



&amp; Much More

**By the way : RIP Nirbhaya**

Who can forget this dreadful act in which one young girl was brutally raped by 6 men and thrown out of the running bus on 16 December 2012.

Yes I am talking about Nirbhaya aka Damini.

Supreme court finally gave justice to the family of Nirbhaya.

One rapist committed suicide and another one was released after 3 years of punishment. Four rapists are given death sentence. Now finally Nirbhaya can rest in peace.

Souls of many daughters can hope for justice in their cases too.

Gender discrimination is the main cause of increasing crime rate in our society. Females feel insecure to step out at nights these days. Mostly men are taught to insult females in our society. They feel no shame to pass lewd comments on girls.

I have seen men staring at me as a sex object since childhood.

Most of them still don't accept that females are intelligent. Our bodies are our best enemies. Women can't wear skirts and shorts because it can arouse any man to the extent where he can not only think of raping her but also it's a risk to her life. Men pass comments on women and act as if it's their birth right.

Offices and homes are filled with men who feel sick in the presence of women.

When these men can't compete with women of equal intelligence, they put blames on women's characters. It's a bitter truth. Irony is that when a woman complain against such people, she is asked to show proof. You can show proof of physical assault but how can you show the proof of mental rape.

In the fastest growing society women can't stand for justice because they are constantly being harassed for femininity.

It happened with me few times when I wanted to tell another female about my problem. I was asked to either shut up or go to women council. I was told that nothing will happen in the case of mental harassment. I have to give proof of physical assault. This is another form of rape.

No law has been made till date to save working women from mental harassment.

**Why can't a woman support another woman in such condition?**

I have seen men fondling the breasts of females who use public transport. It gives them immense pleasure to touch a female without her permission.

Such complaints are not even registered or entertained anywhere. Porn sites and literature are easily available on internet which is responsible for the crime against girls. Boys in puberty search these sites and read erotic stories which portray steamy image of females who are ready to sleep with any man. Savita bhabhi comic series got popular on internet which polluted the minds of many males a few years back.

It should be stopped immediately. Porn sites should be banned. Local administration can take steps to protect women. Schools must keep an eye on regular male staff. Males should be taught in a different way at homes. First of all gender superiority must be stopped. Girls and boys must get equal opportunities in villages and small cities for education. Awareness programs can be organised in schools, colleges and offices. Working women should be protected while travelling by bus or trains at nights. Companies must provide them female drivers and other facilities in case of late hour meetings. If we can't protect women or take responsibility of their safety, women should not be called alone to attend meetings at late hours.

Crime should be stopped for the growth of society. Law must be very strict like Israel or Arab countries where criminals are punished immediately and in public. Males from small towns and villages must change their low mentality for females.

A good society can not be built in a day. Our continuous efforts can bring good results. Rape is the most heinous crime for which a girl is being cursed without her fault. I hope some day situations will be changed and girls will move anywhere without fear.

Rest in peace Nirbhaya.

**Sugar-free Malai Kulfi**

**Ingredients:** Full cream milk 1 Ltr, Malai 1 bowl, sugar free natura according to taste, few strands of saffron, almonds finely chopped, cardamom powder 1 tsp.

**Method:** Boil milk on medium heat for 30 minutes. Stir in between. Add malai and boil on low heat for 30 minutes. Add sugar free natura, saffron, cardamom powder and almonds. Let it cool for half an hour. Fill into kulfi moulds and set in deep freezer for 7 to 8 hours.

**Mr. and Miss Mewar competition on 21st**

**Udaipur:** For the purpose of equipping gender equality in Mewar, under joint venture of Rotary Club Panna and triaction, Mr. and Ms. Mewar Competition -2017 will be organized on 21st May for young men and women. is. Club.

President Bhanu pratap Singh said that the motive of this program is to bring the talent of Udaipur and adjoining areas in lime light. This compition, will be held on May 21, at Occasion Garden, 100 feet Road.

In which the rural women will also display their talents in Mr and Miss Mewar competition 2017. Participants can take form from Kamal Digi Studios and Creation Bhopalpur in Sardarpura. For more information, you can call to 9587777177.

**VC Uma Shankar Sharma nominated**

**Udaipur:** Vice Chancellor of Maharana Pratap Agriculture and Technology University, Udaipur Prof. Uma Shankar Sharma has been nominated as a member of the Mission Consultative Committee for the cultural coordination forum formed for the SAARC countries.

It is notable that for the purpose of universal brotherhood and unity, the 'Indo-Nepal Samaritan Institute' located in Kathmandu, to restore India's status and cultural prosperity in the Vedic period, and to get permanent membership of India in the UN Security Council

The mission consultant VC Pro as a member of the committee. Uma Shankar Sharma has been nominated from 100 selected enlightened Indians, considering his remarkable cultural contributions and personal experiences, which is a matter of pride for the University.

