

# IR & Much More

## WELCOME TO A NEW HORIZON IN EMERGENCY CARE



Our motto is not to deliver care but to do so with compassion and respect for the deceased individual.

For long it has been desired to start a healthcare system which would provide 24 x 7 emergency services to the people of Udaipur & Fortis JK Hospital is proud to introduce all to a new and improved healthcare modality for the people of Udaipur.

Inaugurated on 1st March 2017, the Department of Emergency Medicine has 6 beds to cater for every emergency case that arrives at the hospital with state of art equipment for a wide spectrum of patients with acute emergencies for initial evaluation, resuscitation, treatment, investigation, stabilization, monitoring and disposition. The department caters to approximately 6000 patients annually, of which nearly 70% patients are discharged after getting emergency services. This is the most versatile Emergency Department in Udaipur setting high standards in patient care and well prepared to meet the strenuous demands of healthcare of people of Udaipur.

Trained doctors support the unit round the clock, cutting-edge technology, and ambulance services with critical lifesaving equipment manned by trained Medical and Paramedical staff. The Emergency Department has a Triage System where each patient is categorized as per the severity of the Condition. There is a dedicated Resuscitation bay for patients needing urgent Airway and cardiac Intervention. The department also has Ventilator Support along with continuous monitoring for PostCardio Pulmonary Resuscitation and Acute Emergency Interventions. We have Ventilators, Defibrillators, Cardiac Monitors, Portable ECG Machines for rapid evaluation and assessment of patients. The Department has a separate Minor OT & Dressing room to deals with Injuries and minor procedures needed to be done on an emergency basis. We provide immediate Cardiology, Neurology, Neurosurgery, Orthopaedics, ENT, Surgery, Nephrology, Gastroenterology, Paediatric & Acute Medicine Care. We also have a dedicated system to manage both External (Community Based) & Internal Disasters with a handling capacity of up to 25 patients at a single time.

Our department aims at not only achieving high clinical standards but also setting a benchmark for academic excellence. It conducts teaching program for medical professionals and general masses in First Aid, Life Support and various areas of public health importance. It is the pioneering institution and is actively involved in a wide range of academic activity including community CPR Training, Regular Certification Course in BLS, ACLS & PALS for doctors, nursing and paramedics. Our Department adheres to the Quality of care that it delivers to the patients and thus various processes are continuously reviewed and quality controls are placed to ensure that everything that is done is as per protocol and thus in no manner, patient care is hampered. The horizon is wide with new vistas of opportunities emerging in this field with every passing day – "At our hospital, we hope and strive to be the torchbearers of modern emergency in India".

**Dr. Master Mickey**

Attending Consultant & Head  
Department of Emergency Medicine  
Fortis JK Hospital, Udaipur

## Semal tree conservation is need of the hour - Dr Vartika

Udaipur, An awareness talk on conservation of a Folk Medicinal tree - Semal was given by Dr Vartika Jain, Secretary, Society for Microvita Research and Integrated Medicine (SMRIM), and Assistant Professor, Govt. Meera Girls' College, Udaipur to Volunteers of special NSS camp going on at RCA, Udaipur on Monday. Dr. Vartika emphasized on multi-potentiality of Semal tree and its importance in spiritual, ecological, socio-cultural, medicinal and commercial fields and shown in her presentation that how a single species is important for entire ecosystem. She told that due to fire-resistant property, Semal tree is considered as mythological character 'Prahlaad' and being cut in huge quantities every year for Holika-dahan in Mewar region without any sincere re-plantation efforts and hence its conservation is an urgent need of the time. Students were motivated for its mass plantation, use of eco-friendly approaches such as Iron-pole for Holika-dahan and thereby helping in Semal conservation mission which is run by SMRIM from last eleven years. She told to follow the rule of Think Globally but Act locally and work for local problems prevalent in surroundings. In the end, NSS program in-charge Dr. S.C. Meena gave thanks to Dr Vartika for her motivational talk on conservation of a single plant species and thereby finding solutions to local problems. The impacts was observed a day before Holika when hundreds of tribe peoples were taken in custody by police officials the strictness will certainly help in semal tree conservations.



