

## Beauty secrets Manicure in Minutes



We all prefer to go to beauty salons for hand and nail care. But I will share some easy tips to do best and perfect manicure which you can do in few minutes at home.

This can save time and energy of many females who avoid going to salons. Dry and rough hands and chipped nails are common problems. Best way to get rid of this is to use olive oil. Olive oil has powerful hydrating abilities and anti aging properties. Olive oil is easily available and affordable beauty product.

### Manicure treatment:

A small tub filled with Luke warm water, olive oil, lemon juice, honey and brown sugar 1-1 tsp, nail polish remover, nail cutter, cuticle cutter and pusher, hand towel, vitamin C tablets 5 to 6. Wipe off nail polish with nail polish remover. Add lemon juice in Luke warm water. Dip your hands in tub for few minutes. Trim n file your nails. Now massage your nails and hands with olive oil. Cut cuticles and use pusher to push extra skin over your nails. Now mix honey, sugar and lemon juice. Scrub your hands gently till sugar dissolves. Now crush vitamin C tablets and add few drops of olive oil to make paste. Apply all over your hands and nails. Cover with tissue papers. Dip your hands in warm water to remove excess oil and paste. Now dry your hands with hand towel. Apply nail paint of your choice. This manicure will give you extra smooth skin. Repeat this till you get good results. This treatment will give your hands shining and softness and you will get salon like results in minutes.

## IIM Udaipur Among Top 5

**Udaipur :** Indian Institute of Management, Udaipur (IIMU) has ranked 5th top management institute of the country. The ranking is released by Department of Human Resources, Government of India under National Institute Ranking Framework. Rankings of Universities, Engineering, Management and Pharmacy institutes were released by the organization. Both government and private colleges are included in the ranking. In management category, IIM, Bangalore is on 1st position followed by IIM, Ahmadabad, IIM Kolkata on 3rd place, IIM Lucknow on 4th and IIM Udaipur on 5th place. Many criteria were based in the ranking like teaching, learning resources and research.

## New executive announced

**Udaipur :** BJP district president Dinesh Bhatt on Sunday announced its executive committee. Although this has not been so much change in the executive, while former officials out some new ones have been added to its executive. This time Dinesh Bhatt added three new faces this time, two people involved in the executive's opposition group. Both were formerly in the Kataria opposition group and some time back were trying to join the executive.

**This is the executive :** General Secretary: Prem Singh Shaktawat, Dr Kiran Jain, Motilal Dangri, Vice President: Kuntal Jain, Rajendra Bordia, Yudhishthir Kumawat, Vandana Meena, Lalit Menaria, Ganesh Vyas, Ramesh Jigar, Rajni Dangri, District Minister: Arvind Jaroli, Karan Singh Shaktawat, Durgesh Sukhwat, Devendra Sahu, Rajkumar Chittoda, Jinendra Shastri, Ram Lal Choudhary, Manoj Joshi, Treasurer: Ravi Nahar, Office Minister: Sushil Jain, Minister of Propaganda: Krishna Kant Kumawat

## MMCF Signs MOU with Oxford

**Udaipur :** Maharana Mewar Charitable Foundation (MMCF) has signed MOU with Oxford University, Britain for latter's Cultural Heritage Program for two years. As per MOU both organizations will work together in the field of Digital Cultural Heritage. Bhupendra Singh Ahuwa of MMCF informed, the agreement was made as per directions of Shriji Arvind Singh Mewar, president and managing trustee of the foundation Senior researcher of Oxford University Donna Kurtz, Kishore Raykar, executive director of Indian Heritage Cities Network and Sudhir Mutha, secretary of Foundation were present signed the MOU. Both organizations will provide and share required information about heritage works and process of digitization.

## Krishnakant is new city head

**Udaipur :** Mewar Youth Council's meeting was organized at headquarters of sector 11 and was presided by Kamlendra Singh Panwar. The meeting turned out to be a major event since Krishnakant Kumawat was appointed as city head of the council and Inder Lal Menaria was chosen as general secretary. Ghanshyam Singh Bhinder, Vishal Nagori, Nitin Patel, Narendra Jain, Lakshmi Lal Sharma, Vikram Singh Rathore, Ravi Chouhan, Kuldeep Singh Shekhawat and Dr. Jai Singh Jodha were present during the meeting.

