



# & Much More

## New to music cannot be done by human being : Wadekar

Udaipur: Singer Suresh Wadekar said that the change in music is a good sign but it is not in the hand of human being. There is nothing in music because it is based on saptsur.

He was speaking in the program organized by The Spark Institute in Hotel Q.

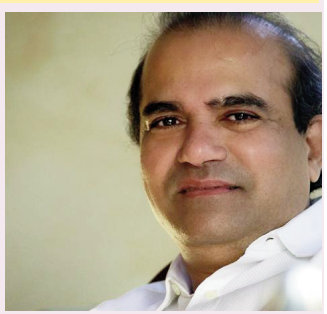
He said that if he takes care of, heritage and culture, it will make changes no doubt. Change should not be as an overdose. Music is a sea in which the number of remissions is as low as it could be. So one should not try to innovate in music.

Wadekar, who was involved in the promotion of music, said that he is expanding the branches of the Music school. 15 branches are functional in India and abroad now they are opening branches in smaller cities so that the country should bring out the hidden talent in the field of music.

He said that it is pleasant for the country that children are entering the field of music but he expressed his sorrow over the fact that after becoming a winner in the reality show, the channel makes a contract with the winner, who is in the future, is harmful to their talent because they have to work as per company profile. He added & told that the singers' experience in singing speaks in its own way coping is spoiling their hidden talent.

On this occasion, Mayuresh said that in the past 15 years, he has created 13 albums and given voice as a singer with legend star Lata Mangeshkar. In the first album in 2003, the poems of former Prime Minister Atal Bihari Vajpayee were recorded in the voice of Lata Mangeshkar. After that, in the voice of Lata Mangeshkar, many albums have been recorded as Sadagi, sarhadade etc it may recalled that Lata Mangeshkar is going to complete 75 and 60 in the field of singing.

Rajesh Khamsara Chairman Lokesh Chaudhary, Rajendra Sharma, Dinesh Kataria, Kishor Pahuja, & Abbas ali Bandukwala were present in felicitation and welcome ceremony.



## Make your bonding stronger on this Karwachauth

Karan Johar has been given the full credit to spread love for Karwachauth, all over the world. Heavy sarees and make up give a special feel of this festival. I think 90 percent females of young generation have started keeping this fast after watching KJ's superhit movies.

The true meaning of Karwachauth is not keeping oneself hungry without water or food, it shows the inner strength and love of a female for her husband.

I got married in 1994 and kept this fast with full dedication for 13 years. I lost my husband in 2007 in a road accident. I never told anyone that I had kept fast for him after his death too. I believe that souls never die. After one year I started studying Buddhism and I had changed the old concepts in my environment.

It's good to keep fast and wear designer clothes on this day but it's more important to understand the meaning of true love and care for your husband. Festivals are not celebrated to buy new clothes and distribute expensive gifts.



Many females disrespect their husbands and show tantrums to do simple household work. I have seen that females just don't want to cook and clean these days. It's been considered as low category job. I am a working woman and I think cooking healthy food and making your home tidy are the most time consuming jobs. People are suffering from many diseases which were completely unknown to us before one decade. It's good that we are progressing and males should contribute in home jobs. But females are masters of

cooking and household jobs without taking any master's degree in management.

I don't think any female wants to see her husband and kids getting fat and unhealthy. On this great occasion of Karwachauth, females must change their old concepts.

Priya is a newly wedded girl who is eagerly waiting for her first Karwachauth this year. She has seen her mother scolding her father for not bringing enough money to fulfil all desires. Her mother does this fast every year and always nag on simple issues on this day.

She behaves in such a way that keeping fast is like fighting a battle on war front. She does not want to understand that environment gets disturbed with this childish and immature behaviour.

Priya got married to a banker. She has taken the pledge not to fight with her husband on this day. Off course she knows the value of money but mental peace is more important for her.

It's pointless to compel your husband to buy an over budget designer dress for this occasion. Healthy environment

and relations can give you mental peace which is the demand of today's world. Expensive diamond necklace don't give you pleasure if your husband is in stress to buy it. After all keeping patience and smile on your face works better for anyone rather than wearing artificial glamour.