### HAUNSALE

Oonche hain hounsle mere  
Oonchi hai udaan unki  
Mazboot hai irade mere  
Ummede hai kamaan unki  
Muthi mein band karke,  
himmat apni rakhi main  
Daru na, jhuku main,  
haar mein bhi jeet chahi main..  
Mala bikhre to phir se piro du  
Sapne toote to phir se sanjo lu  
Sawaar lu Jo bikhra hai,  
Dum lage toh duniya se Ladd lu main..  
Koshishe kuch badi ho jaaye  
Prayaas gar kuch vifal bhi ho jaaye  
Dutte raho aur rakh lo honsle,  
Jeet uski sunishchit ho jaaye  
Mushqil ho kuch bhi halaat  
Sambhal paaye na gar kuch baat  
Yakin rakh us khuda pe aur rakho honsle  
Ban jaayegi bas har bigdi baat

- NEETU SIDANA

## Report on 4th NMF Jalpaiguri(25-27 Feb,2018)



Recently I had got a chance to participate in the 4th National Mime Festival jointly organized by the Ministry of Culture, Government of India and Jalpaiguri Sristi Mime Theatre at Jalpaiguri Arts Complex from 25 to 27 Feb 2018. This was my second visit to North East during February. Eight groups from Assam, Kerala, Madhya Pradesh, Rajasthan and West Bengal showcased their best productions based on Mime.

This Festival was designed to cater people with interest in different streams of art. An exhibition of Painting on Mime, Workshops, seminars and finally the stage shows in the well-equipped auditorium of the Arts Complex. The designer and curator of Painting exhibition Nirmal Chanda also contributed a major share of paintings. In all 26 painters of Jalpaiguri exhibited their works on various aspects of mime. The exhibition was seen almost by each spectator and received admiration. This was the first time for me to view paintings solely on mime art.

I was fortunate enough to witness my Guru Padmashree Niranjan Goswami performing his best role of Niru Gonsaie in group mime presentation of Indian Mime Theatre, Kolkata's "Niru Gonsaie Chhata" (Umbrella of Niru Gonsaie). This most entertaining mime exhibited numerous uses of an

umbrella for a common man besides it explained that a common man is very innocent in nature. He believes everything easily without any hesitation. Intelligent people always make him fool to achieve their selfish goals. Niranjan's phenomenal acting was a treat to watch. His concept and direction made this mime a masterpiece. He used the befitting folk music of various states of India to give special treatment. Light by Madhurima Goswami, Music by Stalin Chowdhury, Costume by Sujata Das and Set by Subir Mistry helped actors to enhance the impact. Niranjan was assisted by Sourav Paul in direction.

Kolkata Creative Art Performers presented a Non-verbal play called "Robe-Nirobe" conceived and directed by Kingsuk Bandyopadhyay. Set was designed by Sanjay Sarkar, Lights by Kartik Dutta and Music by Sanjay Ghosh made this play more illustrative.

The theme of the play 'Robe-Nirobe' was mainly based on the story of the survival of a woman named Shalini Roy. Her struggle symbolized the fight of a single woman against the present society revolting against gender discrimination and other odds. The play also depicted that when a storm destroys the present period, then the joy for the future begins. The tune of new beginning flows at the end of everything.

Soumita Banerjee as Shalini Roy lived her role and engrossed audience with her emotions.

The host organization "Jalpaiguri Sristi Mime Theatre" presented mime play "Overcoat" based on a short story of Nekolai Vasilievich Gogol. This was scripted by Tamojit Roy and Directed by Sabyasachi Dutta. The director undertook the difficult task of constructing a narrative, without using a word, and yet maintaining a clear-cut storyline. But along with this, the symbolic composition which added to the realism of the story was blended with the strongly knit thread of the narrative. The socio-political issue of poverty, money, and class-division was also wonderfully brought out by smart, short scene divisions with expressive acting supported by the careful design of music, light, and costume.

Sujit Saha designed lights while Tirthankar Roy and Tarun Mandal created Music for the play. This tragic play kept the audience engaged till the end. Ankur Biswas, Ruijina Lama, Sabyasachi Dutta, Sujit Kumar Barman, Dipankar Rajak, Ashok Kundu, Priyanka Mandal and Jhuma Dhar played different roles with proficiency.