**"NEELKANTHI" in Rangshala had Actors from Mumbai**

**Vilas Janve**

West Zone Cultural Centre, Udaipur staged play "Neelkanthi" by Anavarat", Mumbai this Sunday evening during 'Rangshala, monthly drama presentation at Darpan auditorium. This play is based on 'Ek Kanth Vishpayee' the creation of renowned literary personality Dushyant Kumar, designed and directed by Kulvinder Bakshesh. Mythological story of Lord Shiva (Mahadev) was shown in different and unconventional way.

Director tried to present the story in stylized pattern using Chau and Thangta folk performances which helped to elaborate the effect.

The script of play is undoubtedly new, catchy and thought provoking. Lord Shiva, the

supreme power who consumed poison to save the universe and is called "Neelkanthi". Lord Shiva's Wife Sati, daughter of mighty and arrogant King Daksh Prajapati was deliberately not invited in the most important 'Yajna' performed by him, still she goes to attend the Yajna hoping for something good but gets ill treatment towards her husband Lord Shiva.

Annoyed Sati jumps in the sacred fire. Knowing about unbelievable accident Lord Shiva becomes furious and holding the skeleton of his beloved wife he wanders here and there and decides to open his third Eye to destroy the universe. All the scared Devs (Gods) go to Lord Brahma and Lord Vishnu to rescue everybody from the disaster expect-



ed from Lord Shiva. Lord Vishnu with his divine wisdom breaks the skeleton and spreads in different areas thus saving people from the anger of Lord Shiva. This play moves on parallel levels, mythology and contemporary scenario. Lord Shiva represents a common man who suffers despite his sacrifice where as other

opportunists people consider only their own interest. Play tried to show the agony of Lord Shiva and the common people through various effective scenes. Use of skeleton, stylized masks, make-up, stage props and lights helped play to create different mood and was appreciated.

Music pieces were created as

score music of film. Acting wise Ashok Banthia as BRAMHA and Amano Dyanas RAJADAKSH were natural and confident. Director Kulvinder Bakshish enacted role of SARVAHAT and SHIV. He had many responsibilities. He remained on stage for most of the time that too in different characters. He deserves

appreciation for direction and acting other petty roles but he could not impress much in role of SHIVA. John as KUBER, Avinash as INDRA, Rohit Soni as VARUN, Azim as VISHNU lived their respective roles at ease. Chorus and different Devtas played by Rakesh Mani, Viren Patel, Rubal and Sagar showed their talent. Prachi Parab as VARINI, Mehek Jain as SATI and Pallavi as Chorus did their jobs with full dedication. Lights were creatively handled by Ashish Dubey and Sound operation was looked after by Viren Patel and Rubal. This play needs some more rehearsals. Some actors have to work on the speech. On the whole it was a mediocre play and required more polish. Good Luck to the team "Anavarat" for their future

**CITY STORIES UTSAV-2017@ MLSU**

**Udaipur:** Like in every other city Udaipur too has its own stories, dispersed, dissolved, scattered and imbibed in every street, every nook and corner, in its buildings and monuments, water bodies, lakes and mountains, institutions and individuals, flora and fauna everything in around Udaipur has a story in it. Mohanlal Sukhadia University, Udaipur plans a CITY STORIES UTSAV-2017 on 13-14 August 2017. The proposed event will be organised by the Department of English, under the auspices of the office of Dean, Students' Welfare Mohanlal Sukhadia University, Udaipur. It will be an open forum for dialogue that will create space for the profit-for-all in the arena of ideas. It is a multidimensional event to bring out the vibrancy of the region's myriad cultures.

CITY Mandarins Writing the City, the CITY STORIES UTSAV-2017 will help the University students to build confidence, strengthen their ability to communicate more fluently and offers the opportunity to broaden cultural understanding of the place where they inhabit and grow every moment.

Participation is invited from University and college students and also the artists, journalists and academicians from Udaipur prof. Pradeep Trikhia informs

Each participant can contribute maximum of two self written and original stories related to the locale/s of Udaipur and its surroundings. It could be imaginative, descriptive or autobiographical or anything in just: Approximately 3000-3500 words. Participants are expected to contribute stories in Hindi or English. A selection of twenty five stories will be made by a committee of the eminent writers and critics. The writers will be invited to read their stories to the audience. Best will be short-listed will be rewarded with First Prize- Rs. 2,500 while Second Prize- Rs. 2,000 & Third Prize- of Rs. 1,500 only. The prize winning stories will be published by a nationally recognised publisher in New Delhi. Registration Last date for Submissions: 10 September 2017 till 5.00pm. Announcement of Shortlisted Stories: 05 October, 2017 on MLS University.