Many males are suffering from domestic problems and need marriage counselors to improve their marriages. Karwachauth can not give guarantee of health and age but your positive attitude can double his age.

National council for women has been developed to help poor and helpless women who are real sufferers. It's disgusting to see some females taking the advantage of being a female. Why can't you keep ego and pride aside on this festival? When you decide to harm others, firstly you lose your mental peace.

How much will you earn from a husband who needs only love? It's not that all men are heartless and all females do this.

Keeping faith in your heart

and respect in eyes can make your Karwachauth the best one.

Thinking about food and cursing your family only makes your day gloomy and bad. In Buddhism I've learnt that only the heart is important. Spirituality has taught me to learn the art of positivity and satisfaction.

Every festival has a scientific value in our culture, learn to enjoy the essence of all festivals. Make your soul beautiful and expand your vision to become a winner of hearts. No crown can match up to this quality in this world.

Avoid superstitions and going to astrologers in search of peaceful life.

It's in your hands to write the future of your family. After all one needs love and affection to live and not millions of pounds and dollars.

Your moon is right behind you, don't look for the moon in the sky.

I hope you will enjoy this Karwachauth much more than ever before. Best wishes to all the lovely ladies and their husbands.

- Hritu Sodhi

## A Popular Joke From Punjab..



A popular joke from Punjab goes like this, 'On the day of Karwa Chauth a husband notices his wife glittering in a beautiful attire and ornaments and comments, "Oye soniye, aaj to liskhare maar rhi hai... kee gal hai?" (My sweet heart, today you look gorgeous, what is the matter?) She replies bluntly, "Tuhada hi syapa paa rahi hun." (I am engaged in your mourning).' Many such jokes have been created around this festival. Even poets like Suresh Shamra have written anecdotes and poetry on it. In fact, many people take such traditions lightly, but frankly, not everyone understands the significance of this festival. They go about the rituals considering it as a formality or on the other hand, religiously follow the complete fast at the cost of their health. Basically, we should enhance understanding in the family with dialogue. Husband-wife relationships should be nurtured with utter care to ensure understanding and pure love towards each other and other family members. The festival should be observed in the right spirit. It is not the wife alone who should sacrifice for her husband and family. It is everyone's equal responsibility to take care of each other. It should be flexible and manageable so that it always has a sense of belongingness.

That is the true essence of Karwa Chauth, the Indian festival celebrating pure love. The day when married ladies are dressed in their festive best, with their dearest jewellery on, making their happy faces glow even brighter. They observe a fast throughout the day and only after the Moon (Karik Chaturthi) appears in the night sky they make pious offerings to the Moon, like water, while looking at it through a sieve. They seek blessings for a long and healthy life of their husband and also their families. Then they take blessings from elders and pray for happiness in their families. It is a joyous day for everybody as each one feels related to others with a strong emotional bond.

- Vilas Janve

## LOST FOOD

Pua or Gulgule...

Pua is a North Indian sweet dish that is very easy to make and tastes delicious. Originally from Uttar Pradesh, this is the recipe that new brides make in their husband's house. After marriage, it is common for the family and friends of the groom to come visit his home and see the new bride, and get to know her better. This is also an occasion for the bride to showcase her cooking skills to her new family, this process continued in many households. Pua are made for Karwa Chauth as part of the Prashad and is eaten after the pooja is done.

Gulgule

Whole wheat flour - 200 Gm, Sugar- 125 Gm, Fennel seeds - 3 Tsp, Milk - 100 ML, Baking powder - a pinch, Ghee for frying

Procedure:

- 1. Cover the Sugar with hot water and stir till dissolved.
- 2. In another bowl add atta, ghee, salt and baking powder.
- 3. Add the Sugar solution to it to form a batter of dropping consistency (adding more milk if required).
- 4. Add the fennel seed.
- 5. Heat ghee and add equivalent to a tbsp of the batter over high heat.
- 6. Lower the heat and let the gulgula cook over medium heat.
- 7. Remove the fried piece with a slotted spoon.
- 8. Increase the heat and then drop as many lumps as come in comfortably without touching each other.
- 9. Lower the heat and cook, turning once or twice till brown.