"Martand Foundation", Udaipur, Rajasthan presented "Hurdle full Honeymoon" on the first day. The objective of this mime was to provide healthy entertain-

ment. A newly wedded couple goes on Honeymoon and comes across hurdles evoking situational comedy. Spectators keep on guessing what will happen next and enjoy every scene. Kiran Janve and I enjoyed making people laugh at us. The second day Kiran Janve presented "My Child" based on very famous and Noble Prize-winning poem by Gurudev Rabindra Nath Tagore. This was followed by "Kripan" staged by me which was also taken from Geetanjali. Music for all the mimes was composed by Samarth Janve.

"THE MIMERS", Trivandrum, Kerala presented two mimes namely "Bhavani Amma" and "Football". "Bhavani Amma" was based on a true story of an old woman who with great difficulty conceives a baby with the help of special medical treatment and gives birth to a cute child. All her happiness turns in to profound sorrow when her son falls in a well and dies. This serious mime was studded with prompt expressions, supple movement and perfect expression supported by authentic music.

The second mime "Football" was an action paced with high speed, apt body language, and colorful costumes. Director Srikumar exhibited tremendous talent in presenting these mimes with a young lady Sethu and a team of seven young male actors. This team has designed more than 150 mime plays and performed in more than 1500 stages. Performance in this festival proved this.

"AANK", a Creative Line from Assam presented Semi verbal

Play "Etheror Irika\_Ethereal Epoch" in Assamese and English.

According to the director, Dr. Mrinal Jyoti Goswami Life and the unreal are inseparable. If you begin with life, you find that the unreal often engulfs us. Therefore, with the help of some theatrical techniques, I have adopted the non-linear psycho-physical approach to present our main theme—the race of life, in this play in a stylized way. All actors including Bulky Kalita, Gokul Mipun, Jiten Chutia, Parishmita Saikia did their best. Manjit Nath handled Music while Property was looked after by Bulky Kalita & Preety Phangchopi. Dr. Mrinal is a promising Director and knows to play with light and sound

effects. "Trisha Natya Evom Lokkala Sahitya Samiti", Bhopal, MP presented a dance drama "Khanjari" directed by Pushplata Sangade

"Khanjari" was originally taken from 'Sohar' folk song. The story was based on Hirna and Hirni (a couple of deers), where we can see that journey easily which has happiness and sorrow too. This dance drama was enacted by Lata Sangade (Hirni), Shiva Kunder (Hirna), Pooja Gupta (Rani) and Vibha Parmar (Prince). They were supported by Roshni Prasad Mishra on percussion and Ravilal Sangade & Prajeet Saket on Harmonium. The light was handled by Pooja Gupta and Music was composed by Satish Rajput. The property was looked after by Devi Sangade.

"Mukha Cultural Centre", Assam presented mime play-"MAATI" Conceived and directed by Mukund Nath. This play depicted

ed love for the soil by the local Tiwa Community of Assam. Bhabananda Bhuyan, Ankur Mahanta, Mukunda Nath, Babu, Anil Das and Nabajyoti Bodo performed in this mime play. Mukund Nath used local music to portray his emotions.

All the Mime directors and actors along with local artists took an active part in the workshops taken by Mime Guru Padmashree Niranjan Goswami who explained various aspects of Mime art in details. I also had an opportunity to share my experience in this field along with Kingsuk Bandyopadhyay, Dr. Mrunal Jyoti Goswami, Srikumar, Sabyasachi Datta and Mukund Nath. This National Mime Festival had other attractions of Seminar for the students, artists and art lovers of Jalpaiguri. Prominent Mime Guru Padmashree Niranjan Goswami and Dr. Saibal Basu spoke on "Mime in Indian Traditional Theatre".

The second day it was a subject for drama directors 'Theatre Directors' Thinking about Mime' in which Drama Directors of West Bengal Dipankar Roy and Parthoprothit Mitro discussed in detail how mime plays a pivotal role in the drama.

The concluding seminar was shared by two dance exponents and scholars namely Pompi Paul (Odissi dancer from Jaipalguri) and Debajaya Sarkar (Kathak Dancer, Alipurduar). They discussed on the topic "Dancer's Thinking about Mime" along with live demonstration. Many art lovers and students were benefitted with the Seminars. Ministry of Culture, Government of India and Jalpaiguri Sristi Mime Theatre, Jalpaiguri, West Bengal have created new avenues for many art lovers and did their best efforts to promote this Art.

