Royal Harbinger



& Much More

By the Way: Miracles Don't happen by chance



Our National TV channels are showing love scandals of a Designer Baba these days. He is very famous for his life style and miracles. . I was shocked to hear the stories of this Baba and his followers. I don't know why people follow any human being without knowing him personally. These type of Babas spend thousands to collect crores of money. It's real-

ly unfortunate that our society believe in such religious Gurus more than Gods.

Villagers attend some religious meetings and start propogating about miracles. It was really shocking to see the crowd fighting and protesting on roads for a rape accused. It never happened in the history when a criminal was tried to be rescued by the crowd. A big and beautiful city was set on fire by the mob. Baba had billions to spend on stupid and C grade films.

The biggest question is not that how a so called religious guru turned into a designer baba. It's definitely questionable that why people believed him and not their own daughters. It shows our inner weaknesses that we want to lead a problem free life. We don't want to work hard to get success. We believe in short cuts to live peaceful life. These designer Babas sell dreams and we buy without even thinking twice.

Followers donate money and other assets on demand. Some people donate their hard earned property and gold to these ashrams. These ashrams or shelter homes are not built for the poor. Retainers and servitors use this money on luxuries. They buy huge cars and other comforts from your hard earned cash. But blind followers don't want to see the truth. Baba's magic and tricks don't let them think of anything.

Pragya was an educated girl who had studied LLB. She got married to a simple boy whose parents refused to accept them. Pragya's mother was uneducated. She took her to a local Baba who promised her to give everything. He demanded some cash in the beginning. Pragya gave her ornaments to the Baba. One day he called her at midnight to do "Anushthan" to please her in laws. Pragya got ready and reached on time. After half an hour of worship, this Baba gave her something to eat. Pragya got unconscious and Baba raped her in this condition. He threatened her not to speak about this incident.

Every year thousands of illiterate women lose their dignity to these Babas. They don't want to understand that no one can remove negatively from their lives. Each and every human being is born with heavy burdens of karma. This karma is not being removed by Tantra - mantra unless and until someone is determined to change his/her destiny. We are the creators of our own destiny. We find it easy to recite mantras to change destiny but we can't learn to believe in our own strength.

God has given each of us a different mission and powers to fulfil it. The road of spirituality is tough and religious beliefs stop us to think in a positive way.

These designer Babas understand our weaknesses and make fool of us. They are just simple human beings who have motive to fulfil their own desires.

Let's not believe in miracles. By the way miracles don't hap-

Let's believe in our own destiny and plan to change it by our

Children are the best assets, don't spoil their future by push-

ing them towards these ashrams where no one is safe. Our future generations should be free from this. We must break the chains of conventionality to brighten the future of our kids.

Stop going to these Babas and gurus in search of peace. Trust the supreme power who has created the entire universe. Its powers are limitless and beyond imagination. Love human resources to save humanity. Believe in your own magical powers with which you can learn to live in this world with other living

WORLDS SMALLEST TINY FIGHTER

'Miracle' baby weighing just 645 grams is 'smallest in the world' to survive after major stomach operation

A tale of courage & fight by extreme low birth weight baby (weighing only 645 grams), 4 days old who underwent a critical stomach surgery at Jivanta Children's Hospital, Udaipur. , which is now a new milestone in history of Medical world. INSIGHT:

For Madhu and Rajkumar Rajput it's the greatest gift from God to see their three months old survive the odds and come home from the Neonatal ICU at Jivanta Children's Hospital, Udaipur

Born to a couple married for 14 years, pregnancy was carried upto 29 weeks when her blood pressure was uncontrollable and the ultrasonography revealed reversal of blood flow to fetus. Because the blood flow to the baby was decreasing, she was taken up for emergency caesarean sec-

Baby boy was born premature just at 29 weeks of pregnancy (Normal pregnancy duration 40 weeks). This baby was very

Parwal - 01 kg

Ghee - 60 gm

Cash nut paste - 60 gm

Almond paste - 60 gm

Cumin seeds - 02 gm

Chop onion - 150gm

Refined oil - 50 gm

Salt - 05 gm

Lemon - 01 nos.