**Chef Satish Comments**

Instead Of Sugar Jaggery Can Be Used.

## JOURNEY OF INDIA'S PHILATELY



Following stamp of quill, inkwell of 3 and half anna's, ear of corn and plough stamp of 4 anna's and last stamp with picture of spinning wheel of 12 anna's price. All these stamps were printed at India security press Nasik.



## Neha Won A Car in Sojatia Lucy Draw

Udaipur: Neha won a car in Sojatia Lucy draw. The key of car was handed over by Arun Shah and Prof. Ranjit Singh Sojatia to Neha. The winner of the second prize, scooter was Gajendra Bist and the third prize of LED TV was given to Shri Hemant Jain by guest present. Dr Mahendra Sojatia and Rina Sojatia of Sojatia Jewelers informed that 916 Hallmark Gold Jewellery products are available at show room for which the price of gold as much as purity of gold is assured. There is no make-up charging on the Pol's Jewellery till October 20. Dhruv Sojatia said that 916 Hallmark Gold Jewellery, such as Gauri, Kalki Jewellery Antique Jewellery, Designer Jewellery, Kundan Jewellery, Diamond Jewellery, Diamond Polka Jewellery, Italian Jewellery, silverware, anklets and silver gift series, with a wide range of diamond jewellery are available with certificates Diamond Jewellery range starting from 4000 is displayed. It was informed that the debit or credit do not take



any additional charge to pay by card. Nehal Sojatia told that new Lucky draw on Sojatia Jewelers has been started, on purchase of item of and above Rs 5000 customers will get a coupon. Lucky draw with the first prize car will be opened after festive season of Diwali.

## A positive move-Save Ganga and Save Himalayas Rally held

**New Delhi:** Founder of Ahimsa Vishwa Bharti Acharya Dr. Lokesh Muni addressing the Save Ganga and Save Himalayas rally held from Gandhi Darshan, Rajghat to India Gate on the occasion of Gandhi Jayanti said that Ganga symbolizes all rivers and water bodies; Giriraj Himalaya symbolizes all mountains, forests and wildlife; Gandhi symbolizes a culture of Truth and non-violence, i.e. a culture of pursuit of ethical perfection as the ultimate goal of life and pursuit of selfless ethical life of universal love as its means.

We must take short-term and long-term time-bound course of actions to save the Ganga and the Giriraj Himalayas in the context of the present extremely eco-hostile, inherently unsustainable, out-and-out consumerist global market culture of unlimited desires.

Measures should be taken so that an adequate flow of natural fresh water flow on the Ganga bed and the Yamuna bed throughout the stretch of the rivers throughout the year not only to protect and preserve their ecology but also to meet the basic water needs of the habitations on their banks. Bhai Satpal Singh Khalsa and Shri Vivek Muni Ji said that we must not allow our development activities, essentially to satisfy our greed for wealth and lust for luxuries, in the name of development for the common people, to deprive the masses the various invaluable services they have been getting since ages from the Ganga and her tributaries and their source the Himalayas. Founder and Convener of Save Ganga Movement Smt. Rama Rautu welcoming the speakers and participants said that in the long-term, we must make serious efforts to solve the problems of eco-hostile industrialization, urbanization and population-growth, which constitute the root of our problem of environmental degradation in general and the slow death of our rivers. She said treated or untreated sewage and industrial waste must not be discharged into the rivers, and sewage must be converted into valuable manure for organic farming.

On the occasion Marathon Runner Sunita Godara with large number of children took part.

अब अच्छे इलाज के लिये अहमदाबाद नहीं जाना पड़ेगा

विश्व आर्थराइटिस (गठिया रोग) दिवस के उपलक्ष में

**गठिया रोगियों के लिये विशेष क्लिनिक**

**9 से 14 अक्टूबर 2017**

**लक्षण**

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