

## You carry the power within yourself, there is no thing called magic

As J.K. Rolling says, "We do not need magic to transform our world. We carry all of the power we need inside ourselves already."

I stopped working after I delivered a baby. I found that decision more appropriate at that moment. I would earn 50 thousand a month and never compromised for little things. The day I put my papers it did not struck me. But at the month end when I realized that I might never receive the salary credit message on phone again-it shook me. I indulged myself into the world of motherhood. I know no mother is perfect but I tried to be one. I changed my lifestyle and soon the universe was revolving around my baby. My friends would often ask me when you will join the job again to which I would say I might not. Today, women even mothers think that a girl should stand on her feet. No matter how much her husband earns, but a woman should never rely on her husband for the small needs. They were right; soon I realized that I am getting dependent on Mayank for small things. Gradually I became homesick and would find excuses to not to leave the house. Even when Mayank offered me help on weekends to look after Meet (my son), I return home soon. I knew this change has overpowered me. I wanted to get rid of it. To be honest, I did not want anyone else to look after my kid even her grandmother. Somewhere between need of job and motherhood I decided to resume my blog which I had created a couple of years ago. I checked it and the condition was worse. 2 uninformative blogs, zero followers, one or two likes made me close the laptop.

It did not look promising. I never saw it again. A few months ago I received this message from my ex-colleague who is an SEO expert. In between talks she asked about my blogging. I told the truth. She offered me the guidance. From appearance to content, images to optimization she guided me. She motivated me to keep writing and posting it on several social media without worrying how many likes or followers I get. With constant writing, sharing and dedication I managed to get 600 followers on blog, I even got a chance to write for many blogs as a guest contributor and earned money from it. You must be thinking why I am writing about this today. So let me tell you. When I was in depression for more than a year, I would sleep under the quilt for hours, I refused to go out and enjoy the air, I would get irritated on small things and cursed life. I missed my independence terribly. I remember the day when I shared my feelings to one of my close relatives that how badly I miss my job, she said, "11vi pass hoti toh kya karti?" It brought tears into my eyes.

Though I never got a helping hand but I managed to stand up and started working from home. Knowing the fact that I will be writing for free I kept writing. I sent emails to many companies who want content writer. Initially it was hard to convince them but offered them work from home services in economical rates. After zillions of emailing rounds I got several job offers as a freelance writer. I did all this by looking after my kid and till date I never sent him to the crèche. And yes! I pay taxes. A housewife, a mother, 24\*7 help and a writer, I proved the lines of J.K. rolling I carry the power within myself.



Himani Khanna

## 58th Annual Art Exhibition organized



**Jaipur:** The inauguration and prize distribution ceremony of the 58th Annual Art Exhibition organized by Rajasthan Lalit Kala Academy, Jaipur was concluded by the chief guest, Shri Nihalchand Goyal, and the President of Rajasthan Lalit Kala Academy, Jaipur in academy compound J-15 Jhalana Institutional Area at on 29 March, 2017.

Total 119 artworks of 75 artists were selected for the exhibition by the selection committee and high quality artworks of the following ten artists were found to be eligible for awards: Paintings -- 1. Amit Rajbanshi 2. Gopal Acharya 3. Ravi Kumar Yogi 4. Sanjiv Sharma 5. Shwet Goyal 6. Yugal Kumar Sharma. Graphics/Drawing- 1. Miss Dimple Chandat 2. Krishna Kumar Yadav Sculpture- 1. Sunil Chejara 2. Shiv Kumar Sharma Artists, Miss Dimple Chandat for her artwork "ESCALATION" and Shri Yugal Kishore Sharma for his artwork "YOGA II", both from Udaipur City, have been awarded in this award ceremony cash award of Rs. 25000/- each.

Miss Dimple Chandat is a Ph.D scholar and working as an art teacher in St. Mary's School Titardi, Udaipur. Her awarded artwork "ESCALATION" is a wood cut print wherein she has endeavored to show the harmonious relationship between life and modern technology. On the one hand Bamboo is a symbol of life and continuous progress, on the other hand parts of machines are symbols of innovative discovery of modern technology. It is learnt that all technological developments from Mobile to Satellite depend on the needs of life and if not used adversely, they can make life happy and progressive.