FOR STUFFING

Paneer - 100gm

Potato - 50 gm

Salt - 02 gm

PROCEDURE

Raisin crushed - 10 gm

Cash nut crushed - 10 gm

Almond crushed - 10 gm

Turmeric powder - 02gm

Fennel seeds powder - 05gm

Peel and cut the parwal into both side. Scoop out the seeds.

Marinate with garlic paste, ginger paste, turmeric, and red

chili powder and lemon juice for five to ten minutes. Heat

ghee in a pan adds some green chilli chop sauté tilllight

seasoning Heat oil in a pan add cumin seeds, chopped

red chilli, coriander, turmeric powder and salt cooking

properly with curd. Mix in stuffed parwal.

lauki and turai can be made in same procedure.

Chef Satish Comments:

brown Add crushed almond, cash nuts, raisins and sauté

some time And add grated paneer& potato all are mix with

onions till brown. Add green chili sauté some time then add

smoothly.Add cashunut, almond, brown onion paste cook it

Red chilli powder - 20 gm

Turmeric powder - 10 gm

Chop green chilli - 30 gm

Garammasala powder - 02 gm

Ginger garlic paste - 10 gm

Melon seeds paste - 80 gm

PARWALMUSLLAM



the family. The baby was handled and looked after in the Jivanta Children's Hospital-Neonatal ICU with precise care under Chief Neonatologist Dr Sunil Janged , Dr Nikhilesh Nain and trained nursing team. He was struggling to breathe, so was immediately put on ventilator and given medicines to expand his tiny, immature lungs. He cannot be fed adequately due to immaturity of with such poor condition was

WHY SURGERY:

Dr Sunil Janged told on day 4 of life baby deteriorated so badly, developed tense abdominal distention, skin of abdomen was turning bluish, heart beats and blood pressure started dropping. Investigations showed intestinal perforation with infection . His body system was shutting down. We knew that baby won't give us much time, so operation was the only resort left to us. Major surgery on such a tiny baby

But this baby was the only hope for the family. Pediatric surgeon Dr Shailendra Singh, anaesthetic Dr Ajaysingh Chundawat and OT staff carried out emergency abdominal surgery under general anaesthesia which lasted for 1 1/2 hours.

Dr Shailendra singh said - He was smaller than my hand when we operated on him. There was big tear approx 6cm in stomach wall. The stomblack. His organs were so delicate and fragile that as soon as we started operating, even with our small instruments, everything started to bleed and fall apart. Stomach wall was not able to take the sutures. Dead tissue was removed, abdomen was thoroughly washed and stomach wall closed with lot of difficulty. Dr. Sunil Janged further said that he would have been dead without the surgery. Its very tedious job to operate such small baby weighing only 645 grams as babies born this small have extremely poor function of all body organs like heart, lungs, brain, and kidney. It's like walking on a two edge

POST OPERATIVE HEALTH BULLETIN OF BABY:

Dr. Sunil Janged informed that post-operative course was like rollercoaster. During this period, atmost care taken to avoid any stress on sutures, baby had a tube passed through his nose to drain off the contents of stomach. Baby kept nil by mouth very much difficult and chal- ach tissue was extensively for 15 days. We had to start are also developing normal.

nutrition, which basically means giving all the essential nutrients such as amino acids. lipids, carbohydrates, minerals, multivitamins and trace elements directly into blood circulation. There have been lot of hurdles, infections, blood transfusions along the way. Regular screening of heart & brain were performed to rule out any bleeding in brain.

Gradually started with few

drops of milk through tube and slowly feeds increased. This small baby required respiratory support for a period of about 20 days. He was able to start drinking from spoon only after about 2 1/2 months of birth. In all, he was in the NICU for almost 90 days and today he is being discharged when discharged, his weight was close to 2110 grams. Honestly I was walking on ice throughout but he is a fighter and is improving brilliantly. By far the progress and clinical course in the NICU was very satisfactory for a baby of his weight and gestational age. His brain is structurally normal and eyes

Bhagat Singh's birth anniversary on 28th September

One Hundred and Ten years of a revolutionary's life!

