04

R- & Much More

By the Way : From Dusk To Dawn



From 1947 to 2017, many decades have been passed. Females have seen the changing colours of their world. From kitchen to the moon, females are progressively leading ahead. Once upon a time when stepping out was a dream for females, now they are holding high postions in all fields

I know it's not enough for us.

We have to achieve many goals before the end of this century. I was watching a 1960's movie yesterday with my son. Leading actress was crying in front of the whole family. Other members were cursing her for not bringing dowry. She had no option but to accept this fate. My son was also watching this movie with me. After 30 minutes, he could not resist and gave his opinion which motivated me to write on this issue. My son was angry on that actress for not leaving her in-laws house. She was not financially independent and it was not easy to break the rules of our society in 1960. I tried to take her side but my son was not convinced

By chance both of us watched "Toilet- Ek Prem Katha" in the evening together. Leading actress showed courage to speak the truth for her right. She left her husband for not providing a toilet. I was impressed by the views of the heroine of this movie. She is a small town girl but her thoughts represents the youth of today. I compared both the characters and noticed the changes in our society

Twenty first century females have become strong and bold. They have started taking decisions of their lives. After all this is an era of women empowerment.

Many schemes have been launched for the betterment of girl child.

Women have been underestimated since ages. They are suppressed by the name of rituals and superstitions. In many parts of our country, females are not allowed to get basic facilities. It's good to see few changes in our surroundings. Some families have come forward to educate their daughters.

Swachh Bharat Mission has shown a broader vision to us. Toilets and schooling are basic need of females. Progressive world can't be built on weaker shoulders. It's foundation has to be strong to hold the pillars of women empowerment.

Civilizations and culture of a country is decided by the strength of females. Females who are unbounded with the taste of superstitions and rituals. Females who dare to speak for the fundamental rights. Females who are not born to clean and cook.

Definitely it's a big dream to watch every girl child being safe and protected. This journey from dusk to dawn is long and tiring but it would definitely has a happy ending in the end.



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Bigg Boss 11: Salman Khan is ready to mesmerize everyone as the Host



The Bigg Boss is one TV Show which is keenly awaited by everyone and it has been the epicenter for controversies affecting the lives of many ! However, it is immensely popular and thus manages to attract the maximum eyeballs for several reasons. The primary reason for this

SURAN KE KEBAB

Suran(Indian Yam)- 500gms Chana Dal - 50 gm Shallots(Red Onions)- 150gms. Ginger-Garlic paste-2.5tsps green Chilies (according to taste)-5-

sprigs of fresh Mint-10-15 leaves 1small bunch fresh Coriander Bread slices as per requirement Coriander and Cumin Powder-3tsps.

Salt to taste Corn Flour-1.5tbsp

¢ Wash and soak the Chana Dal for 10 minutes. Wash, peel and grate the Suran.

¢ Finely mince half the Shallots and slice the other half into thin strips lengthwise.

¢ Crush the Bread Crumbs into a powder. Clean, wash and finely chop the Green Chilies, Mint and Coriander Leaves. ¢ Mix the Milk with the Corn Flour to a slightly thick smooth paste

¢ In a pressure pan mix the grated Suran, soaked and drained Chana Dal, thinly sliced Shallots, Ginger-Garlic Paste with a little Water.

¢ Pressure cook for 2-3 whistles till well cooked. When cool grind to a paste. Mix in Salt, Turmeric, Coriander-Cumin, and Garam Masala Powders.

¢ Mix in the finely chopped Shallots, minced Coriander and Mint Leaves and chopped Green Chilies. Adjust the seasoning

¢ Soak the Bread Slices in plain Water and squeeze all the Water out immediately.

¢Crumble into the prepared Suran Mixture and knead in well, Shape this Mixture into small flat Patties and make 20-24 small Patties

¢ Dip these Patties in the prepared Milk and Corn Flour batter, roll in the Bread Crumbs and shallow fry in a non stick Frying pan till crisp and brown on both sides. ¢ Drain on paper towels to remove excess Oil.