Miss Dimple Chandat is a graphic print maker and also has keen interest in painting. So far she has been working through these mediums and fields. She has participated in various art workshops, exhibitions and competitions at National, State, local levels and received awards in these activities. Shri Yugal Kishore is an art lecturer in S.S.B. Government College Nathdwara. The medium of his artwork "YOGA II" is water colour and gold. In this artwork, he has endeavored to show the importance and dignity of Yoga which, if adopted in one's life will make body and life like gold, pure and serene. He has also taken participation in various national and international solo/group exhibitions and Art Camps received several awards including "Rajya Kala Puraskar" by Rajasthan Lalit Kala Academy and "Maharana Rajsingh Puraskar" by Mewar Foundation.

# 5th Convocation Of IIM held

**Udaipur:** The 5th convocation of IIM Udaipur was held on 29th March, 2017. This was the first convocation from there new campus. The SBI chairperson, Mrs. Arundhati Bhattacharya graced the occasion as the chief guest.

The convocation which was also telecasted live through website, saw the passing of 162 students from their PGP and PGXP batches.

Besides Mrs. Arundhati Bhattacharya, the Chairman Mr. Pankaj Patel, and the director of the institute, Prof. Janat Shah also gave their best wishes to the passing out batch. Here is the snippet of the speeches of Prof. Janat Shah, Mr. Pankaj Patel (who also distributed the degrees to the passing out batch) and Mrs. Arundhati Bhattacharya (who gave away the gold medals to Udit and Pranav for being the topper and the all-rounder of the batch respectively):

**Director Prof. Janat Shah:**

- He talked on the journey of IIMU and told that IIMU is the first of all new IIM's to have a permanent campus.

- He asked management students to learn, grow and contribute back towards the society.

**Pankaj Patel:**

- Mr. Pankaj Patel started his speech with the journey of IIM Udaipur and its achievements in the past few years.

- Congratulated the students and made it clear that they own IIM Udaipur. He has talked about the role they have to play in society as an IIMU graduate.

- He talked about the changes IIM Bill is going to bring in the near future and that he has ensured the successful implementation of the Bill at IIM Udaipur.

**Arundhati Bhattacharya:** Arundhati Bhattacharya broadly talked about 4 things :

1. Effective leadership:

- She shared her experiences



she had while interacting with Shri Ravishankar of Art of Living.

- She explained the difference between motivating and inspiring.

- She explained that one gets motivated if one expects something and one gets inspired if one gives something.

- She said that people who give will see an inner glow which makes them satisfied with what

they are doing. She said that she has observed the same with SBI employees who worked for 4 days non-stop for a good cause.

- She said that an effective leader should understand the importance of inspiring his people.

2. Spiritual Quotient:

- SQ is about knowing what to do, when to do and why to do. - She said that differentiating

right from wrong while taking decisions in grey area is a tough task.

She asked everyone to consult heart while taking those kind of decisions. She said that one will always feel a sense of satisfaction after taking a decision for the well-being of society.

3. Prioritization:

- She said prioritization is an important area to work on, in

this busy world. Asked everyone not to be control freaks. She said that giving up control sometimes when you can't do justice to a particular job helps one to concentrate on one's work which is at top priority.

4. Empathizing

- She talked about the importance of empathizing with others which will eventually lead to a Win-Win situation.

## Maize's important role in food security of the country - Sandhu



**Udaipur:** The three day Maize research workshop at Maharana Pratap Agriculture and Technology University, Udaipur was inaugurated on Sunday. This workshop is being organized in the joint working of Maharana Pratap Agriculture and Technology University, Udaipur and All India Maize Research Institute, Ludhiana. In this workshop, more than 200 senior maize scientists from different states of Tamil Nadu, Maharashtra, Karnataka, Gujarat, Madhya Pradesh, Chhattisgarh, Punjab, Himachal Pradesh, Assam, West Bengal, Haryana, Arunachal Pradesh and Rajasthan are participating. In the inauguration program, the guests look at Rajasthani colors.

The chief guest of the workshop, Dr. J.S. Sandhu, Deputy Director General, Indian Council of Agricultural Research, said that this relat-

ed project has done a lot of work to connect most of the agricultural scientists in the country. He said that Maize has an important role in establishing food security in our country. He said that the production of most maize in the country is year-wise and in such areas, the focus of the production of hybrid species of maize and the production of quality protein maize through biotechnology will be taken care of. He emphasized on the techniques of plastics, weed control, smart agriculture and precision farming techniques in maize.