Bhagat Singh whom the country knows as Shaheed-e-Azam completes one hundred and ten years of his life. He chose to be a martyr for the nation and martyrs never die, so Bhagat Singh lives. Bhagat Singh lives today in the hearts of thousands of his ardent lovers for whom the path of Bhagat Singh is their path. It is the path of creating a new world order without imperialism, capitalism and exploitation of any sort. His path was a path that led to an equitable society, a society free from religious fundamentalism and caste based discrimination. He craved for economic equality for his countrymen and said that just transfer of power would have no meaning. He believed in the need for revolution and called upon the youth of India to be prepared for it. In his letter to the students of this country he wrote: "Youth have to carry the message of revolution to the remote corners of this country. They have to arouse people working in factories and industries, living in slums and shattered huts in villages and prepare them for revolution which will bring freedom for us. Then the exploitation of man by man will become impossible."

But he knew that revolution was not an easy goal to achieve. It was not just a romantic dream which could be converted reality by sheer individual adventurism. At such a young age he had read so much that he knew very well what the pre-requisites of revolution are. He wrote: " Revolution is not an easy nut to crack. This is not possible with the power of just one man. Nor can there be a definite date of revolution. It emerges out of certain socio-economic conditions and a well organized revolutionary party has to take lead in this and prepare the masses for it. For a revolution all the forces have to be united and the revolutionary activists have to give many sacrifices. ... In the words of Lenin we need professional revolutionaries who can give full time

but revolution. The more such activists unite in a party, more are the chances of success of revolution". This reminds us of communist revolutionaries like Ernesto Che Guevara and Fidel Castro the two heroes of Cuban revolution. They fought tooth and nail for the Cuban revolution and succeeded in overthrowing the American supported dictator Batista Government in Cuba and established the rule of the proletariat in Cuba.



In the present Indian context where the command of the corporate capitalist forces, both national and international, has captured the entire political system and hijacked the economy to fulfill their class interests, the words of Shaheed-e Azam Bhagat Singh are relevant today. The common people including youth no are largely unemployed or underemployed, peasa tract employees, government employees, women and children are suffering . They do not form a priority of the national governments. All the policies that are being followed are pro-capitalist and anti-labour. Privatization of education, shrinking of investment in agriculture, weakening of public distribution system, communalization of politics and widespread corruption in public services have made the life of people difficult. There is again a need for revolution and the youth whom the leaders are never tired of calling demographic dividend, but are always beguiled, need to rise up for their future.

Fusion Business Solutions among recipients of Export Excellence award



Udaipur: Fusion Business Solutions, Rishabh Marmo, Tempsens, Harmony Plastics were honored in first edition of Rajasthan Export Excellence award held inJaipur

selected five businesses of udaipur were honored in presence of Chief Minister Vasundhra Raje Scindia and Industries Minister Rajpal Singh Shekhawat, for their contribution in exports in five different categories

Fusion Business Solutions has become a name to reckon with in the business process out-

sourcing services industry in India, with a 300 member team, having specialists from top education institutes, copywriters, website designers, developers, recruiters and researchers, all of whom are the genesis of Fusion. Madhukar Dubey, Founder and Managing Director of Fusion received the award on behalf of the company. The company has clientele from across the globe and caters to virtual assistance platforms, recruitment and software development. Rishabh Marmo, founded in 1988 by three enthusiastic and entrepreneur spirited friends - Hemant Kothari, Kalit Bhandari and Aditya Karwa had its humble beginnings as a trading house in stone, before changing orbit to become a importer and exported of high quality Italian stone. Rishabh's focus on natural stone, a global approach to business and emphasis on turnkey projects have made it notable export house with valuable natural stone assets in high quality green marble and granites, which exports to over 70 countries. They have their own quarries, and two factories in Udaipur and Jalore. The company has been the recipient of the CAPEXIL export award for the last 15 years now. Their products are exhibited in European, Middle Eastern countries and in USA, with turnkey projects across the Middle East and Europe. Kalit Bhandari, received the award on behalf of Rishabh.

