

Magic Happens When You Finally Stop Nagging

Shreya knows it's Friday and Arjun will come home late. Friday's are the day when Shreya stay alone at home for almost 12 hours. Initially everything was ok, but gradually she became irritated of Arjun and his friends and would message him every 5 minutes. Eventually, simple messages turned into nagging, and abusing. It affected their weekend. Lately, Arjun started coming late from the office on weekdays, and continued joining friends on weekends as well. It bothered Shreya and made her jittery. Their marriage was on stake. I came to know about her sadness on FB. We often post quotes relevant to our feeling on FB which gives a glance of our personal life to our friends. Shreya did the same. I messaged her immediately and came to the point directly. After listening her point I asked;

Himani Khanna

"Is Friday the only day that bothers you or there is something else?"-I asked.

"Initially it was only Friday, but now he has started coming late on weekdays as well."-She said

"Can you explain?"- I asked.

"Weekdays were fine. After his arrival, we would watch TV and eat dinner together. Lately it all has stopped, and he arrives when I am asleep. I am afraid if he has an affair."-She started crying.

"You cannot come to that conclusion so fast. But have you asked him about that?"-I calmed her.

"Initially he would get angry on that but lately he has stopped answering on that."-I could sense her worry.

I called her the very moment and asked to do this experiment for one month.

"Listen Shreya do exactly what I say. I will not call you for one month from now and I expect the same from you.

Now listen to me very carefully. From today, stop asking anything which he considers infuriating. Instead ask, how was the day at office, did you find food tasty which I made for you, and etc? I know sometimes husbands tell something which hurts us from the depth, do not react and start laughing when he does so. For example, if he finds his mother's recipe tastier than yours, say just okay or tell him that next time you will call her and learn the ingredients and method. If he comes late on Fridays, let him come. You cannot do anything about it, do you? So keep food on the table and go to sleep, no storm will come if you do not get to see him for one day. Give him some alone time. Next morning, make him a bed tea and wake him. Do not pretend that you care about his lateness. He will be surprised, but just smile if he asks about this sudden change. Discuss two-day plan over the tea and get out exploring the city or weekend spots. Keep doing this for one month and then call me. If you do not see any change then we will look if he is into someone. But before coming to that conclusion, let's experiment this.

As on to the matter of Fridays, where you get bored, make new friends online. Read content which is relevant to your interest. There are so many things on the internet to keep you busy. Go shopping alone, or watch movie alone in the theatres. No mountain will fall upon you if you do some small things on your own without your husband. Try these and then we will talk."

We did not talk as per the deal. Though, I kept thinking about Shreya and her relationship with Arjun. I hope they are doing well, I would pray to God. On one Sunday morning, as usual, I checked my Facebook. A few pictures surprised me. It was Shreya holidaying at some beach with her husband. I could see the love blossomed back.

Thousands to pledge to save cows in Dungarpur



Dungarpur: Scores of bovine lovers, students and volunteers will gather at the Laxman Maidan on Sunday to pledge their commitment to save the cows and make a polythene-free city. "Dungarpur is the first ODF city of Rajasthan and now taking a step ahead, the government and citizens are embarking on a unique program to save the holy cows from the menace of polythene. Thousands of people would take pledge to provide food for the cattle so that they do not die of eating plastics" K.K Gupta, municipality chairman and brand ambassador of Swachh Rajasthan Abhiyaan told Udaipur Kiran.

On the eve of the program the administrative and police authorities visited the venue to take details of the preparations. Mobile toilets, medical team, water and other amenities were ensured at the venue. Schools and colleges have been asked to make proper arrangements for the transportation of students to ensure complete participation. The Dungarpur municipality had a month ago, started collection of food from door steps called 'Gau-gras abhiyan' that has proved to a great success. The vehicles that pick garbage from colonies have a separate container in which people donate leftover chapattis daily which is fed to the stay cows in sheds and streets. This has proved effective in saving the cows from munching the plastic bags which is fatal to their lives. On Sunday, a Wall of Goodness too would be dedicated for the common, Gupta said.

