



Mix BuZZ.....

## Celebrating the Change

The year 2017 has a few days left and now we will gallop into 2018. A fresh year and a fresh perspective on life. And if you see around you, nothing has changed. The same job, same routine, same expenses, and same life. Can we do something with the year changing? Yes of course.

And you know what all is being talked about. People make resolutions for the year and they generally fail, why? Simply because a sense of procrastination comes attached with a plan that is to be executed in next 52 weeks. You have time and you can do it as per your convenience. And an ideal situation to do something never arrives. Resolutions fail and we easily find out ways to explain ourselves—didn't get time or got stuck into other things and so on.

Well, if you think a bit, you will find that getting these things done actually is easier than making excuses. You will have a counter argument here for sure. How come writing a page daily is easier than making an excuse, for example. With that lame excuse, you suffer day and night. Your passion for the thing that you wanted to do and took a resolution for suffers every

moment inside you. The excuse you make keeps on shutting up that little inner voice inside you. Your will to procrastinate keeps on win-

ning and you keep losing on peace of mind.

As time goes by, the will to pursue the passion becomes habitual of being neglected and you accept that the thing is not possible. The writer inside your dies slow death without getting an opportunity to tell stories.

Now, when you realize that you have contributed so much to the job that paid you, you see that you did exactly what was required by yourself for you that you did for someone else. You sold products made by your company to others and you did well. If you could sell those products from someone to someone, could you have not sold your writing for yourself?

This new year, do not take any resolution. Not because you cannot complete it, but instead bring a change in your life that inches you closer to that ultimate goal. You can keep a notepad open whenever you work at home for office or do anything on your personal computer. Just jot down points of the story and then capitalize each point gradually as you get time. No need to put an everyday schedule but just do it whenever you use your personal computer. You can use any cloud-based word editor to keep the content stored and synced.

At one point in time, it will start attracting you as you will find more moves and turns for your story.

This year, bring the change and be the change. You need to listen to yourself and capitalize on the talent that was given to you for this life. Don't just be a laborer to earn a monthly salary, be creative and what makes you complete and worth this life.

## Editorial

### LOST FOOD

Chef Satish Gupta  
Executive Chef

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BADI - HAWALA ROAD, BADI VILLAGE  
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### JUNGLE SHIKARI GOSHT

Ghee – 100 ml  
Mutton – 1 kg  
Crushed garlic -1 tsp  
Whole dry red chilly 6-8  
Salt ass per taste  
Water

#### PROCEDURE:

1. Warm ghee in a pot.
2. Add mutton to the pot. Stir continuously.
3. Add 1 Tbsp water, salt, garlic and chillies.
4. Add 1 Tbsp water after every 6-8 minutes, till the next 60-75 minutes or till ready.

#### Chef Satish Comments

Cook in wooden fire for authentic taste.

### Mann ki Baatein

Mann Ki baatein mann hi Jane  
Mann ko kaun samjhaye  
Mann hi mann se dwand Kare  
Aur mann hi mann ko samjhaye  
Mann hi soche gam bahut hai  
Mann hi dhoond k khushiya laye  
Mann jo zidd per aaye to  
Jo chahe wo paye  
Mann hi hai wo sachcha dost  
Jo sahi raah dikhaaye  
Aur mann hi hai wo baawra  
Jo vichalit bhi kar jaaye  
Jeet bhi Mann se  
Haar bhi Mann se  
Mann se hi mandir aur Madina  
Honslo ki udaan bhi Mann hai  
thaan le Mann to haar kabhi na  
Mann se chalti duniya sari  
Tham jaaye sab gar mann ho bhari  
Bana lo gar is mann ko manmajuji  
Hogi duniya muthhi mein sari

- Neetu Sidana

### All set for the Under-14 Cricket Premier League

Udaipur: All set for the Under-14 Cricket Premier League will be held from January 25 to February 5 in at Sikar Bari ground in 14 players format. All preparations are made this information was shared in media by CEO of Archa Group of Industries in a press conference.

Sourabh Paliwal told that 196 players of age group 14 were trained by coaches out of them in 14 players format matches will be played winners are runners will be given running shield and attractive awards manof match best bowler and batsman award will be given in every match to encourage youth. This tournament is named after late such Paliwal.

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## Rishiraj Rathore felicitated

Udaipur: The Poster of 8th State Level Para Athletics and Power Lifting Championship was unveiled by organizing committee chairman Dr. Yashwant Kothari few days back the tournament is beginning on 25th

During the press meet Rishiraj Rathore, recipient silver medal at the Asian Para Games in Dubai recently, was felicitated at Chandni Chowk Roof Top Restaurant located in Arvana Mall, by Pushpendra Parmar of Arunodaya Arts.

The city of Udaipur has got the opportunity to host the 8th Rajasthan Para Athletics Championship jointly by Para Sports Association of Rajasthan, Udaipur Districts Para Sports Association and Handicapped Welfare Committee in collaboration with the officials of Paralympic Committee of India.

In the said Championship, around 600 players from Para Olympic Committee of India and Para Sports Associate., 8 Para Sports Associates, including many International 6th Medal winner Khel Ratna, Padmashree Arjuna Award / Dronacharya Award / Maharana Pratap Award holder likely to get participated this information is shared among media by Leena Sharma.

शिल्पग्राम उत्सव  
Shilpgram Utsav  
21 से 30 दिसम्बर-2017

उद्घाटन : 21 दिसम्बर 2017 सायं 6.00 बजे

आय सादर आमंत्रित हैं

पश्चिम क्षेत्र सांस्कृतिक केन्द्र उदयपुर

मुख्य अतिथि  
श्री कल्याण सिंह  
माननीय राज्यपाल, राजस्थान

श्री गुलाब चंद कटारिया  
माननीय गृह मंत्री, राजस्थान सरकार

विशिष्ट अतिथि  
श्री अर्जुन लाल मीणा  
माननीय संसद सदस्य

श्री सी.पी. जोशी  
माननीय संसद सदस्य

सहयोगी : विकास आयुक्त हस्त शिल्प, नई दिल्ली, विकास आयुक्त हथकरघा, नई दिल्ली, राष्ट्रीय पटसन बोर्ड, नई दिल्ली एवं सभी क्षेत्रीय सांस्कृतिक केन्द्र