**Successful operation of hip joint in PIMS**

**Udaipur:** In the Pacific Institute of Medical Sciences (PIMS), Hospital Umarkda, doctors performed successful operation of the hip joint.

PIMS chairman Ashish Agrawal said that both hip of Subhash Singh Shekhawat (37) of Banals resident of Jhunjhunu district had worn five years. The patient could barely walk a little by kneeling on the knees and always had pain. Last days the patient was admitted to the orthopedics department of PIMS. After seeing all the tests, the doctors advised the patient to take the surgery. After accepting the patient, Dr. B.L. Kumar & his team were able to perform Successful operation of both hip. Dr. Ravi Kumar, Dr. Lakshminarayan Meena and Dr. Naresh Tyagi assisted. The patient is now healthy and able to walk without any pain.

**Painting competition on mothers day**

**Udaipur:** A painting competition will be arranged at Arvana Mall on the occasion of Mother's Day on May 14. This year, Mother's Day painting competition is a successful event last year with over 400 participants.

The competition will start at Arvana Mall, Hathipole at 10 am. Children in the age group of 5 to 14 years will be able to participate and paint the canvas with creative tribute to their mothers.

A tablet will be given to the student whose painting be chosen as best while, and second prize winner will be given as mini-tablet. 10 consolation prizes will also be awarded. All participants will be given participation certificates.

**Three Day Shagun Expo from 12**

**Udaipur:** The female branch of the Shagun Seva Sansthan is organizing under the banner of Shagun International Women Club a three-day Shagun Expo -2017 in Mangalam Palace. The institution's spokesperson Seema Bhandari said that the Shagun Expo is being set up for the purpose of providing employment to women, in which women will set up stalls of products made by themselves. Available in this Expo including sarees Kurtiya, Jayapuri Stone, Kundan and Diamond Jewellery, Indo-Western Textiles, shoes, B armars Bed sheets. she told that the free brain testing report will be given to the women coming to the Expo so that they can know their talents. The objective of Expo is to explore the potentials for providing employment to women so that women can become self-reliant.

**Summer Beautification camp from 12**

**Udaipur:** Sri Mahavir Yuva Manch Sansthan is organizing, Summer Camp Vigyan samiti located in Ashoknagar from 12th to 20th May for Jain women of the city. Its time will be from 10.30 am to 1 noon. In this nine-day long camp, participants will be taught many things by the experts from various fields.

The patron Rajkumar Fattawat said that on May 12th, the inauguration program will be held from 10 am to 11.30 am. Then will be set up regular classes in the camp from the next day. Will conclude on May 20. This special attraction of this time will be the Zumba and aerobics/dancing daily from 10.30 am to 11.30 am. Vijalakshmi Gallundia, the women's wing president of the sansthan informed that, in the camp, making various types of soup, cakes, perfect cooking classes, different types of chapattias, parathas etc., different types of vegetables Making gravy, facials on yoga, and other subtleties related to it, & 18 on digitized.

**Arthritis center inaugurated @GBH**

**Udaipur:** The first arthritis (rheumatology) clinic center and pan clinic of the division started with free treatment to patients till May 10.

Dr. Mohit Goyal and Dr. Neha Goyal are giving free treatment to patients till May 10.

Principal Dr. SK Kaushik, Vice-Principal Dr. Vinay Joshi, Group Director Dr. Anand Jha, Group Director Medical Services Dr. Dinesh Sharma inaugurated the Rheumatology Clinic in GBH General Hospital located in Bedwas.

This will be the first center of Southern Rajasthan, where it can be treated without any surgery for pain relief including joints pain and arthritis. Dr. Mohit Goyal, a rheumatologist with a Fellowship in the Rheumatology from Fortis Delhi, will provide services.

Along with Dr. Neha Goyal, the pain relief specialist of GB Pant Hospital Delhi, FIPM from Post Doctorate (P.DCC) and Delhi Pan Management Center, in pain relief from Gangaram Hospital Group director Dr. Anand Jha said that both the doctors are providing free consultation and treatment till May 10th. As per our plan Arthritis the pain in joints, blurring in fingers including swelling, locking, difficulty in breathing and swallowing with skin tightness, face red in face, hair fall, mouth, genitalia, ulcers in eyes and mouth in patients suffering from dryness, blood and platelet deficiency, swelling in tears and salivary glands, pain in eyes or redness, treatment will be available in GBH. During camp patients will be treated with the latest technology, screening and ultrasound and exercise. Similarly, in the pain clinic treatment of, surgery in the waist, neck, cancer pain, nerve pain, such as trigeminal neuregia, joint pain, remaining pain of injury during play and ligament injury can be possible. In this, cutting-edge technology will be treated with ozone, platelet rich plasma, radiofrequency etc.