Congress To Corner Govt On Demonetization

Udaipur: The Congress party held a day-long convention, "Jan Vedna Sammelan", here on Wednesday to discuss the problems faced by the people across the state post demonetization. The convention which is first in Rajasthan,

AICC general secretary Gurusdas Kamat arrived Udaipur on Tuesday evening to attend the convention. Kamat was greeted by a large number of party workers and leaders including ex MP and MLAs Girija Vyasa, Udailal Anjana, Sajjan Katara, Gajendra Singh Shaktawat and others at Udaipur airport. The meeting will see participation of large number of supporters and people from the lower section of society. "It is an effort to highlight the wrong moves of the government that has made the life of the poor miserable everywhere, specially notebandi that has created difficulties in the day-to-day life of the common" Gopal Krishna Sharma, president of Shahar Jila Congress Committee said.

A stringent policy to ban liquor and drugs of all kinds is the need of the hour : Medha Patkar

Dr.H.S.Chandalia

Udaipur. "A stringent policy to ban liquor and all kinds of drugs is the need of the hour. It is the poorest of the poor who suffer the most by this deadly addiction. Women are the worst victims of the practice of taking liquor." This was stated by Ms. Medha Patkar, activist and leader of Narmada Bachao Andolan in a meeting to welcome the "Nashamukt Bharat Yatra" which arrived in Udaipur on 26th January.

She said that it was an apt occasion to remind the government and the policy makers that the constitution of India provides for removing the practice of drinking wine in Article 47. The group constituted people from Kashmir to Kanyakumari. The Yatra started from Sabarmati on 21st Jan. 2017 and would conclude with a large gathering at Raighat on 30th January, she told.



The meeting was convened by Nand Kishore Sharma of Dr. Mohan Singh Mehta Memorial Trust. Ms Patkar said that liquor is a prime commodity used in elections to influence polling. The political parties are responsible for spreading the practice of liquor use. She remembered and paid rich tribute to Mr. Gurucharan Chabra,

Ex MLA of Rajasthan Legislative Assembly who died during a hunger strike demanding ban on liquor. Mr. Sunilam, Socialist leader and ex MLA from Baitul, alleged that drug mafia not only make governments but also control them from outside. He said that the slogan of "Save Girl Child" is bogus if the governments do

not form law prohibiting liquor since thousands of women suffer day and night due to liquor. He said that the Act of Bihar could be used as a model for a national prohibition law. Mr. Sunilam said that the governments lack political will to make a law banning liquor. They talk of revenue loss but are blind to the human loss it

incurs. He said that the struggle of liquor prohibition is a struggle for the empowerment of women and the poor, especially the Adivasis.

Comrade Meghraj Tawar said that land mafia use liquor to usurp the land of the Adivasis. The ban on liquor will help the Adivasis in protecting their resources. He alleged that the land of the Adivasis is being usurped by the state, industrialists and land mafia in the name of development and the poor Adivasis are being displaced without any rehabilitation plans.

Advocate Ramesh Nandwana, convener of Jal, Jungle, Zameen Andolan said that the Chief Minister of Rajasthan herself is fond of taking liquor so how can we expect her to be concerned about the plight of the poor suffering due to drug abuse. He said that religion, political power and money

power are also intoxications which need to be fought against. Ashwini Palwal of Astha Sansthan said that according to PESA Act government cannot issue license for selling liquor in tribal areas. The state is flouting its own law by giving license to liquor contractors.

Ms. Jini Shrivastava, founder of Ekal Mahila Sangathan said that liquor causes fractions in families and force divisions leading to estrangement of women.

She expressed her support to the movement against liquor and offered her help in holding a big conference on the issue.