Professor Uma Shankar Sharma presiding over the program. Said that the production of 960 million MT corn is being done in VI and in which our country's contribution is 2.4 percent which is very urgent enough to increase. Pro. Sharma said that districts of Bhilwara, Udaipur, Chittorgarh,

Banswara, Dungarpur and Pratapgarh in the six districts of Southern Rajasthan are leading districts of maize production. While making significant contribution to the country's maize production, MPUAT recently introduced two hybrid species of maize: Pratap hybrid maize - 1 and Pratap K.P.M. Hybrid-1 has developed, which is quite popular in southern Rajasthan. In the last two years, V8 has developed Pratap hybrid maize-3 and Pratap Maize-9 by the college.

Deputy Director General of the Program, Mr. I.S. Solanki, while addressing the present scientists, said that it is the largest coordinated project in the country, with only 32 such private sector producer companies affiliated with 32 centers

At the inaugural function, the guests of Indian seed corporation limited Uttarakhand,

Aadhar Seeds Ltd, for the contribution of maize production and research in maize production and research. Udaipur Rajasthan, CCS Hissar Krishn V. VI College, Uchhahani Karnal, P.A.U. Ludhiana, Telangana Krish VI College, Hyderabad was awarded with a citation. On this occasion, IIM Five publications were also released on topics related to Annual Report of Prakash Prakash, News Letter, Pest and Pest Management in Maize.

In the beginning of the program, Dr. S. S. Bourdak gave a welcome welcome and the project director of Indian Institute of Maize Research, Dr. Sujay Rakshit presented an annual report of all the centers.

Workshop program secretary Dr Dilip Singh told that the total production of maize will be technical related discussions in 9 seasons. This is being done to create a very important action plan for the workshop maize research and pest disease control.

In all the sessions, scientists will discuss new centers for their centers, achievements and the coming year.

Chairman of the Technical Program Committee, Chairman of the Program and President of the Science Department, Prof. Virendra Nepalia did and the ceremony was organized by the Secretary and Chief Investigator of Maize Project Dr. Dilip Singh.

## Young people are the country's biggest power: Rath

**Udaipur:** The biggest problem of China's dream of becoming the world's biggest power is to produce quality products today. The image of China in the world has become a nation of many producers of poor quality products. Whereas the products prepared by Indian industries are considered to be of superior quality in other countries. "The above thoughts expressed in the UCCI by, Mr. Indrajit Yadav of Agra.

In order to enable entrepreneurs associated with small and medium enterprises, the concluding ceremony of 5-day free training camp organized in joint venture of Udaipur Chamber of Commerce and Industry and Quality Council of India was held today at UCCI. In this five-day training camp, the subject experts of the Quality Council of India provided training to the MSME sector entrepreneurs on various types of business management and quality production.

On this occasion, Mr. Hansraj Chaudhary, Senior Vice President said that this initiative of UCCI is to enable the small entrepreneurs of Udaipur by providing practical training on quality production. Shri Choudhary said that most of the industries in Udaipur are small and medium, but they have a prominent place in the export of foreign markets.

Chairman Shri V.P. While addressing Rath in his address, describing today's youth as the nation's biggest strength, the positive thinking and creativity of the youth class has influenced everyone.

In the closing ceremony of the training camp, certificates were given to all the participating trainees by the Udaipur Chamber of Commerce and Industry and Quality Council of India.

The program was conducted by General Secretary Mr. Jatin Nagauri. At the end of the program Mr. Hansraj Chaudhary, Senior Vice President, UCCI thanked him.

## Dr Pawanindra Lal felicitated with Dr B.C Roy Award

**New Delhi:** Dr Pawanindra Lal, Director Professor of Surgery at Maulana Azad Medical College (MAMC) has been awarded with the Prestigious "Dr B.C Roy Award" for the year 2016 - for excellence in the field of Medicine. The award was presented by President, Shri Pranab Mukherjee.

Dr Lal was felicitated with the coveted award for "Recognizing the best talents in encouraging the development of specialties in different branches in Medicine".

Dr Pawanindra Lal is Director Professor of Surgery at Maulana Azad Medical College, New Delhi. An award winning graduate from MAMC and post graduate from UCMS, Delhi, Dr Lal joined his alma mater in 1999 after having worked as a faculty in GMC Chandigarh. Keenly interested in teaching and laparoscopic surgery, he has more than 80 publications in national and international journals and more than 200 paper presentations. He is a member of all national surgical bodies as well as ELISA (Asia), ALS (UK) and SAGES (USA) and a fellow of three Royal College of Surgeons in UK and also of the American College of Surgeons. He is the head of the Clinical Skills Centre and leads the Minimal Access Surgery training programme, both his founding contributions.