## Teachers-Parents meet

**Udaipur :** School Teachers and Parents meeting was held at Central Public School (CPS) for the academic year 2016-17. Director Alka Sharma informed about the progress and efforts school is doing for overall development of students and obtaining best exam results. Vice Principal Dr Dheera Samar articulated about discipline, analyzing and strategically planned programs for students.

## Rockwoods to Represent Hongkong

**Udaipur :** Three students of Rockwoods High School, are selected for International Speed Skating Championships 2016 to be held in Chai Wan, Hong Kong. The championship is organized by Eastern District Sports Association Roll Ball Federation. Informing about the competition, Deepak Sharma director said that these students have been selected for different categories. In senior category Darshan Raj Singh, Cadet Category Jagat Pratap Singh and junior category Labdhi Surana are going to represent India in Hongkong.

# 160 Crore for Udaipur Smart City

**Udaipur :** In the first phase of the 20 cities included in Udaipur Smart City Scheme for Rs. 160 crore have been released by the Ministry of Urban Development. Udaipur is now connected to the Smart City project work will be up to speed Prime Minister of the country on June 25. Under those smart city project will start. DPR final until June 25 and will begin work in Udaipur and Jaipur. Udaipur, the municipal scheme smart city of the Wall has come to work in the City. The first thing they will be provided without interruption, which could be completed in time. The Corporation has drawn up such practices. Executive Committee and

CEO of the 50 million to 10 million, has the power to grant approval. SE Board for Technical Approvals and Additional Chief Engineer and a half million of the technical acceptance of the power will be up to a half million. Principal Secretary Dr self-government. Manjeet Singh board's first meeting on Thursday under the chairmanship of the Board, Executive Committee and CEO of Power receives been approved. At the meeting, board Vice Chairman and Mayor Chandrasingh Kothari, Rohit Gupta, CEO and Commissioner Sidharth Sihag corporation, the board of directors and deputy commissioner Himmat Singh Barhat, Lalit



Kishore Karol, Arun Vyas said.

The tender process for the approval of development works approved in this three-level committee meeting after Home Minister Gulab Chand Kataria meeting of officials in Mayor room. He Ayadh river and sewerage project development necessary instructions to the officials. Rural MLA Phoolsingh Meena was also present.

The meeting of the five functions in the city, the smart city confirmed the company's board. Four functions in one

place in the preset cycle stand by city residents and tourists to provide cycling facilities and the added work. Pichola lake sewerage line of four other works out Kae, Wall City public schools to develop five smart classrooms, the gym open to heritage conservation and Gulab Bagh Tasks. The board also sealed all the tasks done. Principal Secretary to undertake these actions target fixed before June 25, instructed the company to complete the tendering process.

Wall City early actions of 15 million smart city Scheme will be introduced. Udaipur consultant for development of the upcoming May 31 will start to receive the service. Corporation

Commissioner in 4998 as CEO of the Company Board, Director Local Bodies Department has Purushottam Biyani 4998 shares. The remaining shares have been 1-1 by the board of directors. The company has a stock of ten rupees.

The board's operations until a permanent arrangement will operate from the municipal. Special purpose vehicle (SPV) for the Finance Department has approved 21 posts. The CEO, Additional CEO, Financial Advisor, SE, Xen 3, 2 EN or Jeian, a DTP, including 1 assistant computer programmer. The company will separate the four vehicles. Also has received the approval of the necessary resources.

## India only Behind China in Number of Diabetes Cases in Adults

**New Delhi :** According to International Institute of Health Management (IIHMR) Delhi, Diabetes mellitus is a leading cause of death and disability worldwide. Some 382 million people worldwide are estimated to have diabetes. About 80% live in low and middle income countries. More than 60% of them live in urban areas, though the number of cases in rural areas is increasing. If these trends continue, by 2035 some 592 million people will have diabetes. This equates to approximately 10 million cases per year.