A good number of activists like Himmat Seth, Bhanwar Singh Chadana, R. D. Sharma, M.L. Gurjar, Dr. H.S. Chandalia, Haji Sardar Mohammed, Uma, Subhadra Kedar etc. were present in the meeting.

33rd Annual Festival of Film Studios Setting & Allied Mazdoor



Mumbai: The grand and spectacular 33rd annual day festival celebration of Film Studios Setting and Allied Mazdoor Union was held on the Republic Day, 26th January 2017 at Chitrakoot Grounds, Andheri (West), Mumbai. The extravaganza festival was successfully organized by the dashing BJP MLA and Chairman Ram Kadam of one of the biggest labour union of the entertainment industry in Asia with General Secretary Gangeshwarlal Shrivastav a.k.a Sanju and other office bearers and staff. The programme began with the announcement of free medical camp for all its union members which was followed by musical bout. After the musical orchestra session, all the dignitaries and honorable guests present lit the traditional lamp. Thereafter the National Anthem was rendered by one and all present at the venue showing solidarity. Then a moment of silence was maintained in a tribute, respect and condolences to all those members who have left for heavenly abode.

The Union's General Secretary Gangeshwarlal Shrivastav a.k.a. Sanju welcoming all the respected guests, honoured them by presenting bouquets, shawl and memento which included Legendary Singer Udit Narayan, Veteran actor Raza Murad, IMPPA's President & Program President T.P. Aggarwal, Raju Shrivastava, President of FWIC B.N. Tiwari, Film & Television Institute of India's President Mr. Gajendra Chauhan, Mr. President of Utter Bhartiya Mahasangh Mr. Yogesh Dubey, Vasai Virar Municipal Corporation (VVMC) Mayor Ms. Pravina Thai Thakur, R. N. Sinha, Chandrakant Malkar, Cinto's General Secretary Sushant Singh, Tina Ghai, Sahila Chaddha, Ashok Dubey and many others.

Thereafter the Union's General Secretary Gangeshwarlal Shrivastav a.k.a Sanju answered all the allegations made by some opposition and refuted their charges. Then he spoke about all the achievements made by them so far. Adding further in their new norms of resolution, he said that henceforth no labour will be made to work for 12 hours and it will be stopped. Every studio should be equipped with an ambulance. The wages of every worker should be paid by the production houses on every 10th of every month. Speaking further, Shrivastav said, "There

are some deceitful elements who are trying to destroy the harmony of union affairs. It does not make a difference to me. I intend to work in the interests of all my members and union. We will always stand by them whenever and wherever required for giving them justice."

After a series of short speeches, MLA and Chairman of the Union, Ram Kadam, inaugurated, a new ambulance for the benefit of its members. He also released a souvenir covering the last year's event. Addressing at the function, the dashing Chairman Ram Kadam articulated that the Union is to do good and fight for the rights of its members by hook or crook. Kadam further aggressively voiced without naming anyone, "There are unscrupulous and crooked dogs who like to roar but it does not affect a tiger and nor is afraid of them.

I do not have the desired height, but my dashing nature is executing the work quickly, especially when it comes to the needs of my poor worker brothers."

The meticulous efforts of Film Studios Setting & Allied Mazdoor Union's dashing MLA - Chairman Shri. Ram Kadam, General Secretary Mr. Gangeshwarlal Shrivastav, Senior Vice Chairman Sharfuddin Mohammed, Vice Chairman Jagdish Patel, Joint Secretaries Rajmangal Yadav and Rakesh Maurya, Treasurer Bhagwati Prasad Shukla, Advisor Dinesh Chaturvedi (Dadu), Rajesh Anbhavne and other distinctive office bearers have made the 33rd anniversary function a grand fare. The function was successfully concluded in presence of Navin Dubey, Surendra Mishra, Pradeep Singh, Adv. C.P. Singh, Prakash lagad, Amit Bahel, Nagrsevav Vasai Virar's sabhapati Rupesh Jadhav, Sabhapati Pankaj Patil, Nagrsevav Sitaram Gupta, Prakash Chaudhari, Aanjali Patil, Nagrsevav Samjsevav Ramji Mishra, BN Tiwari's wife, president. Prakash Upadhyay, Radheshyam Tiwari, J.P. Singh, Deepak Chaudhari, Ramesh Mishra, Jagdish Amin, majhi nagrsevav Andheri Pramod Dubey, Raj Sudhakar Mishra, Shahrukh Khan (Raj akadami's president), Shivkumar Tiwari etc expressed their views and extended their warm wishes to all those present.