His academic talent has been internationally recognized and he is the first Indian working in India who has contributed a chapter in the 25th Edition of Bailey & Love's Short Practice of Surgery in 2008. He has also authored a Handbook on Critical Care and Fluid Management in 2008. He is possibly the only Indian with more than 10 original publications in Surgical Endoscopy, the official journal of SAGES, USA.

The Bidhan Chandra Roy Award was instituted in 1976 in the memory of renowned physician and freedom fighter B C Roy by Medical Council of India. It is the highest award that is bestowed upon a Medical person practicing in India.

## Conceal the evils of corruption and bribery - Shripaul

**Ludhiana:** The B&R Department of Municipal Corporation Ludhiana has gone beyond limits to conceal the evils of corruption and bribery. Its officials have come up with new ideas and excuses to run away from their responsibility of providing information to any citizen who seeks information under RTI Act. They do so by showing the citizens the decision of the Delhi Information Commissioner in 2006.

The RTI Activist Advocate Shri Paul Sharma asked for the information from B&R Department regarding the road construction tender of ward number 30 from 20th March, 2015 to 31st January, 2017, name of the contractor, J.E., S.D.O., etc. on 15th March, 2017. The Zone A Information Officer of Municipal Corporation Ludhiana got rid of his duty to provide the information asked for by mentioning the decision of the Delhi Information Commissioner in 2006.

## 6 Superb Signs That Prove You Are A Smart Online Shopper

Shopping from online stores is always fun and convenient, but it can also be used for saving a lot of money if you know how to grab best deals from e-commerce sites. Not everyone can be a smart buyer because only the smart one can dig out unbelievable discount which might not be available for the mass.

A smart online shopper is different from compulsive buyer rather they wait for right moment to get the best deal. Generally, people just browse through items in app or website and buy their desired items with the listed price, but there are a lot of ways that one get the same item of the same brand at a cheap rate.

Smart buyers are same as other buyers, the only thing that differentiates them from rest of the crowd is that they know where to look for deals and get the same product at best rate possible.

Many people refer this kind of people as professional buyers as they control their urge and research before buying any item. They consider a lot of aspects before jumping into the final payment process. They take a huge effort of research before buying any product from

any online e-commerce store.

6 Superb Sign that proves you are a Smart Online Shopper

If you are a smart online shopper who avoids themselves from any compulsive shopping process then following signs will depict your character:

**1. Find for coupons, codes or deals**

If you are a smart online shopper then just before adding the desired item into the cart, you will go to a lot of places to find coupons, promo codes or deals related to that item. It is a great way of saving a lot of money because of every now, and then there is the availability of coupons or codes on different items, the only thing you have to do is find them. There are various reputed coupon websites where you can find coupon or deals of various e-commerce websites.

**2. Tally the price**

An intelligent buyer would always tally the price of their desired product with other e-commerce sites which allow them to get the same product at the lowest rate possible. There are different retailers selling the same product in various online stores, so it would

be smart move to compare prices. According to experts, people who compare prices of items on different e-commerce websites save a lot of money throughout their shopping cycle rather they get various royalty bonus from the seller.

**3. Customer feedback**

Another sign of a smart buyer is that you go through customer feedback of the product you are planning to buy. This is a move opted by many online buyers to get the real detail of the product before they make the final move.

No one loves to go through replacement process of troubled items as it gulps down a lot of time. If you know the drill, then you can easily differentiate between genuine feedback and fake ones. Fake reviews come with excessive positive comments while on genuine reviews there is symmetry.

**4. Tricks of buying items**

A regular buyer who knows all the tricks of buying items at low price always opt for loyalty program provided by e-commerce stores and discount websites as it helps them to grab special discount and other perks. Most of the e-commerce sites reward their member of loyal-

ty clubs with different offer and reward points that are not available for other registered buyers. This practice saves a lot of money if anyone regularly buys from a single e-commerce website.

**5. Email program**

As a smart shopper in the online store, you stay associated with the e-commerce site's email program through which the company sends you news of various sales. This is an ingenious process to stay updated with the deals as the information of the deals is directly sent to your email id. This is a great way to grab good deals on a product that has high pricing on regular occasion on the e-commerce site.

**6. Research before make final payment**

An interesting sign of an intelligent online shopper is that you do a lot of research before you make the final payment. Once you get an item at a low rate, you place them in your cart and hunt for better deals on other websites.

Most of the people don't even hunt for codes or deals to lowest pricing possible rather they directly buy their desired product, but smart buyers bar themselves from that habit.