



ROYAL HARBINGER

Reporting Fact of the Matter

Weekly

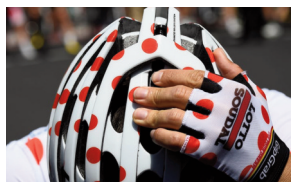
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Helmet Reduces Head Injuries Upto 80%



Udaipur: Motorcyclists who don't wear helmets are twice as likely to suffer neck injuries in crashes compared to those who use helmets. Doctors advise a must use of helmets while riding two wheelers. Latest study says that riders who are putting helmets while driving are considered to become a prey of road accidents. Despite some criticism of bike helmets for not being protective enough, they do cut the risk of severe traumatic brain injury (TBI) by half when riders suffer a head injury, a U.S. study suggests. Riders with helmets were also less likely to die from their injuries, and less likely to break facial bones, than those not wearing a helmet, researchers

report in American Journal of Surgery. It is considered to be similar to wearing a seat belt. It also lowers the risk of injury and of dying in a car accident. Millions of Indians ride motorcycles, but less than half wear helmets. Researchers found that people wearing helmets had 52 percent lower risk of severe TBI, compared to unhelmeted riders, and a 44 percent lower risk of death. Riders with helmets also had 31 percent lower odds of facial fractures. Helmets offered less protection against fractures to the lower part of the face, such as the nose and jaw. Moreover, people who wore helmets reduced their likelihood of having brain surgery, further confirming a certain level of protection with helmet use, the study team writes.

-Dr. Ajitsingh
Neuro & spine surgeon,
Gbh American hospital

"Dawn of novel hope and vigour: New Year 2075"

Arushi Vyas

Udaipur: With the dawn of the sun, crops bloomed as a smile of a newborn kid on the morning of New Year 2075th. New Year celebration as per the Hindu calendar in Udaipur is always a grand commemoration. As the city is efficiently working in order to preserve the rituals and Indian culture, citizens also come forward every year to keep this blaze of traditions and more animated. Various groups celebrated the occasion in distinct ways. Mr. Ashok Madhwani, owner of Ashoka Bakery and Ashoka Palace by providing free

refreshments to every passer-by outside the bakery since its establishment in the year 1999 on New Year sets a stirring example of humanity and kindness. Mr. Praveen Ratlia, youngest social activist of Asia and State president of Namo Vihar Manch made two world records at a same time within two hours by distributing 11,000 laddus, Lord Hanuman's frame and stickers, and Hanuman Chalisa in 11,000 houses of Udaipur region and also by collecting unused or old shoes from same houses for the poor and needy people. Whole region was divided into 22 sec-

tions and every section was allotted to volunteers who worked at the same time and set the world record by the distribution of gifts and collection of old footwear. Well organized and channelized programme took a striking contour and turned out as a successful event. Mr. Praveen Ratlia also shared that the welfare work towards the society will be done consistently with the help of same pre-formed 22 teams throughout the city and region. Mr. Pradeep Kumawat, director, and owner of Alok Sansthan, in association with All India New Year festival

committee and various other social groups, celebrated the New Year by leading a huge procession from Pala Ganeshji till Dudh Talai. City sky started gleaming in the evening with lustrous cold fireworks at Dudh Talai. With the distribution of 101 basil plants celebration by the social groups gave a wonderful message of keeping the environment safe and healthy. Every citizen was warmly greeted with neem leaves, black pepper and mishri in patronage of Mr. Pradeep Kumawat and Alok Sansthan across the city. New Year as per the Hindu



Lunar calendar holds an immense significance and is widely celebrated with different names across the country. Chaitra shukla pashya padhyami, ugaadi, gudi padwa, chetichand, baisakhi, this festival has got as many different names, unique way of cele-

bration and significance as there are religions, regions and diverse beliefs existing in this country. We firmly wish and hope that this new solar year spreads the ray of novel positivity and happiness in every human being's life.