Speaking at an event on

the theme of World Health Day- 'Beat Diabetes', Dr. A.K. Agarwal, Dean, IIHMR Delhi said, "India stands only behind China in the number of diabetes cases in adults. In 2013, there were about 65.1 million people with diabetes, which is about 17% of the global prevalence. Every fifth diabetic person in the world is an Indian. If current trends continue, India will have more than 100 million people with diabetes in 2035."

It has been observed that the lifelong expensive treatment costs not only places huge economic burden on

individuals and families, but there is an equally heavy load on national health systems of the countries. Health spending on diabetes accounted for 10.8% of total health expenditure worldwide in 2013. Dr. Agarwal further added that efforts have to be channelized towards reorienting health systems to provide accessible, high quality and affordable diabetic care to population through infrastructural, human resource, financial and functional changes. It is important to empower communities with awareness regarding diabetes so that

early diagnosis is enhanced and self management skills are developed.

It is important to empower communities with awareness regarding diabetes so that early diagnosis is enhanced and self management skills are developed. Implementing inexpensive, easy-to-use interventions is known to reduce the huge economic burden of diabetes. Interventions to reduce the burden of diabetes must be implemented, which prevent the development of the disease as well as ensure adequate and appropriate management.

## Protest by Congress against Government

**Udaipur :** An memorandum on the name of President was presented to Collector by district Congress Presidents city and district Gopal Krishna Sharma's and Lal Singh Jhalla claiming that ruling BJP in centre is not allowing congress ruling states to work democratically and interfering unnecessarily.

Firoz Ahmed Shekh the spokesperson said that this was the strategy of BJP to destabilize Congress and this is against the democratic sentiment of the country. There was an appeal for the President to revoke illegal process by BJP to maintain the dignity of the

Constitution. Dayaram Panwar Ex minister, Raghuveer Meena Ex MP, Gajendra Singh Shaktawat PCC secretary, Pankaj Kumar Sharma state secretary, Trilok Purbia Ex MLA, Pushkar Dangri Ex president, Nilima Sukhadiya, Dinesh Shrimali, Virendra Vaishnav, Puran Menariya, Mujib Siddiqui, Gopal Nagar, Dr. L.N. Dhadeech, K.K. Sharma, Mohseen Khan, Suresh Shrimali, Sharda Rot, Arjun Rajora, Sardar Bhupendra Singh, Sudheer Joshi, Jayprakash Nimawat, Atul Saxena, Harish Sharma, Dr. Vijay Singh, Sajjan Kattara, Chanda Suhalka, Madhu Salvi,

## Udaipur @ RH

### Emergency Helpline Inaugurated

**Udaipur :** The poster including emergency helpline number was inaugurated by Public Service Committee on Sunday. District president of the committee Mohammad Ismail told that this helpline will help people on outskirts of Udaipur. The inauguration was organized at Kabil academy in Alipura. Akhtar Ali, founder of the committee said that this will be a 24 hours open helpline where citizens can seek emergency help. Mutual solution of family matters and secularism will be boosted through such help. The helpline number will 9057904991-5 where all officers and members will be active.

### UDZ Sanitized By Nirankaris

**Udaipur :** Nirankari Charitable Trust Foundation took another step towards hygiene by taking the onus of cleaning 46 railway stations in the country and Udaipur was one of them. Other places included Chittorgarh, Bhilwara, Dariba, Rajnagar, Badi Sadri, Punjpur, Anjana etc. Dinesh Tekchandani, local media in-charge told that this mission began on 2nd October 2015 on insistence of Suresh Prabhu, union railway minister and since then this group has been active on hygiene front.

### Sisodia is new President

**Udaipur :** Gopal Singh Sisodia was appointed as city President of Bajrang dal. The decision took place in the GD, Presided by Kamlendra Singh Panwar. Dr. Shiv Singh Solanki, Dr. Ghanshyam Singh Bhinder, Krishna Kant Kumawat, Deepak Menariya, Mahendra Singh Chouhan, Sunil Kalra and Karanveer Singh Rathore etc were present in the meet.

### Self Defense Workshop

**Udaipur :** A six day Workshop on Self Defense Techniques held at Geetanjali institute of Technical Studies (GITS). The workshop guided female students of the college to get acquainted with the tips and tricks of self defense. Program coach Sensei Raj Kumar Menaria, Dr Babita Jain Dean of Academics, Dr M Venugopal Rao, Principal of the college addressed the students.