**Congratulations... vilas janve**

## Laptop & Scooter Distributed

Udaipur: Home Minister Gulabchand Kataria, in a function organized at Fateh Senior Secondary School in Udaipur on Sunday, distributed laptops and a Home Minister Gulabchand Kataria said that in order to encourage the education of girls, senior secondary and secondary schools have been set up at every panchayat level, has certainly raised the level of education in the state. Scooty distribution and laptop distribution programs are also an important program to promote talent Under the scheme to deepen the government's farmers' quota, symbolic letters were issued to 100 farmers from 6000 selected. District In-charge Minister Dhan Singh Rawat, MLA Nanalal Ahari, Salumbhar MLA Amrit Lal and Maval MLAs Dali chand Dangi District collector Bishnucharan Mallik in the program were present.

## Food Corner



### Besan ki burfi in solar cooker

#### Ingredients:

1 cup gram floor  
¼ cup of ghee,  
1/3 cup sugar powder,  
4 cardamom,  
orange color

#### PROCEDURE:

1. I had kept 1 cup gram floor in the pot mixed with ¼ cup of ghee n it was well roasted with in 4hrs.
2. After words I put it into a pan.
3. Added ¼ cup of ghee, sugar powder 1/3 cup, 4 cardamom, orange color n mixed well for few minutes.
4. Then taken out into a cake tin to set.
5. After a few hrs it was ready to eat. Good buy

- Sulekha Shrivastava

## Swearing - in ceremony organized

Udaipur: Jain Social Group International Federation is a service organization with 480 branches and more than 70 thousand couples members all over the world, which is an example not only for Jain society but also other societies. This organization is giving messages all over the world that does good to your society and also does good to other societies. This was stated by the



Home Minister Gulab Chand Kataria of the Rajasthan Government as the Program President at the oath ceremony of the Mewar Region held in the Subh Kaiser Garden on Sunday.

**Oth ceremony of Mewar Region** - Rakesh Kumar Jain, former Chairman of JSGIF administered the oath to the newly elected as the new executive & chairman of the Mewar Region O.P. Chaplot, International Chairman Shailesh Jain, the next chairman, R.C. Mehta, along with Dr Roshan Lal Jodhavat, secretary Pankaj Mandavat, Joint Secretary Nirmal Pokharna, S. Singh Singhvi, Anubhav Choudhury and Treasurer Mohan Bohra, as well as committee member & oath to PRO Rajmal Jain and Arun Mandot also. He said that this region will work together with all JSG Groups, displaying the spirit of business with brotherly love, brotherly service, and fraternity. International President Abhay Kumar Sethia, the inaugurator of the function was hopeful that Mewar region will move forward with the spirit of fraternal love, Walk Together, Talk Together and Act with One Mind. Newly elected Chairman O.P. Chaplot said that it is a matter of great pleasure for me to become the first Mewar region president in my tenure and take an oath with all the groups. He said that I take the resolution that the Mewar region will set new dimensions of service while protecting the forests and pride of Mewar. And it will try that despite being a new region, always be the first.

**4 groups got the charter** - At the beginning of the program, International President Abhay Kumar Sethia presented the Charter giving a respectful full membership to JSG Star, Kalpataru, Navkar, and Arham. And said that these four groups can now participate in any activities of Federation, full participation in the election campaign. As the chief guest of the program, Ajit Lalwani, the next chairman of the JSGIF, Mayor Chandrasingh Kothari, as the special guest, more than 40 office bearers of JSG International along with around 2500 members, including Oswal's elder Sajjan Sabha president Kiranmal SavanSukha.

## खूबसूरत त्वचा पाने का राज

आज ही पूछिये हमारे एक्सपर्ट से



### डॉ. स्वाति त्रिपाठी

एम.डी., कंसलटेन्ट चर्म रोग विशेषज्ञ  
चर्म, गुप्त एवं कुष्ठ रोग

८ 800 309 2371



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- ★ मुहासे एवं मुहासों के निशान
- ★ सन बर्न / पिगमेंटेशन
- ★ अनचाहे बाल हटाना
- ★ झाईयों का ईलाज
- ★ त्वचा में कसावट
- ★ फोटो फेशियल

जे.के. लेन, गोभागपुरा, उदयपुर - 313001  
संपर्क करें - 294 306 1000

0294 2982 111 / 222/333 / 444

आपातकालीन संपर्क सूत्र : 0294 306 1111