**Mock Drill On Fire Safety In Celebration Mall**

**Udaipur:** A mock drill was made on fire safety at the celebration mall, Udaipur. That was practiced on how to do rescue work in an emergency situation. The fire was flown on the second floor of the mall and everyone was warned and the members of the safety team reached fireplace and fire by the fire extinguishers, artificial respiration needed people were from the fireplace. They were transported to the ambulance by stretching them on the stretcher. During mock drill the shopkeepers, customers and all the people present in the mall were taken out of the mall in emergency and taken to safe place. Everyone was informed about the mock drill.

It is worth mentioning that Celebration Mall Management is always alert and vigilant about the security of its mall shopkeepers and incoming customers etc., with this type of activity every year.

**NRI Dr Krishna Nagda Adopts Udaipur School**

**Udaipur:** Born and raised in Udaipur, Dr Krishna Nagda, a NRI adopted Panwa Vidyalaya, located at Gram Panchayat Bhainsada khurd of Girwa Tehsil in Udaipur.

Tahsildar Brijesh Gupta, Mrs Asma Khan, Ramesh Harakavat, Kurag Jayanti Lal Chobisa, Virendra Singh Yadav Sarchan of Gram Panchayat Bhainsada khurd Mrs. Nirmala Devi Nagda graced the adoption ceremony. Dr Krishna Nagda, Executive Director and Chief Executive Officer of Central Florida Inpatient Medicine, USA, said that despite spending a long time in my life abroad, I am always attached with my soil. Last February, I had provided children, shoes, water bottles, stationery etc. in this school. I decided to do anything else for these children in the future, so now I have adopted this school and it is my endeavor that the children here get more and more facilities. Pradhan of Kurabad panchyat samiti Asma Khan said that



I am grateful to Dr. Nagda that he has given state-of-the-art facilities to the school as per the wishes of the Rajasthan government.

He called upon the villagers that there are excellent teachers and all the villagers send their children here for education regularly. Om Prakash Chaudhary, HM, Panwa PS School appreciated this move of Dr Krishna Nagda and said that these facilities have made the state school stand in the category of private schools. Shri Choudhary said that a submersible water pump has been set up in the school so that the people near by school besides the children of the school will

also be benefitted. Apart from this, two overhead water tanks of 500 liters, clean drinking water system for children and teachers, 3 ceiling fan, restoration of the building, roof repairs, new tiles, kitchen platform, base of flag, walls of walls Dyeing-paintings, green blackboards like modern schools, corporate boards like white boards, state-of-the-art computer sets, pin-up, table-chair, 32-inch LEDs have been provided by Nagda to school. The program was conducted by Bhagwan Shankar Sanadhyaya, the headmaster of Ladia Kheda while gratitude expressed by Mahesh Chandra Verma.

**One and half kilo Bunch of Hair and nails removed**

**Udaipur:** A 14-year-old student started eating hair and nails after seeing the student with her from October 2016, and she used to eat seven to ten hair every day with her hair and feet nails broken everyday. This process was continuously continued because the parents did not know about this habit. But two months back, this girl had admitted with abdominal pain in Pacific Hospital, where a knot was detected which could be removed with the operation only. While looking at the financial condition of the family, PMC Chairperson Rahul Agarwal not only provided all the check-ups of the girl but also the surgery for free. Dr. Gaurav Wadhavan of the surgery department informed that during the operation, from the girl's stomach about one and a half kilos knot that was increasing by multiplying was removed. In the medical language it is called as Tricho Phagocytosis. It is caused by a cyclic disease, and found in few patients Surgeon Dr. Gaurav Wadhavan, Dr. Prakash Suchitya, Dr. Ganshayam Pal, Dr. Komal Soni, Ajay Choudhary, Brajesh, Bindu, Hemant, and Sandeep's team performed this successful operation.

**The dream of Film city getting momentum**

**Udaipur:** The dream of Rajasthan line producer Mukesh Madhvani, who is leaving no stone unturned to give Udaipur as a film city once again started to wings, when the Indira Priyadarshini Award awarded Motivational Speaker SP. Barill was awarded by trophy to Mukesh Madhvani for his whole hearted efforts Filmcity Sangharsh Samiti spokesman Dinesh Gotwal said that during the ceremony, seminar coordinator Arun Mandot told about the dreams and efforts of Mukesh Madhvani from the stage.