Chef Satish Comments



tremendous popularity of Bigg Boss has been undoubtedly the Sultan of Bollywood, Salman Khan which he also acknowl-Channel and the viewership too proves the same. Salman has compare and his inimitable

television sets. The Sultan of Bollywood, Salman Khan-hosted Bigg Boss 11 is special and will premiere on October 1, edges as well as the TV 2017. The other Bollywood Superstars are also coming on TV like Akshay Kumar who is been been a TV host beyond geared up to take the small screen by storm as the Host style even on the small screen in The Great Indian Laughter makes everyone glued to the Challenge and Shah Rukh

Khan whose Ted Talks India Nayi Soch is a special attraction where Shah Rukh with his witty style will spread a wave of positivity, motivation and inspiration with his new show. There are a few interesting #Videos which provide us an insight of what happened during the Grand Launch of #BiggBoss11 !

Youth Festival at Mumbai University

Recently, I got the opportunity to visit Mumbai to judge a folk and tribal dance competition at Mumbai University Campus, Kalina. While it was great fun to watch the wide range of performances from different states of India, it was equally difficult to tell who was better. 52 teams from colleges affiliated to Mumbai University participated in this two-days long competition. Strict rules were followed during this youth festival. Marking was done on the basis of Authenticity, Quality of Music and Dance Movements, Costumes and Ornaments, Coordination and Overall Impact.

I was accompanied by Dilip Khanderay from Aurangabad, a known figure in traditional folk and classical dances, and Sugam Gurang from Darjeeling, a choreographer, musician and visionary artiste. Suggested by Dr. Ganesh Chandanshive, Dean, Faculty of Fine and Performing Arts, we were invited by Dr. Sunil Patil, Director, Department of Students' Development and Prof. Nilesh Sawe, Cultural Coordinator, University of Mumbai

It was expected that the performances of folk and tribal dances of Maharashtra be best in all respect as it got revealed in Dhol Dance, Thakari Gongadi, Gauri Naach, Tarpa Dance, Dhangari Dance, Toor Thal Dance, Aagari Bhavari Dance. These dances were natural. It was also understood that the Athango Gop Raas, Tippani, Rathwa and Dangi Dances of Guiarat, and Kamsale Dance from Karnataka were neighbouring states, hence these dances too were authentic and attractive. But what was most interesting was to watch the youth participants of Mumbai University take special effort to explore the cultural heritage of sister states of India and perform their folk and tribal dances with the same purity and intensity. They must have surely gone beyond Google search-mastering local music, playing indigenous folk instruments. learning songs in local dialect, singing with indigenous flavour and performing dances with authentic costume. It was clear that the students went through tedious rehearsals and understood about the community, their culture and the significance of such dances before bringing it on stage.

I admit that our country is bound together by its culture and not boundaries.

Badhai dance and Gudum Baja performed by Dhulia community of Madhya Pradesh, Panthi dance of Satnam community of Chattisgarh had more than one entries. Even Hozagiri dance of Reayang community of Tripura was performed by two groups. Chirmi dance and Dungari Garasia dance flaunted the vibrant colours of Rajasthan. Assam was represented by Hamiar (Rabha). Bihu, Jhumur, Nagurani (Bodo), Baghrumba (Bodo) dances. Himachal Pradesh by Nati and Ludi, Uttar Pradesh by Charkula, Baredi, Chattisgarh by Garudi, Kaksar and Raut Nacha, Sikkim by Rechungma (Bhutia) Dance Lencha Dance. West Begal by



Dhimsa, Madhya Pradesh by Korku Gadli, Kerala and Tamil Nadu by Paliyan Dance and many more.

For me, the highlight of the festival was the enthusiasm of young dancers. They were educated, disciplined and committed to give their best. They had perfect combination and coordination with their fellow dancers. Their choreography included few movements which have not been seen in the traditional folk and tribal dancers. This innovation added to their grace and did not disturb the essence of the original dance at all. An additional aspect noticed was the unconditional smile on their faces and a sense of triumph glorifying their performances. To celebrate the young talents a band performance was arranged too.

I am overwhelmed with the efforts these young college students put in their performances. They did their homework on dances from other states before presenting them. Some of the the dances were outstanding and can even be performed professionally.