Anushri Shrivastava is all set for training in NASA before stepping onto Mars



Udaipur: (Anuradha Shrivastava) There is nothing inconvenient if there is a desire to go somewhere in mind. Walking on the path of fame, the dream of kissing an anthem can also be easily realized. It has been proved

by the daughter of the village Basti, Anushri (33). NASA has sent an invitation to Anushri for training starting from April 1. Anushree, daughter of Rakesh Shrivastav, and Sunita resident of Basti, Gandhi Nagar, is the only daughter with sharp intelligence. The family encouraged her to go to the Indian Administrative Service. During the preparations in 2003 in Lucknow, the incident of Kalpana Chawla's failed return from a space mission shooked Anushree. She read seriously about the search for life on

Mars in the science book taken for the preparation of civil services. After this, her mind got squeezed by civil services and in this place the seeds of joining the Mars mission developed in her mind. While doing Masters, Anushree turned the direction of life by taking the training of short term project in Bio Technology from Bio Ax DNA Research Center in Lucknow. Meanwhile, the University of Essex, a private institute in England, offered the MSc., which Anushree accepted. While studying there, a pri-

mate American company offered a training programme for Mars Planet Movement in the desserts of Utaah., which she immediately accepted. Apart from Anushree from India, there were other trainees as well from seven countries to obtain training of living in the atmosphere of Mars. Anushree says that during training, she was employed after wearing a space suit of fifteen kg when she came out of a hab. She also took a two-month of training near the North Pole where there was

no night in two months. Not only this, in England for scientific experiments related to Mars, there was a fifteen-day training in salt mine, 1.1 km below the earth attended by Anushree. She said that her life is now dedicated to discovering life on Mars. From April 1, there will be four months training in NASA's Goddard Space Flight Center, Maryland, USA. "The journey of mission space travel is long. Still, I am confident about my participation in the mission of Mars", she adds.

New Khalsa Volvo Bus for Jodhpur

Udaipur: Keeping in view of Moto driven by PM Narendra Modi Khalsa discover lakecity Volvo Bus has recently launched from Udaipur to Jodhpur. This is the only bus service in Rajasthan that provides all amenities to the tourists as if they are traveling in AC train. The bus will depart at 6 AM from Udaipur and from Jodhpur simultaneously. Tourists can enjoy tea and snacks as well as cold beverages during traveling. Another aspect tourists need not to worry about the facilities during the journey. The service of service boy is peculiar feature of Volvo; in fact the Volvo service connecting Mewar & Marwar has set an example of a safe, hygienic and comfortable journey. Semi sleeper, two by two buses have entertainment facilities like LED etc.



हार्ट केयर में सबसे विश्वसनीय नाम **जी.बी.एच. अमेरिकन हॉस्पिटल** का

उदयपुर की सबसे पुरानी और अनुभवी कार्डियक टीम

हार्ट एण्ड वेस्कुलर सेन्टर

डॉ. एस.के. कौशिक
एम.डी., डी.एम. (कार्डियोलॉजी)
AIIMS-नई दिल्ली



डॉ. अमित खण्डेलवाल
एम.डी., डी.एम. (कार्डियोलॉजी)
इन्टरनैशनल कार्डियोलॉजिस्ट

कार्डियोलॉजी सुविधाएं

- एंजियोग्राफी
- एंजियोप्लास्टी
- पेसमेकर
- बैलून वाल्वोटोमी
- ए.आई.सी.डी.
- सी.आर.टी./सी.आर.टी.डी.
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(कैल्शियम युक्त ब्लॉकेज हटाकर सटीक एंजियोप्लास्टी की तकनीक)

✓ न्यूनतम दर, सर्वोत्तम उपचार ✓ कोई अलग चार्ज नहीं, कोई छिपा शुल्क नहीं

24x7
Heart Care

सरकारी कर्मचारी, ESI, मेडिवलेम, बीमा कार्डधारी व पेंशनर्स के लिए मान्यता प्राप्त। (पुनर्मुग्तान सुविधा)

The Lifeline Of Udaipur - तब भी थे.....आज भी हैं
राजधानी के बाहर राजस्थान का एकमात्र NABH प्रमाणित कॉर्पोरेट हॉस्पिटल



जी.बी.एच. अमेरिकन हॉस्पिटल



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