### Mass Wedding Fest in Suthar Society

**Udaipur :** Lagn Likhai' named mass wedding fest was organized by Vishwakarma Mewara Suthar Samaj Sansthan at Shreeji Vatika 100 feet road. 21 couples were present to tie knots on this occasion. People from Udaipur, Jhadol, Mavli, Rajsamand, Salumbar, Keshariyaji, Durgapur, Kherwada, Chittor etc participated in the event. Govardhan Lal Ushaniya Titardi, Govind Ram Savina, Gehri Lal Bargav, Dr. radha Krishnan Vashishth, Pannalal Hathidhara, Onkar Lal Rakampura, Radhakrishna Hathidhara, Pyarelal Savina, Hemant Ushaniya Titardi, Kishan Lal Madri, Devesh Suthar Badi, Umesh Savina, Narayan Lal Savina, Roshan Lal Shyam Lal Daroliya, Shamkar Lal Bhardwaj Udaipur, Prem Hazare Bhairav Lal bargav, Ashwini Kumar Matun, Gangaram Rakampra, Ram Narayan Rakampura, Gopal Suthar Debari, Kusum Ajariya, Usha Ajariya, Divya Gautam, Saroj Sharma, Tara Sharma, Bhanwar Lal Jhadol, Bhagwati Lal Madar, Jagdish Sharma, Deendra Gautam, Kaushal Udaipur, Labchand Savina, Keshulal Kanpur, Bhuwan bargav, Nandlal Bhatewar, Mukesh Madri, Prakash Savina, Mukesh, Ramesh, Moti Lal Panna Lal, Lakshmi Lal Bhuwana etc were present.

### JET/Pre PG Exam by MPUAT

**Udaipur :** A Pre Pg/JET exam will be held by MPUAT on 15th May 2016. at various cities. Examination coordinator Dr. B. R. Ranwa informed that that last date of registration is 10th April. For more information can log on to www.mpuat.ac.in and www.rcauidapur.com. The helpline numbers for queries are 0294-2491631 and 0294-2491632.

### The Study Wins Silver

**Udaipur :** The Study Senior Secondary School witnessed yet another proud moment as Shatakshi Singh (class XI, Science) won the second position in the District Level Inter-School Holi Cup B Chess Championship organized by Shri Guru Pushkar Committee and Pacific Group. The competition was held at the Central Public School on 27-28 March, 2016.

### National Museum Training Team Visits City Palace

**Udaipur :** Ten trainees along with R. P. Savita, national museum director of Delhi arrived to city palace for a visit. This visit was scheduled during a three months training program at national museum maintenance. Bhupendra Singh Ahuwa, Chief Administration Officer of Maharana Mewar Charitable Foundation Udaipur told that this nationwide program has handpicked only few officers. This team also visited Janana Mahal. It will reach Jodhpur after visiting Jaipur.

### Lions Club's Provincial Session Completed

**Udaipur :** The provincial session of lions club district 323-E2 was successfully organized and being presided by province head B.V. Maheshwari at medical college of Jodhpur. Arvind Chatur was selected as province head of Lions international for session 2016-17. Dr. D. S. Choudhary was appointed as vice provincial head and Satish Bansal was appointed as vice provincial head first. There were more than 1500 people from 140 clubs who participated in this session. Mahesh Amarsurya Ex-President of Lions International from Sri Lanka was the chief guest of the event. Renu Bhatiya was appointed as Lioness Club's President.

### Seedling Modern celebrates World Health Day

**Udaipur :** Seedling Modern Public School celebrated World Health Day on April 7, 2016 with zest and enthusiasm. The students of various classes participated in impressive way to explore their talents. This helped in creating awareness among the students. An Inter-class Slogan Writing competition too was organised where in students of VI and VII used their creative imagination. The slogans were informative and motivating. Seedlites contributed to Community Health Services as well. Students of classes VIII and IX inspired the people of Udaipur through a "RUN FOR HEALTH" activity on Fatehsagar. They held placards which displayed measures and steps that one should inculcate in day to day life in order to be healthy and disease free.

