designs in hair and Ladies Hair Cut will learn about color and fantasy look, bridal style, beer etc., from a live demonstration of Chinese expert from the live demo.

He said that the main attraction of the seminar, 22 participants of the workshop held in Udaipur from 28th to 31st March, with Fashion Week of Fantasy Hair, will display their art through the Ramp Walk. The Italian team of Elphapak Milano will also present a new color and cut demo in the seminar. The chief guest of the seminar will be All India Hair and Beauty Organization Dr. Sangeeta Chauhan.

"Successfully MICS performed to replace Aortic Valve"

Udaipur: Aortic Valve Replacement through Minimally Invasive Cardiac Surgery was successfully performed in a patient of 27 years of age by Geetanjali Medical College & Hospital's Cardiac Thoracic & Vascular Surgeon Dr. Sanjay Gandhi.

The operating surgeon's team also includes Cardiac Thoracic & Vascular Surgeon Dr. Surendra Patel, Cardiac Anesthetists Dr. Ankur Gandhi, Dr. Manmohan Jindal, Dr. Kaplesh Mistry & Dr. Tasha Purohit. Chittorgarh resident, Dinesh Suthar, age 27 years, from past many years was suffering from breathlessness, tender weakness, and pain in body, fast heart beat and was

unable to carry off his daily routine work.

On consultation to Cardiologist Dr. Ramesh Patel at Geetanjali Hospital & investigations of Echo-Cardiography it was confirmed that the main artery of heart, called as aorta, was leaking from sides. Due to which the patient was referred to Cardio Thoracic & Vascular Surgeon Dr. Sanjay Gandhi.

The patient then had undergone thoracic Minimally Invasive Cardiac Surgery, also known as MICS CABG (Minimally Invasive Cardiac Surgery/Coronary Artery Bypass Grafting) a heart surgery performed through several small incisions instead of the traditional open-heart surgery. A long, thin tube (thoracoscope) containing a tiny high-definition video camera was inserted through a small incision in the chest. The incision so made was not more than 7 centimeters long against the incision of 15 to 18 centimeters for an open heart surgery.

This surgery was performed with the help of Tracheo Esophageal Echo-Cardiography; the new & advanced technology used in MICS and the aortic valve was replaced. The patient was treated free of cost under the flagship scheme of Rajasthan Government's Bhamashah Bima Swasthya Yojana (BSBY).

Minimally Invasive Cardiac Surgery has several advantages over the traditional techniques as; reducing pain, retaining function, normal routine activities are not disrupted and can be started almost immediately, negligible blood loss, wound infections or post-surgical lung infections are reduced, cosmetic incision, very short hospitalization and faster recovery etc. as told by cardiac surgeon, Dr. Gandhi. Minimally invasive surgery involves risks similar to open-heart surgery, but the most common is to monitor heart through a very small incision and perform the surgery.