General Secretary Gangeshwarlal Shrivastav thanked them all for their Herculean efforts.

Acharya Lokesh honored with Mahakaruna Award

Founder of Ahimsa Vishwa Bharti and eminent Jain Acharya Dr. Lokesh Muni has been honored with Mahakaruna Award 2017 for his remarkable contribution in the field of Human Welfare and World Peace and Harmony. Acharya Lokesh accepting the award at Mahakaruna Diwas program organised at S.G.V.P. Swaminarayan Gurukul said that all religions of the world give great importance to Mahakaruna, compassion, sympathy, kindness. Compassion is best and unique human quality.

Acharya Lokesh said that 24th Tirthankar of Jain religion Bhagwan Mahavir giving utmost importance to compassion and service to humanity said that "One who serves the sick, poor, child and old

serves me." Bhagwan Mahavir in Dasvaikalik Agam said "असंविनागी न ह्यु तस्य मोक्षो" means the one who is not conscious about the people's suffering is not entitled for Moksha. Doors of Moksha are closed for the person who eats to his content and let his brother sleep hungry.

Acharya Lokesh further said that both in Jain and Both religion great importance is given to human qualities like non-violence, compassion, love, forgiveness which is the need of present world. President of Mahabodhi International Bodh Bhikshu Sangh Sena on the occasion said that Mahayan branch of Buddhism has also accepted the two prime elements- Compassion (महाकरुणा) and Eternity (महासत्य). A mother on



seeing her child falling from stairs runs to save the child without caring for her own life. Similarly when a person feels the same compassion for the person in pain or trouble the compassion takes the highest form. Eternity is the highest stage of the principle of nihilism in Buddhism. It has been accepted that by reaching the

highest form of compassion eternity can be achieved. On the occasion Gujarat MLA Shri Vallabhbaai Kaakarika, President of Global Imam Sangathan Imam Tarapuri, Bhramakumari Dr. B.K. Sarin also addressed the gathering. Mahabodhi International student presented various cultural programs.

Gleaming Look Efforts

Udaipur : Railway stations and bus terminals are perhaps the dirtiest places in any city and Udaipur's bus terminal had been no exception until a fortnight ago. Distorted walls, scattered garbage, stray animals and men urinating in the open are forgotten sights now as residents here have joined hands to keep the roadways bus terminal premises at Udiapole clean and shining.

The initiative is the brainchild of Roadways Vyapari Sangh which turned a simple cleanliness program into a mass public movement with thousands of people participating in the swachhhta task. "We thought of taking a fortnight cleanliness abhiyan which ended on January 26. More than 14 institutions, 2275 persons, 600 school children joined us in cleaning up the entire premises and we took out 55 trucks of garbage" informs Dr Jinendra Shastri, custodian of the Roadways Vyapari Sangh.

The movement saw cooperation from persons of all walks of life. Corporators, volunteering groups, school and college students, bank officers association came ahead and held brooms to make the busstand premises get rid of the filth. School children painted the walls with beautiful messages, women urged the travelers to use the dustbins. "Besides convincing, we also penalized hundreds of persons who spat on walls or were found urinating or smoking inside the premises. 1003 challans were made during the fortnight" Deepesh Nagar, chief manager of Rajasthan Roadways, Udaipur depot told Udaipur Kiran. The abhiyaan does not end here, to ensure that the premises remains clean and tidy throughout the year, the terminal has been divided into 45 blocks. "There are 45 shops in the bus stand premises and every shopkeeper would be responsible for the cleanliness within his area. 20 CCTV cameras would be installed for surveillance.