### GITS Student makes it to Cognizant

**Udaipur :** Dipanshu Vyas from Geetanjali Institute of Technical Studies made it place in Cognizant technology solutions India PVT LTD through an off campus interview. Dipanshu is from electronics and communication engineering. He has been appointed as a program analyst trainee. Arvind Singh Pematwat institute's training and placement head told that Cognizant is an US based MNC which hold a name in IT industry. Divyanshu was selected through written test, technical test and HR Round. Dr. Venugopal Rao principal of GITS told that this was the first placement in Cognizant.

### Hasya Kavi Sammelan Spreaded Smiles

**Udaipur :** A Hasya Kavi Sammelan was organized at Lok kala Mandal by Bhartiya Digambar Jain Dasha Narsinghpura Sansthan. The event was full of satirical and rib tickling comedies and poems On the occasion of Lord Rishabhdev's birthday. Vineet Chouhan from Alwar, Ahok Nagar from Indore, Kuwar Jivar, Suresh Albela, Ajatshatru, Shambhu Shikhar, Kunti Lal Jain, Sanjay Jain from MP, Dr. Mahaveer from Delhi, Vijay Singh Likhawmat from Haryana, Dr. Pankaj Jain from Maharashtra, and B.L Gangawat from Gujarat from their satire geet and Gazals Spreaded Smiles Chief guests were Shantilal Velawat, Chandra Singh Kothari and Dheerendra Sacchan. Gendalal Fandot presided the event. Rajendra Prasad Goyal Police superintendent, Sundar Lal Bhanawat as district deputy chief also grace the event.

### Science Exhibition Challenge

**Udaipur :** St. Anthony school's students were selected on brilliant performance and merit. Media In charge Vikas Sahu informed that Chitrangna Choudhary, Vipul Seth, Anurag Tailor, Mahaveer Kothari and Prath Parthani scored 491, 934, 974, 974 and 1308 respectively in all India ranking. These students are eligible for scholarships now. Meghvanshi, Sherya Arora and Sanskriti Veya were selected for science exhibition.

## Black Womanhood: Analyzing the Discrimination Double

H.S. Chandalia

Fiction has been used as a tool of portraying reality. In many ways it has also been a vehicle of protest. The twentieth century saw the emergence of a number of protest movements across the world. The fall of the British Empire and the end of the colonial era brought to the fore numerous postcolonial voices which were reflected in the works of the writers who belonged to the erstwhile colonies. Among the many voices the Black American novelists were very vocal in expressing the trauma of suppression. They had to suffer not just the pain of colonial rule but

also excesses of racial discrimination. The women writers portrayed the plight of double discrimination suffered by them. Among the most vocal of these is Toni Morrison. Dr. Tarana Parveen's book Black Womanhood is an analysis of gender and racial discrimination as reflected in the novels of Toni Morrison.

Toni Morrison, an African American novelist, wrote a number of novels depicting the trauma of Black women in American society. Though she herself does not like to be addressed as a feminist, in her novels she has depicted vividly the plight of those Black

### Book Review

women who became victims of racialism and sexism not only at the hands of colonial forces but also at the hands of men of their own community. Toni Morrison was awarded the Nobel Prize for literature in 1993.

Dr. Tarana Parveen, Senior Lecturer in English, Government Meera Girls' College is an avid reader and a serious researcher. She has chosen four novels of Toni Morrison namely The Bluest Eye, Beloved, Sula and Love for this study. The study presents her thematic analy-

sis of the novels in the light of feminist and post-colonial theoretical framework. The importance of this study cannot be undermined. Today, in most universities in India African - American writing is a major area of teaching and research. The global order is also changing and women today stand not at the fringe but compete in all possible ways with their male counterparts.

The study undertakes to analyze the novels chosen from thematic perspective. There are stylistic, morphological and structural perspectives as well which have also been explored in the study. Dr. Parveen

has taken pains to review the work of Toni Morrison in the light of current scholarship available on her writings. This work is also valuable because it gives an insight into the personality of a writer who dedicated her life for the uplift of the marginalized Black women folk of America. The study can also be useful for analyzing the relationship between the Dalit and Non-Dalit sections of Indian society. I am sure this work will draw the attention of the critics and scholars of Black American literature and will help them understand the personality and works of Toni Morrison.