I would take this opportunity to make a few suggestions to add feathers to their cap. Such a well knit event can either be organized in open spaces or in ventilated closed spaces with exhaust fans. Since the elaborate lighting on stage creates enormous heat, dancers will be comfortable having such facility. Secondly, most of the teams had professional choreographers and musicians barring few like Gudum Baja, Tarpa, Gaur dances, hence they were not in costume

The folk or tribal performances get more colour and meaning when the entire team is in costume. The authorities may adopt this practice when they send their students to inter-university events

A big thank you to the Vice Chancellor Prof. Devanad Shinde who graced the festival with his august presence and motivational blessings to the young students who are preserving the

quickly realized that the window was open, though she closed

it herself and latched it properly before going to bed. She got

up, still shivering because of the wintery and chilly atmosphere;



Milk-100 ml plain Bread Crumbs -100 Gm Oil for Shallow Frying

Procedure:

Snakes and Ladders

Donut feet, swaying to the tune of "Snakes and Ladders", Gliding along the rainbow wall, Admired by wind chimes of neighbours - sun and rain alike;

The tales shared by 4 little eyes and the charming tricks played by those little fingers,

Create a musical fountain of a child's mood swings. The feeble gaps between poles in farms, are like black holes;

They suck me in and spit me out..out of the various worlds I created;

My fingers relive the texture of my school bench, the fragrance of my college mess and the sensitivity of her belly. Reclining in the theatre of life, I reflect upon the nest I wove, the strings I broke, the dams I made and the hearts I stole.

A sneaky but bold voice, reverberates the chandeliers of self reflectance.

"Let's play the game again, and this time play to win." The battle horns ignite the missing spark and infuse new fire to the game.

Spectacles blinded by the vapours of kadak chaii, and the magic fingers hit the bull's eye. 100 it is.I look back. She took my snakes away. But

now I search for the ladder to get back to 0.....to play the game" again

- Darpan Chandalia

Serve Hot With Spicy Green Chutney and Soonth ke Chutney

Dr. LS Jhala to leave for Lisbon

Udaipur: Dr. LS Jhala of Alakh Navan MandirHospital will represent the country at the 35th European Congress of Ophthalmology.

Dr Jhala said that this World Conference will be held in Lisbon, Portugal from October 7 to 11, in which ophthalmologists, surgeons and specialists from around the world participating. Dr. jhala will also read your research paper 'Refractive Lensectomy in High

Myopia' in this conference.

The most recognizable conference in the field of ophthalmic medicine will have intense brainstorming and ideological exchanges on new methods of treatment, new equipment and research.

Dr laxmi jhala sais on this global platform, select experts from around the world will share their experiences. Experts from Alakh Navan Mandir have been participating in this conference for the last eight years. The objective behind this is to adopt new techniques of treatment at the right time and provide the best eye treatment to the people of the tribal areas.

Governments in free India are executing the Bills opposing which Sardar Bhagat Singh threw bombs in the Assembly

Udaipur: Sardar Bhagat Singh and his fellow comrades were opposing Trades Disputes Bill and Public Safety Bill while they hurled bombs in the assembly. Unfortunately the union and state governments in India are executing the very same provisions which were in those notorious bills in the name of labour reforms and containing internal disturbances." This was said by Prof. H.S. Chandalia who was speaking as key note speaker in a meeting organized to observe the 110th birth anniversary of Shaheed-e-Azam Bhagat Singh on 28th September, 2017. The meeting was organized by Loktantrik Adhikar evam Sadbhavna Manch. Prof. Chandalia said that the Public Safety Act was passed in 1978 and is used even now under which hundreds of people have been arrested in recent times. Under this Act any body can be arrested and held in custody without trial for three months initially and this period can be extended up to one year. In many cases this rolls on . once somebody gets released by the court order , after release he is arrested again.

The second bill was Trades Disputes Bill which banned all kind of Trade Union Activity particularly strikes. Similar provisions are in force in Rajasthan in the name of labour reforms and are to be enacted as a law in the winter session of the parliament. Such anti people laws were being opposed by Bhagat Singh. The time has come to organize people to resist such draconian laws which are being executed in free India. Addressing the meeting Prof. Sudha Chaudhary said that Sardar Bhagat Singh was opposed to the varnashram System which is being strengthened by the BJP led government and its front organizations. She said that communalism, patriarchy and capitalism are the the real challenges before Indian society and these can be overcome by the ideology of Bhagat Singh.