Harmony Plastics Pvt Ltd. a part of the Bapna group, received the award under the Plastic Weave industries category for their immense contribution to exports. Shilpa Bapna, Director at Harmony Plastics received the honors on behalf of her company, under MSME category.

Tempsens Instruments (I) Pvt Ltd, was also the proud recipient of the Export Excellence award and was represented by IN Rathi, Managing Director. Tempsens, one of the largest providers of thermal and cable solutions, is headquartered in Udaipur with production units in Udaipur, Germany and Indonesia. It is part of the Pyrotech group of companies founded in 1976. It is a ISO 9001, 14001, and OHSAS certified company.

Flag off of "Influencers on Wheel" held

Udaipur: The inauguration of a unique initiative by Wonder Cement Limited, "Influencers on Wheel" took place at 10 am outside the Central Marketing Office, Celebration Mall. Jagdish Chandra Toshniwal (Managing Director), flagged off the bus leaving with around 40 masons and contractors to visit Wonder Cement's plant in Nimbahera. Local Media, company employees. contractors and masons were present at the flag off event. The influencers will be briefly informed about the ideal construction practices through LED TV installed in the bus through-

They will be taken to plant where they will get to see the mines.

the whole process of cement manufacturing, the Robotic Lab and all the latest technologies used at the Wonder Cement Plant, "Our aim is to show all the influencers that how close attention Wonder Cement pays to the standard of our product and we are specially concerned with consistency of Quality

The company adheres to the most stringent international norms on quality. It will change their whole perception of the cement manufacturing" says, Hitesh Mogra (Head-Technical Services). Wonder Cement aims to take the masons and contractors from all the parts of Rajasthan to the plant.

"Change in lifestyle to avoid any heart attack. For that, Indian **Heart Talks** food and lifestyle are the best," says Dr. Deepak Ameta, MD, DM, Cardiology Consultant of International Cardiology. As we talk about the heart disease which has come into pic-

ture across the world because of change in the lifestyle, we see that it has drawn a horrific dark picture. This disease has now become common among youngsters which used to be an issue with people above the age of 40. "A maximum number of deaths

are caused by heart diseases. The arteries of the heart get blocked which causes death. To avoid this, the daily routine and lifestyle must change," says Dr. Ameta. The blockage is nothing but occlusion in the arteries that carry blood to the heart. When this blockage reaches 70%, the person starts feeling pain on the left side. Amid this complexity, the plaque gets built up which narrows the arteries and the heart does not receive proper blood supply to function. Talking about the main reasons of heart failure, Dr. Ameta advised to avoid eating outside, live a stress-free life, and have balanced diet. "Lifestyle changes and eating outside are the main reasons why people in the age bracket of 35-40 are facing heart diseases," says the heart specialist. Heart cleans blood through lungs but when the blood fails to reach the heart, it has no way to clean up. Consuming excessive fat creates obstacles for the heart which leads to diseases. Change in lifestyle means that one should at least walk 30 minutes daily and avoid fast food and fatty items that are oily. The medical process to diagnose the heart blockage is called cardiac catheterization, cardiac cath, or coronary angiogram. During angiography, a long flexible catheter is inserted through the bloodstream to



deliver dye (contrast agent) into the arteries making them visible on the x-ray. When these arteries get narrowed, the patient could feel pain in the chest or receive a heart stroke. To open up the arteries, a cardiac process called angioplasty is done. Angioplasty is done by threading a catheter through a puncture in arm or leg artery to the heart. The blocked artery gets cleaned up by inflating a tiny balloon in it. A stent is also inserted in the artery to keep it open. A stent is nothing but a small wire-shaped pipe. In ultra-modern medical treatment, the medicine-stent is being used which reduces the chances of blockage again to a great extent. Angiography is a day-care process in which patient does not need to stay in the hospital overnight but in case of angioplasty, doctors keep a patient under observation for at least 48 hours. We are fortunate that all these treatments are available in Udaipur only but as Dr. Ameta said, one should strive to ensure that they do not need any such treatment ever. The logic is very simple: Live a life with full joy and activities. Eat homemade food and try and include all available natural incredients and avoid readymade stuff.

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