Acharya Lokesh has taken Indian Culture to the World - Bihar Governor



Aggrant function was organised on the occasion when founder of Ahimsa Vishwa Bharti and eminent Jain Acharya Dr. Lokesh Muni left to Vienna, Austria to participate in the Advisory Forum meeting of World's prestigious Inter Religion and Inter Cultural platform KAICIID (King Abdullah bin Abdulaziz International Centre for Interreligious and Intercultural Dialogue) as representative from Jain religion.

In the function Acharya Lokesh was honoured with Mahakaruna Award 2017 by Mahabodhi International. Acharya Dr. Lokesh Muni addressing the function in presence of Governor of Bihar Shri Ram Nath Kovind, Member of Rajya Sabha Dr. Karan Singh, Internationally famous spiritual leader Lokesh Chandra, President of Mahabodhi International Bhikhu Sanghena, President of Parmarth Niketan Chidanand Saraswati Ji, President of All India Imam Umer Ahmed Iliyasi, Swami Dipankar Ji, President of Bhriugu Foundation Goswami Sushil Ji Maharaj, Chairman of Bangla Sahib Gurudwara Paramjit Singh Chandok said that Jain religion did not had representation in KAICIID (King Abdullah bin Abdulaziz International Centre for Interreligious and Intercultural Dialogue) who are constantly working towards World Peace, inter religion and inter cultural harmony. Being part of it has not only enhanced

the role of Jain religion but also the role of ancient Indian Culture.

Acharya Lokesh said that in the KAICIID Advisory Board meeting to be held in the first week of February in Vienna, Austria discussion on many international issues will be held. KAICIID has been working from past years with many governments, social, religious and cultural organisations towards preserving religious and cultural diversity. The Centre strives to foster interreligious dialogue and to strengthen the foundations of citizenship. KAICIID desires to enhance the spirit of moderation, and to establish purposeful and sincere dialogue founded upon the principles of coexistence, mutual understanding and cooperation. Religious leaders on the occasion expressed hope that Acharya Lokesh through this platform will give immense contribution in establishing world peace and harmony. Acharya Lokesh has been constantly making efforts to take Indian Culture and Jain religion to different parts of the society by addressing prestigious platforms like Parliament of World Religions, United Nations, International Yoga Day, Universal Peace Federation, Peace and Development seminar. They said that Acharya Lokesh as Ambassador of Peace will give the message of world peace and harmony to different com-

munities from the platform of KAICIID.

On the occasion Governor of Bihar Shri Ram Nath Kovind said that India has an ancient culture of Unity in Diversity which the world needs today. He expressed hope that through KAICIID this culture will be taken to the world masses. He said that Acharya Lokesh had taken India Culture in different parts of the world. The KAICIID Advisory Forum is the fourth principal organ of the KAICIID Dialogue Centre - alongside the Council of Parties, the Board of Directors and the Secretariat. Members of the Advisory Forum act in an individual and independent capacity. Council of Parties include Republic of Austria, Kingdom of Saudi Arabia, Kingdom of Spain and The Holy See. Board of Directors include Dr. Hamad Al-Majed, His Excellency Bishop Miguel Ayuso, His Eminence Metropolitan Emmanuel, Dr. Sayyed Ataollah Mohajerani, The Reverend Kosho Niwano, Reverend Mark Poulson, Swami Agnivesh and Dr. Mohammad Sammak. In the meeting of KAICIID Advisory Forum religious leaders, social leaders and philosophers from different parts of the world will come together and discuss ways to conserve world's religions and culture and also discuss welfare and upliftment of humanity. They will give their advice and suggestions to KAICIID.