The meeting began with a revolutionary song by poet Habib Anuraagi . In the beginning Advocate Rajesh Singhvi, former member of the board of councilors of Municipal Council related the major events of Bhagat Singh's life and his struggle. He said that Bhagat Singh had a vision which most of the leaders of freedom movement lacked. Comrade Shanker Lal Chaudhary, member of the state committee of CPI(ML) said that Bhagat Singh was a rationalist and did not believe in dogmatic religion. He was of the view that freedom would have no meaning if the labourers, peasants and common people did not get justice.

Tusu Parab (Santhal) Dance, Andhra Pradesh by Goddi Beta cultural heritage of India.





People say that there is no such thought too. She knew her younger brother believed in all this nonsense so she never missed a chance of scaring him. say that if you do, then they

scare you the entire night! Some say that it's like seeing a nightmare with your open eyes!" Emma said in a serious tone, trying to control her laughter. "St-stop scaring me...if you think I'll believe you then let me tell you I w -won't." Zack stuttered throwing away his toys with a jerk .

Then he got up and ran downstairs shouting. "Mom! Emma's scaring me again!"Oh! What fun she had teasing her brother and scaring her friends! Although they knew she's lying but you never know when her fantasies may turn into reality or when their fears may come true. Emma used to think how easily these people are fooled and believe her lies. But it was that night when her own pranks, her own silly imagination turned into a reality and soon into one of her gravest fears... So what happened that night?

It was a cold winter night and that night, Emma, while sleeping in her warm cozy bed, felt as if someone was watching her, someone with blood shot red eyes from the door. But as soon as she opened her eyes, there was nothing but the dark empty space and the creepy cold wind blowing through her face. She



CPI(M) leader Rajendra Vasita, AICTU district secretary Saurabh Naruka, Research scholar Sushil Yati, teacher Feroz district secretary of Democratic Youth Federation of India Lalit Meena, Ashok Kumar, etc. addressed the meeting. Well known poet and social activist Abid Adeeb chaired the pro-

PRANK OR REALITY?

thing as ghost. That's what Emma "You know what Zack? You should never play with your action figures at night. People become alive with red eyes and

walking towards the window she heard her door creak. She got a bit frightened by it but decided that it creaked because of the wind and continued on her way towards the window. As soon as she reached the window that reflected her door, she closed them and there! She saw them! The two scarv scarlet tiny marble like balls, one next to other looking from left to right followed by a small doll-like giggle! She stood there frozen. A chill ran down her spine; Goosebumps grew on her shivering skin. She slowly turned towards the door: her teeth clattering, her heart beating so fast that if not for the ribcage, it might have popped out of her chest. Though not wanting to, her feet started walking towards the door...curiosity took over her fear. For her, every small step towards the door felt like a giant leap towards her doom or maybe her DEATH! Today the door seemed unbelievingly close to her. She wanted to believe in the nonexistence of ghosts but how can she!? When there was ONE right on the other side of her door! She reached towards the knob AND...The alarm goes out! She opened her eyes. Though she was sleeping, she felt TRIED, SCARED and was SWEAT-ING constantly. "A dream...only a dream... But I have to admit...never had I ever been so scared. " She said, still sweating, with a sigh. She stretched her arms and noticed a piece of paper on her lap. She picked it up and read it with a serious expression, it said:

"Isn't fun when your imagination and pranks turn into reality? Right, Emma?

Truly yours. Favorite tale's character that became alive ... "

Child artist Prince departs for film shooting

Udaipur: Talent is the God gift, prior to Prince Bajaj many udaipurites registered their names in various fields globally A new name of Class 7 student at Ryan International School Prince Bajaj in included, who leftfor Kanker, Chhattisgarh. He will take part in a film 7 sath hai, as a child artist.

Kareena Bajaj said thatPrince will be seen in his debut film along with the children's favorite artist Shaktiman alias Mukesh Khanna. The story of the film says that 22 children go to the jungle to celebrate picnic, from which 7 children disappear. Those 7 children are brought to Mukesh Khanna from the forest. In this film, Prince will appear in the role of studded. Director of the film RiteshThakur, Producer A.K.Enahar and co-producer is Rashika Jindal

Chetan Prakash Bajaj said that the short film signed under the banner of M Square production that will soon be launched on YouTube

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